

Towards Zero Suicide

Preventing Suicide, Saving Lives

10% card payments discount*
15% Group booking discount**

Thursday 15 September 2016, ICO Conference Centre, London



Chair and Speakers Include:

David Covington

*Founding Member, National Action Alliance for Suicide Prevention, USA
and Co-Leader International Initiatives Zero Suicide and Crisis Now*

Dr Adrian James

*Chair
Zero Suicide Collaborative*

Supporting Organisation



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"Adopt the mindset, change the world, zero is the only goal we can live with"
Zero Suicide, An International Declaration for Better Healthcare, March 2016

This conference focuses on Suicide Prevention and moving towards Zero Suicide as the ambition. Through international and national updates, practical case studies and extended focus sessions the conference will take an in depth look at the effectiveness of suicide interventions, the importance of effective early intervention and crisis aversion, the experiences of zero suicide collaboratives and programmes, preventing male suicide, and an extended focus on delivering effective crisis services and emergency response.

We are delighted to welcome **David Covington**, Founding Member, National Action Alliance for Suicide Prevention, USA and Co-Leader International Initiatives Zero Suicide and Crisis Now, to give the keynote opening address updating delegates on the International Declaration on Zero Suicide. The session will include the Clinical Philosophy, learning from the Detroit Experience: A Central Focus in Healthcare and an update on the International Social Movement. David leads the international initiatives "Crisis Now" and "Zero Suicide", he has served on the USA National Action Alliance for Suicide Prevention Executive Committee since it was created in 2010, co-chairing task forces on clinical care and crisis services. He has served as Vice-Chair of the National Suicide Prevention Lifeline SAMHSA Steering Committee since it was created in 2005. He has served as the Clinical Division Chair of the American Association of Suicidology since 2014.

"Zero Suicide reflects a commitment by healthcare leaders to strive to make suicide a 'never event' so that not one person dies alone and in despair"

Zero Suicide, An International Declaration for Better Healthcare, March 2016

"There is the terrible fact that suicide has become the leading cause of death for men under 50...And the challenge is that, all too often, people are just left to get to crisis point either because the health service simply can't cope, or because they're worried about admitting to having a problem in the first place"

David Cameron, Prime Minister January 2016

"Suicide is rising, after many years of decline. Suicide rates in England have increased steadily in recent years, peaking at 4,882 deaths in 2014. The rise is most marked amongst middle aged men. Suicide is now the leading cause of death for men aged 15-49. Men are three times more likely than women to take their own lives - they accounted for four out of five suicides in 2013. A quarter of people who took their own life had been in contact with a health professional, usually their GP, in the last week before they died. Most were in contact within a month before their death...Improving the 7 day crisis response service across the NHS will help save lives as part of a major drive to reduce suicide by 10 per cent by 2020/21. Every area must develop a multi-agency suicide prevention plan that demonstrates how they will implement interventions targeting high-risk locations and supporting high-risk groups within their population....To reduce suicides by 10% by 2020 all areas should have multi-agency suicide prevention plans in place by 2017 that are reviewed annually."

Mental Health Taskforce Report, 15 February 2016

"There is a strong sense now that the stigma of suicide can be overcome, that people can get through a suicidal crisis and that frontline staff have the skills to make a difference."

Professor Louis Appleby CBE Lead for the National Suicide Prevention Strategy for England

10.00	Chairman's Introduction Ruth Sunderland <i>Co-Chair, The National Suicide Prevention Alliance & Chief Executive, Samaritans</i>	
10.05	Keynote Opening Address: Zero Suicide: International Declaration for Better Healthcare David Covington <i>Founding Member,</i> National Action Alliance for Suicide Prevention, USA <i>and Co-Leader</i> International Initiatives Zero Suicide and Crisis Now	- the Clinical Philosophy - the Detroit Experience: A Central Focus in Healthcare - the International Social Movement
10.50	Towards Zero Suicide: UK Update Speaker to be announced	- Zero Suicide: International Developments and the international declaration - learning from the Perfect Depression Care Model and the Detroit experience - suicide and suicide prevention: the national picture - creating a more open environment for people to talk about suicidal thoughts - self-harm as a key indicator of suicide risk - towards zero suicide: developing the evidence base - what next for the national strategy?
11.15	<i>Questions & answers, followed by coffee</i>	
11.45	Delivering Zero Suicide: Lessons from the West Yorkshire Vanguard Site Dr Mike Doyle <i>Deputy Director, Nursing Clinical Governance and Safety</i> South West Yorkshire Partnership NHS Foundation Trust	- delivering the commitment to eliminate suicide for all those in our care - focusing on the high risk period after discharge from inpatient care - a step by step guide to delivering post suicide reviews - delivering personalised safety plan: building resilience and wellbeing - delivering zero suicide across West Yorkshire - our experience
12.15	EXTENDED SESSION Swan Duggan <i>Chief Executive The Centre for Mental Health</i> Suicide Mitigation: early intervention and averting crisis Dr Alys Cole-King <i>Consultant Liaison Psychiatrist Royal College of Psychiatrists</i> <i>spokesperson on suicide and self harm/Clinical Director</i> <i>Connecting with People</i>	- combining compassion and clinical governance to save lives - risk management or risk mitigation? - early intervention and averting crisis: what works? - safe and effective triage, referral and response to people at risk of suicide - Safety Plans: collaborating with people at risk of suicide and their carers to instill hope, build resilience and resourcefulness to mitigate the risk of suicide
13.00	<i>Questions & answers, followed by lunch</i>	
	Chair (PM)	
	Dr Adrian James <i>Consultant Psychiatrist, Devon Partnership NHS Foundation Trust & Chair of the Zero Suicide Collaborative</i>	
14.00	EXTENDED SESSION Zero Suicide: Reducing suicide through a zero suicide collaborative Dr Adrian James <i>Consultant Psychiatrist</i> Devon Partnership NHS Foundation Trust <i>& Chair of the Zero Suicide Collaborative</i>	- reduce the risk of suicide in high risk groups and tailoring approaches to improve mental health specific groups; - reduce access to means of suicide - providing better information and support to those bereaved or affected by suicide - supporting research, data collection and monitoring - our experience as a zero suicide collaborative
14.45	What it feels like to be in crisis and what helps Paul Scates <i>Peer Specialist, Campaigner & Ambassador</i>	- what crisis feels like: a personal journey - the importance of being open about suicidal thoughts - how can we build resilience and resourcefulness in people to prepare them for difficult issues in life such as grief, unemployment
15.15	Zero Suicide in Primary Care Dr Caroline Dallery <i>Clinical Director</i> East of England Strategic Clinical Network Chair, Mid Essex CCG	- training and educating GPs in suicide prevention - raising awareness of suicide warning signs - whole systems approaches and our experience - working with education to build resilience in young people - commissioning services for zero suicide and improving and monitoring local suicide prevention plans
15.40	<i>Questions & answers, followed by coffee & exhibitions</i>	
16.00	EXTENDED FOCUS: Effective crisis and emergency response	
16.00	Developing an effective emergency response Representative NHS England	- developing a partnership approach to crisis response - updates from the Liaison and Diversion schemes across the UK - developing street triage and where should street triage sit? Should street triage be part of 111? - the impact on suicide
16.30	Case Study: Reducing Male Suicide through Men's Sheds: A community suicide prevention programme Catherine Richardson <i>Public Mental Health Lead</i> Durham County Council Public Health with Derek Bradley <i>Cree Champion</i> Trimdon Station Community Centre	- developing social opportunities for men which have been lost as a result of the closure of facilities associated with traditional industries - developing an informal approach, allowing the members to shape the group based on their own needs and interests - our experience of Men's Sheds
17.00	<i>Questions & answers, followed by close 17.10</i>	

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Conference Documentation

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

ICO Conference Centre, 22 Berners Street, London, W1T 3DD. A map of the venue will be sent with confirmation of your booking.
(The ICO stands for International Coffee Organisation)

Date: Thursday 15 September 2016

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box ☐

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A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

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