



# Early Diagnosis:

The Road to Better  
Therapies and LBD Care

Friday, May 4, 2018



Arthur H. Rubenstein Auditorium at the  
Smilow Center for Translational Research

Penn Medicine • 3400 Civic Center Blvd • Philadelphia, PA 19104

***A CME/CE Certified Conference***

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PROVIDED BY:

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## Program Overview & Audiences

The Lewy Body Dementia Association is aiming to increase awareness of Lewy Body Dementias and the unique set of symptoms associated with the disease among primary care physicians, nurses, other healthcare professionals and caregivers. The new diagnostic criteria set in mid-2017 will be highlighted to promote early patient diagnosis and improved care throughout the disease life cycle.

The conference will provide an overview of how clinical symptoms of LBD and the resulting burden on caregivers has a direct impact on the quality of life and well-being of the person with LBD and their primary caregiver. Attendees will learn strategies to adapt to behavioral changes and compensate for changes in cognition, function and communication, as well as stress management.

This activity has been designed for primary care physicians, geriatricians, sleep specialists, psychiatrists, psychologists, neurologists, radiologists, nurses, physician assistants, occupational and speech therapists, social workers and other healthcare professionals interested in Lewy Body Dementias.

## Objectives:

Upon completion of this activity, participants should be able to:

- Describe the key core and major supportive clinical features of LBD
- Review common medication classes used to treat cognitive, behavior and motor symptoms in LBD
- Describe nonpharmacological approaches to managing behavioral changes in LBD
- Explain the basic underlying neuropathology causing DLB
- List 3 symptoms that indicate caregiver stress

## Program Directors



David Irwin, MD

**Assistant Professor of Neurology**

University of Pennsylvania  
Health System  
Philadelphia, PA



Carol Lippa, MD

**Director, Cognitive Disorders  
and Comprehensive Alzheimer's  
Disease Center**

Farber Institute for Neuroscience

**Director, Division of Cognitive  
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Department of Neurology

**Professor of Neurology**

Thomas Jefferson University  
Philadelphia, PA

## Accreditation and Credit Designation:

**Physicians:** Penn Medicine designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistants:** AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME or a recognized state medical society. PAs may receive a maximum of 6.0 Category 1 Credits for completing this activity.

**Nurses:** This activity is approved for 6.0 contact hours.

**Social Workers:** An application for certification has been submitted to the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselor.

**Certificates and Transcripts:** After the symposium has concluded, all participants will receive a follow-up email with instructions and a link. Once participants submit the request for credit, the earned credits will be available for viewing on a transcript and certificates will be available for printing at [www.penncmehonline.com](http://www.penncmehonline.com). Please note that the individual certificate will not be mailed.

**Disclosures:** Penn Medicine adheres to the *ACCME Standards for Commercial Support*. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products or devices within their presentations.



In support of improving patient care, this activity has been planned and implemented by Penn Medicine and the Lewy Body Dementia Association. Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Registration Fees:

The registration fees for *Early Diagnosis: The Road to Better Therapies and LBD Care* are the following:

**\$49**

for Physicians or Industry Representatives

**\$29**

for Physician Assistants, Nurse Practitioners, Psychologists/PhDs and other Healthcare Professionals, residents and fellows

**\$0**

No registration fee for individuals with LBD and caregivers (pre-registration is still required)

The registration fee includes attendance to the conference, a course booklet, a link to view the presentation slides online, continental breakfast, mid-morning and afternoon breaks as well as lunch.

If you are registering with a credit card, please register online at [www.penncmehonline.com](http://www.penncmehonline.com), and then click on CME/CNE Activities, then Live Events. We cannot accept faxed or mailed registration forms with credit card information. To pay by check, complete the registration form and mail it in with your check.

Please see the registration form for mailing information. Please note: mailed registrations can take up to 5-10 business days before they are received. All registrations will be confirmed by email as long as your registration is received no later than April 20, 2018.

## Cancellation and Refund Policy:

In order to process refunds for course withdrawals, cancellations must be received in writing by April 20, 2018 (subject to a service charge of \$15.00). No refunds will be issued after April 20, 2018. The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.

## Conference Itinerary:

| Time                                               | Topic                                                                                | Speakers                               |
|----------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------|
| <b>7:30 AM</b>                                     | <b>REGISTRATION AND COFFEE</b>                                                       |                                        |
| 8:30 AM                                            | Welcome and Opening Comments                                                         | Mike Koehler<br>David Irwin            |
| 8:45 AM                                            | My Journey to Diagnosis                                                              | TBD                                    |
| 9:00 AM                                            | LBD 101 - LBD Spectrum, Symptoms, Diagnosis                                          | Carol Lippa, MD                        |
| 9:45 AM                                            | Assessment and Management of Psychiatric Issues in Lewy Body Disorders               | Dan Weintraub, MD                      |
|                                                    | Person-centered Approaches for Agitation and Apathy                                  | Ann Kolanowski, PhD, RN,<br>FGSA, FAAN |
| <b>10:15 AM</b>                                    | <b>BREAK</b>                                                                         |                                        |
| 10:30 AM                                           | Autonomic and Motor Symptoms: Diagnosis and Treatment                                | Tsao-Wei Liang, MD                     |
|                                                    | The Role of Physical & Occupational Therapy for Individuals with LBD                 | Heather Cicianci, PT                   |
| 11:15 AM                                           | Lifestyle Modifications in LBD                                                       | John Duda, MD                          |
| 11:30 AM                                           | Sleep Disorders in LBD                                                               | David Raizen, MD                       |
| <b>12:00 PM</b>                                    | <b>LUNCH</b>                                                                         |                                        |
| 1:00 PM                                            | Understanding How Lewy Bodies Spread: Insights From In Vivo Models                   | Kelvin Luk, PhD                        |
| LBD Research Update: From the Bench to the Bedside | Molecular Imaging in Lewy Body Disorders                                             | Andrew Siderowf, MD                    |
|                                                    | Pathologic Heterogeneity in DLB: Bringing the Microscope to the Clinic               | David Coughlin, MD                     |
| 2:00 PM                                            | Participating in Clinical Trials and Research                                        | David Irwin, MD                        |
| <b>2:30 PM</b>                                     | <b>BREAK</b>                                                                         |                                        |
| 2:45 PM                                            | Three Caregiver Techniques That Will Improve the Quality of Life for the LBD Patient | Donald Martin, Former LBD Caregiver    |
| 3:15 PM                                            | Caregiver Stress                                                                     | Laura Gitlin, PhD                      |
| 3:30 PM                                            | Emotional Impact of LBD: Avenues for Help and Support                                | Rachel Goldman Gross, MD               |
| 3:45 PM                                            | Maintaining Continuity Through Care Transitions                                      | Karen Hirschman, PhD, MSW              |
| 4:00 PM                                            | 4 Pillars of Caregiver Empowerment                                                   | Angela Taylor                          |
| 4:15 PM                                            | Closing and Donor Recognition                                                        | Mike Koehler                           |

## Date and Location:

*Early Diagnosis: The Road to Better Therapies and LBD Care* will be held on Friday, May 4, 2018 in the Arthur H. Rubenstein Auditorium at the Smilow Center for Translational Research at Penn Medicine, 3400 Civic Center Boulevard, Philadelphia, Pennsylvania, 19104.

## Directions & Parking:

The Arthur H. Rubenstein Auditorium is located on the 1st Floor level of the Smilow Translational Research Center (TRC). Smilow TRC is connected to the Perelman Center for Advanced Medicine and is located at 3400 Civic Center Blvd, Philadelphia, PA. We strongly recommend you use GPS or an online driving directions site (such as [mapquest.com](http://mapquest.com), [drivingdirections.com](http://drivingdirections.com) or [googlemaps.com](http://googlemaps.com)) for exact directions to and from your starting point.

If you prefer to take public transportation to and from campus, please visit <http://www.upenn.edu/services> for transportation options.

On Friday, May 4, the 3600 Civic Center Blvd Parking Garage is open for public parking. This garage is accessible from Civic Center Blvd and is located at Civic Center Blvd and West Service Drive (next to the Colket Research Center). The Smilow TRC is about a 5-minute walk from the parking garage. Parking is \$20 per day and parking fees are not paid for or reimbursed by the conference. Parking in the garage connected to the Perelman/Smilow Centers is prohibited.



## Course Directors:

David Irwin, MD

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David Coughlin, MD

**Movement Disorders Fellow**

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Donald Martin

**Former LBD caregiver**

Caregiver for 5 years  
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Laura Gitlin, PhD

**Director, Center for Innovative  
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**Professor** at Johns Hopkins School  
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Angela Taylor

**Director of Programs**

Lewy Body Dementia Association  
State College, PA

## Course Faculty:

Mike Koehler

**Chief Executive Officer**

Lewy Body Dementia Association  
Philadelphia, PA

Dan Weintraub, MD

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University of Pennsylvania  
Parkinson's Disease and Mental Illness  
Research, Education and Clinical  
Centers (PADRECC and MIRECC)  
Philadelphia Veterans Affairs  
Medical Center  
Philadelphia, PA



## Register Today:

If you are registering using your credit card, please register online at: [www.penncmeonline.com](http://www.penncmeonline.com) and click on CME/CNE Activities/Live Events.

Questions? Contact us at:

**Phone:** 215-898-6400 or 215-898-8005

**Email:** [penncme@mail.med.upenn.edu](mailto:penncme@mail.med.upenn.edu)

## Course Fees:

**Registration Fee:** (pre-payment is required to be officially registered)

- **\$49** for Physicians or Industry Representatives
- **\$29** for Physician Assistants, Psychologists/PhDs, Nurse Practitioners, Nurses, Residents, Fellows and Other Healthcare Professionals
- **No Charge** for Caregivers and Individuals with LBD

### Payment Method:

- If you are paying by credit card, please register online at [www.penncmeonline.com](http://www.penncmeonline.com) and click on CME/CNE Activities/then Live Events.
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME.**
- Mail checks and registration forms to:  
**Conference Coordinator**  
**Office of Continuing Medical and Interprofessional Education**  
**150 Anatomy/Chemistry Building**  
**3620 Hamilton Walk**  
**Philadelphia, PA 19104-6061**
- Do not include any credit card information on the registration form or email any credit card information
- We are unable to accept faxed registration forms.

**Please Note:** Walk-in registrants must bring payment to the program. Seating may be limited for walk-in registrants.

## Registration Form:

To register by mail—Please print or type the information below

Name (First, Last)

Academic Degree

Medical Specialty

Affiliation (Hospital, Office, or Company)

Address (Affiliation or Home)

City

State

Zip

Phone

Fax

Email