



VIRGINIA OPTOMETRIC
ASSOCIATION

2022 Fall Conference

Lansdowne Resort October 21-23, 2022



Educate. Inspire. Evolve.

Join the Virginia Optometric Association for our 2022 Fall Conference October 21-23, at the Lansdowne Resort in Leesburg, Virginia. Connect with your colleagues at our evening receptions, sponsored meals, and don't miss our Beers & Best Practices. The Lansdowne Resort is nestled on 500 acres on the Potomac River in Northern Virginia. Savor the fruits of the river valley at local wineries, breweries, and great shopping. Enjoy easy access to the exciting sounds, sights and flavors of the area's first-class entertainment and dining venues.

ACCOMMODATIONS & PARKING

Please contact Lansdowne Resort at 1-703-729-8400 and mention the Virginia Optometric Association to make your reservations, or visit <https://book.passkey.com/go/VAOPTOMETRIC>. The VOA discounted rate is \$215* per night. Rates are applicable October 20 - October 25, 2022. The number of rooms at this rate are limited. All reservations must be made no later than September 30, 2022.

Check-in begins at 4:00 pm and checkout time is 11:00 am. All reservations must be guaranteed by a valid major credit card, supplied at the time of reservation. Any guaranteed reservation not cancelled 24 hours prior to arrival will be subject to one night's room and tax.

(*All rates are subject to state and local taxes, fees and assessments)

Parking: Self-parking is free.

CE Credits: 10 Hours Available

When: October 21st – 23rd

Where: Lansdowne Resort
44050 Woodbridge Parkway
Leesburg, VA 20176

**Register
online by
September 30th
and SAVE!**

- Online at www.thevoa.org/fall
- By mail—send payment with completed registration form to:
VOA Fall Conference
P.O. Box 29069
Henrico, VA 23242-0069

Registration, Information, & Conference Policies



CDC Guidelines for hosting meetings and events will be followed by the VOA at all times.

General Registration Fee includes access to all exhibits and social activities. The early bird deadline is September 30th, after this date there will be a \$50 late fee. The final registration deadline is October 14, 2022. All registration fees must accompany your registration form.

Spouse/Guest Registration is \$25 and includes access to Friday and Saturday evening receptions. Due to Pharma regulations, promotional dinners are for doctors/students only.

Continuing Education and Attendance All courses meet requirements for approval of CE credit by the Virginia Board of Optometry. The VOA assumes no responsibility for courses that are not approved by other state licensing boards. Verification outside the State of Virginia is the responsibility of the attendee. Reporting of course hours to a licensing board is the sole responsibility of the licensee. COPE approval is **NOT** required in Virginia and has **NOT** been arranged. No partial credit for any course will be given. To obtain credit you must attend the ENTIRE course. Attendance will be monitored to comply with Virginia licensing board regulations.

Course Cards and Course Evaluations will be electronic. If you have an Android phone or tablet, you may need to install a QR code app in advance, such as Barcode Scanner, so that you can scan the code at the end of each course. Your course verification will then be emailed to you (iPhones and iPads use the Camera app to read QR codes.) Printed course cards will ***not*** be available. If your electronic device is not working please see the registration desk for assistance or to get a course card emailed to you. Please do ***NOT*** use the OE tracker app. Course Evaluation are an integral part in the VOA receiving Grants, so be sure to complete them as well.

Course Handouts All course handouts will be available online before the conference at <http://www.thevoa.org> (click the "Conference Handouts" button). An email will be sent to all registrants when the handouts are available. We suggest printing or downloading what you will need for the courses you are attending ahead of time since we cannot promise the quality of the wi-fi connection with so many attendees. No printed handouts will be available.

Photography Disclaimer Virginia Optometric Association (VOA) reserves the right to use any photograph/video taken at any VOA Event without the expressed consent of those included within the photograph/video. VOA may use the photograph/video in publications or other media material produced, used, or contracted by VOA including but not limited to: meeting brochures, invitations, newsletters, VOA website, VOA Facebook page, etc. If you do not wish to have your image recorded for distribution, please contact the VOA at office@thevoa.org. By attending the VOA Event, or by failing to notify VOA of your desire to not be photographed, you are agreeing to release, defend, hold harmless and indemnify VOA from any and all claims involving the use of your picture or likeness.

Cancellation & Refund Policy All cancellations received before September 30th will be issued a full refund. Between September 30th and October 14th, refunds will be assessed a \$30 processing fee. Requests must be in writing. No refunds for cancellation after October 14th.

Special Services In accordance with the Americans with Disabilities Act, please advise the VOA in writing by September 30th, if you require special services to fully participate.

Terms & Conditions COVID-19 RELEASE & HOLD HARMLESS AGREEMENT: By registering and attending a Virginia Optometric Association (VOA) event/meeting you acknowledge that there is an unknown risk of exposure to COVID-19 through exposure to contaminated objects, as well as through personal contact. Such exposure carries with it a certain degree of risk that could result in illness, disability or death. You agree to release and hold harmless VOA, its staff, officers, and vendors from and against all claims of damages and liability resulting from exposure to COVID-19. Registrants/Attendees also warrant they are following all CDC guidelines.

The Virginia Optometric Association Annual Conference claims no liability for the acts of any attendee, supplier or speaker at this meeting or for the safety of any attendee while in transit to, from, or during this meeting. The Virginia Optometric Association Annual Conference reserves the right to cancel this function and/or individual courses without penalty. The total amount of liability to the Conference will be limited to a refund of fees paid by the attendee.

2022 OD Education Program

Friday, October 21st and Saturday, October 22nd



Friday, October 21

08:00 pm - 09:30 pm

Emerging Leaders/Young OD Program Sponsored by Holzman Laser Vision

09:30 pm - 10:30 pm

Welcome Reception Sponsored by VSP

Saturday, October 22

08:00 am - 03:30 pm

Registration & Exhibits

08:00 am - 09:00 am

OCT Bootcamp-The Basics of OCT Retina Part I

1 hr CE credit

COURSE 1

- Mary Beth Yackey, O.D.

This course will discuss various common vitreoretinal pathologies using Optical Coherence Technology (OCT). A review of the ten layers of the retina will prepare the clinician for a deep dive into the clinical and practical use of the OCT. Examples of pathology that can be observed and managed through OCT will be discussed in an approach from Inner Retina, Middle Retina, and Outer Retina. Patient symptoms vary for each condition which will be emphasized to help guide the practitioner to correct diagnosis of pathology. In addition, treatment modalities for each condition will be reviewed. Several pre- and post-operative cases will be presented, as to better guide the clinician on proper referral patterns. OCT is a powerful diagnostic tool that safely depicts the histology of the retina in a non-invasive manner.

09:00 am - 10:00 am

Promotional Breakfast Sponsored by Allergan

No CE credit

10:00 am - 11:00 am

OCT Bootcamp - The Basics of OCT Retina Part II

1 hr CE credit

COURSE 2

- Mary Beth Yackey, O.D.

Continuation of Course 1

End of Course 2

Marketing Minutes CooperVision

11:00 am - 11:30 am

Exhibits and Beverages Sponsored by Trust Merchant Services

11:30 am - 12:30 pm

It Takes a Village, SEEING Life with Diabetes

1 hr CE credit

COURSE 3

- Mary Beth Yackey, O.D.

Diabetes is a complex disease requiring many healthcare disciplines to work together as a team to best care for a patient with diabetes. The first step to managing a diabetic patient is to identify the disease. Educating the patient about diabetes is vitally important so that systemic control occurs. The diabetic patient must understand the importance of lifestyle choices and the effect of each on overall health. A few of the modifiable factors that influence the patient's over well-being include smoking, overweight and obesity, physical activity, daily blood sugar levels and A1C, hypertension, and high cholesterol. Landmark clinical studies, such as the Diabetes Control and Complications Trial, have demonstrated the benefit of increased glycemic control with respect to diabetic retinopathy, and follow-up studies have highlighted that continued glycemic control remains this reduced risk. Proper treatment and management of patients who have diabetes and its comorbidities are integral into the prevention, treatment, and management of diabetic retinopathy.

End of Course 3

Marketing Minutes Johnson and Johnson Vision Care, Inc.

12:30 pm - 2:00 pm

Promotional Lunch Sponsored by Alcon and Exhibits

No CE credit

02:00 pm - 3:00 pm

The Latest Trends in Management of Choroidal Neovascular Membrane

1 hr CE credit

COURSE 4

- Mary Beth Yackey, O.D.

First, it is important for the clinician to be able to identify a Choroidal Neovascular Membrane (CNVM) on physician exam and using imaging technologies such as OCT and FAF. This course will show examples of clinical features for identifying CNVM through case examples. Next, the course will discuss referral and treatment strategies. PDT and laser treatments have fallen out of favor due to randomized clinical trials proving that there is no added benefit with such treatments. Targeting VEGF allows a two-hit strategy: antiangiogenesis and antipermeability. Anti-VEGF options include Avastin (Bevacizumab), Lucentis (Ranibizumab), Eylea (Aflibercept), Beovu (Brolucizumab-dbl), and Susvimo (Ranibizumab ocular implant). Now Biosimilars are coming into play as the patents of Lucentis (2022) and Eylea (2025) are about to expire. Numerous biosimilars are expected to gain approval from the US-FDA and EMA soon. Biobetters are better than the original biologic in one or more parameters but require more research and development.

03:00 pm - 3:30 pm

Coffee and Exhibits Sponsored by Neurolens

VOA Fall Conference

Saturday October 22nd & Sunday October 23rd



03:30 pm - 5:30 pm
COURSE 5

Beers & Best Practices

2 hrs CE credit

- Lisa Gontarek, O.D., Amanda Brewer-Lord, O.D., Robert Allen, O.D., Scott Mann, O.D., Gerald Neidigh, O.D.
Several of our top optometrists throughout the state of Virginia will come together on a speaking panel their best practice management strategies and what makes their practices thrive. This two hour session will be a peer to peer question and answer for all attendees in a laid back learning atmosphere.

06:00 pm

Promotional Dinner Sponsored by Alcon (Preregistration is required)

08:30 pm - 9:30 pm

Saturday Night Social Sponsored by MyEyeDr

Sunday, October 23

07:30 am - 08:30 am

Grab & Go Breakfast

08:00 am - 09:00 am
COURSE 6

10 Hacks for OCT Interpretation in Glaucoma

1 hr CE credit

- Mark Dunbar, O.D., FAAO

The OCT has emerged as a critical tool in the diagnosis and management of glaucoma. This course will discuss 10 key hacks and tips for using the OCT in the diagnosis and management of glaucoma.

09:00 am - 10:00 am
COURSE 7

The Glaucoma Puzzle: When The Pieces Don't Always Fit

1 hr CE credit

- Mark Dunbar, O.D., FAAO

This course will provide an overview of how diagnostic testing can help in the diagnosis and management of this disease include the role that IOP plays in causing damage to the optic nerve and how visual fields and OCT can show glaucomatous optic nerve damage as well as confirm progression of the disease.

10:00 am - 10:30 am

Exhibits and Coffee Sponsored by Essilor

No CE credit

10:30 am - 12:30 pm
COURSE 8

Cases Files from Bascom Palmer

2 hrs CE credit

- Mark Dunbar O.D., FAAO

Bascom Palmer Eye Institute is regarded as one of the top eye hospitals in the world and is responsible for many scientific breakthroughs. Interesting cases from over three decades of practice will be presented in a grand rounds case presentation format. Topics will include a potpourri of interesting and relevant anterior and posterior segment thought-provoking cases including viral and allergic keratitis, in addition to interesting retina cases such as Valsalva retinopathy and Purtscher's among many others.

Hotel Check out is at 12:00 pm

2022 VOA FALL CONFERENCE SPEAKERS

Mary Beth Yackey, O.D.
Cincinnati Eye Institute (CEI)



Mark Dunbar, O.D., FAAO
Bascom Palmer Eye Institute



Robert Allen, O.D.
Ashburn Eyecare Associates



Amanda Brewer-Lord, O.D.
Wythe Eye Associates



Lisa Gontarek, O.D.
Gontarek Eye Care



Scott Mann, O.D.
Invision



Gerald Neidigh, O.D.
Grove Eye Care

2022 Fall Conference Registration

Please complete the registration form and submit with payment to:

Mail To: VOA • P.O. Box 29069 • Henrico, VA 23242-0069

Register online at
www.thevoa.org/fall

See cancellation policy on
page 2 for details.

Name for Badge: _____ Nickname: _____
Address: _____ OE Tracker #: _____
City: _____ State: _____ Zip: _____
Phone: _____ Cell: _____ Email: _____
Emergency Contact: _____ Phone: _____

Daily Registration Fees (Includes all CE and meals listed below. Must register for meals by September 30th. No exceptions.)

- | | |
|--|---|
| ☐ \$ 295 2-Day VOA/AOA Member | |
| ☐ \$ 695 2-Day NON VOA/AOA Member | |
| ☐ \$ 20 2-Day VOA Student Member Registration | |
| ☐ \$ 195 1-Day VOA/AOA Member | Please Select One _____ Saturday _____ Sunday |
| ☐ \$ 495 1-Day NON VOA/AOA Member | Please Select One _____ Saturday _____ Sunday |
| ☐ \$ 10 1-Day VOA Student Member Registration | Please Select One _____ Saturday _____ Sunday |

The following events are included in your registration, please indicate which you will be attending:

Friday

- ☐ 8:00 pm - 9:30 pm Emerging Leaders & Young OD Program by *Holzman LASER & Surgical Center*
☐ 9:30 pm - 10:30 pm Welcome Reception Sponsored by *VSP*

Saturday

- ☐ 9:00 am - 10:00 am Promotional Breakfast Sponsored by *Allergan*
☐ 12:30 pm - 2:00 pm Promotional Lunch Sponsored by *Alcon*
☐ 6:00 pm Promotional Dinner Sponsored by *Alcon*
☐ 8:00 pm - 9:30 pm Saturday Night Social Sponsored by *MyEyeDr*

Sunday

- ☐ 7:30 am - 8:30 am Grab & Go Breakfast

Guests

- ☐ \$ 25 Spouse/Guest Registration (includes Friday & Saturday Receptions)
Name of Spouse/Guest _____
☐ \$ 50 Late fee per registration (Postmarked, faxed, or submitted online after September 30th)

Additional Options

- \$ _____ Optional Legal-Legislative Fund Contribution (\$250 suggested per O.D. for 2022)
To contribute to VOPAC, visit www.thevoa.org/vopac-llf/vopac (\$750 suggested per O.D. for 2022)

\$ _____ **Total Registration Fees Enclosed**

Special Services to Comply with American Disabilities Act:

- ☐ Check if you need special services to fully participate. Attach a written description of needs so we may contact you. Please notify the VOA by September 30th.
☐ Dietary Considerations / Allergies: _____

Payment: ☐ **Credit Card (AmEx/Visa/Mastercard)** ☐ **Check (payable to VOA)**

Name on account (print): _____ Exp. Date: _____ / _____
Card Number: _____ Credit Card CVV code: _____
Billing Address: _____
City: _____ State: _____ Zip: _____
Signature (required) _____ Authorized amount \$ _____

REMINDERS

September 30 Early Bird Deadline before \$50 Late Fee Begins

October 14 Last Day to Register

VOA Fall Conference

Omni Richmond Hotel October 21-23, 2022



Save The Dates!

One Day CE Conference

January 22, 2023

Virtual

Via Zoom

Annual Conference

June 8 - 11, 2023

Omni Homestead

Hot Springs, VA

Fall Conference

October 20 - 22, 2023

Omni Richmond

Leesburg, Virginia

2022 VOA Partner Program

DIAMOND  CooperVision®  Alcon SEE BRILLIANTLY  Allergan			
GOLD CAPITAL VISION SERVICES Providing administrative services to affiliated ophthalmic practices  myeyedr Trained community doctors We service all insurance Digital selection of eyewear			
SILVER  ZEISS  essilor Seeing the world better			
BRONZE  ABB OPTICAL GROUP  neurotens Relief is in Sight  CNOTAL VISION  Commonwealth Eye Care Associates  TRUST MERCHANT SERVICES  NOVARTIS  EyePromise  Lumenis			

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Scott Mann, O.D.	<i>Secretary/Treasurer</i>
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Bo Keeney	<i>Executive Director (ex-officio)</i>