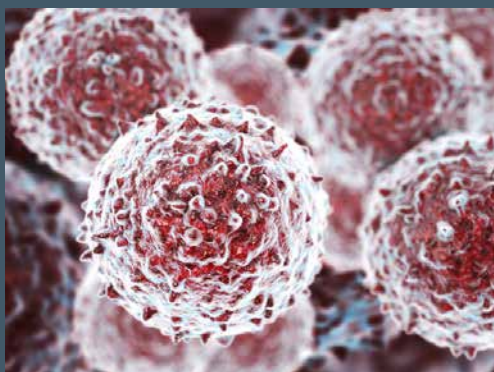




Mellen Center Update in Multiple Sclerosis (MS)

Friday, June 29, 2018

InterContinental Hotel & Conference Center

An update in understanding and managing MS

www.ccfcmc.org/MS18

About The Symposium

Welcome to the Mellen Center Update in Multiple Sclerosis. This is our 11th year and we hope you enjoy our program's variety and depth. Each year we try to change up our speakers, topics and formats, and this year is no exception. We appreciate your input into our program and welcome comments about what you want to see and hear.

This year we have Dr. James Bowen from Seattle to talk to us about stem cell transplantation in MS. This is an area of rich research and extensive interest for clinicians and patients. We have also asked our prior fellow Dr. Myla Goldman to join us to review new developments in the MS field. As you can see from the program we have a variety of offerings including numerous breakout groups reflecting the variety of issues in the care of people with multiple sclerosis and related disorders.

We look forward to seeing you in June for this exciting program.

Objectives

At the completion of this activity, the participant will be able to:

- Analyze research and outcomes on stem cell transplantation and describe their use in MS management strategies.
- Highlight recent revisions in MS diagnostic criteria and use of disease-modifying therapies and describe their implications for clinical practice.
- List important technical advances in imaging and describe their impact on diagnostic criteria.
- Describe current research findings for rehabilitation in patients with MS.
- Summarize research on wellness strategies, diet, and exercise to improve quality of life in patients with MS.

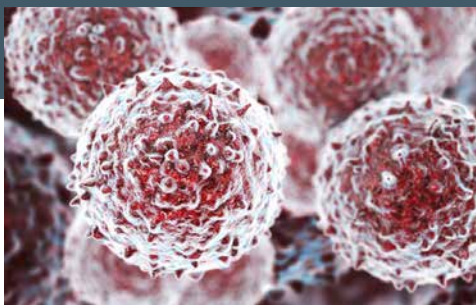
Target Audience

This update is intended for physicians and other health care practitioners engaged in the care of patients with MS and related disorders. We will cover a broad range of topics of value to the health care professional and allow for interaction time with attendees. It will also be valuable for those involved in rehabilitation of patients with MS.

Faculty Disclosure Statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Register Online: www.ccfcmc.org/MS18



Guest Faculty

James Bowen, MD
Swedish Neuroscience Institute
Seattle, WA

Myla Goldman, MD, MSc
University of Virginia
Charlottesville, VA

Patti Substelnny, MLIR
Cleveland Heights, OH

Cleveland Clinic Faculty Symposium Director

Alex Rae-Grant, MD
Mellen Center for Multiple Sclerosis

Mellen Center for Multiple Sclerosis

Malissa Ayers, PA-C
Janella Clarke, MS, CCC-SLP
Devon Conway, MD
Stephen Jones, PhD, MD
Randy Karim, PT, DPT, NCS, CBIS
Marisa McGinley, DO
Deborah Miller, PhD, LISW
Marie Namey, APRN, MSCN
Aaron Nicka, OTR/L, CDRS
Daniel Ontaneda, MD, MSc
Mary Rensel, MD, ABIHM
Lael Stone, MD
Amy Sullivan, PsyD, ABPP
Matt Sutliff, DPT, MSCS
Andrew Wagner, DPT, NCS
Mary Alissa Willis, MD

Center for Integrative Medicine
Beth Bluestone, RD

Steering Committee

Malissa Ayers, PA-C
Bethany Green, CNP
Nicole Hickey, RN
Marisa McGinley, DO
Janet Perryman, MBA
Matt Sutliff, DPT, MSCS

Agenda

Time for questions and answers are included in each presentation.

- 7:30 am **Registration/Continental Breakfast/Exhibits**
- 8:30 am **Welcome** – Alex Rae-Grant
- 8:40 am **Keynote Lecture: Stem Cell Transplantation in MS**
James Bowen
- 9:30 am **Revised MS Diagnostic Criteria: For Real This Time**
Daniel Ontaneda
- 10:00 am **AAN Guideline on MS Disease Modifying Therapies: For Real This Time** – Alex Rae-Grant
- 10:30 am **Refreshment Break/Exhibits**
- 10:50 am **Top 10 New Developments in MS** – Myla Goldman
- 11:30 am **New Directions in Imaging in MS** – Stephen Jones
- 12:10 pm **Lunch Buffet**

BREAKOUT SESSION A: MS for Providers

Convener: Alex Rae-Grant

- 1:00 pm **MS Treatment: Mellen Center Carepath** – Devon Conway
- 1:40 pm **MS Case Conversations** – Marisa McGinley and Lael Stone
- 2:20 pm **Refreshment Break and Exhibits**
- 2:40 pm **Health Psychology in MS Mood Disorders** – Amy Sullivan
- 3:20 pm **Panel Q+A: Bring Your Questions to Our Multidisciplinary Panel**
Mary Alissa Willis, Deborah Miller, Marie Namey, Randy Karim

BREAKOUT SESSION B: MS Rehabilitation

Convener: Matt Sutliff

- 1:00 pm **Rehabilitation, From the Patient's Perspective** – Patti Substelnny
- 1:40 pm **Respiratory Support and Communication** – Janella Clarke
- 2:20 pm **Refreshment Break and Exhibits**
- 2:40 pm **Current Evidence Review: Rehab in MS** – Andrew Wagner
- 3:20 pm **Driver's Rehabilitation in MS** – Aaron Nicka

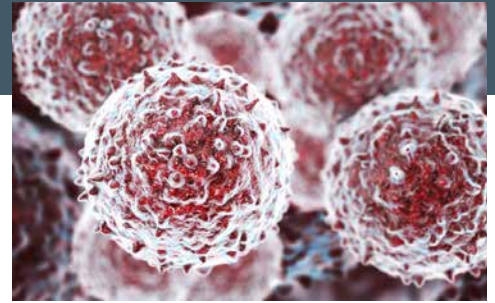
BREAKOUT SESSION C: Practice and Life Management

Conveners: Mary Rensel/Malissa Ayers

- 1:00 pm **MS Wellness Education** – Malissa Ayers
- 1:40 pm **Exercise in MS: Engaging the New MS Patient** – Randy Karim
- 2:20 pm **Refreshment Break and Exhibits**
- 2:40 pm **MS Wellness SMA** – Mary Rensel
- 3:20 pm **Healthy Dietary Approaches for MS** – Beth Bluestone
- 4:00 pm **Adjourn all sessions**

Register Online: www.ccfcmc.org/MS18

General Information



Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Ohio Psychological Association – OPA-MCE Provider – Approved for 6 credits.

Physical Therapy – Credit is being applied for with the Ohio Physical Therapy Association – Approval is pending.

Occupational Therapy – Credit is being applied for with the OT section of the Ohio OTPTAT Board – Approval is pending.

The Ohio Board of Nursing will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval.

Nurses are able to obtain CE that has been approved or provided by a nationally recognized accreditation system of continuing education.

Examples include:

- The American Nurses Credentialing Center (ANCC)
- The Accreditation Council for Continuing Medical Education (ACCME)
- The International Association for Continuing Education and Training (IACET)

Location

InterContinental Hotel & Conference Center
9801 Carnegie Avenue
Cleveland, Ohio 44106
Phone: 216.707.4100 or 877.707.8999

Parking

Complimentary parking is available in the Visitor's Parking Garage #2 located off 100th and Carnegie. From the garage, take the 3rd floor skyway to the hotel. Please bring your parking ticket to the conference registration desk for validation. Valet parking is available at the hotel at your own cost of \$15.00 per car for meeting attendance. Visit www.clevelandclinic.org for maps and directions.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Shana Spade at 216.444.9380 at least two weeks prior to the activity.

Information

For further information about this activity, contact Shana Spade at Local: 216.444.9380; Toll Free: 800.223.2273 x49380; Email: spades@ccf.org

Registration and Cancellation Information

Course#: 02010987

Register Online: www.ccfcmec.org/MS18

Fee

The Registration Fee is \$50 and includes syllabus, continental breakfast, breaks and lunch buffet. Payment must be received prior to admittance to the course. Purchase orders are not accepted.

Register at www.ccfcmec.org/MS18. Registration deadline is **5:00 pm (EST), Wednesday, June 27, 2018**. A request for a refund must be received in writing by June 15, 2018. No refunds will be given after June 15, 2018. A \$25 cancellation fee will be deducted from the refund for all cancellations.

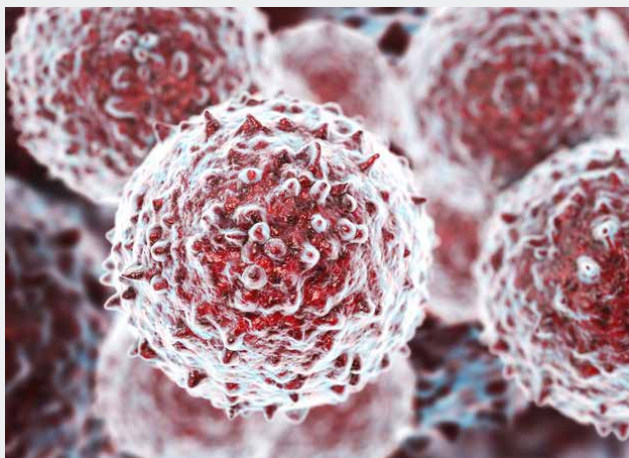
For questions about registration, please call 216.448.8710 or email cmeregistration@ccf.org.



The Cleveland Clinic Foundation
Neurological Institute, S100
9500 Euclid Avenue
Cleveland, OH 44195



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