

UCSF

46th Annual

Advances in Internal Medicine

May 7-11, 2018 • June 18-22, 2018

Now in its 46th year, this course reviews the most recent developments and current controversies in the field of internal medicine. Particular emphasis will be placed on topics of clinical relevance to the practicing physician. The course will include:

Didactic Lectures – Clinically active faculty from the Department of Medicine will emphasize recent clinical advances.

Year-in-Review Literature Reviews – Faculty will review major articles from the general medical specialty literature with immediate importance to clinical practice.

Clinical Dilemmas – In addition to case presentations to illustrate current management strategies, a special session on clinical problem-solving will be included.

Questions and Answers – Ample time will be provided for specific questions and discussions of problems commonly encountered by course participants.

Internal Medicine Topics – Areas to be covered include cardiology, geriatrics, endocrinology, general internal medicine, women's health, infectious diseases, gastroenterology, hematology and oncology, neurology, rheumatology, and pulmonary disease.

Multidisciplinary Topics – Additional topics of interest to the practicing internist will include issues in women's health, geriatrics, emergency & hospital medicine, and neurology.

Advances in Internal Medicine is presented by the Department of Medicine and is sponsored by the Office of Continuing Medical Education of the University of California, San Francisco School of Medicine.

GREENER MEETING

We're saving paper! The syllabus will be available electronically prior to the course. A printed syllabus book is also available for purchase for an additional \$40

TARGET AUDIENCE

This course is designed for practicing internists, family practitioners, and other primary care health professionals. It is also appropriate for hospitalists who wish to stay current on recent developments in internal medicine beyond the inpatient setting.

OBJECTIVES

The purpose of this course is to increase competence and improve clinician practice in internal medicine. We specifically anticipate improvements in skills and strategies to:

- Better manage commonly encountered chronic medical problems such as hyperlipidemia, diabetes, osteoporosis, obstructive lung disease, gout, and headaches, as well as acute conditions such as skin and soft tissue infections, diarrhea, and musculoskeletal injuries;
- Bring practice patterns more in line with current evidence and guidelines with respect to atrial fibrillation, coronary artery disease, chronic kidney disease, anticoagulation management, contraception, and preoperative medical evaluation;
- Manage common problems traditionally treated by specialists, such as heart failure, Hepatitis B & C infections, end-of-life care, rheumatoid arthritis, as well as recognize the indications for referral to a subspecialist.

COURSE CHAIR

H. Quinny Cheng, MD
Professor of Medicine

COURSE FACULTY

(University of California, San Francisco unless indicated)

Theodore Abraham, MD

Professor of Medicine
Co-director, UCSF HCM Center of Excellence
Director, UCSF Adult Cardiac Echocardiography Laboratory

Soraya Azari, MD

Assistant Professor of Medicine
Associate Director, Primary Care Residency Program
Zuckerberg San Francisco General

Robert B. Baron, MD, MS

Professor of Medicine
Associate Dean for Graduate and Continuing Medical Education

Jonathan Carter, MD

Associate Professor of Surgery
Bariatric & Gastrointestinal Surgery Programs
Program Director
Advanced GI Minimally Invasive/Bariatric Surgery Fellowship

Kerry Cho, MD

Professor of Medicine
Department of Nephrology

Stephanie Cohen, MD, MPH

Assistant Professor of Medicine
Division of Infectious Diseases
Medical Director, San Francisco City Clinic

Kenneth Covinsky, MD, MPH

Professor of Medicine
Division of Geriatrics

Madeline Deutsch, MD, MPH

Associate Professor of Clinical Family and Community Medicine
Director, UCSF Transgender Care Center of Excellence for Transgender Health

Niharika Dixit, MD

Associate Professor of Medicine

Rena Fox, MD

Professor of Medicine

Yaron B. Gesthalter, MD

Assistant Professor of Pulmonary & Critical Care Medicine

Jonathan Graf, MD

Associate Professor of Medicine
Department of Rheumatology

Harry Hollander, MD

Professor of Medicine, Division of Infectious Diseases; Director
Internal Medicine Residency Training Program

COURSE FACULTY (CONT'D)

S. Andrew Josephson, MD

Carmen Castro Franceschi and Gladys K. Mitchell
Neurohospitalist Distinguished Professor and Chair,
Department of Neurology

Maya Katz, MD

Assistant Professor of Neurology

Jeffrey Kohlwes, MD, MPH

Associate Professor of Medicine
Director, VAMC PRIME Program
Associate Program Director
Internal Medicine Residency

Andrew D. Leavitt, MD

Professor of Medicine (Hematology) and of Laboratory Medicine
Medical Director, UCSF Adult Blood and Marrow Transplant Laboratory

Chienying Liu, MD

Professor of Medicine
Division of Endocrinology and Metabolism

Umesh Masharani, MB, BS, MRCP

Professor of Medicine
Division of Endocrinology and Metabolism

Michelle Melisko, MD

Professor of Medicine (Hematology) and of Laboratory Medicine

Bradley Monash, MD

Assistant Professor of Medicine and Pediatrics; Chief of Medicine Service

Elizabeth J. Murphy, MD, DPhil

Professor of Medicine
Chief, Division of Endocrinology and Metabolism
Zuckerberg San Francisco General

Susan Philip, MD

Assistant Professor of Medicine
Center for AIDS Research
Zuckerberg San Francisco General

Thomas A. Ports, MD

Professor of Medicine
Chief, Interventional Cardiology

Laura Rosow, MD

Neurologist
Associate Director, UCSF ALS Center

Hope Rugo, MD

Professor of Medicine
Director, Breast Oncology and Clinical Trial Education
UCSF Helen Diller Family Comprehensive Cancer Center

COURSE FACULTY (CONT'D)

Brian S. Schwartz, MD

Associate Professor of Medicine
Division of Infectious Diseases

Rupal Shah, MD

Assistant Professor of Medicine
Director, UCSF Interstitial Lung Disease Program

Carlin Senter, MD

Assistant Professor of Medicine and of Orthopaedic Surgery

Bradley A. Sharpe, MD

Associate Professor of Medicine
Division of Hospital Medicine
Associate Chief, Medical Service
Associate Program Director
Internal Medicine Residency Program

Amandeep Shergill, MD

Assistant Professor of Medicine
San Francisco VA Medical Center

Kanade Shinkai, MD, PhD

Associate Professor of Dermatology
Program Director, Dermatology Residency Program

Krishan Soni, MD, MBA, FACC

Assistant Professor of Medicine
Division of Cardiology
Director of Value Improvement for DOM-UCSF Health Subspecialty Services

John Teerlink, MD, FACC, FAHA, FESC, FRCP

Professor of Medicine
Director, Heart Failure Program and Clinical Echocardiography Laboratory
San Francisco VA Medical Center

Neeta Thakur, MD, MPH

Assistant Professor of Medicine

Judith M.E. Walsh, MD, MPH

Professor of Medicine; Women's Health Clinical Research Center

Eric Widera, MD

Assistant Professor of Medicine; Director, Hospice & Palliative Care
San Francisco VA Medical Center

Lisa G. Winston, MD

Professor of Medicine
Division of Infectious Diseases; Vice Chief, Inpatient Medical Services and Hospital Epidemiologist,
Zuckerberg San Francisco General Hospital

Upcoming CME Courses

Essentials of Women's Health: An Integrated Approach to Primary Care and Office Gynecology

July 1-6, 2018
Big Island, HI

Essentials of Primary Care: A Core Curriculum for Ambulatory Practice

August 5-10, 2018
North Lake Tahoe, CA

Primary Care Medicine: Principles and Practices

October 10-12, 2018
San Francisco, CA

Management of the Hospitalized Patient

October 18-20, 2018
San Francisco, CA

Controversies in Women's Health

December 6-7, 2018
San Francisco, CA

UCSF

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San Francisco
Office of Continuing
Medical Education
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San Francisco, CA
94143-0742

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cme.ucsf.edu

You may also reach
us by contacting the
Office of CME at
(415) 476-4251 or
emailing
info@ocme.ucsf.edu.

Presented by the Department of Medicine
University of California, San Francisco

UCSF

46th Annual

Advances in Internal Medicine

HOLIDAY INN GOLDEN GATEWAY • SAN FRANCISCO, CA
COLE HALL, PARNASSUS CAMPUS • SAN FRANCISCO, CA
MAY 7-11, 2018
JUNE 18-22, 2018

COURSE CHAIR

Hugo Quinny Cheng, MD
Professor of Medicine
University of California,
San Francisco

Earn a Full Year's MOC & CME Credit Requirements
Features an Electronic Audience Response System

Advances in Internal Medicine

May 7-11, 2018 • Holiday Inn Golden Gateway
June 18-22, 2018 • UCSF Parnassus Campus (Cole Hall)

Monday • May 7 and June 18

7:00 am	Registration and Continental Breakfast	
8:00	Welcome and Overview	H. Quinny Cheng, MD
CARDIOLOGY • Moderator: Thomas A. Ports, MD		
8:10	G Updates on Heart Failure	John Teerlink, MD, FACC, FAHA, FESC, FRCP
9:00	Evaluation of the Athlete	Theodore Abrahams, MD
9:50	Coffee Break	
10:10	G Update on Interventional Cardiology	Krishan Soni, MD, MBA, FACC
11:00	Thyroid Cases	Chienying Liu, MD
11:50 am	Lunch on Own	
GERIATRICS • Moderator: Eric Widera, MD		
1:20	G Geriatrics & Palliative Care: Year in Review	Eric Widera, MD/ Kenneth Covinsky, MD
2:50	Coffee Break	
ENDOCRINOLOGY • Moderator: Umesh Masharani, MB, BS, MRCP		
3:10	G Diabetes Prevention: What Works?	Elizabeth J. Murphy, MD, DPhil
4:00	P Keynote: Safer Opiate Prescribing	Soraya Azari, MD
4:50 pm	Adjourn	

Tuesday • May 8 and June 19

7:30 am	Registration and Continental Breakfast	
GENERAL INTERNAL MEDICINE & WOMEN'S HEALTH • Moderator: Robert B. Baron, MD, MS		
8:00	Current Concepts in Caring for Transgender Patients	Madeline Deutsch, MD, MPH
8:50	Current Issues in Hepatitis	Rena Fox, MD
9:40	Coffee Break	
10:00	G Managing Hypertension in 2018: How Do We Work With Conflicting Data and Conflicting Guidelines?	Robert B. Baron, MD, MS
10:50	Updates in General Internal Medicine: Year in Review	Jeffrey Kohlwes, MD, MPH
11:40 am	Lunch	
1:10pm	P Understanding Sports Concussions: Should Our Kids Be Playing Contact Sports?	Carlin Senter, MD
2:00	Update in Women's Health: Year in Review	Judith M.E. Walsh, MD, MPH
2:50	Coffee Break	
HOSPITAL MEDICINE • Moderator: H. Quinny Cheng, MD		
3:10	Updates in Hospital Medicine	Bradley A. Sharpe, MD
4:00	Updates in Perioperative Medicine	H. Quinny Cheng, MD
4:50 pm	Adjourn	

G - Satisfies the California requirement for Geriatric CME
P - Satisfies the California requirement for Pain CME

Wednesday • May 9 and June 20

7:00 am	Registration and Continental Breakfast	
INFECTIOUS DISEASES • Moderator: Lisa G. Winston, MD		
8:00	Cutaneous Infections	Kanade Shinkai, MD, PhD
8:50	Vaccines: What's New?	Lisa Winston, MD
9:40	Coffee Break	
10:00	UTI Update	Brian S. Schwartz, MD
10:50	STDs - Now More Than Ever	Stephanie Cohen, MD, MPH (May) Susan Philip, MD (June)
11:40 am	Lunch	
1:10pm	Clinical Problem Solving	Harry Hollander, MD
GASTROENTEROLOGY • Moderator: H. Quinny Cheng, MD		
2:00	Celiac Disease & Gluten Sensitivity	Amandeep Shergill, MD
2:50	Coffee Break	
3:10	Update on Bariatric Surgery	Jonathan Carter, MD
4:00	Cognitive Heuristics & Preventing Diagnostic Errors	Bradley Monash, MD
4:50 pm	Adjourn	

Thursday • May 10 and June 21

7:30 am	Registration and Continental Breakfast	
HEMATOLOGY AND ONCOLOGY • Moderator: Hope Rugo, MD		
8:00	Updates in Hematology: Thrombosis & Cytopenias	Andrew D. Leavitt, MD
8:50	Updates in Cancer Screening	Niharika Dixit, MD
9:40	Coffee Break	
10:00	Cancer Survivorship: What You Need to Know	Michelle Melisko, MD
10:50	Nephrology Updates & Perspectives for the Generalist	Kerry Cho, MD
11:40 am	Lunch	
NEUROLOGY • Moderator: S. Andrew Josephson, MD		
1:10pm	Neuropathy Pearls for the Generalist	Laura Rosow, MD
2:00	Parkinson's Disease 2018	Maya Katz, MD
2:50	Coffee Break	
RHEUMATOLOGY • Moderator: Jonathan Graf, MD		
3:10	GP The Year in Review in Rheumatology	Jonathan Graf, MD
4:00	GP Advances in Rheumatoid Arthritis: Diagnosis, Prognosis & Treatment	Jonathan Graf, MD
4:50 pm	Adjourn	

Friday • May 11 and June 22

7:30 am	Registration and Continental Breakfast	
PULMONARY • Moderator: H. Quinny Cheng, MD		
8:00	Interstitial Lung Disease	Rupal Shah, MD
8:50	Asthma Updates	Neeta Thakur, MD, MPH
9:40	Coffee Break	
10:00	Diagnostic & Therapeutic Approaches for Pleural Disease	Yaron B. Gesthalter, MD
10:50	Advances in Internal Medicine Quiz Show: What Have We Learned?	H. Quinny Cheng, MD
11:40 am	Adjourn	

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **30.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include **7.50** geriatric credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Pain Management and Care for the Terminally Ill: The approved credits shown above include **2.50 AMA PRA Category 1 Credits™** towards meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally Ill.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME.

GENERAL INFORMATION

Advanced registration closes two (2) business days prior to start of course.

REGISTRATION INFORMATION

Tuition: **\$950** Practicing Physicians
\$750 Nurses/Pharmacists/Physicians Assistants/Allied Health Professionals/Residents/Fellows

GREENER MEETING

We're saving paper! The syllabus will be available electronically one week prior to the course. Optional purchase of a printed syllabus is available for an additional **\$40**.

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA

Online: **cme.ucsf.edu**

Mail: Complete course registration form and send with payment to:

UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: **cme.ucsf.edu**

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a **\$100** administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

The **May Session** of this conference will take place at the **Holiday Inn Golden Gateway Hotel**. Featuring chic décor, a new restaurant, and a central location, while still offering affordable rates compared to other San Francisco hotels, this full-service hotel is centered between Nob Hill, Fisherman's Wharf, and the Golden Gate Bridge, which offers an oasis for San Francisco hotel guests looking for a true city experience.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA category 1 credit for the PRA for organizations accredited by the ACCME.

American Board of Internal Medicine (ABIM) MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **30.25 MOC** points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

CONFERENCE LOCATION (CONT'D)

A block of guestrooms has been reserved at the special UCSF conference rate of **\$219/night** for the May session. You are urged to make your reservations early. The cut-off date is **April 6, 2018**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, go to **cme.ucsf.edu** and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call **800-272-7098** and please identify yourself as a member of this UCSF conference to receive the special rate.

The **June Session** is being held at Cole Hall on the UCSF Parnassus Campus at 513 Parnassus Avenue. Our preferred location for room reservations is the Stanyan Park Hotel, conveniently located at 750 Stanyan Street (cross street: Waller). The Stanyan Park Hotel is offering a starting rate of **\$208/night**. Additional upgraded room rates are available. To make your reservation, call **415-751-1000**.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to convention number **# 03BW0137**, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:

United – www.united.com code: **Z226868008**

Please check our website for up-to-date information on the course: **cme.ucsf.edu**

46TH ANNUAL ADVANCES IN INTERNAL MEDICINE

May 7-11, 2018 Holiday Inn Golden Gateway	MDM18M19
June 18-22, 2018 UCSF Parnassus Campus, Cole Hall	MDM18M20

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

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Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____/____/XX
Month Day

Please indicate if you have any special needs: _____

Registration Fees

- ☐ **\$950** Practicing Physicians
- ☐ **\$750** Nurses/Pharmacists/Physicians Assistants/Allied Health Professionals/Residents/Fellows

☐ **\$40** Optional Printed Syllabus

Course (Select One):

- ☐ **May 7-11, 2018** MDM18M19 – Holiday Inn Golden Gateway • San Francisco, CA
- ☐ **June 18-22, 2018** MDM18M20 – UCSF Parnassus Campus, Cole Hall • San Francisco, CA

Make checks payable to *UC Regents*

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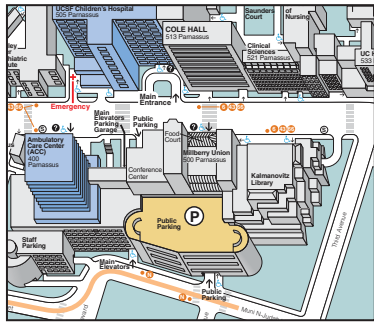
Card #	Expiration date	
Name on Card (Please Print)		Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: **cme.ucsf.edu**



Holiday Inn Golden Gateway
1500 Van Ness Avenue
San Francisco, CA 94109
(415) 441-4000



UCSF Parnassus Campus
Cole Hall, Medical Sciences Building
513 Parnassus Avenue
San Francisco, CA 94122

cme.ucsf.edu

Course Registration Form

general info