



MAY 16-18, 2019

36th Annual

OB Challenges Conference

Preterm Birth: Prediction, Prevention and Management

www.obchallenges.com

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HEALTH SOLUTIONS PARTNER



About Us

Course Description

Approximately 1 in 10 babies in the U.S. are born prematurely. Recently this number has been increasing despite a significant amount of medical resources directed at this problem. Preterm infants account for about 17% of infant deaths and surviving infants are at increased risk for lifelong disabilities. There are also still significant racial/ethnic disparities in preterm birth rates with the rate for non-Hispanic black women being almost 50% higher than non-Hispanic white women. This conference endeavors to explore the history of preterm birth treatment and review proven effective strategies in management. In addition, we will update our audience on recent advances in preterm birth prediction, prevention and management. We will also discuss new directions and emerging strategies for the management of this persistent medical challenge.

Audience

- Practicing Obstetricians
- Nurse Practitioners
- Residents
- Family Practitioners
- Obstetrical Nurses
- Medical Students
- Certified Nurse Midwives
- MFM Physicians and Fellows

Course Objectives

The conference lectures will inform participants about the current thinking regarding many of the problems they face in their challenging obstetrical practices, and better equip them to handle problems or seek assistance from specialists. After attending this course, the registrants will be able to:

- ✓ Understand the appropriate use of progestogens in preventing preterm birth.
- ✓ Update on current recommendations for antenatal steroid use including periviable and late preterm use.
- ✓ Learn the appropriate identification and management of the short cervix.
- ✓ Understand the potential role for pessaries in preterm birth prevention.
- ✓ Discuss the unique challenges of preterm birth prevention in multiples.
- ✓ Introduce new management approaches such as group prenatal care.
- ✓ Discuss social contributions to preterm birth including trauma and intimate partner violence.
- ✓ Review interventions for improving neonatal outcomes including magnesium for neuroprotection and delayed cord clamping.
- ✓ Explore how provider/staff burnout and swamping may contribute to preterm birth rates.
- ✓ Examine racial disparities in preterm birth rates and identify potential strategies for improvement.

Tips on attire

Dress comfortably. We recommend you bring a jacket or sweater due to air conditioning.



Contact us: obchallenges@mednax.com



Conference Accreditation

Continuing Medical Education

The MEDNAX Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The MEDNAX Center for Research, Education and Quality designates this live activity for a maximum of 20.0 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education

The MEDNAX Center for Research, Education, Quality and Safety is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity provides 20.0 continuing nursing education (CNE) contact hours.

Disclosure Statement

Disclosure of Financial Relationships and Resolution of Conflicts of Interest are designed to ensure quality, objective, balanced and scientifically rigorous continuing education activities. All individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. MEDNAX is committed to providing learners with commercially unbiased continuing education activities.

Special Needs

The Americans with Disabilities Act of 1990 requires that all individuals, regardless of their disabilities, have equal access. MEDNAX strives to ensure that no individual with a disability is excluded, segregated, denied services or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. MEDNAX welcomes all individuals and is pleased to assist participants with special needs. Please contact us by May 1, 2019, at obchallenges@mednax.com (24-hours) and we will work with you to meet your specific requirements.



Guest Faculty

SEAN C. BLACKWELL, MD

Professor and Chair, Department of Obstetrics,
Gynecology and Reproductive Sciences
McGovern Medical School-UT Health
Houston, TX

EBONY BOYCE CARTER, MD, MPH

Assistant Professor, Division of
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Department of Obstetrics and Gynecology,
Washington University School of Medicine
St. Louis, MO

LINDA R. CHAMBLISS, MD, MPH

Professor, Obstetrics and Gynecology
Creighton University School of Medicine
Clinical Professor
Obstetrics and Gynecology
University of Arizona College of Medicine
Phoenix, AZ

C. ANDREW COMBS, MD, PHD

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Obstetrix Medical Group of San Jose
San Jose, CA

SARAH DETLEFS, MD

Clinical Assistant Professor
Obstetrics and Gynecology
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Phoenix Perinatal Associates, Phoenix, AZ
Phoenix, AZ

GEORGE A. MACONES, MD, MSCE

Mitchell & Elaine Yanow Professor and Head
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Washington University School of Medicine
St. Louis, MO

LEANN MCGREGOR, BSN, RNC

Maternal Flight Nurse
Air Evac Services
Phoenix, AZ

UMA M. REDDY, MD, MPH

Professor, Department of Obstetrics, Gynecology and
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Division Chief, Maternal-Fetal Medicine
Section Chief, Maternal-Fetal Medicine of Yale New
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Program Director, Maternal-Fetal Medicine Fellowship
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Yale School of Medicine
New Haven, CT

CHERYL ROTH, PHD, WHNP-BC, RNC-OB, RNFA

President AWHONN
Nurse Practitioner, L&D
Coordinated Care Program for Complex Moms and
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KRISTIN WEINSTEIN, BSN, RNC-OB

Legal Nurse Consultant
Phoenix, AZ

A photograph of a woman with short blonde hair and glasses, smiling and speaking into a microphone. The image is partially obscured by a purple banner at the bottom.

Banner Health Faculty

LAURA BACON, BSN, RNC-OB

Banner Desert Medical Center
AWHONN Arizona Secretary Treasurer
Mesa, AZ

MICHAEL R. FOLEY, MD

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KAREN MARSHALL, RNC-OB, MSN, CNS

Clinical Nurse Specialist
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Phoenix, AZ

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Phoenix Perinatal Associates Faculty

CURTIS R. COOK, MD

Clinical Associate Professor, University of Arizona – Phoenix
Director, Maternal-Fetal Medicine, Banner Desert Medical Center/Cardon's Children Medical Center, Mesa, AZ
Associate Medical Director, Phoenix Perinatal Associates
Phoenix, AZ

KEVIN ELLSWORTH, MD, FAAP

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KISTI FULLER, MD

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KAREN E. HANNAFORD, MD, MSCI

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Associate Medical Director,
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Phoenix, AZ

C. KEVIN HULS, MD, MSC

Clinical Assistant Professor,
Maternal-Fetal Medicine Fellowship Director,
Section Chief MFM Services at Banner University Medical Center, Phoenix
Medical Director, Phoenix Perinatal Associates Mednax, Inc.
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VALERIE INFRANCO, WHNP, CDE

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ROMAN S. STARIKOV, MD

Clinical Assistant Professor, University of Arizona – Phoenix
Associate Medical Director,
Phoenix Perinatal Associates
Phoenix, AZ



Agenda

THURSDAY, May 16, 2019 | Conference Moderator: Curtis R. Cook, MD

TIME	SESSION	FACULTY
7:00 am-8:00 am	Registration and Continental Breakfast with the Exhibitors	
7:30 am-8:00 am	Interpretation of Fetal Monitor Strips	<i>C. Kevin Huls, MD, MSc</i>
8:00 am-8:15 am	Welcome and Announcements	<i>Curtis R. Cook, MD</i>
8:15 am-8:55 am	Preterm Birth: A Historical Perspective	<i>Roman Starikov, MD</i>
8:55 am-9:35 am	Preterm Birth: New Directions	<i>George Macones, MD</i>
9:35 am-10:15 am	What is a Clinician to do: Making Sense of Guidelines for the Use of Progestogens to Prevent Spontaneous Preterm Birth	<i>Sean C. Blackwell, MD</i>
10:15 am-10:30 am	Q&A	
10:30 am-10:50 am	Break/Refreshments/Visit the Exhibitors	
10:50 am-11:30 am	The Role for Cervical Lengths	<i>Kisti Fuller, MD</i>
11:30 am-12:10 pm	Modern Use for an Ancient Device: Pessary for Preterm Birth Prevention	<i>Uma M. Reddy, MD, MPH</i>
12:10 pm-12:25 pm	Q&A	
12:25 pm-1:30 pm	Luncheon	
1:30 pm-2:10 pm	Preterm Birth Management in the Periviable Period	<i>Karen E. Hannaford, MD, MSCI</i>
2:10 pm-2:50 pm	Issues of Health Equity in Preterm Birth	<i>Ebony Boyce Carter, MD, MPH</i>
2:50 pm-3:05 pm	Q&A	
3:05 pm-3:25 pm	Break/Refreshments/Visit the Exhibitors	
3:25 pm-4:05 pm	Swamping in Obstetrics	<i>Cheryl K. Roth, RN, PHD</i>
4:05 pm-4:45 pm	Burnout in Medicine-Ancient Wisdom for Modern Medicine	<i>Michael R. Foley, MD</i>
4:45 pm-5:00 pm	Q&A	
5:00 pm	Adjourn	<i>Curtis R. Cook, MD</i>

Phoenix Perinatal Associates & Banner University Medical Center's OB/GYN Department

Invite you to attend a Banner Resident Alumni Reception and March of Dimes Networking Social

Special Guest: Dr. Michael R. Foley

Thursday, May 16th | 6:00PM – 8:00PM

Hors d'oeuvres will be served and a cash bar will be available



Agenda (cont.)

FRIDAY, May 17, 2019 | Conference Moderator: Curtis R. Cook, MD

TIME	SESSION	FACULTY
7:00 am-8:00 am	Registration and Continental Breakfast with the Exhibitors	
7:30 am-8:00 am	Interpretation of Fetal Monitor Strips	<i>C. Kevin Huls, MD, MSc</i>
8:00 am-8:15 am	Welcome and Announcements	<i>Curtis R. Cook, MD</i>
8:15 am-8:55 am	Prevention of Preterm Birth in Multifetal Gestation	<i>C. Andrew Combs, MD, PHD</i>
8:55 am-9:35 am	Contemporary Management of Preterm Premature Rupture of Membranes	<i>Curtis R. Cook, MD</i>
9:35 am-10:15 am	The Role of Cerclage in Preterm Birth Prevention	<i>C. Kevin Huls, MD, MSc</i>
10:15 am-10:30 am	Q&A	
10:30 am-10:50 am	Break/Refreshments/Visit the Exhibitors	
10:50 am-11:30 am	Group Prenatal Care: The Evidence for Preterm Birth Risk Reduction	<i>Ebony Boyce Carter, MD, MPH</i>
11:30 am-12:10 pm	Exercise in Pregnancy: Why It's Important and How Do We Get Patients to do It?	<i>Kisti Fuller, MD</i>
12:10 pm-12:25 pm	Q&A	
12:25 pm	Adjourn	<i>Curtis R. Cook, MD</i>



Agenda (cont.)

FRIDAY, May 17, 2019

11th Annual Nursing Symposium (open to all attendees)

Nursing Symposium Moderator: Valerie Infranco, WHNP, CDE

TIME	SESSION	FACULTY
12:30 pm-1:30 pm	Luncheon	
1:30 pm-2:10 pm	Improving Effectiveness in Maternal Transportation	<i>LeeAnn McGregor, RN</i>
2:10 pm-2:50 pm	Support of the Hospitalized Antepartum Patient	<i>Karen Marshall, RN</i>
2:50 pm-3:05 pm	Q&A	
3:05 pm-3:25 pm	Break/Refreshments/Visit the Exhibitors	
3:25 pm-4:05 pm	Evaluation of Abdominal Pain in OB Triage	<i>Laura Bacon, RN</i>
4:05 pm-4:45 pm	Legal Issues Surrounding Preterm Birth Management	<i>Kristin Weinstein, BSN, RNC-OB</i>
4:45 pm-5:00 pm	Q&A	
5:00 pm	Adjourn	<i>Valerie Infranco, WHNP, CDE</i>

Agenda (cont.)

SATURDAY, May 18, 2019 | Conference Moderator: C. Kevin Huls, MD, MSc

TIME	SESSION	FACULTY
7:00 am-8:00 am	Registration and Continental Breakfast with the Exhibitors	
7:30 am-8:00 am	Emerging Topics: New Modalities in Preterm Birth Evaluation	<i>Roman Starikov, MD</i>
8:00 am-8:15 am	Welcome and Announcements	<i>C. Kevin Huls, MD, MSc</i>
8:15 am-8:55 am	The Impact of Social Factors on Preterm Birth	<i>Linda R. Chambliss, MD, MPH</i>
8:55 am-9:35 am	Trauma and Preterm Birth	<i>Torre Halscott, MD</i>
9:35 am-10:15 am	Antepartum Hemorrhage	<i>Michael P. Leovic, MD</i>
10:15 am-10:30 am	Q&A	
10:30 am-10:50 am	Break/Visit the Exhibitors	
10:50 am-11:30 am	Antepartum Intervention for Improved Neonatal Outcomes	<i>Kendra M. Gray, DO</i>
11:30 am-12:10 pm	Tocolysis for Management of Preterm Labor	<i>Sarah Detlets, MD</i>
12:10 pm-12:50 pm	Delayed Cord Clamping for Preterm Infants	<i>Kevin Ellsworth, MD</i>
12:50 pm-1:05pm	Q&A	
1:05 pm-1:15 pm	Dr. Huls' Parting Remarks	<i>C. Kevin Huls, MD, MSc</i>
1:15 pm	Adjourn	



Full agenda available online: www.obchallenges.com/agenda



Accommodations

Renaissance Glendale Hotel & Spa

9495 West Coyotes Blvd., Glendale, AZ 85305

BOOK BY PHONE



1-800-931-1595

BOOK ONLINE



WWW.OBCHALLENGES.COM/ABOUT-US/ACCOMMODATIONS

Room Reservations

Group Rate is \$199/night

Space is limited for the block of special group rate rooms, so please make your reservation as soon as possible.

Reserve your room by April 25, 2019.

If calling directly please identify yourself as an attendee of the OB Challenges conference to receive the discounted room rate. This rate will be honored three days before and three days after the conference, based on availability. We always recommend that you register early!



Conference Rates

By April 15, 2019

Physicians: \$750

Nurse Practitioners/Certified Nurse Midwives: \$500

Nurses: \$400

Residents/Fellows: \$200

Medical Students: \$100

After April 15, 2019

Physicians: \$800

Nurse Practitioners/Certified Nurse Midwives: \$550

Nurses: \$450

Residents/Fellows: \$200

Medical Students: \$100

Price includes:

- ✓ Conference ticket
- ✓ 3 days of breakfast
- ✓ 2 days of lunches
- ✓ Snacks
- ✓ Home Run Derby card

Unable to attend?

You can still purchase conference materials! Go [online](#) for details.

If you cannot attend the 2019 Conference in person, you may purchase the conference materials at a cost of:

- *Physicians:* \$400
- *NPs, CNMs, RNs and Allied Health Professionals:* \$275
- *Residents and Fellows:* \$100

Your payment can be made by credit card or check by calling **Gail Halfhill, 480-969-5999 Ext. 254.**

The materials will be sent to you approximately two weeks after the conference has closed.

No CME/CNE credit is offered.



Contact us: obchallenges@mednax.com