



CARDIOMETABOLIC RISK SUMMIT **SPRING**

POWERED BY Consultant

MARCH 18–20, 2016

HILTON NEW ORLEANS
RIVERSIDE



**Are You
Cardiometabolic
Risk-Ready?**



Get the practical training
you need right here.

CRSSPRING.COM



CARDIOMETABOLIC RISK SUMMIT **SPRING**

POWERED BY *Consultant*

THE CONFERENCE FOR PRACTICAL CARDIOMETABOLIC CARE

**EVIDENCE-BASED. PATIENT-CENTERED.
REAL-WORLD.**

Cardiometabolic syndrome now affects more than 1 in 3 adults in the United States. Primary care teams are playing an increasingly essential role in the diagnosis and treatment of these patients.

Powered by *Consultant*, the nation's leading, peer-reviewed journal for primary care practitioners, Cardiometabolic Risk Summit (CRS Spring) is dedicated to translating the latest clinical research and guidelines on cardiometabolic care into practical treatment and prevention strategies for the entire primary care team.

**A conference created for practitioners, by
practitioners. Join us for 3 days and:**

- Focus on cardiometabolic care strategies in the heart of the "diabetes belt," a region featuring some of the nation's highest rates of type 2 diabetes and obesity
- Gain incredible access to the nation's leading faculty in cardiometabolic care - ask questions, engage with presenters and deepen your knowledge
- Discover new products and services in the CRS Spring exhibit hall
- Earn up to 16 CME/CPE/CE credits
- Participate in hands-on Teaching Kitchen modules, presented in partnership with **The Goldring Center for Culinary Medicine at Tulane University**. Experience healthy - and flavorful - cooking in action
- Enjoy the conference backdrop of NOLA, the culinary capital of the U.S.
- Walk away with powerful, real-world solutions and ideas that you can apply in your practice immediately

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WHO ATTENDS CRS SPRING?

CRS Spring is designed and accredited for the **entire primary care team** - in its 5-year history, CRS has educated more than 3,000 front-line practitioners who interact with patients on a daily basis, including:

- General Practitioners/Family Medicine Specialists/Internists/Pediatricians
- Nurse Practitioners
- Physician Assistants
- Registered Dietitians
- Certified Diabetes Educators
- Pharmacists
- And more!

Consider registering together and save with group discounts!

Call us at 800.208.8075

CRS IS AN EXCELLENT
MIX OF EVIDENCE-BASED
INFORMATION

on the latest research, medications and guidelines from medical societies, combined with the candor of subject matter experts sharing how they interpret information and provide care for their patients.”

STEVE MADHAVAN, MD, MPH
Occupational, Environmental, and
Preventive Medicine/Family Practice
Port Hueneme, CA

**CRS SPRING is
Powered By CONSULTANT**



CONSULTATIONS IN PRIMARY CARE
Consultant

About Consultant

For more than 50 years, primary care practitioners have turned to *Consultant* and its online multimedia platform, Consultant360.com, as the foremost source for clinical, peer-reviewed advice from top experts across various therapeutic specialties. In keeping with the journal's overall purpose of providing targeted and practical information, *Consultant* is pleased to host the CRS Spring conference, a unique educational conference that brings the pages of *Consultant* to life in an interactive, face-to-face format.

CRS SPRING CO-CHAIRS



Daniel Einhorn, MD, FACP, FACE

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University of California, San Diego
Medical Director, Scripps Whittier
Diabetes Institute
Associate Editor, Journal of Diabetes
President, Diabetes and
Endocrine Associates
La Jolla, California



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Nurse Scientist
Cardiology Nurse Practitioner
Clinical Lipid Specialist
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Assistant Dean for Clinical Services
Executive Director, Goldring Center for
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Associate Professor of Medicine
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Stanford, California

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Medical Director, Metabolic Nutrition and
Weight Management
St. Joseph Mercy Oakland
Lifestyle Medicine Course Director, "Nutrition and
The Metabolic Syndrome"
Harvard Medical School
Clinical Assistant Professor and Lecturer
Wayne State University School of Medicine
Science Advisory Board Member
Pritikin Longevity Center
Pontiac, Michigan





CARDIOMETABOLIC RISK SUMMIT **SPRING**

POWERED BY Consultant



KEYNOTE SPEAKER



Suzie Brown, MD

Assistant Professor of Medicine
Vanderbilt University Medical Center
Nashville, Tennessee

The Tug of Heartstrings — How Clinicians Can Find Balance in a Patient-Centered World

How can clinicians tend to their own well-being in a profession that requires an incredible level of altruism? In this inspiring session, cardiologist/songwriter/performer Suzie Brown, MD, will discuss her own experience with physician burnout and the importance of finding an outlet for your emotions, rather than merely hiding behind a "façade of heroism." Dr. Brown will share how music restored her self-awareness and helped her create sincere, emotional connections with patients. With her strong clinical background and gift for unforgettable melodies, Dr. Brown will give advice on how to become a happier, more balanced person - and perform one of her songs.

AGENDA AT A GLANCE



3 Days. 16 Credits. Unlimited Learning.



THURSDAY, MARCH 17

1:00 PM–4:00 PM	Teaching Kitchen Module — Diabetes Mellitus: Carbohydrates and Nutrition
5:00 PM–8:00 PM	Teaching Kitchen Module — Disease Implications of Diet: An Introduction to Culinary Medicine

FRIDAY, MARCH 18

7:30 AM–8:30 AM	Registration and Complimentary Breakfast
8:35 AM–8:45 AM	Opening Remarks
8:45 AM–9:40 AM	Cardiometabolic Guideline Update — Finding Consensus Across Evidence-Based Recommendations DANIEL EINHORN, MD, FACP, FACE
9:45 AM–10:40 AM	Industry-Supported CME Session
10:45 AM–11:40 AM	Common Controversies in Diet and Clinical Nutrition — Point/Counterpoint TIMOTHY S. HARLAN, MD; TOM RIFAI, MD, FACP
11:45 AM–12:40 PM	Industry-Supported CME Session
12:45 PM–2:00 PM	Complimentary Innovation Theater Lunch (non-CME)
2:05 PM–3:00 PM	Cardiovascular Risk Factors Associated with CKD and ESRD JAMES J. MATERA, DO, FACOI
3:05 PM–4:00 PM	Keynote Session: The Tug of Heartstrings — How Clinicians Can Find Balance in a Patient-Centered World SUZIE BROWN, MD
4:05 PM–5:35 PM	Complimentary Exhibit Hall Grand Opening
6:00 PM–9:00 PM	Teaching Kitchen Module — Cancer Nutrition: Prevention and Diet After Diagnosis

SATURDAY, MARCH 19

6:00 AM–7:00 AM	Jogging Tour
7:30 AM–8:30 AM	Complimentary Breakfast in Exhibit Hall
8:35 AM–9:30 AM	How Success Should be Defined in Treating Obesity: Managing Patient Expectations W. TIMOTHY GARVEY, MD
9:35 AM–10:30 AM	Industry-Supported CME Session
10:35 AM–11:30 AM	A Road Map to Reimbursement for Diet and Exercise Counseling TIMOTHY S. HARLAN, MD; BEN TAYLOR, PHD, PA-C
11:35 AM–12:30 PM	Industry-Supported CME Session
12:35 PM–1:50 PM	Complimentary Innovation Theater Lunch (non-CME)
1:55 PM–2:50 PM	Bariatric Surgery and the Primary Care Practitioner JOHN MAGAÑA MORTON, MD, MPH, FACS, FASMBS
2:55 PM–3:50 PM	Overcoming the Barriers to Healthy Eating with Culinary Medicine – Live Cooking Demonstration KERRI DOTSON, RDN, LDN; LEAH SARRIS, BS
3:55 PM–5:25 PM	Complimentary Exhibit Hall Reception
6:00 PM–9:00 PM	Teaching Kitchen Module – Myths, Fad Diets, Supplements and Controversies

SUNDAY, MARCH 20

8:00 AM–8:30 AM	Complimentary Breakfast
8:35 AM–9:30 AM	Utilizing Standards vs. Innovations in Reaching Diabetes Goals – Point/Counterpoint DANIEL EINHORN, MD, FACP, FACE; EDWARD SHAHADY, MD, FAAFP, ABCL
9:35 AM–10:30 AM	Practical Issues in the Implementation of Non-Statin Therapy MARGO B. MINISSIAN, PHDC, ACNP, CLS, AACC, FAHA
10:35 AM–11:50 AM	Complimentary Innovation Theater Brunch (non-CME)
11:55 AM–12:50 PM	New Approaches for Hypertension Management in Patients with Diabetes KEITH C. FERDINAND, MD, FACC, FAHA
12:55 PM–1:50 PM	Motivating Your Patients: A Multidisciplinary Panel Discussion EILEEN T. O'GRADY, PHD, RN, NP; ALL CO-CHAIRS
1:50 PM–2:00 PM	Closing Remarks



THURSDAY

MARCH 17

TEACHING KITCHEN MODULE

1:00 P.M.–4:00 P.M.

Diabetes Mellitus: Carbohydrates and Nutrition

**Modules are not included in the price of CRS Spring base registration.*

TEACHING KITCHEN MODULE

5:00 P.M.–8:00 P.M.

Disease Implications of Diet: An Introduction to Culinary Medicine

**Modules are not included in the price of CRS Spring base registration.*

FRIDAY

MARCH 18

7:30 A.M.–8:30 A.M.

Registration and Breakfast

Complimentary Breakfast for all attendees

8:35 A.M.–8:45 A.M.

Opening Remarks

8:45 A.M.–9:40 A.M.

Cardiometabolic Guideline Update – Finding Consensus Across Evidence-Based Recommendations

When new clinical guidelines are released, it is typical for various groups to emphasize different aspects of the same issues. Although there has been some controversy regarding recent guidelines in the diabetes and cardiometabolic space, Dr. Einhorn will elucidate the often-overlooked broad agreement among medical societies regarding the importance of normalizing cardiometabolic targets and utilizing new therapies.

FACULTY DANIEL EINHORN, MD, FACP, FACE

9:45 A.M.–10:40 A.M.

Industry-Supported CME Session

10:45 A.M.–11:40 A.M.

Common Controversies in Diet and Clinical Nutrition – Point/Counterpoint

Experts in culinary medicine will deliver evidence-based perspectives on some of today's most commonly misunderstood diet and nutrition questions when Drs. Harlan and Rifai debate sodium, dietary cholesterol, and whether the 'Mediterranean' diet is the healthiest option for your patients. Attendees will have the opportunity to vote after each topic and crown a winner!

FACULTY TIMOTHY S. HARLAN, MD;
TOM RIFAI, MD, FACP

11:45 A.M.–12:40 P.M.

Industry-Supported CME Session



12:45 P.M.–2:00 P.M.

Complimentary Innovation Theater Lunch (non-CME)

2:05 P.M.–3:00 P.M.

Cardiovascular Risk Factors Associated with CKD and ESRD

Chronic kidney disease (CKD), which currently affects 15 to 20 million people in the US, is an established independent risk factor for increased cardiovascular events and mortality. Dr. Matera will illustrate how a greater understanding of CKD and specific consideration to these risk factors in the primary care setting can alleviate the significant impact of CKD on quality of life, costs of care, and overall patient outcomes.

FACULTY JAMES J. MATERA, DO, FACOI

Real-world training. Real-world tools. Real-world applications.

KEYNOTE SESSION

3:05 P.M.–4:00 P.M.

**The Tug of Heartstrings –
How Clinicians Can Find Balance in
a Patient-Centered World**

How can clinicians tend to their own well-being in a profession that requires an incredible level of altruism? In this inspiring session, cardiologist/songwriter/performer Suzie Brown, MD, will discuss her own experience with physician burnout and the importance of finding an outlet for your emotions, rather than merely hiding behind a “façade of heroism.”

Dr. Brown will share how music restored her self-awareness and helped her create sincere, emotional connections with patients. With her strong clinical background and gift for unforgettable melodies, Dr. Brown will give advice on how to become a happier, more balanced person – and perform one of her songs.

FACULTY SUZIE BROWN, MD



4:05 P.M.–5:35 P.M.

Exhibit Hall Grand Opening

Complimentary refreshments for all attendees

Everything at the
summit was **RELATABLE**
TO CLINICAL PRACTICE.

I felt like there was
no wasted time.”

LYNN J. FISHER, CNM, NP
Training Specialist
New York University
New York, NY

TEACHING KITCHEN MODULE

6:00 P.M.–9:00 P.M.

**Cancer Nutrition: Prevention and
Diet After Diagnosis**

**Modules are not included in the price of
CRS Spring base registration.*

S A T U R D A Y

MARCH 19

6:00 A.M.–7:00 A.M.

Jogging Tour

7:30 A.M.–8:30 A.M.

Breakfast in Exhibit Hall

Complimentary Breakfast for all attendees

8:35 A.M.–9:30 A.M.

**How Success Should be Defined in
Treating Obesity: Managing Patient
Expectations**

Why is it so difficult to lose weight and keep it off? Dr. Garvey will explain the biology of obesity, from both a physiological and behavioral perspective, and discuss what therapies are available and which appear most effective. The importance of tempering expectations and avoiding drastic caloric restriction will be reviewed. A ‘complications-centric approach’ to obesity management will be emphasized, where the treatment goal is to improve health by treating or preventing weight-related complications.

FACULTY W. TIMOTHY GARVEY, MD

9:35 A.M.–10:30 A.M.

Industry-Supported CME Session

10:35 A.M.–11:30 A.M.

**A Road Map to Reimbursement for
Diet and Exercise Counseling**

Although many health care providers recognize the importance of counseling patients on exercise and nutrition during preventive visits, there remains a need for greater understanding of preventive care coding. Drs. Harlan and Taylor will provide practical examples to show that – unlike documenting problem-oriented office visits – documenting and coding for preventive visits is more straightforward, even in the era of ICD-10.

FACULTY TIMOTHY S. HARLAN, MD; BEN TAYLOR, PHD, PA-C

11:35 A.M.–12:30 P.M.

Industry-Supported CME Session

12:35 P.M.–1:50 P.M.

Complimentary Innovation Theater Lunch (non-CME)

1:55 P.M.–2:50 P.M.

Bariatric Surgery and the Primary Care Practitioner

Dr. Magaña Morton shares his perspective as a bariatric surgeon on both the physiologic and psychosocial aspects of treatment for the increasing number of patients who undergo bariatric surgery. Along with a review of the safety and efficacy of current surgical options, Dr. Magaña Morton will address assessment and referral of potential surgical candidates, effective counseling regarding post-operative regimens, long-term nutritional issues, and the critical role primary care plays in the management and support of these patients throughout their lifespan.

FACULTY JOHN MAGAÑA MORTON, MD, MPH, FACS, FASMB

2:55 P.M.–3:50 P.M.

Overcoming the Barriers to Healthy Eating with Culinary Medicine – Live Cooking Demonstration

Chef Leah Sarris and Kerri Dotson from The Goldring Center for Culinary Medicine at Tulane University will focus on a food-first approach to overcoming barriers to healthy eating during this live cooking demonstration. Explore perceived barriers to eating well and gain tools and strategies for health professionals to help patients move toward positive lifestyle changes.

FACULTY KERRI DOTSON, RDN, LDN;
CHEF LEAH SARRIS, BS

3:55 P.M.–5:25 P.M.

Exhibit Hall Reception

Complimentary refreshments for all attendees

TEACHING KITCHEN MODULE

6:00 P.M.–9:00 P.M.

Myths, Fad Diets, Supplements and Controversies

**Modules are not included in the price of CRS Spring base registration.*

SUNDAY

MARCH 20

8:00 A.M.–8:30 A.M.

Complimentary Breakfast

Complimentary Breakfast for all attendees

8:35 A.M.–9:30 A.M.

Utilizing Standards vs. Innovations in Reaching Diabetes Goals – Point/Counterpoint

This session will focus on how quality goals are not being reached and the complications that result. Dr. Shahady will discuss how combining lifestyle changes, medications, and behavioral interventions will lead to goal achievement and a reduction in these complications. Dr. Einhorn will focus on embracing new innovations in diagnostics and treatments that enable the PCP to structure a therapeutic regimen that puts fewer demands on a patient's lifestyle and day-to-day management demands.

FACULTY DANIEL EINHORN, MD, FACP, FACE;
EDWARD SHAHADY, MD, FAAFP, ABCL

95%

of attendees would recommend CRS Spring to a colleague.

Source: 2015 CRS Spring attendee survey



9:35 A.M.-10:30 A.M.

Practical Issues in the Implementation of Non-Statins Therapy

Dr. Minissian will discuss possible algorithms to consider in prescribing non-statin therapies. This session will include a comprehensive review of issues in prescribing and dispensing PCSK9s – such as prior authorization, documentation of baseline therapy (statin + ezetimibe) and practical considerations for patient education, administration, storage, compliance/adherence and possible adverse effects.

FACULTY MARGO B. MINISSIAN, PHDC, ACNP, CLS, AACC, FAHA

10:35 A.M.-11:50 A.M.

Complimentary Innovation Theater Brunch (non-CME)

11:55 A.M.-12:50 P.M.

New Approaches for Hypertension Management in Patients with Diabetes

Hypertension is a common comorbid condition with diabetes, and treatment of hyperglycemia is interpreted in relation to the effect of various medications on cardiovascular risks. Dr. Ferdinand will discuss how control of blood pressure in hypertension leads to a reduction in events including a 50% reduction in heart failure, 40% reduction in stroke, and 20%-25% reduction in myocardial infarction and will address evolving recommendations for goal attainment.

FACULTY KEITH C. FERDINAND, MD, FACC, FAHA

12:55 P.M.-1:50 P.M.

Motivating Your Patients: A Multidisciplinary Panel Discussion

Dr. O'Grady will explore the science behind human motivation and intentional change in adults. Next, she will lead our expert multidisciplinary panel in a discussion of necessary components for motivation, including identifying significance to the patient, underlying assumptions, readiness for change, raising awareness, identifying and overcoming obstacles, and the science of goal setting.

FACULTY EILEEN T. O'GRADY, PHD, RN, NP; ALL CO-CHAIRS

1:50 P.M.-2:00 P.M.

Closing Remarks



This conference, without a doubt, was
**ONE OF THE PREMIER
CLINICAL CONFERENCES
THAT I HAVE EVER
ATTENDED.**

I have altered my clinical practice in several ways – especially in the area of hypertension.”

FAITH A. ZIMMERMAN, NP
Harmony Foundation
Estes Park, CO

97%

would consider attending
CRS Spring again.

Source: 2015 CRS Spring attendee survey

Add a Hands-On Culinary Medicine Module in Tulane's Teaching Kitchen



Important nutritional concepts will be taught through an evidence-based, interactive discussion on dietary education for patients, followed by a hands-on cooking class that serves as a fun and unique way to help clinicians understand the practical dialogue they can have with patients about lifestyle change. The program translates current nutrition literature for use in day-to-day practice, while offering 4.25 to 4.5 CME/CE/CPE credits per module completed.

Diabetes Mellitus: Carbohydrates and Nutrition

Thursday, March 17

1:00 P.M.-4:00 P.M.

This module examines the physiological impact of digestion of different types of carbohydrates, along with the role of certain carbohydrates in promoting satiety, regulating blood glucose and sustaining energy, with a further look into whole grains. A special focus is placed upon reducing sugar consumption - especially in snacking - along with guidelines for healthier snacking and desserts presented and practiced in the kitchen.

Disease Implications of Diet: An Introduction to Culinary Medicine

Thursday, March 17

5:00 P.M.-8:00 P.M.

This module presents an outline of both the Mediterranean and DASH diets, and discusses recent sources and studies examining the effectiveness of both approaches in treating diet-related illnesses. This module also briefly reviews methods of communicating these principles to patients. An introduction to basic kitchen safety and knife-handling skills is included.

Cancer Nutrition: Prevention and Diet after Diagnosis

Friday, March 18

6:00 P.M.-9:00 P.M.

This module focuses on the effect that diet can have, both preventatively and post-diagnosis, on cancer patients. Certain foods and antioxidants linked to cancer risk reduction will be examined, with a focus on phytochemicals and their common sources. In addition, we will discuss the role of obesity and alcohol consumption in certain types of cancer. Both dietary support and counseling strategies during cancer treatment are outlined; in the kitchen, plant-based, antioxidant-rich recipes are prepared.

Myths, Fad Diets, Supplements and Controversies

Saturday, March 19

6:00 P.M.-9:00 P.M.

Nutrition-related fads, myths and misconceptions are explored in this module. Optimal conditions for weight loss and management are covered, with literature on proven methods of supplementation and nutrition provided. In the kitchen, nourishing recipes and ingredient quality are the focus, along with the introduction of sensory evaluation of food.

Each module includes:

- 3 hours of the hands-on Teaching Kitchen and 1.25-1.5 hours of online learning
- Ground transportation to/from Hilton New Orleans Riverside and The Goldring Center for Culinary Medicine
- A family-style, sit-down meal

*Tulane modules are not included in the price of CRS Spring base registration. The additional cost is \$175 for one (1) module or \$300 for two (2) modules.

Closed-toe shoes must be worn to the Teaching Kitchen.

CULINARY MEDICINE TEACHING KITCHEN MODULE ACCREDITATION INFORMATION

North American Center for Continuing Medical Education, LLC (NACCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

1. Diabetes Mellitus: Carbohydrates and Nutrition UAN 0276-0000-15-053-L01-P and 0276-0000-15-054-H01-P

2. Disease Implications of Diet: An Introduction to Culinary Medicine UAN 0276-0000-15-047-L01-P and 0276-0000-15-048-H01-P

3. Cancer Nutrition: Prevention and Diet After Diagnosis UAN 0276-0000-15-097-L01-P and 0276-0000-15-096-H01-P

4. Myths, Fad Diets, Supplements and Controversies UAN 0276-0000-15-091-L01-P and 0276-0000-15-090-H01-P

CME *1,2,3,4. NACCME designates each of these live activities for a maximum of 3.0 AMA PRA Category 1 Credits™.

*1, 2, 3. NACCME designates each of these enduring materials for a maximum of 1.25 AMA PRA Category 1 Credits™.

*4. NACCME designates this enduring material for a maximum of 1.5 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The National Commission on Certification of Physician Assistants accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

CNE *1,2,3. These continuing nursing education activities award 4.25 contact hours.

Provider approved by the California Board of Registered Nursing, Provider #13255 for 4.25 contact hours.

*4. This continuing nursing education activity awards 4.5 contact hours.

Provider approved by the California Board of Registered Nursing, Provider #13255 for 4.5 contact hours.

Nurse practitioners may participate in this educational activity and earn a certificate of completion as AANP accepts AMA PRA Category 1 Credits™ through its reciprocity agreements.

CPE The following UANs are each approved for 1.25 contact hours (0.125 CEUs) of continuing pharmacy education: 0276-0000-15-048-H01-P, 0276-0000-15-054-H01-P, 0276-0000-15-096-H01-P.

The following UANs are each approved for 1.5 contact hours (0.15 CEUs) of continuing pharmacy education: 0276-0000-15-090-H01-P.

The following UANs are each approved for 0.276-0000-15-047-L01-P, 0276-0000-15-053-L01-P, 0276-0000-15-091-L01-P, 0276-0000-15-097-L01-P.

These educational activities are knowledge-based activities.

CPE for Dietitians *1,2,3. North American Center for Continuing Medical Education, LLC (NACCME) is a Continuing Professional Education (CPE)-Accredited Provider with the Commission on Dietetic Registration (CDR). CDR-credentialed Practitioners will receive 4.25 Continuing Professional Education units (CPEUs) for completion of this activity/material.

*4. North American Center for Continuing Medical Education, LLC (NACCME) is a Continuing Professional Education (CPE)-Accredited Provider with the Commission on Dietetic Registration (CDR). CDR-credentialed Practitioners will receive 4.5 Continuing Professional Education units (CPEUs) for completion of this activity/material.

Provider Number: HM001, Level 3

For CE inquiries, please contact NACCME at 609-371-1137.

There's even more to experience at CRS Spring!



Join us for a Jogging Tour of New Orleans

Saturday, March 19

6:00 A.M.–7:00 A.M.

Discover vibrant New Orleans during a complimentary group jogging tour through the French Quarter. Licensed guides will lead various paced groups on a unique tour that combines both exercise and education. Lace up those running shoes and get ready to tour the Big Easy! Participants of all ages and skill levels are welcome.



Don't Miss the CRS Spring Exhibit Hall

CRS Spring features a range of exhibiting companies and organizations showcasing the very latest products, services, resources and solutions to help you with care strategies for your patients.

OUTSTANDING CONFERENCE! I have already changed my practice based on what I learned. I'm excited about improving my patient outcomes! Thank you so much! ”

LYNN J. FISHER, CNM, NP
Training Specialist
New York University
New York, NY



ACCREDITATION INFORMATION

Intended Learners This conference is designed for primary care physicians, nurse practitioners, nurses, physician assistants, pharmacists, registered dietitians, certified diabetes educators, and other related healthcare professionals involved in the treatment of patients at risk for cardiometabolic syndrome.

Activity Overview The interactive educational conference will occur from March 18-20, 2016 at Hilton New Orleans Riverside, LA. A question-and-answer session with the faculty will follow each presentation. To be eligible for documentation of credit, participants must attend the full activity and submit a completed evaluation form. Participants who complete the evaluation online at crspring.com within 4 weeks of the live meeting will receive immediate documentation of credit.

Hardware/Software Requirements The evaluation is accessible after the activity via a PC (Windows 2000/XP/Vista/7) or Mac (Mac OS 10.x or later) computer with current versions of the following browsers: Internet Explorer, Mozilla Firefox, Google Chrome, or Safari. A PDF reader is required for print publications. Please direct technical questions to webmaster@naccme.com.

Accreditation North American Center for Continuing Medical Education, LLC (NACCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

CME NACCME designates this live activity for a maximum of 16.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The National Commission on Certification of Physician Assistants accepts *AMA PRA Category 1 Credit*™ from organizations accredited by the ACCME.

CNE This continuing nursing education activity awards 16.0 contact hours.

Provider approved by the California Board of Registered Nursing, Provider #13255 for 16.0 contact hours.

Nurse practitioners may participate in this educational activity and earn a certificate of completing as AANP accepts *AMA PRA Category 1 Credits*™ through its reciprocity agreements.

CPE The following UANs are each approved for 1.0 contact hour (0.10 CEU) of continuing pharmacy education: UAN 0276-0000-16-023-L01-P, 0276-0000-16-036-L01-P, 0276-0000-16-037-L01-P, 0276-0000-16-038-L01-P, 0276-0000-16-039-L01-P, 0276-0000-16-040-L01-P, 0276-0000-16-041-L01-P, 0276-0000-16-042-L01-P, 0276-0000-16-043-L01-P, 0276-0000-16-044-L01-P, 0276-0000-16-045-L01-P, 0276-0000-16-046-L01-P, 0276-0000-16-047-L01-P, 0276-0000-16-048-L01-P, 0276-0000-16-049-L01-P, 0276-0000-16-050-L01-P.

These educational activities are knowledge-based activities.

CPE for Dietitians North American Center for Continuing Medical Education, LLC (NACCME) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR-credentialed Practitioners will receive 16.0 Continuing Professional Education Units (CPEUs) for completion of this activity/material.

Provider Number: HMO01, Level 3

For CE inquiries, please contact NACCME at 609-371-1137.

ADA Statement North American Center for Continuing Medical Education complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call 609-371-1137.

Professional Medical Education (non-CME) These are promotional programs and no CE credits are offered. All attendees, please be advised that information – e.g., your name and the value any meal you receive during these promotional programs – may be publicly disclosed pursuant to applicable federal and/or state laws. If you are licensed in a state, or are an employee of an organization that limits or prohibits meals from pharmaceutical companies, please identify yourself so that everyone is able to comply with such requirements.

Cancellation Policy Please note the cut-off date for cancellation is April 17, 2016. All cancellations



must be received in writing and postmarked by that date. Full registration (less a \$100 processing fee or full registration amount, whichever is less) will be refunded only to cancellations received in writing before the above date. No refunds will be issued after April 17, 2016, without exception. Registrations are transferable at any time.

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Join us in the heart of NEW ORLEANS

The **Cardiometabolic Risk Summit** will be held at Hilton New Orleans Riverside. Stay in the center of it all at Hilton New Orleans Riverside and enjoy a prime downtown location at the base of Canal and Poydras Streets. This riverfront hotel is situated on the banks of the Mississippi River – next to Harrah’s Casino, steps from famous New Orleans Streetcar lines, and only a few blocks away from the French Quarter.

Hilton New Orleans Riverside

2 Poydras Street,
New Orleans, LA 70130

Hotel Reservation Information

Reservations are now being accepted for the Cardiometabolic Risk Summit Spring. A limited block of rooms is being held at the Hilton New Orleans Riverside for conference attendees at a discounted rate of \$199 USD per night for a standard guestroom with single or double occupancy. The group room block cutoff date is Friday, February 19; however, we encourage attendees to book early as the availability at these rates is limited on a first-come, first-served basis.

To reserve your room by phone, call 504-584-3959 or 1-800-HILTONS and reference the Cardiometabolic Risk Summit (or CRS) or secure the group rate by booking online at: <https://aws.passkey.com/event/13959603/owner/107/home>.

Please note that one night’s deposit is required at the time of booking. Deposits are non-refundable.

Beware of Scams

HMP Communications is the Official Housing Provider for 2016 CRS. Solicitation of hotel reservations from any housing provider other than HMP Communications is not approved by CRS. Hotel reservations made by unaffiliated organizations may appear to be for lower rates, but they may be illegitimate. Please be aware and report any unauthorized solicitation to HMP Communications (800-237-7285 ext. 218) or email kmcloughlin@hmpcommunications.com.

Check-in and Checkout

Check-in time is 3:00 p.m. and checkout time is 12:00 p.m.

Airfare

Delta Airlines is pleased to offer discounts of 2% to 10% off published airfares. Make your reservations by calling Delta’s meeting network desk at **800-328-1111**.

You can also place a reservation online at www.Delta.com/meetings. Click on “Book Your Flight,” and obtain the meeting discount by entering **NMML5** in the Meeting Event Code box.

Discount is valid on travel from March 15, 2016 to March 23, 2016.

You may also book your flights by calling HMP Travel at 800.237.7285, ext. 218. Tickets booked via phone are subject to a \$35 booking fee.

Ground Transportation

Shuttle service is available from the airport to the hotel for \$20.00 (per person, one-way) or \$38.00 (per person, round-trip). Three bags per person. Call (866) 596-2699 or (504) 522-3500 for more details or make a reservation online at www.airportshuttleneworleans.com.

Taxi

Hilton New Orleans Riverside is located just 25 minutes from New Orleans International Airport. A cab to the hotel will cost about \$35 one way.



CARDIOMETABOLIC RISK SUMMIT SPRING

POWERED BY Consultant

MARCH 18 – 20, 2016

HILTON NEW ORLEANS
RIVERSIDE

REGISTRATION FORM

4

easy ways to register

1

Return this form
by fax to
610.560.0502

(credit card payments only)

2

Mail the form with
payment to:

HMP Communications
70 E. Swedesford Rd.,
Ste. 100
Malvern, PA 19355

3

Register online at
crsspring.com

4

Register by phone:
800.208.8075

EARLY BIRD RATES

☐ **\$195** Non-Physician (By 1/22/2016)

☐ **\$250** Physician (By 1/22/2016)

ADVANCED RATES

☐ **\$250** Non-Physician (By 2/19/2016)

☐ **\$325** Physician (By 2/19/2016)

First Name _____ Last Name _____

Suffix/Credentials _____ Title _____

Company/Organization Name _____

Street Address _____

City _____ State _____ Zip _____ Country _____

Phone _____ Fax _____

Email _____

Professional Category

☐ MD ☐ NP ☐ PA ☐ MSN/BN/RN ☐ RD ☐ CDE ☐ PharmD

☐ Other Allied ☐ Student/Resident ☐ Industry ☐ None

NPI/License # _____

Specialty

☐ Primary Care ☐ Family Medicine ☐ Geriatrics ☐ Internal Medicine ☐ Pediatrics

☐ Other _____

How many years have you been in practice?

☐ 5 years or fewer ☐ 6 to 10 years ☐ 11 to 20 years ☐ 21 to 30 years ☐ 31+ years

In which care setting is the majority of your time spent?

☐ Hospital ☐ Office-based ☐ None ☐ Other (please specify) _____

What is your current patient load per week? ☐ 50 or fewer ☐ 51-100 ☐ 101-150 ☐ 151 or more

What percentage of your patients have or are at risk of cardiometabolic diseases?

☐ 10 or fewer ☐ 11-20 ☐ 21-30 ☐ 31-40 ☐ 41-50 ☐ 51 or more

How did you find out about CRS Spring 2016?

☐ Direct mail - Conference brochure ☐ Google/search engine ☐ E-mail promotion

☐ Print advertisement - Consultant ☐ Print advertisement - Other ☐ Colleague/employer

☐ CRS sales representative ☐ Professional association _____

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YES!

PLEASE ALSO ADD

Culinary Medicine Cooking Modules

Modules are not included in the
CRS Spring registration rates.
The cost is \$175 for one 4-hour
module, or \$300 for two 4-hour
modules.

☐ Thursday, March 17
1:00 P.M.-4:00 P.M.

☐ Thursday, March 17
5:00 P.M.-8:00 P.M.

☐ Friday, March 18
6:00 P.M.-9:00 P.M.

☐ Saturday, March 19
6:00 P.M.-9:00 P.M.

New Orleans Jogging Tour

☐ I would like to participate in the New
Orleans Jogging Tour on Saturday,
March 19 at 6:00 a.m.

Complimentary with your
CRS Spring registration.

☐ **Syllabus Book (\$35)**

TOTAL DUE: _____

(Including registration)



CARDIOMETABOLIC RISK SUMMIT **SPRING**

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MARCH 18–20, 2016

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