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**ADVANCED TEAM
PHYSICIAN COURSE**

American College of Sports Medicine
American Medical Society for Sports Medicine
American Orthopaedic Society for Sports Medicine

ADVANCED TEAM PHYSICIAN COURSE



PRELIMINARY PROGRAM

DECEMBER 8–11, 2016
CORONADO, CALIFORNIA
The Hotel Del Coronado

GENERAL INFORMATION

COURSE DESCRIPTION

The Advanced Team Physician Course is a collaborative effort between ACSM, AMSSM and AOSSM. The live activity is designed to provide up-to-date information on the evaluation and treatment of medical illnesses and musculoskeletal injuries occurring in competitive and recreational athletes. While the emphasis will be on athletes participating in team sports, many topics will be applicable to competitors in individual sports. The live activity format utilizes lectures, case presentations, debates on controversial topics, panel discussions, question and answer sessions and informal discussions with the faculty. Presenters are encouraged to rely on evidence-based medicine where available.

TARGET AUDIENCE

This conference is designed for any team physician, certified athletic trainer, physical therapist or coach concerned with the management or prevention of injuries to the team athlete.

COURSE PLANNING COMMITTEE



ACSM

Mark R. Hutchinson, MD
Constance M. Lebrun, MD



AMSSM

Tracy Ray, MD
Craig C. Young, MD



The American Orthopaedic
Society for Sports Medicine

AOSSM

Elizabeth A. Arendt, MD
(Program Chair)
Stephen F. Brockmeier, MD

FACULTY

Elizabeth A. Arendt, MD
Minneapolis, MN

Stephen F. Brockmeier, MD
Charlottesville, VA

Seth C. Gamradt, MD
Los Angeles, CA

Jon Halperin, MD
La Jolla, CA

Mark R. Hutchinson, MD
Chicago, IL

Constance M. Lebrun, MD
Edmonton, ON, Canada

Frank A. Petrigliano, MD
Santa Monica, CA

Tracy Ray, MD
Durham, NC

E. Lee Rice, DO, FAAFP,
FAOASM, FACS
San Diego, CA

Kenneth Taylor, MD
San Diego, CA

Craig C. Young, MD
Milwaukee, WI

KEY NOTE SPEAKERS

Bill Moreau, DC, DACBSP, CSCS
Colorado Springs, CO

John Wendt, JD
Minneapolis, MN



GENERAL INFORMATION

COURSE LOCATION

Built in 1888, the Hotel Del Coronado is a legendary National Historic Landmark. The hotel is situated on 28 stunning oceanfront acres, and is conveniently located just across the bay from downtown San Diego, and only a 15-minute drive (8 miles) from the San Diego International Airport. The Hotel Del Coronado has several dining and shopping options on property, but is also within walking distance to downtown Coronado where there are additional dining and shopping options available. There are also numerous activities to take advantage of including surfing, paddle boarding, ice skating, spin class on the beach and many more. For more information visit www.hoteldel.com.

WAYS TO REGISTER

- Visit www.sportsmed.org
- Fax the registration form at the end of this document to 847/292-4905

Advanced registration deadline is November 18, 2016. After this date, all registrations are subject to a \$50 surcharge.

ON-SITE REGISTRATION

On-site registration will open on Thursday, December 8 at 7:00am and continue daily throughout the course hours.

REGISTRATION FEES

	If staying at Hotel Del Coronado	If staying at other hotel
REGISTRATION RECEIVED BY NOVEMBER 18, 2016		
Members of ACSM, AMSSM, AOSSM	\$600	\$750
Non-Members	\$700	\$850
REGISTRATION RECEIVED AFTER NOVEMBER 18, 2016		
Members of ACSM, AMSSM, AOSSM	\$650	\$800
Non-Members	\$750	\$900

*Students, residents and individuals in a fellowship program can deduct \$100 from the above fees (proof to be included with registration).

Note on Fee Differential: Registration costs are predicated on attendees staying at the Hotel Del Coronado. A \$150 USD differential is assessed to registrants staying at other hotels to offset expense incurred. Meeting registrants will be confirmed with the Hotel Del Coronado master list (the above registration fees do not include hotel).

REFUND POLICY

Refunds will be subject to a non-refundable \$150 processing fee. Requests for refunds must be received in writing at the Society office no later than November 18, 2016. No refunds will be issued after this date for registration fees.

HOUSING

A block of rooms has been reserved at The Hotel Del Coronado at a group rate of \$210 plus tax and a \$10 daily resort fee. Room rate includes high speed internet, free local calls, in-room bottled water, coffee and tea and fitness center access. Reservations may be made by calling 800/468-3533. Specify that you are attending the Advanced Team Physician Course. You can also book directly online at www.sportsmed.org. The reservation deadline is November 7th. Rooms are guaranteed until this date pending availability. Attendees are encouraged to book early.

PARKING

Day Visitor Self-Parking

Discounted to \$5 for the first 3 hours with \$50 minimum purchase. Thereafter (or without minimum purchase), \$30 for the first 2 hours and \$10 for each additional hour (maximum \$70).

Day Visitor Valet Parking

Discounted to \$20 for the first 3 hours with \$50 minimum purchase. Thereafter (or without a minimum purchase), \$40 for the first 2 hours and \$10 for each additional hour (maximum \$80).

Overnight guests

\$37 for self-parking and \$47 for valet services

GENERAL INFORMATION

STATEMENT OF NEED

A need for this live activity has been determined based on identifying professional practice gaps and previous course evaluations. The content of this course was based on current issues and hot topics provided by ACSM, AMSSM and AOSSM membership and leadership.

PROGRAM INFORMATION

ACSM, AMSSM and AOSSM attest that the people responsible for the development of this live activity did so independently and were not influenced by commercial supporters.

COURSE OBJECTIVES

Upon completion of this educational activity, learners should be able to:

- Medically manage issues, including upper respiratory illness and gastro-intestinal complaints for the in-season athlete
- Recognize the history and imaging diagnosis of OCD in various joints, in order to facilitate treatment
- Incorporate new strategies into practice to diagnose and treat refractory foot and ankle issues in athletes in order to ensure appropriate field treatment and referral for possible procedural intervention
- Evaluate ethical issues facing team physicians, including treatment of minors, team physicians crossing state lines, athletic departments employing medical staff including ATCS
- Develop skills to effectively evaluate injuries and their treatment in volleyball
- Consider issues and regulations to safely organize the medical care of athletes for large events
- Discuss the concept of load monitoring and how it can be used to aide in safe treatment of athletes
- Develop skills to effectively evaluate injuries and their treatment in contact sports
- Review the use of ultrasound as a diagnostic and therapeutic tool in the care of athletic musculoskeletal injuries
- Describe the global health legacy of the Olympic games

DISCLAIMER

The material presented in this continuing medical education program is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar, or other presentation in the program, nor the use of a specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by the AOSSM or its Committees, Commissions, or Affiliates. The AOSSM makes no statements, representations, or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used or referred to in conjunction with any course, seminar, or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar, or presentation and whether such use of the product is in compliance with FDA regulations.

DISCLOSURE STATEMENT

In accordance with the guidelines of the ACCME, it is the policy of the AOSSM that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing healthcare goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

GENERAL INFORMATION

AMERICANS WITH DISABILITIES ACT

The AOSSM wishes to take those steps to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact AOSSM prior to arrival at info@aossm.org.

CONTINUING MEDICAL EDUCATION CREDITS

The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Orthopaedic Society for Sports Medicine designates this live activity for a maximum of 22.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP CREDITS

This live activity, 2016 Advanced Team Physician Course, has been reviewed and is acceptable for up to 22.25 prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONTINUING EDUCATION FOR ATHLETIC TRAINERS



The American Orthopaedic Society for Sports Medicine (AOSSM) is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program is eligible for a maximum of 22.25 Category A

hours/CEUs. ATs should claim only those hours actually spent in the educational program. BOC approved provider number: P460

CLAIM CME CREDITS

Your CME certificate will be available immediately after the meeting. You can claim your CME by logging into your "MY AOSSM" account under the CME tab.

QUESTIONS / INFORMATION

AOSSM

9400 W. Higgins Rd, Suite 300
Rosemont, IL 60018
Phone: 847/292-4900
Fax: 847/292-4905
Email: info@aossm.org

The American College of Sports Medicine, American Medical Society for Sports Medicine and the American Orthopaedic Society for Sports Medicine, gratefully acknowledge the following sponsor of the 2016 Advanced Team Physician Course:



THURSDAY, DECEMBER 8, 2016

7:00am–8:00am **BREAKFAST / REGISTRATION**

8:00am–8:15am Welcome
Elizabeth A. Arendt, MD

8:15am–10:30am Olympics Medical Care
Mark R. Hutchinson, MD

- Preparing the Medical Team for the Olympic Games
Bill Moreau, DC, DACBSP, CSCS
- From Olympian to Olympic Doc: A Canadian Perspective
Constance M. Lebrun, MD
- Review of Rio Olympics: What Did We Learn?
Mark R. Hutchinson, MD
Bill Moreau, DC, DACBSP, CSCS
- Global Health Legacy of the Olympic Games
E. Lee Rice, DO, FAAFP, FAOASM, FACSM
- Pathways to the Olympic Games
Mark R. Hutchinson, MD
- Round Table Discussion/Olympic Moments & Difficult Decisions

10:30am–10:40am Question & Answer

10:40am–11:00am **BREAK**

11:00am–11:45am Keynote Address
The Making of an Olympic Champion, the Difference of a Heartbeat
Bill Moreau, DC, DACBSP, CSCS

11:45am–12:00pm Question & Answer

12:00pm–1:00pm **LUNCH**

1:00pm–2:30pm Volleyball
Constance M. Lebrun, MD

- Shoulder Issues in the Overhead Athletes
Seth C. Gamradt, MD
- Knee Overuse Injuries—Cure or Prevention?
Elizabeth A. Arendt, MD
- Low Back Issues
Constance M. Lebrun, MD
- Will Beach Volleyball Change the Game? Is This a Good Thing?
E. Lee Rice, DO, FAAFP, FAOASM, FACSM

2:30pm–2:40pm Question & Answer

2:40pm–3:00pm **BREAK**

3:00pm–5:00pm Contact Sports
Stephen F. Brockmeier, MD

- Management of Shoulder Instability in the Contact Athlete
Stephen F. Brockmeier, MD
- Panel: Clavicle Injuries in Contact Athletes—Both Ends and the Middle
Frank A. Petrigliano, MD
Seth C. Gamradt, MD
Tracy Ray, MD
- Cervical Spine Injuries and Stingers: Management Update in 2016
Frank A. Petrigliano, MD
- Genitourinary Trauma in the Contact Athlete
Tracy Ray, MD
- Hamstring Injuries: How to Manage, When to Operate, and How to Get Them Back to Sports and Avoid Re-Injury
Seth C. Gamradt, MD



FRIDAY, DECEMBER 9, 2016

7:00am–8:00am	BREAKFAST
8:00am–10:00am	Legal Aspects of Sports <i>Elizabeth A. Arendt, MD</i> <i>John Wendt, JD</i> • Round Table: Case Format • Legal Issues and Dilemmas <i>John Wendt, JD</i>
10:00am–10:10am	Question & Answer
10:10am–10:30am	BREAK
10:30am–12:00pm	Clinical Management Decision-Making (combined faculty) Case format
12:00pm–1:00pm	LUNCH
1:00pm–3:00pm	Breakout Sessions Breakout Session A (Orthopaedic-based) Ortho: Case-based Problems of the Shoulder/Knee/Patellofemoral Breakout Session B (Primary Care-based) Pearls of a Team Physician
3:00pm–3:10pm	Question & Answer
3:10pm–3:30pm	BREAK
3:30pm–4:45pm	In-season Management of Medical Issues <i>Tracy Ray, MD</i> • Mononucleosis <i>Tracy Ray, MD</i> • Flu and Upper Respiratory Infections <i>E. Lee Rice, DO, FAAFP, FAOASM, FACSM</i> • Gastrointestinal Illness <i>Craig C. Young, MD</i> • Exercise Associated Collapse <i>Kenneth Taylor, MD</i> Question & Answer

SATURDAY, DECEMBER 10, 2016

7:00am–8:00am	BREAKFAST
8:00am–9:30am	Osteochondritis Dissecans Case-based • Elbow <i>Mark Hutchinson, MD</i> • Talus <i>Constance M. Lebrun, MD</i> • Knee (TF) <i>Stephen F. Brockmeier, MD</i> • Patella <i>Elizabeth A. Arendt, MD</i>
9:30am–10:45am	Refractory Foot & Ankle Issues • Plantar Fasciitis <i>Craig C. Young, MD</i> • Sever's Disease <i>Tracy Ray, MD</i> • Sesamoid Problems <i>Constance M. Lebrun, MD</i> • Achilles Tendinitis <i>Mark R. Hutchinson, MD</i> • Ankle Impingement <i>Craig C. Young, MD</i> • Turf Toe <i>Stephen F. Brockmeier, MD</i>
10:45am–11:00am	BREAK
11:00am–11:30am	Ethics of Colleges Employing MDs and ATCs Update of Team Physicians Crossing State Line <i>Tracy Ray, MD</i> <i>John Wendt, JD</i>
11:30am–12:00pm	Keynote Address Legal Issues in Sports Medicine: Things We Should Know but Are Rarely Taught <i>John Wendt, JD</i>
12:00pm–12:15pm	Question & Answer

SUNDAY, DECEMBER 11, 2016

7:00am–7:30am **BREAKFAST**

7:30am–9:00am Load Monitoring

Elizabeth A. Arendt, MD

- Review of the Concepts
Elizabeth A. Arendt, MD
- Update on the IOC Position Paper
Mark R. Hutchinson, MD
- What are We Doing on the Pro Level
Craig C. Young, MD
- What are We Doing on the College Level
Stephen F. Brockmeier, MD

9:00am–9:15am **BREAK**

9:15am–11:15am Ultrasound

Jon Halperin, MD

- Overview of MSK Ultrasound of Various Joints
- Ultrasound Evaluation of Acute and Chronic Tendinopathy

11:15am–11:30am Wrap-up/Question & Answer

Elizabeth A. Arendt, MD



REGISTRATION FORM

ADVANCED TEAM PHYSICIAN COURSE

DECEMBER 8 – 11, 2016

HOTEL DEL CORONADO • CORONADO, CALIFORNIA

Advanced registration closes November 18, 2016
Online registration available at www.sportsmed.org

NAME	(LAST)	(FIRST)	please type or print clearly	DEGREE(S)
MAILING ADDRESS				
CITY	STATE / PROVINCE		ZIP / POSTAL CODE	COUNTRY
OFFICE PHONE	FAX		E-MAIL	

MEMBERSHIP

Registration Category:

(Please indicate each organization of which you are a member)

☐ AMSSM ☐ ACSM ☐ AOSSM

Speciality (Please check one box only)

- ☐ Emergency Medicine
☐ Orthopaedic Surgery
☐ Family Practice
☐ Physiatry
☐ Internal Medicine
☐ Pediatrics
☐ Other: _____

Team Physician (Check each applicable box)

- ☐ Team Physician
☐ High School
☐ Collegiate
☐ Professional
☐ Olympic / Elite
☐ Other: _____

How many Advanced Team Physician Courses have you attended?

What Years? _____

FEE SCHEDULE

All fees quoted reflect US dollars. (The cost of meeting registration does not include hotel.) **All fees quoted reflect US dollars.**

	Hotel Del Coronado	*Other Hotel
☐ Registration received by 11/18/2016	\$600	\$750
☐ Registration received after 11/18/2016	\$650	\$800

Non-Members

☐ Registration received by 11/18/2016	\$700	\$850
☐ Registration received after 11/18/2016	\$750	\$900

(Residents and individuals in a fellowship program can deduct \$100 from the above fees—proof of fellowship must be included with registration)

* Note on Fee Differential: Registration costs are predicated on attendees staying at Hotel Del Coronado, Coronado, CA. A US \$150 differential is assessed to registrants staying at other hotels to offset expenses incurred. Meeting registrants will be confirmed with Hotel Del Coronado, Coronado, CA master list.

NOTE: Requests for refunds must be received in writing in the AOSSM office by November 18, 2016

Online registration now available at
www.sportsmed.org

Return form and payment to AOSSM, 2884 Momentum Place, Chicago, IL 60689–5328. Make check payable in US dollars to American Orthopaedic Society for Sports Medicine (AOSSM) or provide credit card information and **fax form to 847 / 292–4905**. Your canceled check is your receipt.

☐ Check Enclosed ☐ Visa ☐ Mastercard ☐ American Express

CARD NUMBER	CCV CODE	EXP. DATE
NAME (AS IT APPEARS ON CARD)		
SIGNATURE (I AGREE TO PAY ACCORDING TO THE CREDIT CARD ISSUER AGREEMENT)		DATE

Note: Requests for refunds must be received in writing in the AOSSM office by November 18, 2016. The registration fee minus a US \$150 processing fee will be refunded. No refunds will be made after November 18, 2016.

QUESTIONS & INFORMATION

American Orthopaedic Society for Sports Medicine

9400 W. Higgins Road, Suite 300
Rosemont, IL 60018

Toll Free Phone: 877/321-3500

Phone: 847/292-4900

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