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EPEC®
Education in Palliative and End-of-life Care

Northwestern University
Feinberg School of Medicine
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www.epec.net



EPEC®
Education in Palliative and End-of-life Care

PRESENTS

The 19th Annual EPEC Trainer Conferences and Professional Development Workshop

SEPTEMBER 13-15, 2018
HYATT LODGE AT MCDONALD'S CAMPUS | OAK BROOK, IL

Northwestern University
Feinberg School of Medicine

312-503-EPEC (3732)
www.epec.net



3 Days, 3 Conferences

EPEC's annual event features 3 distinct conference opportunities. On days 1 & 2, attendees can choose to attend the "Become an EPEC Trainer" or the "Become an EPEC-Emergency Medicine Trainer" (EM) conference. The "Professional Development Workshop" (PDW) will be held on Day 3 and can be attended separately or in conjunction with either "Become a Trainer" conference.

"Become an EPEC Trainer" and "Become and EPEC-EM Trainer" conferences lead to participants becoming certified EPEC Trainers who can implement effective palliative care practices at their home institutions and teach others to do the same. The PDW provides opportunities to practice and further enhance teaching and leadership skills.

Why EPEC?

The Education in Palliative and End-of-life Care (EPEC) program, founded in 1999, uses a high-impact, high dissemination curriculum to spread primary palliative care competencies to health care providers across the US and the world. More than 3,500 EPEC Trainers in the US and 25 countries abroad teach the EPEC curriculum to thousands of their colleagues each year. The EPEC program:

- » is built upon a comprehensive, interdisciplinary palliative care curriculum written and continually updated by experts in the field.
- » provides a unique opportunity to learn to teach palliative care to colleagues.
- » allows for hands-on practice to train in effective educational techniques to reach adult learners, including *case-based teaching, role play, and interactive lectures*.
- » is led by experienced palliative care faculty and maintains a very low faculty-to-participant ratio. (*1:25 in Trainer conferences, 1:8 in the PDW*)



This year's conference will be held at Hamburger University in Oak Brook, IL, just outside of Chicago. The bridge (pictured on the cover) connects participants of our conference with the Hyatt Lodge. Hotel reservation information can be found on the Conference Registration and Pricing information page of this brochure.

Conference Registration and Pricing

To register for a conference, go to www.epec.net to complete the online registration form. For more information, please call us at 312-503-3732. Refunds minus a \$50 handling fee will be granted if requested prior to August 1, 2018. Refunds will not be given after this date. Registration fees can be applied to participation in a future equivalent conference.

	Before Aug 31	After Sep 1
EPEC* Sep 13-14	\$1295	\$1395
EPEC-EM* Sep 13-14	\$1295	\$1395
Professional Development Workshop** (PDW) Sep 15	\$695	\$795
EPEC or EPEC - EM and PDW Sep 13-15	\$1750	\$1950

Conference fees include: breakfast and lunch each day, electronic copies of all curricula and video vignettes.

Hotel Information

The conference will be held at Hamburger University, located at 2715 Jorie Blvd, Oak Brook, IL 60523. Call the Hyatt Lodge for reservations at 888-421-1442 and mention the "Annual EPEC Conference and PDW" to receive our discounted rate of \$169.

Rush University Medical Center is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

*Rush University Medical Center designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credit(s). Physicians should claim only credit commensurate with the extent of their participation in the activity.

ANCC Credit Designation – Nurses, the max number of hours awarded for this CE activity is 14.75 contact hours.

**Rush University Medical Center designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credit(s). Physicians should claim only credit commensurate with the extent of their participation in the activity.

ANCC Credit Designation – Nurses, the max number of hours awarded for this CE activity is 7.75 contact hours.

This activity is being presented without bias and without commercial support.

Rush University is an approved provider for physical therapy (216.000272), occupational therapy, respiratory therapy, social work (159.001203), nutrition, speech-audiology, and psychology by the Illinois Department of Professional Regulation.



Conference Faculty

Master Facilitators

Arthur R. Derse, MD, JD
Director, Center for Bioethics and
Medical Humanities
Medical College of Wisconsin
Milwaukee, WI
Master Facilitator, EPEC and EPEC-EM

Paul DeSandre, DO
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Fellowship Director, Palliative Care
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Master Facilitator, EPEC and PDW

Co-Facilitators

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Emory University
Atlanta, GA
Co-Facilitator, EPEC-EM

Joseph Shega, MD
Senior Vice President and National
Medical Director for VITAS
Healthcare
Gotha, FL
Co-Facilitator, EPEC

DISTANCE LEARNING

EPEC also offers distance learning options. More information can be found on our website at www.epec.net. Organizations interested in licensing EPEC Distance Learning for a discounted group rate should contact Veronica Saldana at 312-503-EPEC (3732) or e-mail epec@northwestern.edu.

‘Become an EPEC Trainer’ Conference

The ‘Become an EPEC Trainer’ is the core EPEC curriculum aimed at clinicians of all disciplines who care for seriously ill patients. This conference teaches essential palliative care competencies and also provides electronic copies of the slides and videos as well as teacher notes and a chapter on each topic so participants can teach others when they return to their home setting.

September 13 8:00 a.m. to 5:00 p.m.

- » Elements and Gaps of Care
- » Whole Patient Assessment and Goals of Care
- » Communicating Bad News
- » Pain Management
- » Psychosocial Issues
- » Depression, Anxiety & Delirium
- » Physical Symptoms
- » Legal Issues

September 14 8:00 a.m. to 4:30 p.m.

- » Medical Futility
- » Physician-Assisted Suicide
- » Withholding/Withdrawing Therapy
- » Last Hours of Living
- » Professional Self-Care
- » Planning an Educational Event
- » Next Steps

EPEC OBJECTIVES

At the conclusion of this conference, participants will be able to:

- » describe the gaps in and elements and models of end-of-life care and related legal issues.
- » explain the principles of pain management and recognize other common symptoms, including dyspnea, nausea/vomiting, constipation, depression, anxiety, and delirium.
- » state strategies to address requests for physician-assisted suicide, sudden illness, medical futility, and withholding/withdrawing therapy.
- » identify approaches to effective communication, decision making about goals of care, advance care planning, and whole patient assessment.
- » improve palliative care teaching skills.

'Become an EPEC-Emergency Medicine Trainer' Conference

The 'Become an EPEC - EM Trainer' Conference is an adaptation of the core EPEC curriculum focused on Palliative Care in the Emergency Department. This conference teaches essential palliative care competencies and also provides electronic copies of the slides and videos as well as teacher notes and a chapter on each topic so participants can teach others when they return to their home setting.

September 13 8:00 a.m. to 5:45 p.m.

- » Ethical and Legal Issues
- » Trajectories and Prognoses
- » Rapid Palliative Care Assessment
- » Goals of Care
- » Advance Care Planning
- » Caring for Hospice Patients
- » Psychosocial Aspects of Care
- » Withholding/Withdrawing Therapy
- » Family-witnessed Resuscitation
- » Breaking Bad News

September 14 8:00 a.m. to 5:00 p.m.

- » Common Symptoms
- » Chronic Pain
- » Malignant Pain
- » Complications of Cancer
- » Last Hours of Living
- » Teaching Palliative Care in the ED
 - Interactive Teaching
 - Role Playing
 - Case-based Teaching

EPEC-EM OBJECTIVES

At the conclusion of this conference, participants will be able to:

- » describe elements, models of, and legal issues pertinent to end-of-life care in the emergency setting.
- » explain the principles used in the rapid assessment of patients near the end-of-life.
- » describe rapid communication strategies, how to successfully implement family-witnessed resuscitation, how to communicate effectively, guide decision making.
- » improve palliative care teaching skills.

Professional Development Workshop

The target audience for this workshop is those who want to further enhance their teaching and leadership skills. The Professional Development Workshop (PDW) features in-depth teaching and feedback opportunities for participants, and is a required course for participants interested in becoming EPEC Master Facilitators.

September 15 8:00 a.m. to 5:00 p.m

Improving Teaching Skills

- » Know Your Curriculum: Structure and background of EPEC
- » Giving Interactive Lectures
- » Facilitating small group discussions
- » Teaching with Role Play

PDW OBJECTIVES

At the conclusion of this conference, participants will be able to:

- » Describe adult learning theory and recognize how clinicians learn.
- » Practice giving interactive lectures.
- » Practice facilitating small group teaching.
- » Practice running a role play.