

3rd International Conference on

**INTEGRATIVE MEDICINE: ROLE OF
YOGA AND AYURVEDA
IN
CANCER & PALLIATIVE CARE**

JUNE 22-23, 2018

Joseph Martin Conference Center,
Harvard Medical School, Boston, USA.





Cancer

In 2012, an estimated 14.1 million new cases of cancer occurred worldwide with four most common ones are lung, female breast, bowel and prostate cancer. Worldwide there will be 23.6 million new cases of cancer each year by 2030 (estimated).

In 2016, an estimated 1.7 million new cases of cancer were diagnosed in the US and over half a million of them died.

While there are certain treatments and intervention which are very effective in cancer care, the cost and side-effects are also far-reaching. National expenditures for cancer care in the US was nearly \$125 billion in 2010 and could reach \$156 billion in 2020.

In India, it is estimated that 14.5 Million people are living with the disease, with over 7 Million new cases being registered every year and 5,56,400 deaths.

Yoga and Ayurveda has been proven to be significantly aiding in the treatment and palliative care for millions by reducing cost and suffering.



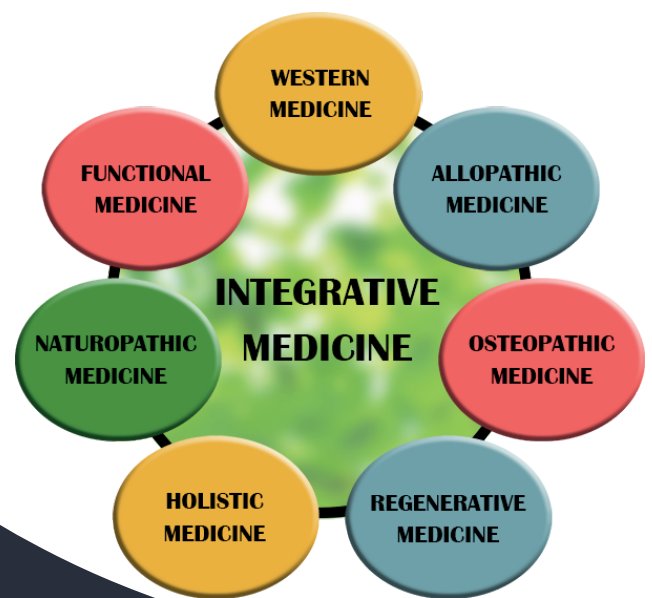
Ayurveda & Yoga

Ayurveda and Yoga are systems that approach an individual as a microcosm considering all aspects of their being such as their diet, lifestyle, relationships, mental health, spirituality, and environment and assessing its influence on quality of life and happiness.

Both systems originate from the Indian subcontinent and has been proven to reduce pain, heal the root causes and also help rehabilitation for those whom are suffering from various ailments. Yoga has become mainstream and is widely utilized for therapeutic yield specifically in the management of pain. Ayurveda has long employed natural resources for the reduction or curative effect in various ailments resulting in acute to chronic pain.

The purpose of this symposium is to address the solutions to these key issues to transform the healthcare of the emerging world with integrative approach bringing ancient systems of Yoga and Ayurveda and modern medicine together via research and development and proper education. This event is bringing together world's experts in the fields of cancer and palliative care to address these issues and construct a proper strategy and plan in the USA, India and the world.

Integrative Medicine



Integrative medicine is grounded in the definition of health. The World Health Organization (WHO) defines health as “a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity.”

Integrative medicine is an approach to care that puts the patient at the center and addresses the full range of physical, emotional, mental, social, spiritual and environmental influences that affect a person’s health. Employing a personalized strategy that considers the patient’s unique conditions, needs and circumstances, it uses the most appropriate interventions from an array of, modern and ancient disciplines to heal illness and disease and help people regain and maintain optimum health.

Integrative medicine seeks to restore and maintain health and wellness across a person’s lifespan by understanding the patient’s unique set of circumstances and addressing the all factors which affect health as a whole. Through personalizing care, integrative medicine goes beyond the treatment of symptoms to address all the causes of an illness. In doing so, the patient’s immediate health needs as well as the effects of the long-term and complex interplay between biological, behavioral, psychosocial and environmental influences are taken into account. Yoga and Ayurveda presents tremendous opportunities in the Integrative health care system.



Invited Guests and Experts

Mr. Charlie Baker, Hon'ble Governor of Massachusetts.

Eric David Hargan, the US Secretary of Health and Human Services.

Mr. J. P. Nadda, Hon'ble Minister of Health of India.

Dr. H. R Nagendra, President, Swami Vivekananda Yoga Anusandhan Samsthana (S-VYASA).

Dr. Vivek Murthy, Former Surgeon General of America.

Dr. Lorenzo Cohen, Director of the Integrative Medicine Program at the University of Texas MD Anderson Cancer Center.

Dr. Vikas Sukhatme, Dean, Emory University School of Medicine.



Program

Friday, June 22 Seminar and Key notes

Saturday, June 23 Workshops Evening Public Program

CME credits are offered by the Harvard Medical School

Organizers

Indo US Health Initiatives

Institute of Advanced Sciences

S-VYASA

Benson-Henry Mind Body Institute

Indian Consulate, New York

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