

A Practical Guide to Advancing

# IV Therapy

*Implementing the NEW NICE Guideline & Quality Standard*

**Thursday 14 April 2016 Hallam Conference Centre, London**

10% card payments discount\*  
15% Group booking discount\*\*

## Topics Include:

- IV Therapy and the care of vascular access devices: a national and international perspective
- Developing accountability for IV Therapy: Implementing NICE Quality Standard for Intravenous Fluid Therapy in adults in hospitals
- Ensuring appropriate use of IV therapy in line with the recent Guidance: Developing an IV fluid management plan for every patient
- Effective training of Junior Doctors in Fluid Balance and Prescribing of IV Fluids
- BSAC UK OPAT Initiative: encouraging the establishment of a standardised approach to OPAT in the UK
- Setting up and running effective OPAT Services including competence and skills
- OPAT Case Study: Patient suitability and referral criteria for OPAT
- IV Therapy, Critical Incident Reporting, & Reducing Complications
- EXTENDED SESSION: Developing your skills in Reporting, Root Cause Analysis and Investigation

## Chair and Speakers Include:

**Jackie Nicholson**

Chair

National Infusion and Vascular Access Society (NIVAS) & Clinical Nurse Specialist in Intravenous Therapy

**Andrew Barton**

Advanced Nurse Practitioner in Vascular Access and IV Therapy  
Frimley Health NHS Foundation Trust

Supporting Organisation



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**Thursday 14 April 2016 Hallam Conference Centre, London**

Chaired by Jackie Nicholson, Chair, National Infusion and Vascular Access Society (NIVAS) & Clinical Nurse Specialist in Intravenous Therapy this one day conference focuses on advancing IV Therapy including implementing the NICE Guideline and Quality Standards for IV Therapy.

**"As many as 1 in 5 patients on IV fluids and electrolytes suffer complications due to inappropriate administration"**  
NICE Press Release August 2014

**"Every hospital should appoint an intravenous (IV) fluids lead to help ensure that patients receive the correct dosage and type of fluid"** NICE Press Release August 2014

**"we often leave the prescription of IV therapy to the most junior members of the team. Due to inadequate knowledge suboptimal prescribing of fluid is common"** Dr Marlies Ostermann Consultant in Critical Care and Nephrology Guys and St Thomas' Hospital Trust & Guideline Development Group Member IV Therapy in Adults in Hospitals Guideline NICE, January 2015

The NICE Quality Standard on Intravenous fluid therapy in adults in hospitals released in August 2014. The Quality Standard recommends that adults receiving IV fluid therapy in hospital should be cared for by healthcare professionals competent in assessing patients' fluid and electrolyte needs, prescribing and administering IV fluids, and monitoring patient response. An IV fluid management plan, determined by and reviewed by an expert, which includes the fluid and electrolyte prescription over the next 24 hours and arrangements for assessing patients and monitoring their plan should be drawn up for all adults receiving IV fluid therapy in hospital. Any clear incidents of fluid mismanagement in adults who receive IV fluid therapy in hospital should be reported as critical incidents, according to the quality standard.

This conference will continue with a focus on the important issue of advancing IV therapy with a particular focus on implementing the new NICE Quality Standard, and on delivering IV therapy at home. NICE recently stated that there is a clear need for guidance on IV fluid therapy and the new quality standard and guideline is expected to contribute to improvements in the following outcomes, Mortality or serious harm resulting from errors in IV fluid therapy; Patient experience of hospital care; Patient safety incidents reported and Length of hospital stay.

The new NICE Quality Statements are:

- Statement 1. Hospitals have an intravenous (IV) fluids lead who has overall responsibility for training, clinical governance, audit and review of IV fluid prescribing, and patient outcomes.
- Statement 2. Adults receiving IV fluid therapy in hospital are cared for by healthcare professionals competent in assessing patients' fluid and electrolyte needs, prescribing and administering IV fluids, and monitoring patient response.
- Statement 3. Adults receiving IV fluid therapy in hospital have an IV fluid management plan, determined by and reviewed by an expert, which includes the fluid and electrolyte prescription over the next 24 hours and arrangements for assessing patients and monitoring their plan.
- Statement 4. For adults who receive IV fluid therapy in hospital, clear incidents of fluid mismanagement are reported as critical incidents.

Delegates will have the opportunity to hear extended sessions focusing on how delivering IV Therapy at home (OPAT) is increasing due to shift in focus from hospital to community care and the impact on quality and productivity this brings.

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## 10.00 Chair's Welcome & Introduction: IV Therapy and the care of vascular access devices: a national and international perspective

### Jackie Nicholson

*Chair* National Infusion and Vascular Access Society (NIVAS)  
& *Nurse Consultant Vascular Access*  
St George's University Hospitals NHD Foundation Trust

- innovations
- developments
- research

## 10.40 NICE guideline and quality standards for IV fluid therapy in adults in hospital

### Member

*Quality Standard Advisory Group*  
*NICE Quality Standard for Intravenous fluid therapy in adults in hospital*

- why the Guideline and Quality Standards are needed
- 10 key priorities for implementation

11.10 Questions & answers, followed by coffee & exhibitions 11.20

## FOCUS: Delivering safe and effective IV Therapy in practice in line with the NICE Quality Standard

## 11.50 Ensuring appropriate use of IV therapy in line with the recent Guidance Developing an IV fluid management plan for every patient

### Andrew Barton

*Advanced Nurse Practitioner in Vascular Access and IV Therapy*  
Frimley Health NHS Foundation Trust

- developing an IV fluid management plan for every patient
- monitoring care against the plan
- the role of risk assessments in IV therapy
- tips and advice for safe and effective IV Therapy in practice
- communicating effectively with patients
- our approach and how we are monitoring adherence to the NICE Guideline

## 12.20 Effective training of Junior Doctors in Fluid Balance and Prescribing of IV Fluids

### Suzie Gleeson

*ST7 Anaesthesia*  
Aintree University Hospital NHS Foundation Trust

- how do we put fluid prescribing on the same status as drug prescribing
- training of Junior Doctors and avoiding fluid overload
- demonstrating improvement through clinical audit
- ensuring competence and confidence in prescribing and administration

12.50 Questions & answers, followed by lunch & exhibitions 13.00

## FOCUS: Setting up and delivering effective OPAT Services/Clinics

## 14.00 Setting up and running effective OPAT Services including competence and skills

### Linda Nazarko OBE

*Consultant Nurse Physical Healthcare*  
West London Mental Health NHS Trust

- avoiding hospital admission by providing IV Therapy treatment within the community setting
- benefits of delivering IV antibiotics in the community
- appropriate patient selection for community IV therapy
- critical success factors in setting up and running an effective service
- understanding the needs of patients receiving IV Therapy at home and the effects of long-term IV Therapy for the patient

## 14.30 OPAT Case Study: Patient suitability and referral criteria for OPAT

### Pam McGrail

*IV Nurse Specialist*  
Bridgewater Community Healthcare NHS Foundation Trust

- referral criteria for patients being considered OPAT
- assessing a patient's suitability
- potential risks and strategies for reducing those risks
- our OPAT experience

15.15 Questions & answers, followed by coffee & exhibitions 15.25

## FOCUS: Patient Safety, Risk and Legal Focus

## 15.45 IV Therapy, Critical Incident Reporting, & Reducing Complications

### Speaker to be announced

- assessing the risks, benefits and harms of IV fluids
- reducing complications related to IV devices
- identifying consequences of fluid mismanagement
- incident reporting to ensure lessons are learned
- our experience and developments

## 16.15 EXTENDED SESSION: Using a Root Cause Analysis Toolkit in IV Therapy

### Lucy Francis

*IV Clinical Nurse Specialist & OPAT Lead Nurse*  
NHS England

- a step by step guide to carrying out a root cause analysis of an IV Therapy incident
- learning from investigations and ensuring change occurs

17.00 Questions & answers, followed by close 17.10

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Hallam Conference Centre, 44 Hallam Street, London W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

**Date** Thursday 14 April 2016**Conference Fee**

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
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