



Psych Congress REGIONALS



**BRAND-NEW
PROGRAM FOR
2019**

**CORE
PSYCHOPHARMACOLOGY
SUICIDE PREVENTION
ADDICTION**

**TAMPA
JUNE 15, 2019**

**Now more than ever,
the practical
mental health education
you need.**



**Psych Congress
REGIONALS**

TAMPA, FL | June 15, 2019

Renaissance Tampa
International Plaza Hotel
4200 Jim Walter Boulevard
Tampa, FL 33607

1 DAY

6.5 CREDITS

Multiple Takeaways
for Your Practice.

Register Today

psychcongress.com/regionals
877.233.6514



#psychregionals2019

See What's New at Psych Congress Regionals 2019

We've transformed the 2019 Psych Congress Regionals program with you in mind. With an innovative new format that encourages interaction, along with powerful new sessions, we're enhancing the quality psychopharmacology education that thousands of clinicians like you have come to expect from Psych Congress:

- ▶ Better assess suicide risk and counsel at-risk patients and their families through our Suicide Prevention session developed with the American Foundation for Suicide Prevention.
- ▶ Increase your knowledge of Medication Assisted Therapy (MAT) when combatting Opioid Abuse Disorders with a session developed with the National Conference on Addiction Disorders (NCAD).
- ▶ Enhance your psychopharmacology treatment toolkit with our workshops focused on wellness strategies.
- ▶ Glean practical takeaways from real-world case studies led by expert faculty and "turn and talk" session formats encouraging interaction.

**EARN 6.5
CME CREDITS**

**Super Saver
\$79
BY 4/12/19**

**Early Bird
\$99
BY 5/17/19**

**Regular/On-Site
\$119
AFTER 5/17/19**

Agenda

TAMPA

Registration

7:00 AM–7:15 AM

WELCOME SESSION

Reigniting the Flame: The Science Behind Wellness for Busy Clinicians – Part I

NON-ACCREDITED

7:15 AM–7:30 AM

Examine the science behind a variety of wellness interventions and how the data will illustrate that wellness can play an integral part of every psychopharmacologists' treatment plans.

Innovation Theater

NON-ACCREDITED

7:30 AM–8:40 AM

Breakfast will be served.

BREAK | 8:40 AM–8:45 AM

Applying Medication-Assisted Therapy for Opioid Use Disorder Across Treatment Settings

8:45 AM–9:50 AM

Implement medication-assisted treatment (MAT) into treatment plans for your patients with OUD with greater knowledge of evidence-based guidelines and best practices.

IN COLLABORATION WITH NCAD



Tackling the Great Challenge of Medication Adherence in Schizophrenia

9:50 AM–10:50 AM

Recognize the challenges faced by patients with schizophrenia and the role LAIs can play in improving adherence.

BREAK | 10:50 AM–11:00 AM

TD360 2019

Practical Strategies for Patient Follow-Up and Long-Term VMAT2 Inhibitor Treatment

11:00 AM–12:00 PM

Discover tips and tools for monitoring and optimizing VMAT2 inhibitor treatment for your patients with TD.

BREAK | 12:00 PM–12:05 PM

Innovation Theater

NON-ACCREDITED

12:05 PM–1:15 PM

Lunch will be served.

BREAK | 1:15 PM–1:20 PM

Navigating Bipolar I Disorder: Patient Insights, Clinical Challenges, and Optimal Management Strategies

1:20 PM–2:20 PM

Individualize management strategies in your patients with bipolar I disorder with consideration of the patient perspective and varying efficacy and safety data of atypical antipsychotics across symptom domains, treatment settings, and patient ages.

Therapeutic Advances and Patient Follow-Up Strategies for ADHD Across the Lifespan

2:20 PM–3:20 PM

Integrate individualized, evidence-based, age-appropriate patient follow-up strategies to improve adherence and outcomes in ADHD.

BREAK | 3:20 PM–3:25 PM

Innovation Theater

NON-ACCREDITED

3:25 PM–4:25 PM

Refreshments will be served.

BREAK | 4:25 PM–4:30 PM

Suicide Prevention Initiative

4:30 PM–5:45 PM

Leave this session more competent and confident in assessing suicide risk, implementing safety plans, and counseling your at-risk patients and their families.

IN PARTNERSHIP WITH AFSP



Reigniting the Flame: A Practical Manual-Based Wellness Program for Busy Clinicians – Part II

5:45 PM–6:00 PM

Integrate a proven and prescriptive wellness program along with other wellness tools in your practice. Wellness resources, including a program workbook, will be shared with attendees.



**1 DAY
6.5 CREDITS**
Multiple Takeaways
for Your Practice.

**Therapeutic
Advances.
Practical
Approaches.**

Faculty

Leslie Citrome, MD, MPH

Clinical Professor, Department of Psychiatry and Behavioral Sciences, New York Medical College, Valhalla, New York

Rakesh Jain, MD, MPH

Clinical Professor, Department of Psychiatry, Texas Tech Health Sciences Center, Midland, Texas

Saundra Jain, MA, PSYD, LPC

Adjunct Clinical Affiliate, University of Texas at Austin, School of Nursing, Austin, Texas

Vladimir Maletic, MD, MS

Clinical Professor of Psychiatry and Behavioral Science, University of South Carolina School of Medicine, Greenville, South Carolina

Arwen Podesta, MD, ABPN, FASAM, ABIHM

Assistant Professor of Psychiatry, Tulane University; Medical Director, ACER LLC; Owner/Psychiatrist, Podesta Wellness; President, Louisiana Chapter of American Society of Addiction Medicine, New Orleans, Louisiana

Charles Raison, MD

Mary Sue and Mike Shannon Chair for Healthy Minds, Children & Families; Professor, School of Human Ecology; Professor, Department of Psychiatry, School of Medicine and Public Health, University of Wisconsin Madison; Director of Clinical and Translational Research, Usona Institute, Madison, Wisconsin

Anthony L. Rostain, MD, MA

Professor of Psychiatry and Pediatrics, Perelman School of Medicine, University of Pennsylvania; Medical Director, Adult ADHD Treatment and Research Program, Penn Behavioral Health, Philadelphia, Pennsylvania

Tampa Venue Information

**Renaissance Tampa
International Plaza Hotel**
4200 Jim Walter Boulevard
Tampa, FL 33607
813-877-9200

ACCREDITATION INFORMATION

Intended Learners

This activity is intended for psychiatrists, primary care physicians, psychologists, nurse practitioners, physician assistants, psychiatric nurses, and other healthcare professionals who seek to improve the care of patients with mental health disorders.

Learning Objectives

After completing this activity, participants should be able to:

- Use evidence-based approaches for the diagnosis and ongoing assessment of mental illness to optimize patient outcomes
- Evaluate current data on traditional and emerging psychopharmacologic approaches to the management of mental illness
- Integrate psychopharmacology with psychotherapy to maximize personalized treatment regimens for patients with mental illness

Accreditation Information

In support of improving patient care, North American Center for Continuing Medical Education (NACCME) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

CME
NACCME designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants

NACCME has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with the AAPA CME Criteria. This activity is designated for 6.5 AAPA Category 1 credit(s). PAs should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

As a jointly accredited organization, NACCME is approved by the American Psychological Association to sponsor continuing education for psychologists. NACCME maintains responsibility for this program and its content. Variable

credit for partial attendance may not be awarded. Full attendance is required for all CE activities.

Instructional Level: Advanced

This activity will award 6.5 continuing education credits.

Social Work (ASWB ACE)

NACCME is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. NACCME maintains responsibility for this course. Social workers completing this course receive 6.5 (Beginner/Intermediate/Advanced) continuing education credits.

CNE

This continuing nursing education activity awards 6.5 contact hours. Provider approved by the California Board of Registered Nursing, Provider #13255 for 6.5 contact hours.

Requirements for Credit

To be eligible for documentation of credit, participants must attend the educational activity and complete the evaluation form. After successful completion of the evaluation form online, participants may immediately print their documentation of credit. Healthcare professionals treating patients with mental health disorders should check with their state licensing and certification boards to determine if Psych Congress Regional meets their continuing education requirements.

Contact Information

For questions regarding this educational activity, please call 609-371-1137.

ADA Statement

North American Center for Continuing Medical Education complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call 609-371-1137.

Innovation Theaters (non-accredited)

Innovation Theaters are informational sessions designed to complement your educational experience by

further enhancing your knowledge and confidence of disease-states or products. No CE credits are offered at these programs. Food and beverage are provided by NACCME, an HMP Company. Attendees pay for their meal as part of their conference registration fee. Your name badge will be scanned for admittance into Innovation Theater presentations, which gives the presenting company access to your email and mailing addresses. To opt out, please speak with a Psych Congress representative.

Cancellation Policy

Please note that payment for Psych Congress Regionals is non-refundable.

Please visit www.psychcongress.com/regionals for any updates.

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