

Advanced Practice Nurses: Caring Cradle to Grave



ADVANCED PRACTICE NURSES OF THE OZARKS

November 7, 8 & 9, 2019
Thursday through Saturday
Chateau on the Lake
415 N. State Hwy. 265
Branson, Missouri

OBJECTIVES AND TARGET AUDIENCE

Objectives for this conference:

- Discuss selected clinical practice topics
- Network with other healthcare professionals
- Explore diverse professional issues

The conference is targeted at advanced practice nurses and current APN students. Participants are encouraged to combine business with pleasure in the scenic Ozark Mountains of Branson, Missouri.

ACCREDITATION

Advanced Practice Nurses of the Ozarks is approved as a provider of nurse practitioner continuing education by the American Association of Nurse Practitioners. AANP Provider Number 16082257. This activity has been approved for a maximum of 17.25 contact hours of continuing education (which includes a maximum of 13.5 hours of pharmacology).



American Association of
NURSE PRACTITIONERS™

This activity was planned in accordance with
AANP Accreditation Standards and Policies.

REGISTRATION DETAILS

Deadlines

Registrations will be accepted online through 11/1/2019 **but may close early if conference reaches capacity**. If open spots remain, any registrations after that date will need to be completed in person on-site. Onsite registrations will be open on Thursday, 11/7/2019 beginning at 8:15 a.m., **as space permits** at the on-site rates listed below. Updates on registration will be posted to the APNO Facebook page.

Payment

Full payment of registration fees is required to reserve a spot at the conference and any optional workshops. Payments are accepted online only via credit or debit cards with VISA, MasterCard, or Discover cards. American Express cards are **NOT** accepted. No check or cash payments are accepted. The registration fee covers the full conference, no discounts will be given for attendance only on certain days. **Registrations without full payment will be held in Incomplete status for 7 days only**. Incomplete registrants will have the option to log back in to the registration and complete payment later, but if full payment isn't received within 7 days, the registration will be deleted. **Failure to make full payment within the 7 days will result in forfeiture of any session reservations, including spots in the limited-registration workshops**. Registrations are processed on a first-come, first-served basis.

You will receive a confirmation notice by email immediately after registration. If you have questions regarding the conference or your registration, please visit our website at www.apno.net or e-mail conference@apno.net. You may print your confirmation and/or receipt directly from your attendee portal.

Infants and children may not attend conference educational sessions. Only paid registrants may attend conference sessions. Payment of an additional guest fee will allow guests to participate in all meals and breaks. No partial guest fees allowed.

Employer Payment of Registration Fees

There are two options for those attendees who plan to have an employer pay for the registration:

- 1) Enter payment with a company credit/debit card within 7 days of the initial registration, or
- 2) Pay with a personal credit/debit card and request reimbursement directly to yourself from your employer. Check payments from employers are not accepted.

ACCOMMODATIONS

Make room reservations by calling Chateau on the Lake at 1-888-333-LAKE. APNO has reserved a block of rooms, with special rates before October 7, 2019. Identify yourself as a participant of the APNO conference to receive reduced rates. Accommodations will be made on a space available basis only. **We STRONGLY encourage you to make your reservations early, as our block will sell out!**

Traditional room (2 double beds) - \$143.00

Chateau King - \$163.00

Ambassador Suite - \$229.00

For information on Branson entertainment, call the
Branson Chamber of Commerce/Convention Visitor's Bureau at 417-334-4084.

CANCELLATION POLICY

A full refund of the registration fee, less a \$75 administrative fee, will be granted **ONLY** if the following conditions are met:

- Cancellation request is made in writing, mailed to the following address (e-mail cancellation requests are not accepted):
APNO
PO Box 14308
Springfield, MO 65814
- Cancellation request is postmarked by Oct 1, 2019.

Cancellations will be issued via check within 6-8 weeks. No credit card refunds will be processed.

There will be ***NO REFUNDS*** issued after October 1, 2019. Participants may contact us at conference@apno.net to request to have someone come in his/her place if unable to attend after the October 1st deadline.

APNO reserves the right to substitute a qualified speaker or change the conference agenda as needed. APNO reserves the right to cancel this conference and return all registration fees. The liability of APNO is limited to the course fee. APNO will not be responsible for any losses incurred by registrants including, but not limited to, airline cancellation charges or hotel deposits.

PHOTO RELEASE

APNO will take photos of attendees throughout the conference. These photos are for APNO use only and may appear on the APNO website, newsletter, conference brochures, social media outlets, or other future APNO promotional material. This also includes photos uploaded using the APNO conference app. By virtue of your attendance, you agree to usage of your likeness in such media.

CONFERENCE PRICING

Attendee

- \$450 pre-registration (through 11/1/19 or until conference reaches capacity)
- Present a poster to qualify for a \$300 discount!
- \$550 on-site registration fee (subject to availability)
- No discounts will be offered for partial conference attendance or single day registrations

Includes:

- Entrance into all sessions except optional Thursday morning workshops
- Meals:
 - Thursday: dinner
 - Friday: hot breakfast buffet, lunch, morning and afternoon breaks, evening networking reception
 - Saturday: hot breakfast buffet, morning break
- Continuing education credits for all sessions attended & evaluated
- Vendor hall admission Thursday, Friday, and Saturday

Non-Credit Attendee (For Students or Retired APN's)

- \$150 pre-registration (through 11/1/19 or until conference reaches capacity)
- Present a poster to qualify for a \$75 discount!
- \$175 on-site registration fee (subject to availability)
- No discounts will be offered for partial conference attendance or single day registrations

Includes:

- Entrance into all sessions except optional Thursday morning workshops
- Meals:
 - Thursday: dinner
 - Friday: hot breakfast buffet, lunch, morning and afternoon breaks, evening networking reception
 - Saturday: hot breakfast buffet, morning break
- No continuing education credit will be awarded
- Vendor hall admission Thursday, Friday, and Saturday

Optional Thursday Morning Workshop Sessions

- \$150 depending on session chosen (through 11/1/19 or until sessions reach capacity)
- Registration numbers may be limited for some sessions

Includes:

- Entrance into workshop session
- Meals:
 - Thursday: light breakfast, lunch buffet
- Continuing education credit if attended & evaluated (standard attendees only)

CONFERENCE SCHEDULE - THURSDAY, NOVEMBER 7, 2019

All Sessions (except Optional Workshops) are open to all registrants at no additional cost

7:15 am - 6:00 pm Registration open in the conference center lobby

7:30 am - 9:00 am Light Breakfast for Workshop Attendees

Optional Morning Workshops (additional registration fee required)

9:00 am - 12:00 pm 2019-001 Workshop A:  Obesity

CE Hours: 3.0

Location: Innsbruck Room **REGISTRATION LIMITED 100 Attendees**

Pharmacology CE Hours: 1.5

Speaker: Angie Golden DNP, FNP-C, FAANP

9:00 am - 12:00 pm 2019-002 Workshop B:  Joint Injections

CE Hours: 3.0

Location: St. Moritz Room **REGISTRATION LIMITED 45 Attendees**

Pharmacology CE Hours: 1.0

Speaker: Jeff Del Vecchio, MPAS, PA-C, DFAAPA

9:00 am - 12:00 pm 2019-003 Workshop C: Pre-sports Participation

CE Hours: 3.0

Location: Heidelberg Room

Pharmacology CE Hours: 0.0

Speaker: Wendy Wright, FNP, FAANP, FAAN, FNAP

12:00 pm - 1:00 pm Lunch Buffet for Workshop Attendees

Session 1 - General/Intensive

1:00 pm - 4:00 pm 2019-005  Emerging Infectious Disease: A Discussion of New and Upcoming Infections

CE Hours: 3.0

Location: Windsor Room

Pharmacology CE Hours: 3.0

Speaker: Wendy Wright, FNP, FAANP, FAAN, FNAP

4:00 pm - 5:00 pm Dinner Buffet and Vendor Displays in Windsor Room

Session 2 – Concurrent/Intensive

5:00 pm - 7:00 pm 2019-006  Headache Management in Primary Care

CE Hours: 2.0

Location: St. Moritz Room

Pharmacology CE Hours: 1.0

Speaker: Cindy Cooke DNP, FNP-C, FAANP

5:00 pm - 7:00 pm 2019-007  Metabolic Syndrome

CE Hours: 2.0

Location: Innsbruck Room

Pharmacology CE Hours: 1.0

Speaker: Angie Golden DNP, FNP-C, FAANP

5:00 pm - 7:00 pm 2019-008  Talking with Vaccine Hesitant Patients and Families: What Can You Say or Do? CE Hours: 2.0

Location: Windsor Room

Pharmacology CE Hours: 2.0

Speaker: Wendy Wright, FNP, FAANP, FAAN, FNAP

CONFERENCE SCHEDULE - FRIDAY, NOVEMBER 8, 2019

6:45 am - 3:00 pm **Registration open in conference center lobby**
7:00 am - 8:00 am **Hot Breakfast Buffet and Vendor Displays in Vienna Room**
8:00 am - 8:15 am **Welcome, Announcements and Scholarship Awards in Windsor Room**

Session 3 - General/Keynote Address

8:15 am - 9:45 am **2019-009  A Chronic Pain World without Opioids: Non-Opioid Medications** CE Hours: 1.5
Location: Windsor Room Pharmacology CE Hours: 1.0
Speaker: Brett Snodgrass FNP-C, CPE, FACPP, FAANP

9:45 am – 10:15 am *Break and Vendor Displays in Vienna Room*

Session 4 - Concurrent

10:15 am - 11:15 am **2019-010  Thyroid Management in Primary Care** CE Hours: 1.0
Location: Innsbruck Room Pharmacology CE Hours: 0.5
Speaker: Cindy Cooke DNP, FNP-C, FAANP

10:15 am - 11:15 am **2019-011  Using Laboratory Results to Make the Diagnosis** CE Hours: 1.0
Location: Heidelberg Room Pharmacology CE Hours: 0.5
Speaker: Angie Golden DNP, FNP-C, FAANP

10:15 am - 11:15 am **2019-012  UTIs/STI Hitting Below the Belt** CE Hours: 1.0
Location: Windsor Room Pharmacology CE Hours: 0.5
Speaker: Brett Snodgrass FNP-C, CPE, FACPP, FAANP

10:15 am - 11:15 am **2019-013  Breast Care Prevention & Screening Update** CE Hours: 1.0
Location: Madrid Room Pharmacology CE Hours: 0.25
Speaker: Lori Ranallo, APRN-BC, CBCN

Session 5 - General

11:30 am - 12:30 pm **2019-014  General Session: Caring for Military Families** CE Hours: 1.0
Location: Windsor Room Pharmacology CE Hours: 0.25
Speaker: Cindy Cooke DNP, FNP-C, FAANP

12:30 pm - 2:00 pm *Hot Chef-Prepared Lunch Buffet and Vendor Displays in Vienna Room*

Session 6 - Concurrent

2:00 pm - 3:00 pm **2019-015 Mindfulness with Patients & in Practice** CE Hours: 1.0
Location: Madrid Room Pharmacology CE Hours: 0.0
Speaker: Leigh Hale, MEd, Certified Mindfulness Instructor

2:00 pm - 3:00 pm **2019-016  Breast Cancer in Primary Care** CE Hours: 1.0
Location: Heidelberg Room Pharmacology CE Hours: 0.25
Speaker: Lori Ranallo, APRN-BC, CBCN

2:00 pm - 3:00 pm **2019-017  Asthma in Primary Care** CE Hours: 1.0
Location: Innsbruck Room Pharmacology CE Hours: 0.5
Speaker: Cindy Cooke DNP, FNP-C, FAANP

2:00 pm - 3:00 pm **2019-018  Pharmacologic Therapies for Pain: What's the Danger and Who's at Risk** CE Hours: 1.0
Location: Windsor Room Pharmacology CE Hours: 1.0
Speaker: Brett Snodgrass FNP-C, CPE, FACPP, FAANP

CONFERENCE SCHEDULE - FRIDAY, NOVEMBER 8, 2019 (continued)

3:00 pm – 3:30 pm *Break and Vendor Displays in Vienna Room*

Session 7 - General

3:30 pm - 4:45 pm **2019-019 ☒ Diabetes-Who, What, Where, & When**
Location: Windsor Room
Speakers: Brett Snodgrass FNP-C, CPE, FACPP, FAANP

CE Hours: 1.25
Pharmacology CE Hours: 1.0

4:45 pm - 5:00 pm *Announcements, Prize Winners in Windsor Room*

Poster Presentations and Networking Reception

5:00 pm - 6:30 pm **2019-020 Poster**
Location: Pre-Conference area/Windsor

CONFERENCE SCHEDULE - SATURDAY, NOVEMBER 9, 2019

7:00 am - 8:00 am **Registration open in conference center lobby**
7:00 am - 8:00 am ***Hot Breakfast Buffet and Vendor Displays in Vienna Room***

Session 8 - General

8:00 am - 9:15 am **2019-021 ☒ Anti-Obesity Medications: Initiation When & How.**
Location: Windsor Room
Speaker: Angie Golden DNP, FNP-C, FAANP

CE Hours: 1.25
Pharmacology CE Hours: 1.25

Session 9 - Concurrent

9:30 am - 10:30 am **2019-022 ☒ Anxiety & Depression in Primary Care**
Location: Heidelberg Room
Speaker: Vu Le, M.D.

CE Hours: 1.0
Pharmacology CE Hours: 0.5

9:30 am - 10:30 am **2019-023 ☒ Cannabis-What Providers Need to Know**
Location: Windsor Room
Speaker: Paula Wiesehan, DNP FPMHNP-BC FNP-BC

CE Hours: 1.0
Pharmacology CE Hours: 1.0

9:30 am - 10:30 am **2019-025 ☒ Pediatric Dermatology**
Location: Madrid Room
Speaker: Stephanie Kronberg FNP

CE Hours: 1.0
Pharmacology CE Hours: 0.5

9:30 am - 10:30 am **2019-025 ☒ Caring for Women with PCOS**
Location: Innsbruck Room
Speaker: Rebecca Fay, DNP, APRN, CNM, WHNP-BC, FACNM

CE Hours: 1.0
Pharmacology CE Hours: 0.5

10:30 am – 11:00 am *Break and Vendor Displays in Vienna Room*

11:00 am – 11:05 am *Closing Remarks in Windsor Room*

Session 10 - General

11:05 am - 12:20 pm **2019-026 ☒ HTN-The Latest Guidelines**
Location: Windsor Room
Speaker: Brett Snodgrass FNP-C, CPE, FACPP, FAANP

CE Hours: 1.25
Pharmacology CE Hours: 1.0