

4th Annual Frontiers in Preventive Cardiology and Cardiometabolic Health

MARCH 5-6, 2027

Hyatt Historic Charleston
560 King Street
Charleston, SC

For More Information:
Visit www.musc.edu/cme, Call the Office of CME, 843-876-1925 or email cmeoffice@musc.edu

MUSC
Medical University of South Carolina
College of Medicine

4th Annual Frontiers in Preventive Cardiology and Cardiometabolic Health

March 5-6, 2027 •Hyatt Historic Charleston • Charleston, SC

COURSE FACULTY

CONFERENCE DIRECTOR

Pamela B. Morris, MD
Professor of Medicine, Cardiology
Medical University of South Carolina
Paul V. Palmer Endowed Chair in Cardiovascular Disease Prevention
Director, Seinsheimer Cardiovascular Health Program
Trustee, American College of Cardiology

GUEST FACULTY

Geoffrey Barnes, MD, MSC
Associate Professor of Internal Medicine
Vascular and Cardiovascular Medicine
Director, Vascular Medicine Fellowship
Frankel Cardiovascular Center
Co-Director, Michigan Program on Value Enhancement
Co-Director, Michigan Anticoagulation Quality Improvement Initiative
Associate Vice Chair for Health Services Research, Department of Internal Medicine
University of Michigan
Ann Arbor, MI

Ty Gluckman, MD, MHA, FACC, FAHA, FASPC
Medical Director, Center for Cardiovascular Analytics, Research, and Data Science (CARDS)
Providence Heart Institute
Providence St. Joseph Health
Portland, Oregon

Amit Khera, MD, MSc, FACC, FAHA, MASPC
Professor of Medicine and Epidemiology
Clinical Chief of Cardiology
Director, Preventive Cardiology
Dallas Heart Ball Chair in Hypertension and Heart Disease
UT Southwestern Medical Center
Dallas, TX

Dariush Mozaffarian, MD, DrPH
Director, Food is Medicine Institute;
Distinguished Professor, Jean Mayer Professor of Nutrition,
Dean Emeritus, Friedman School of Nutrition Sciences and Policy;
Professor of Medicine, Tufts School of Medicine;
Attending Physician, Division of Cardiology, Tufts Medical Center
Boston, MA

Ann Marie Navar, MD, PhD
Associate Professor of Medicine
Division of Cardiology
UT Southwestern Medical Center
Dallas, TX

Fatima Rodriguez, MD, MPH
Robert & Shirley Raymer Professor
Vice Chair of Clinical Research (Department of Medicine)
Section Chief of Preventive Cardiology
Associate Director of the Center for Digital Health at Stanford University.
Stanford, CA

Eugene Yang, MD, MS, FACC
Professor of Medicine, Division of Cardiology
Carl and Renée Behnke Endowed Chair for Asian Health
University of Washington School of Medicine
Medical Director, Heart Institute, UW Medicine Eastside Specialty Center
Co-Director, UW Medicine Cardiovascular Wellness and Prevention Program
Bellevue, WA

MUSC FACULTY

Jan Basile, MD
Professor of Medicine
Division of Cardiology

Marc-André Cornier, M.D.
Professor of Medicine
James A. Keating Endowed Chair in Diabetes
Director, Division of Endocrinology, Diabetes & Metabolic Diseases

Kellie McLain, ANP-C, CLS
Divison of Cardiology

David Soper, MD
Professor of Medicine
Department of Obstetrics & Gynecology
Director, Dvision of Benign OB/GYN

Ashley Arana Waring, MD, FACC
Assistant Professor of Medicine
General Clinical Cardiology

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CONFERENCE DESCRIPTION

Rapid developments in methods for cardiovascular (CV) disease risk evaluation and recent advances in pharmacological and procedural strategies for management of cardiometabolic risk factors have significantly improved our ability to identify and treat at-risk patients. Join our internationally renowned faculty for updates on contemporary understanding of cardiovascular disease risk algorithms, polygenic risk scores, biomarkers and CV risk, preventive imaging, and female specific risk factors and learn how to incorporate strategies for personalization of risk assessment for each of your unique patients. Develop skills in recognizing the early, multi-system signs of cardiometabolic disease beyond the heart, including metabolic liver and renal diseases and consider newer pharmacological strategies for organ protection. Targeting obesity is now imperative, particularly in at-risk patients early in the cardiometabolic continuum. Advance your skills in designing a comprehensive management strategy that includes lifestyle, as well as groundbreaking anti-obesity medications and surgical approaches to weight management. The landscape of lipid pharmacotherapy has never been more expansive and the most recent expert guidance on incorporation of these agents into clinical practice will be considered. Presentations of complex patient cases from the real-world will stimulate challenging discussions among participants and expert panelists. And just to keep you at the absolute peak of your scientific evidence game, join us for a session on the Top Trials of 2026-27 in preventive cardiology and cardiometabolic health that will impact your patient care!

TARGET AUDIENCE

This course is intended for cardiovascular specialists, preventive cardiologists, practicing cardiologists, endocrinologists, nephrologists, cardiovascular advanced practice providers (NP or PA), internists, family physicians, pharmacists, cardiovascular nurses, and industry representatives.

CREDIT DESIGNATION

Physician Credit Statement

The Medical University of South Carolina designates this live activity for a maximum of 9.75 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credit Statements

Nurses: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for 9.75 *AMA PRA Category 1 Credit(s)™*.

PAs: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)™* and Prescribed credit from AAFP from organizations accredited by ACCME or a recognized state medical society. The MUSC Office of CME provides certificates to PAs with a statement, approved by AAPA, that PAs may receive a maximum of 9.75 AAPA Category 1 Credits for this conference.

ELECTRONIC SYLLABUS

The conference syllabus will be provided online. Information will be emailed to you the week of the conference so that you may download/print a copy.

OBJECTIVES

At the conclusion of this course, participants will be able to:

1. Incorporate comprehensive cardiovascular risk assessment into routine clinical practice and personalize evaluation based on the patient's unique risk profile.
2. Formulate treatment strategies to target obesity early in the cardiometabolic risk continuum.
3. Select pharmacotherapy for management of dyslipidemia and reduction of cardiovascular risk based on current scientific evidence and expert guidance.
4. Intervene early for renal and hepatic protection in patients with cardiometabolic disease.

ACCREDITATION

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DISCLOSURE

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. An ineligible company is any entity whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

AMERICANS WITH DISABILITIES ACT

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at 843-876-1925.

CANCELLATION

A refund will be made upon written request prior to February 5, 2027 less a $100.00 cancellation fee. After February 5, 2027 no refunds will be made. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs. By registering for this conference, you acknowledge and agree to this cancellation policy

4th Annual Frontiers in Preventive Cardiology and Cardiometabolic Health

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COURSE AGENDA

FRIDAY, MARCH 5

7:30 am Registration/Breakfast with Exhibitors

8:00 Welcome and Opening Remarks

Session I: Seeing the Bigger Picture in Preventive Cardiology and Cardiometabolic Health
Moderator: Pamela B. Morris, MD

8:10 **Case Presentation,** *Kellie McLain, ANP-BC, CLS*

8:15 Get it Right Early: Top 10 Messages in Primary Prevention
Amit Khera, MD

8:40 Through Thick and Thin: Aspirin, Antiplatelets, Anticoagulation in CVD Prevention, *Geoff Barnes, M.D.*

9:05 A Smooth Transition: The Role of Menopausal Therapy in CV Risk Reduction—ObGYN Perspectives, *David Soper, MD*

9:30 Panel Discussion, *Drs. Barnes, Khera, Soper*

9:50 Break with Exhibitors

Session II: 2026 ACC/AHA/Multisociety Guideline for Cardiovascular-Kidney-Metabolic Syndrome
Moderator: Jan Basile, MD

10:10 **Case Presentation,** *Kellie McLain, ANP-BC, CLS*

10:15 Expanding the Scope of CV Risk: Top 10 Messages in CKM Health, *Fatima Rodriguez, MD, MPH*

10:40 Where do the GLP1-RAs Fit into a CVD Prevention Strategy
Marc-André Cornier, *MD*

11:05 Panel Discussion, *Drs. Rodriguez & Cornier*

Session III: Keynote Presentation in Nutrition
Moderator: Pamela B.Morris, MD

11:25 We Are What We Eat: Food is Medicine
Dariush Mozaffarian, MD, DrPH

11:55 Q&A with Dr. Mozaffarian

12:15 Lunch (on you own)

Session III: Advances in Management of Hypertension
Moderator: Ashley Waring, MD

1:30 **Case Presentation,** *Kellie McLain, ANP-BC, CLS*

1:35 Digital Innovations in BP Management and AI to Improve Heart Health, *Eugene Yang, MD*

2:00 The Future of Management of Resistant Hypertension
Jan Basile, MD

2:25 Panel Discussion, *Drs. Yang & Basile*

3:00 MOC Assessment/Adjourn

SATURDAY, MARCH 6

7:30 am Registration/Breakfast with Exhibitors

8:00 Welcome and Opening Remarks

Session IV: Changing the Practice: The Top Recent Trials in Preventive Cardiology and Cardiometabolic Health
Moderator: Pamela B. Morris, MD

8:05 Trial #1: *Ann Marie Navar, MD*
8:15 Trial #2: *Eugene Yang, MD*
8:25 Trial #3: *Geoff Barnes, MD*
8:35 Trial #4: *Pamela B. Morris, MD*
8:45 Trial #5: *Ty Gluckman, MD*

8:55 Panel Discussion, *Drs. Navar, Yang, Barnes, Morris, & Gluckman*

9:15 Break with Exhibitors

Session V: Guideline Updates: Bold Moves into the Future of Dyslipidemia
Moderator: Marc-André Cornier, MD

9:40 **Case Presentation,** *Kellie McLain, ANP-BC, CLS*

9:45 At the Speed of Science: Evolving Guidelines for Dyslipidemia
Pamela B. Morris, MD

10:15 Hypertriglyceridemia: The Stubborn Frontier
Ty Gluckman, MD

10:40 Moving Beyond LDL-C: The Role of apoB
Ann Marie Navar, MD

11:05 The State of Play in Lp(a), *Ashley Waring, MD*

11:30 Panel Discussion, *Drs. Morris, Gluckman, Navar, Waring*

12:00 Lunch (on your own)

Session VII: Practical Approaches to Pesky Problems in Prevention
Moderator: Pamela B. Morris, MD

1:15 Statin Intolerance and Reluctance "I don't want to take a statin. I've done my own research on side effects."
Marc-André Cornier, *MD*

1:35 Blood Pressure Denial/Polypharmacy "This is normal for me. I feel better at this blood pressure. It's too many medications."
Eugene Yang, MD

1:55 Dietary Supplements "Here is the (long) list of my supplements. Is there anything else 'natural' I can take for my cholesterol/ diabetes/blood pressure?"
Ashley Waring, MD

2:15 Panel Discussion, *Drs. Cornier, Yang, & Waring*

2:35 Closing Remarks/MOC Assessment/Adjourn

4th Annual Frontiers in Preventive Cardiology and Cardiometabolic Health

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REGISTRATION INFORMATION

	Early Bird (on/before 10/31)	Regular (after 10/31)
Physicians In Practice	$350.00	$400.00
All Others Healthcare Professionals	$300.00	$350.00
Industry	$375.00	$425.00

The fee for in-person attendance includes tuition, breaks, online syllabus, and certificates of attendance.

No pre-registrations will be accepted after March 2, 2026. After this date, you must contact the Office of CME at 843-876-1925 to see if space is still available. If space is available you must register on-site.

REGISTRATION METHODS: Please use ONE of these methods to register.

1. Mail registration form with check* or credit card information to:
   MUSC Office of CME
   96 Jonathan Lucas Street, HE601, MSC 754
   Charleston, SC 29425
2. Email/Scan completed registration form to cmeoffice@musc.edu
3. Complete registration through the Online Registration Portal

*Checks should be made out to "Medical University of South Carolina"

HOTEL INFORMATION

The Hyatt House Downtown Charleston • 560 King Street • Charleston, SC 29403 • (843) 414-4900

Nestled in the Upper King Historic District, Hyatt House Historic Charleston offers spacious rooms, well-equipped meeting spaces, and access to some of the best attractions in downtown Charleston. Explore the Restaurant District, South Carolina Aquarium, and Children's Museum of the Lowcountry nearby or take in city views from the rooftop bar of our Pour Taproom with over 40 craft beers on tap. The best of Charleston is within easy reach when you stay at the Hyatt Historic Charleston. The hotel offers valet parking, indoor swimming pool, fitness center, onsite restaurant and concierge. Special group rates start at $329.00 plus tax, per night. A limited number of guest rooms have been reserved and are being offered on a first come, first serve basis. The room block will be held until February 4, 2027; however the room block may be filled prior to this date. In such a case, neither the group rate nor guest room availability can be guaranteed. Therefore, we recommend you make your reservation as soon as possible. Reservations can be made by calling the hotel directly at 843-414-0722 or Toll Free at 877-803-7534 and identifying yourself as being a participant in this meeting, or by following the online directions below. Link for online reservations:

Hotel QR Code

Self-Parking Lot Rates-
The Garage is a public garage owned and operated by the City of Charleston, not the Hyatt Hotels.

- Rates are $3.00 per hour per day (until Midnight). Max Payment is $24.00
- At Midnight the clock starts again at $3.00 per hour (a 1-night stay can cost $48.00)
- Guests must pay for garage directly, the hotel does NOT take payments
- If leaving and returning the clock starts over at $3.00 per hour

Valet Parking Rates –

- Valet Parking is $59.00 per overnight with unlimited in and out privileges
- Valet does not park in the garage, an off-site parking lot is utilized

Street Parking –

- Traffic enforcement monitors parking meters regularly, towing can occur for unpaid parking and for street closures that take place on the weekends on King Street.

4th Annual Frontiers in Preventive Cardiology and Cardiometabolic Health

March 5-6, 2027 •Hyatt Historic Charelston • Charleston, SC

REGISTRATION FORM

Name _____ Personal ID# XXX - XX - _____
(As you would like it printed on your name badge) *(Last four digits of your SSN)*

Address _____

City _____ State _____ Zip _____

Specialty _____ Degree/Credentials _____

Email _____
(Please provide your active email address to ensure proper receipt of all CME Credit documentation.)

Phone (_____) _____ - _____ Fax (_____) _____ - _____

PLEASE READ THE STATEMENTS BELOW AND CHECK THE BOX IF YOU AGREE TO

☐ YES I give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.

☐ NO I do not give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.

REGISTRATION FEES & METHOD OF PAYMENT

	Early Bird On/Before 10/31/2026	Regular After 10/31/2026
Physicians In Practice	☐ $350.00	☐ $400.00
All Other Healthcare Professionals	☐ $300.00	☐ $350.00
Industry	☐ $375.00	☐ $425.00

The fee for in-person attendance includes tuition, breaks, online syllabus, and certificates of attendance.

How did you hear about this conference _____

☐ Enclosed Check Payable to Medical University of South Carolina ☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

_____ _____
Card Number Expiration Date CVV Code

_____
Name as it appears on card

(Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- **Mail** registration form with check made out to "Medical University of South Carolina" or credit card information to MUSC Office of CME, 96 Jonathan Lucas Street, HE601, MSC 754, Charleston, SC, 29425
- **Telephone:** (843) 876-1925 – Registration by credit card only.
- **Email:** Scan & email completed registration form to cmeoffice@musc.edu
- **Online:** Complete registration through the Online Registration Portal

www.musc.edu/cme

CANCELLATION

A refund will be made upon written request prior to **Febuary 5, 2027** less a $100.00 cancellation fee. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for cancelled programs. The University cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties. *By registering for this conference, you acknowledge and agree to this cancellation policy.*