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By Phone:
Call **(800) 791-0262** and provide the information requested on the registration form.



By Mail:
Complete the registration form and mail it to **Motivations, Inc.**



On the Web:
Visit www.motivationsceu.com to register

UPDATED 6-3-25

Rate	Description	7 Hrs
Group Rate	Group Discount – Register your facility today. 5 or more	\$225
Individual	Single Registration	\$250

Course # Course Title

Date(s) Location

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.

Circle One: VISA MASTERCARD AMEX

Name on Card _____

Account Number _____ **Exp. Date** _____

Signature _____ **Billing Address Zip Code** _____



Motivations CEU

Accredited Courses for Rehabilitation Professionals

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ONSITE

#405 ICU Rehabilitation Care...

Examination and Treatment Tools for
Optimum Results

Instructor

Kristin Lefebvre, PT, PhD

Audience: PTs, OTs, PTAs, OTAs

Understanding measurements, mobilization
and much more.

8:00 am – 4:30 pm

Motivations, Inc.

SUMMARY: Data in the literature strongly supports the importance of early and frequent mobilization of the patient in the ICU environment. However, treating in the ICU can be quite intimidating, especially to the novice and even sometimes the experienced physical therapist. Medically complex patients challenge therapists to use high level clinical decision-making skills to ensure optimal patient treatment while maintaining patient safety. This course will provide therapists with an overview of examination and treatment tools that can be used to optimize patient outcomes while maintaining safety and efficiency in a highly complex medical environment.

Presenter: Dr. Kristin Lefebvre is the Director of the Ph.D. in Clinical Research and a Professor of Physical Therapy in the Doctor of Physical Therapy program at the University of Jamestown in Fargo, ND. Dr. Lefebvre is a trained expert in Foundations of Clinical Research through the Harvard University School of Medicine. Dr. Lefebvre is a physical therapist with ABPTS board certification in cardiovascular and pulmonary physical therapy and over 17 years of teaching experience in Doctor of Physical Therapy (DPT) programs. She is a current Associate Editor for the Cardiovascular and Pulmonary Journal and the current Research Chair for the Academy of Cardiovascular and Pulmonary Section. She has also served as the Nominating Committee Chair and Secretary for the Academy in the past. Dr. Lefebvre completed her master's in physical therapy at the University of Delaware in 2000 and a PhD in Health Policy at the University of the Sciences in Philadelphia in May 2008. Her doctoral thesis examined the AHRQ NIS Inpatient Data Set for racial differences in level of amputation among minorities with vascular disease. Her research interests include evaluation of health disparities in primary care practice with particular interest in the cardiovascular and pulmonary patient, the provision of preventative care among patients with cardiovascular diseases, use of outcome measures in cardiovascular and pulmonary physical therapy and curricular and educational design and evaluation of interprofessional high fidelity simulation experiences. She has multiple national and international disseminations including two book chapters and 16 peer reviewed articles in high impact journals. The instructor relationship disclosure includes: *Financial*— Received a teaching honorarium and reimbursement for travel expenses from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course the participants will be able to:

1. Identify at least 3 sources of literature and data that support early mobilization in the ICU.
2. Correctly define at least 2 roles with the respective importance of interdisciplinary communication in the ICU.
3. Name at least 3 lab values significant to the ICU environment that relate to medical rehabilitation.
4. Use the clinical decision guidelines to correctly determine whether or not it is safe to mobilize a patient in the ICU environment.
5. Name at least 3 objective measures that can be used in the ICU environment to monitor patient progress and outcomes.
6. Identify at least 2 basic and 2 advanced monitoring, airways and lines found in the ICU environment.
7. Differentiate between the types of ventilator alarms, setting and management in the ICU.
8. Identify at least 3 lab values that are important in the mobilization of patients with intra-aortic balloon pumps, ECMO, or ventricular assist devices
9. Describe the parameters (current type, rate, intensity, duration) for the use functional electrical stimulation with patients in the ICU based on course content.

Course Offerings

For information about course locations and dates,
visit our website at www.motivationsceu.com

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FORMAT: This is an 7-hour course, equivalent to 0.7 CEUs.

PT: Motivations Inc is an approved provider by The Texas Chapter of the APTA. We follow the **PT licensing Board** guidelines in the states in which the course is held.



Motivations Inc. is an AOTA Approved Provider of professional development. Approved Provider #12487. This Live activity is offered at 0.7 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures.

AGENDA:

8:00-9:30	Literature and data that support early mobilization in the ICU.
9:30-10:00	The role and importance of interdisciplinary communication in the ICU.
10:00-10:30	Lab values significant to the ICU environment.
10:30-10:45	Break
10:45-11:30	Clinical decision making skills needed to know whether or not it is safe to mobilize a patient in the ICU environment.
11:30-12:30	Objective measures that can be used in the ICU environment to monitor patient progress and outcomes.
12:30-1:30	Lunch
1:30-2:15	Basic and advanced monitoring, airways and lines found in the ICU environment.
2:15-3:00	Ventilator alarms, setting and management in the ICU.
3:00-3:15	Break
3:15-3:45	Mobilization with intra aortic balloon pumps, ECMO, Ventricular assist devices and other advance equipment
3:45-4:30	Functional electrical stimulation and other creative treatment strategies for the sedated and non-sedated patient population.

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