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The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2018

Photo courtesy of Utah Office of Tourism (©2009 Steve Greenwood)



PARK CITY

ABOUT YOUR HOSTS

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

The **Utah Podiatric Medical Association** has served the needs of patients and practicing podiatric physicians in Utah since the early 1900s. Consisting of nearly 100 licensed podiatric physicians who practice in the State of Utah, the UPMA is a local affiliate of the APMA. The APMA has developed career videos that introduce students to the challenging world of podiatric medicine. For more information, visit UPMA at www.utahpodiatry.org.

LITTLE ROCK March 29-31

Foot & Ankle Surgery
with Arkansas Podiatric
Medical Assn.

PHOENIX April 11-14

Valley of the Sun
with Arizona Podiatric
Medical Assn.

NEWPORT April 25-28

Surgical Pearls by the Sea
with Rhode Island
Podiatric Medical Assn.

ATLANTA May 16-18

2nd Annual
Women's Podiatry
Conference

HILTON HEAD June 20-23

Footprints in the Sand
with South Carolina
Podiatric Medical Assn.

PORTLAND MAINE July 25-28

Atlantic Coast
Conference

PORTLAND OREGON August 15-18

Pacific Coast Conference
with Oregon Podiatric
Medical Assn.

OVERLAND PARK September 13-15

Focus on Forefoot &
Reconstructive Surgery
with Kansas Podiatric
Medical Assn.

SAN DIEGO September 19-22

UPDATE 2019
with San Diego
Podiatric Medical Society

MID-ATLANTIC October 18-20

Mid-Atlantic Podiatry Conference
with Mid-Atlantic Podiatric
Medical Association (Region 8)

BOSTON October 25-27

APMA Region One
with Region One
Podiatry Assn.

SANIBEL November 7-10

Hallux Valgus
& Related Forefoot

CHICAGO December 6-8

Windy City Conference
with Illinois Podiatric
Medical Assn.



THE PODIATRY INSTITUTE

2675 North Decatur Road

Suite 309

Decatur, GA 30033-6132

• A NONPROFIT TEACHING FOUNDATION

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The 26th Annual Winter Conference

Cutting Edge Topics & Techniques in Foot & Ankle Surgery

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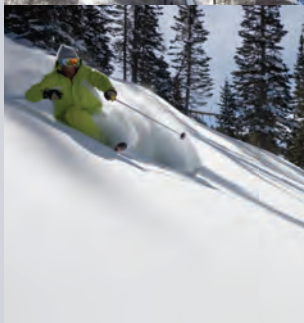
PARK CITY

FEBRUARY 7-9

PARK CITY MARRIOTT
Park City, Utah

This is a PICA approved risk management seminar.





PARK CITY ATTRACTIONS

TOP WINTER ACTIVITIES

Skiing with "The Greatest Snow On Earth" • **Snowboarding** at terrain parks and halfpipes • **Heliskiing**, the ultimate adventure, helicopter skiing takes you to unspoiled terrain • **Bobsled**, an Olympic experience (at 75 mph) • **Rocket Ride** a self-steering, luge-type sled that reaches speeds up to 50 mph • **Ski Jump**, learn to fly the Nordic way • **Snowmobiling** across the mountains • **Cross-Country Skiing** on groomed trails or under the Rocky Mountain skyline • **Snowshoeing** gets you close to nature • **Hot Air Ballooning** for a birds-eye view • **Sleigh Rides** through a winter wonderland • **Dog Sledding** through remote terrain • **Tubing** for the young and the young-at-heart • **Ice Skating** is a family-favorite • **Fly-Fishing** taps your line across cool waters • **Historical Tours** from mining silver to Olympic gold • **Relaxation** from pampering at a luxury spa to curling up by the fireplace • **Shopping** for art collectibles, Western antiques, wildlife photography and more.

HISTORIC MAIN STREET

Park City's Historic Main Street boasts more than 250 shops, lodges, restaurants, resort and cultural activities, not to mention ghost tours, art galleries and signature events. Nestled in the valley bordered by Deer Valley Resort on one side and ski in, ski out access to Park City Mountain Resort on the other, it is the epicenter of all that is fun and spontaneous. The **Park City Museum** (435.649.7457 www.parkcityhistory.org) on Main Street is where you can get tips and other visitor information.

CROSS COUNTRY, HELI & CAT, SNOWBOARDING

With 9,326 acres of The Greatest Snow on Earth, skiing in Park City has never been better. Home of three world-class resorts, Park City has something for everyone. Deer Valley Resort is a skiers-only resort; Park City Mountain Resort hosts both skiers and snowboarders. **Deer Valley Resort** 435.649.1000 www.deervalley.com; **Park City Mountain Resort** 435.649.8111 www.parkcitymountain.com. Before there was the thrill of alpine skiing, there was the serenity of cross-country. Try out the groomed trails or take a custom tour.

Visit www.visitparkcity.com for more attractions and activities!

All Seasons Adventures 435.649.9619 www.allseasonsadventures.com; **White Pine Touring** 435.649.8710 www.whitepinetouring.com. Taking you into the virgin snow of the backcountry, heli and cat is the skiing experience of a lifetime. Advanced reservations are required. **Park City Powder Cats & Heli-Ski** 435.649.6596 www.pccats.com; **Wasatch Powderbird Guides** 801.742.2800 www.powderbird.com.

SNOWMOBILING

Take a picturesque ride, with Rocky Mountain views only accessible via snowmobile. **Adventures at The Stillman Ranch** 435.645.7256 www.rockymtnrec.com; **Alpine Adventures** 888.304.SNOW [7669] www.alpinesnowmobile.com; **Red Pine Adventures** 435.649.9445 www.redpinetours.com; **Summit Meadows Adventures** 435.645.7669 www.deervalley.com.

SLEIGH RIDES

Enjoy breathtaking views of the Rockies as you glide across a winter wonderland. **Adventures at The Stillman Ranch** 435.645.7256 www.rockymtnrec.com; **Boulder Mountain Ranch** 435.783.5819 www.bouldermountainranch.com; **Snowed Inn Sleigh Company** 435.647.3310 www.snowedinnsleigh.com; **The Viking Yurt** 435.615.YURT [9878] www.vikingyurt.com; **Canyons Village Sleigh Rides** 435.604.4171 www.parkcitymountain.com.

ICE SKATING & SNOW TUBING

For an afternoon or evening of fun on the ice. **Park City Ice Arena and Sports Complex** 435.615.5707 www.parkcityice.org. Looking for a fun activity the whole family can enjoy? Tubing is great for kids and for those who want to act like one. **Gorgoza Park** 435.658.2648 www.gorgozapark.com.

HOT AIR BALLOONING

A ride above it all will take your breath away. **Park City Balloon Adventures** 435.645.UPUP [8787] www.pcballoonadventures.com

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

PARK CITY MARRIOTT

1895 Sidewinder Dr, Park City, UT 84060 www.parkcitymarriott.com*
800.234.9003 or 435.649.2900 (mention The Podiatry Institute Seminar)

Nestled in the heart of Utah ski country among the majestic Wasatch Mountains, **Park City Marriott** is a prime destination for adventurer seekers and ski enthusiasts. Feast on regional comfort food on-site or relax in the atrium-style pool and hot tub.

Rate: \$259 (plus tax, subject to change without notice)

*Register online via the Park City page at www.podiatryinstitute.com.

A block of rooms has been reserved and will be held until it is full or **January 16, 2019**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).



DISTINGUISHED FACULTY

SCIENTIFIC COMMITTEE

Annette D. Filiatrault, DPM

Blake Zobell, DPM

SPECIAL GUEST SPEAKERS

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Brigham Young University
Provo, Utah

Patrick DeHeer, DPM

Franklin, Indiana

William H. Hatchett, DPM

Summerville, South Carolina

Josh Hunter, MD

Salt Lake City, Utah

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Scott R. Roman, DPM

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John A. Ruch, DPM

Atlanta, Georgia

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine & Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

THURSDAY

February 7

7:00 AM REGISTRATION & BREAKFAST

7:25 AM WELCOME

7:30 AM FIRST RAY

Fracture Repair During/After Austin Bunionectomy

1st MPJ Implant Arthroplasty

How to BALANCE the 1st MTP Joint:
Osteotomy or Fusion

Hallux Abducto Valgus: A New Old Surgical Approach

Lapidus Considerations

Turf Toe

Question & Answer

10:15 AM THURSDAY MORNING SESSION ENDS

3:00 PM EXHIBIT HALL OPENS — REFRESHMENTS PROVIDED

3:30 PM THE ATHLETE

Plantar Fasciitis in the Athlete:

An Evidence Based Approach

Running Injuries

Equinus Management for Improved Patient Outcomes

Lateral Ankle Stabilization: Comparison of Techniques

My Ankle Still Rolls: Why?

Jones Fracture: A Practical Guide

Fifth Metatarsal Avulsion Fractures

Functional Hallux Limitus Management in the Athlete

Question & Answer

6:15 PM DINNER WITH THE EXHIBITORS

7:00 PM DIGITS

Second Toe Syndrome: Sequential Surgical
Assessment and Repair

Hammer Digit Syndrome: An Evidence Based Approach

Cost Effective Repair of 2nd MPJ Luxation

Lesser MTPJ Transverse Plane Deformity:
Good, Bad, and Ugly

HIPJ Arthrodesis

Question & Answer

9:30 PM THURSDAY SESSION ADJOURNS



FRIDAY

February 8

7:00 AM BREAKFAST IN THE EXHIBIT HALL

7:30 AM WORKSHOPS

NOTE: YOU MUST TAKE THE ONE 2-HOUR WORKSHOP OR TWO OF THE 1-HOUR WORKSHOPS. THERE WILL BE A SIGN-IN SHEET IN EACH WORKSHOP PER ROTATION.
Hands-on workshops featuring latest techniques & technologies

WORKSHOP ROTATION ONE: 7:30 AM – 8:25 AM

WORKSHOP ROTATION TWO: 8:35 AM – 9:30 AM

9:30 AM FRIDAY MORNING SESSION ENDS

3:00 PM EXHIBIT HALL OPENS — REFRESHMENTS PROVIDED

3:30 PM THE COMPROMISED PATIENT

Toxic Shock Syndrome/Sepsis Update

PAD Evaluation and Management in Wound Care

Surgical Offloading of the Charcot Foot and Ankle

Ladder Plating the Diabetic Midfoot:

10 Year Review of Outcomes

Diabetic Neuropathic Foot Ulcers:

An Evidence Based Approach

4:50 PM CURRENT TRENDS IN ORTHOPEDICS

TAR

Current Trends in Trauma

Current Trends in Ankle Arthroscopy

Midfoot Fusion

Question & Answer

6:15 PM DINNER WITH THE EXHIBITORS

7:00 PM MIDFOOT/REARFOOT

Plantar Heel Spur Surgery

A Review of Equinus and Common Sense Approach to Surgery

Biomechanics of Pes Planovalgus

Talonavicular Arthrodesis for Pediatric Pes Valgus

STJ Arthrodesis

Full Thickness PT Tears with Collapse

The PCDO with Posterior Tibial Tendon Repair

Double Arthrodesis for Pes Valgus

Question & Answer

9:30 PM FRIDAY SESSION ADJOURNS

SATURDAY

February 9

7:00 AM BREAKFAST IN THE EXHIBIT HALL

7:30 AM ANKLE

Posterior Ankle Arthroscopy

Comprehensive Lauge Hansen Classification

Management of Periprosthetic Infections of the Ankle

Ankle Fracture Dissection

Malunited Ankle Fractures: Tibular Lengthening

Question & Answer

9:30 AM SATURDAY MORNING SESSION ENDS

3:00 PM EXHIBIT HALL OPENS — REFRESHMENTS PROVIDED

3:30 PM TOPICS OF INTEREST

Update on the Literature: Are We Practicing EBM?

SPECT CT for Foot and Ankle Pathology

Casting Protocol: When to Look, When to Change

Amyotrophic Diabetic Neuropathy

Biomechanics and Surgical Approaches to the Diabetic Foot Ulcer

Why We Get Sick: The Role of Insulin Resistance in Chronic Disease

Question & Answer

6:00 PM RISK MANAGEMENT PRESENTATION

Mitigating Complications in the Vascular Compromised Patient

Note: There will be a separate sign-in.

7:00 PM CONFERENCE ADJOURNS — DINNER & EVENING ON YOUR OWN

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE

20 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and Utah Podiatric Medical Association. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.





OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com



PARK CITY REGISTRATION

☐ \$440 **UPMA Member**
on or before 12/27/18

☐ \$540 on or before 12/27/18

☐ \$590 on 12/28/18 through 1/24/19

☐ \$690 after 1/24/19 or at the door
(**Credit Card ONLY**)

☐ \$315 Retired Podiatrists
or Active Military

☐ \$95* Residents with letter
from Residency Director

**DOES NOT APPLY TO CADAVER
WORKSHOPS. **LETTER MUST BE
SUBMITTED BY MAIL WITH YOUR
COMPLETED REGISTRATION FORM.
RESIDENT REGISTRATION NOT
ACCEPTED BY E-MAIL OR ONLINE.***

☐ Special Seminar Rate for
APMA Young Members.
Call 888.833.5682.

☐ **Food functions are open to
registered attendees only.**
Additional meal packages can
be purchased for family/guests.
Includes 3 breakfasts, 2 lunches
and 5 breaks.

____ # OF ADULTS (\$200 EACH)

____ # OF CHILDREN 12
& UNDER (\$100 EACH)

\$ _____
PARK CITY TOTAL

CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

ONLINE

(BEFORE 1/24/19)

www.podiatryinstitute.com

PHONE

888.833.5682
or 770.939.0393

FAX

404.508.8539

MAIL

The Podiatry Institute
2675 N Decatur Rd, Ste 309
Decatur, GA 30033-6132

PLEASE PRINT CLEARLY

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ First Name for Name Tag _____

Email _____
(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

**IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION,
PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.**

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE ☐ M/C ☐ VISA ☐ AX ☐ DISC

Card # _____ Exp. Date _____
MM / YY

Signature _____ Date _____

**REGISTER FOR A 2019 SEMINAR AT THE REGULAR RATE
AND RECEIVE 25% OFF YOUR SECOND 2019 SEMINAR**

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS.
DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES.
CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.