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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
Webinar Date		
Name	Discipline	
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Home Mailing Address		
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E-mail Address for Confirmation (will not be shared or sold)		

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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



Motivations, Inc.
Accredited Continuing Education Courses

P: (800) 791-0262
F: (815) 371-1499
admin@motivationsceu.com
www.motivationsceu.com



WEBINAR

#7188 Diagnosis & Treatment of Plantar Heel Pain Syndrome: Movement System Impairment Syndromes Approach

Instructor: Damien Howell PT, DPT, OCS

Audience: Physical Therapists and Assistants,
Athletic Trainers

Delivery Options:
Live Webinar or Self-Study Options

SUMMARY: This course uses the movement system impairment syndromes approach, symptom modification procedure, and principles of motor learning to address the common problem of plantar heel pain syndromes. A process to enhance and sharpen the clinician's well-established toolkit. Action to provide case level evidence of efficient valuable patient centered care. Information that can lead to personalized treatment. Specific movement/functional skill training for plantar heel pain syndrome which is more effective in the short term and long term than frequently prescribed exercise – faster results, more durable. Course instruction method includes: Lecture, Videos, Case Studies, and Question/answers.

PRESENTER: Damien Howell PT, DPT, OCS experience is in academic, clinical, and continuing education teaching. Damien has taught continuing education courses on a national and internal levels. His graduate studies were at the University of Pennsylvania; Virginia Commonwealth University; and Washington University St. Louis with Academic appointments at Indiana University and Virginia Commonwealth University. As an active clinician, he is eager to engage with attendees, sharing what he has learned from his extensive clinical experience including mistakes he has made. *Financial*— Receives a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Distinguish the biomechanics of plantar aponeurosis including at least the two length modulating mechanisms shortening or compression of longitudinal arch, lengthening or increasing excursion of the 1st MTPJ.
2. Differentiate actions of plantar intrinsic foot muscles
3. Differentiate the kinetics occurring at the level of the foot when walking/running during the 3 periods of stance phase (heel rocker, ankle rocker, and forefoot rocker periods) and how slight deviations can lead to microtrauma that can lead to microtrauma.
4. Recognize symptoms, key test & signs, contributing/risk factors, differential movement & associated diagnosis, potential medical diagnosis requiring referral, and interventions for 3 potential kinesioathologic model sub-classifications of plantar heel pain syndrome (heel rocker period of stance deviations impact loading; ankle rocker period of stance deviations ↑ pronation; forefoot rocker period of stance deviations of 1st MTPJ dorsiflexion).
5. Recognize a symptom modification procedure to address plantar heel pain syndrome
6. Identify patient specific movement/functional skill training using principles of good verbal cuing/prompting and feedback to alter deviant movements associated with each subclassification of plantar heel pain syndrome

FORMAT: This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Objective number:

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|-------------------------|--------------|
| 1. 10 minutes | Objective #1 |
| 2. 5 minutes | Objective #2 |
| 3. 10 minutes | Objective #3 |
| 4. 35 minutes | Objective #4 |
| 5. 15 minutes | Objective #5 |
| 6. 35 minutes | Objective #6 |
| 7. Discussion questions | 10 minutes |

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.