

CHICAGO

SPORTS MEDICINE SYMPOSIUM

WORLD SERIES OF SURGERY

2018

SEPTEMBER 7-9, 2018 • THE WESTIN MICHIGAN AVENUE • CHICAGO, IL



COURSE DIRECTORS

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PROVIDED BY



SUPPORTED BY

AANA | ARTHROSCOPY ASSOCIATION
OF NORTH AMERICA

REGISTRATION OPTIONS

1 | Online: FOREonline.org 2 | Phone: 813-877-8096

	On or Before 8/7/2018	After 8/7/2018
Physicians	\$850.00	\$950.00
Fellows & Other Healthcare Professionals	\$450.00	\$550.00

Registration fee includes course materials, breaks, breakfasts, and lunches for the participant only. A confirmation email will be sent one week prior to the activity (no registration is confirmed without full payment).

ACCOMMODATIONS

The Westin Michigan Avenue
909 N Michigan Ave
Chicago, IL 60611
Phone: 312-943-7200

A small block of rooms has been reserved for September 6-8, 2018, at a special group rate starting at \$219/night + taxes & fees. To receive the group rate by phone, please mention “Chicago Sports Medicine Symposium” and reserve your room by August 5, 2018.

DISABILITIES

Please notify the Continuing Medical Education Office, 4115 W. Spruce Street, Tampa, FL 33607, or call 813-877-8096 a minimum of ten working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities, and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age, or veteran status as provided by the law and in accordance with FORE’s respect for personal dignity.

REFUND POLICY

Cancellation notification must be in writing (email CME@FOREonline.org) and received by the close of business on August 7, 2018. A cancellation fee of \$50 will be assessed. Cancellations received after August 7, 2018, will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the Program is cancelled.

COURSE DESCRIPTION

This course is designed to address knee, shoulder, elbow, hip, and sports medicine injuries and infirmities. The latest treatment options are presented by a faculty of internationally recognized orthopaedic surgeons. Live surgery broadcasts, case presentations, and panel discussions offer participants the opportunity to interact with faculty and discuss current solutions to challenging problems.

COURSE OBJECTIVES

Upon completion of this course, learners will be able to:

- **Identify** diagnostic evaluation, indications, non-operative treatment, surgical management, and rehabilitation of complex, shoulder instability patients.
- **Identify** diagnostic evaluation, non-operative treatment, surgical indications, and rehabilitation for basic, complex and revision rotator cuff tear.
- **Review** non-operative, surgical, and rehabilitation management options for degenerative shoulder disease including non-operative care, arthroscopic indications, and shoulder replacement strategies in the young active patient.
- **Evaluate** and treat basic and complex knee ligament injuries including surgical management, injury prevention, and rehabilitation.
- **Identify, evaluate, and manage** femoral acetabular impingement and labral tears of the hip.
- **Recognize** contemporary rehabilitation programs and return-to-play guidelines for common shoulder, knee, and hip problems.
- **Recognize** contemporary rehabilitation techniques following cartilage procedures of the knee including timing to return to activities.
- **Classify** patients with meniscal deficiency, patellofemoral cartilage lesions, or tibiofemoral articular cartilage defects.

TARGET AUDIENCE

Orthopaedic surgeons, athletic trainers, physical therapists, and other healthcare professionals whose scope of practice includes sports medicine.

ACCREDITATION

Physicians: The Foundation for Orthopaedic Research and Education (FORE) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of **21.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Athletic Trainers: Foundation for Orthopaedic Research and Education (FORE) (BOC AP# P3115) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 21.75 EBP Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Physical Therapist: The Illinois Chapter Continuing Education Committee has certified that this course meets the criteria for approval of Continuing Education offerings established by The Illinois Physical Therapy Association. This course has been approved for 22 CE Hours.

COURSE DIRECTORS



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FRIDAY, SEPTEMBER 7, 2018

6:00 AM REGISTRATION & BREAKFAST

7:00 AM LIVE SURGERY BROADCAST

- Arthroscopic Stabilization
- Arthroscopic Rotator Cuff Repair

8:10 AM SESSION I: SHOULDER INSTABILITY

- First-Time Shoulder Instability: Why I Fix These [Arciero](#)
- Surgical Stabilization: Not So Fast [Tokish](#)
- Non-op Rehab and Return to Sport of the In-Season Athlete [Gauthier](#)
- Glenoid Bone Loss: You Can Measure This [Frank](#)
- Shoulder Instability Evolved: My Treatment Algorithm [Getelman](#)
- Open Is Not a Four-Letter Word! [Wolf](#)
- Shoulder Stabilization: Get Me Back to Play! [Wilk](#)
- Complex Posterior and MDI: All My Tricks [Bonner](#)
- Revision Instability Repair: What Went Wrong? [Garrigues](#)
- Bone Reconstruction: Latarjet and More [Provencher](#)
- Instability Case Presentations, Question and Answer [Panel](#)

9:50 AM COFFEE BREAK WITH EXHIBITORS

1:00 PM SESSION III | CONCURRENT SESSIONS

PHYSICIAN TRACK

- Evaluating the Shoulder in the Throwing Athlete [Conway](#)
- Rehab of the Throwing Shoulder: Surgery Is the Last Choice [Reinold](#)
- SLAP Lesions: Pathology or Anatomy [Verma](#)
- Biceps Pathology: How I Diagnose and How I Manage [Field](#)
- AC Joint Instability: It's a Biplanar Problem [Arciero](#)
- Return to Throwing: Here's How You Get Them There [Wilk](#)
- Case Presentations, Question and Answer [Panel](#)

2:20 PM LIVE SURGICAL DEMO

- Arthroscopic Biceps Tenodesis
- Subpectoral Tenodesis

3:00 PM COFFEE BREAK WITH EXHIBITORS

- Partial Rotator Cuff Tear: What Do I Do? [Trenhaile](#)
- Subscapularis Repair Made Easy [Field](#)
- Massive Cuff: Anatomy and Mobilization [Garrigues](#)

10:20 AM SESSION II: SHOULDER

- Non-Operative Management of Rotator Cuff Tears: Who Needs Surgery? [Bishop](#)
- Rotator Cuff Repair: Maximize Biomechanics [Waterman](#)
- Rotator Cuff Repair: We Need Biology! [Cole](#)
- Sometimes You Just Gotta Reverse It... [Nicholson](#)
- Massive Cuff: My Treatment Algorithm [Tokish](#)
- Massive Cuff: We Can Fix These If You Know How [McCarty](#)
- Tendon Transfer for Massive Cuff: Why You Should Learn This [Elhassan](#)
- Rehab Following Tendon Transfer [Mumbleau](#)
- Massive Cuff: Use a Patch [Getelman](#)
- Rehab After Cuff Repair: How Fast Can I Go? [Reinold](#)
- Cuff Case Presentations, Question and Answer [Panel](#)

11:50 AM LUNCH

12:10 PM LIVE SURGERY BROADCAST

- Rotator Cuff Repair with Patch
- Resurfacing Shoulder Arthroplasty

- Superior Capsular Reconstruction [Getelman](#)
- Arthroscopic Assisted Trapezius Tendon Transfer [Elhassan](#)
- Advanced Arthroscopic Instability Repair [Verma](#)
- SLAP Tears: If You Are Going to Fix It, Here Is How [Conway](#)
- Remplissage [Wolf](#)
- Allograft Reconstruction of the Shoulder [Provencher](#)
- Suprascapular Nerve Decompression: Should I Do It and How? [McCarty](#)
- AC Joint: My Surgical Technique with Graft [Frank](#)
- Clavicle Fractures: Should We Be Fixing More and How? [Strauss](#)
- Question and Answer

5:00 PM ADJOURN

5:30 - 7:00 PM WELCOME RECEPTION

FRIDAY, SEPTEMBER 7, 2018 (CONTINUED)

1:00 PM **SESSION III** | CONCURRENT SESSIONS

PHYSICAL THERAPY TRACK

- Shoulder Physical Exam [Cole & Wilk](#)
- Rehabilitation of the Stiff and Painful Shoulder; Techniques to Restore Motion [Gauthier](#)
- Scapular Dyskinesis; Recognition & Rehabilitation [Paine](#)
- Rehab Techniques for the Patient with Shoulder Impingement [Wilk](#)
- Rehabilitation Following Rotator Cuff Surgery [Davies](#)

- Non-operative Rehabilitation of SLAP & Shoulder Instability Lesions [Paine](#)
- Shoulder Return to Play Criteria Objective Test Methods [Davies](#)
- Case Studies and Open Discussion [Panel](#)

5:00 PM **ADJOURN**

5:30 - 7:00 PM **WELCOME RECEPTION**

3:00 PM **COFFEE BREAK WITH EXHIBITORS**

SATURDAY, SEPTEMBER 8, 2018

6:00 AM **REGISTRATION & BREAKFAST**

7:00 AM **LIVE SURGERY BROADCAST**

- Cartilage Procedure
- Hip Arthroscopy Labral Repair

8:10 PM **SESSION IV: KNEE CARTILAGE**

- OCD Lesion: Diagnosis, Evaluation and Management [Yanke](#)
- Microfracture: Is There a Role in 2018 and How [Farr](#)
- Surface Options for Articular Cartilage Reconstruction: Established and Emerging [Gomoll](#)
- Osteochondral Grafts: Best Indications Based on Defect Characteristics [Lattermann](#)
- Osteotomies and Articular Cartilage Lesions: Indications in 2018 [Farr](#)
- Patellofemoral Pain and Articular Injury: What Can We Do? [Yanke](#)
- Biologics Along the Spectrum of Cartilage Disease: From Defects to Arthritis [Cole](#)
- Rehabilitation of the Cartilage-Deficient Knee [Davies](#)
- Case Presentations, Question and Answer [Panel](#)

9:30 AM **COFFEE BREAK WITH EXHIBITORS**

10:00 AM **SESSION V: ACL INJURIES**

- ACL Injuries: Can They Be Prevented? [Hewett](#)
- ACL Anatomy: From the Cadaver to the Camera [Forsythe](#)
- ACL Grafts: How Do I Choose? [Krych](#)
- AM and Accessory Portal Techniques [Ellman](#)
- Transtibial Reconstruction: Is it Still Relevant? [Verma](#)
- ACL Revision: My Bag of Tricks [Sherman](#)
- Extra-Articular Augmentation: What's the Evidence? [Getgood](#)
- ACL Outcomes: Are We Doing Better? [Bonner](#)
- 5 Keys to Successful Return-to-Sport After ACLR [Wilk](#)
- Case Presentations, Question and Answer [Panel](#)

11:40 AM **LUNCH**

12:00 PM **LIVE SURGERY BROADCAST**

- MPFL Reconstruction
- ACL Reconstruction (AM Technique)

1:00 PM **SESSION VI** | CONCURRENT SESSIONS

PHYSICIAN TRACK

- Meniscus Repair: Common Techniques, Outcomes & Evidence [Arciero](#)
- Complex Meniscus Repair: Root, Radial, Revision [Krych](#)
- Meniscus Transplant: A Decade of Experience [Cole](#)
- MCL: Conservative? Repair? Reconstruct? Technique and Evidence [Lattermann](#)
- LCL/PLC: How to Evaluate and How to Fix [Getgood](#)

- Contemporary PCL Reconstruction: How I Do It [Ellman](#)
- Complex Knee Cases [Panel](#)
- First-Time Patellar Dislocation [Sherman](#)
- MPFL: Anatomy, Reconstruction, and Why It Matters [Yanke](#)
- Patellar Instability: Looking Outside the MPFL (Alta/Dysplasia/Malalignment) [Farr](#)

SATURDAY, SEPTEMBER 8, 2018 (CONTINUED)

1:00 PM **SESSION VI (CONTINUED)** | CONCURRENT SESSIONS

PHYSICIAN TRACK (CONTINUED)

- Rehab for Patellofemoral Problems: It's Complicated [Davies](#)
- Trochleoplasty: When and How? [Gomoll](#)
- Patella: Good, Bad and Ugly [Panel](#)

- Lateral Epicondylitis: Arthroscopic Management [Kelly](#)
- Elbow OCD: Indications and Technique for Arthroscopic Management [Nicholson](#)
- Ulnar Nerve: What Should I Do? [Fernandez](#)
- UCL Update 2018 [Cohen](#)
- UCL Repair with Internal Brace [Conway](#)
- Elbow Case Presentations, Question and Answer [Panel](#)
- The Throwing Program Demystified [Wilk](#)

2:50 PM COFFEE BREAK WITH EXHIBITORS

- Distal Biceps Repair: Contemporary Options [Fernandez](#)
- Elbow Arthroscopy: My Top 5 Pearls for Success [Field](#)

5:00 PM ADJOURN

1:00 PM **SESSION VI** | CONCURRENT SESSIONS

PHYSICAL THERAPY TRACK

- ACL Rehab: Slower Is Better and Here Is the Data [Snyder Mackler](#)
- ACL Rehab: Faster Is Better & Here's the Proof [Wilk](#)
- Return-to-Play Criteria: Objective Testing [Snyder Mackler & Davies](#)
- Bridging the Gap: Rehabilitation to Physical Preparation [Heidloff](#)
- Question and Answer

- Pearls and Pitfalls for Post-Op Hip Arthroscopy & Hip Disorders [Strzelinski](#)
- Pilates for Athletes [Lemmon](#)
- Rehabilitation Following UCL Reconstruction & UCL Repair [Wilk](#)
- Blood Flow Restriction [Tymkew](#)

5:00 PM ADJOURN

2:50 PM COFFEE BREAK WITH EXHIBITORS

SUNDAY, SEPTEMBER 9, 2018

6:00 AM REGISTRATION & BREAKFAST

7:00 AM SESSION VII: HIP

- FAIS Can Be Treated Without Surgery [Allison](#)
- FAIS Should Only Be Treated with Surgery [Stubbs](#)
- It's All About the Labral Repair [Guanche](#)
- It's All About the Correction of FAIS [Harris](#)
- Pincer Impingement: Diagnostic Imaging and Surgical Treatment [Ellman](#)
- Subspine Impingement: Pearls and Pitfalls [Mather](#)
- Arthroscopic Treatment of Borderline Dysplasia [Nho](#)
- Open Hip Surgery for Borderline Dysplasia [Williams](#)
- Treatment Options for Mild Hip Osteoarthritis [Harris](#)
- Treatment of Cartilage Injuries in the Hip [Wuerz](#)
- Labral Reconstruction: Fact or Fiction [Ellman](#)

- Rehabilitation After Hip Arthroscopy & Open Hip Surgery [Strzelinski](#)
- FAI, Labrum Case Presentations, Question and Answer [Panel](#)

9:30 AM COFFEE BREAK WITH EXHIBITORS

10:00 AM SESSION VIII: HIP

- Endoscopic Gluteus Medius Repair [Mather](#)
- Treatment of Massive Gluteus Medius Tears [Wuerz](#)
- Ischiofemoral Impingement [Stubbs](#)
- Endoscopic Proximal Hamstring Repair [Guanche](#)
- Open Treatment of Acute and Chronic Hamstring Injuries [Nho](#)
- Rehab for Extra-Articular Hip Pathology [Strzelinski](#)
- Case Presentations, Question and Answer [Panel](#)

11:30 AM COURSE ADJOURNS