



QRC: 2963

Price

One Day : \$385 inc. GST

Two Days: \$506 inc. GST

Date

19 - 20 Jun 2017

Venue

Hotel IBIS Perth

334 Murray Street , Perth, WA, 6000

CPD Hours

10 Hours | 45 Mins

Wound Management: A Practical Guide 2017

Two-day Seminar: includes healing, leg ulcers, chronic wounds, diabetes, wound bed preparation, inflammation and Infection, dressings and much, much more...

Need for Program

There is a growing gap between known best-practice wound management and current wound care. Many health professionals are required to care for people who have wounds as part of their clinical role. As new evidence is rapidly emerging about this area of professional practice it is essential that interprofessional education be made available to those whose practice includes wound management. New wound management products are entering the market each year which are increasingly sophisticated, meaning that health professionals need clarity and guidance regarding their use and efficacy. Wound management knowledge and practices must be regularly updated in order to maximise opportunities for healing, reduce the overall impact on the patient and help to reduce the duration and cost of care. It is therefore essential that practitioners have regular access to up-to-date, evidence-based information on best-practice wound management if they are to be effective in achieving desired patient outcomes.

Purpose of Program

The purpose of this interprofessional foundational program is to educate nurses and other health professionals about best-practice wound management. It is also intended to provide practitioners with up-to-date information, tools, resources and strategies relating to wound care that can be immediately implemented in the healthcare setting.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Correlate knowledge of the aetiology of common chronic wounds and related pathophysiology with factors that impact on healing
- Determine a systematic approach for assessing and managing a wound to optimise healing

- Apply best-practice principles in the selection of appropriate dressings
- Critique different approaches to managing a range of acute wounds

Program Schedule

Day One

8:30am - Registration and Refreshments

9:00am

Wound Management - The Big Picture

This introductory session looks at modern wound management - the challenges of wounds, trends in care, best-practice resources and how this program will address these issues. Topics include:

- What is the burden of chronic wounds in today's society?
 - How does the healthcare system impact on person-centred care?
 - Why do best-practice resources significantly help in planning management?
 - How will these two days be structured to enhance your knowledge of wound management?
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9:45am

The How and Why of How Wounds Heal...or Not

Refresh your knowledge on the process of wound healing and discover the latest information about the factors that delay or impede effective outcomes. Topics include:

- What is a wound?
 - How do wounds heal?
 - What delays or prevents healing?
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10:30am - Morning Tea and Coffee

11:00pm

Principles of Chronic Wound Assessment

Competent assessment of a chronic wound is imperative for correct management. Assessment involves a range of considerations including the wound, the person and their environment. Topics include:

- What tools can you use to ensure you do not miss anything during your assessment?
 - How do personal characteristics and the environment impact on wound healing?
 - How do you document your assessment?
 - How do you know if the wound will heal or not?
 - What are your goals of care and how do you set them?
-

12:00pm

Acute and Difficult Wounds, including Skin Tears and Minor Burns

Some wounds are acute and need urgent and appropriate care to facilitate healing. This session will look briefly at a range of acute wounds associated with sudden tissue disruption and damage. Topics include:

- Minor burns
 - Skin tears
 - Skin grafts and donor sites
 - Surgical wound management
 - Skin cancers
-

1:00pm - Lunch Break and Networking

2:00pm

Leg Ulcers - Venous, Arterial and Mixed Ulcers

Today in Australia it is estimated that 400,000 people suffer from venous leg ulcers. There is a strong body of evidence that describes how these ulcers should be managed, but the gap between evidence and practice is wide. This session will clarify how to manage leg ulcers according to the evidence for best outcomes. Topics include:

- What causes leg ulcers?
 - What is the difference between a venous and an arterial ulcer and why is this differentiation very important?
 - How do mixed ulcers manifest?
 - What is the current best practice for leg ulcer management?
-

3:00pm - Afternoon Tea and Coffee

3:15pm

Compression Therapy for Venous Ulcers

Applying compression therapy is not as straightforward as it seems, although it is the cornerstone of venous leg ulcer management. This final session of Day One will round off some practical aspects of venous ulcer management and will describe the underlying principles of compression therapy.

Includes:

- What level of compression is required?
 - What types of compression are available?
 - Should compression therapy be worn in bed?
 - Are there any dangers associated with this therapy?
 - How do you apply compression?
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4:00pm - Close of Day One of Program

Day Two

9:00am - Commencement of Day Two

9:00am

Diabetes and High Risk Feet

Diabetes is the fastest growing condition in the world. Badly controlled diabetes leads to a raft of health problems, including ulcer development and poor healing. This session focuses on the effects that neuropathies and peripheral arterial disease have on the human body and why these cause so many problems once a wound develops. Topics include:

- When a person has complications of diabetes, what pathophysiological changes can be expected?
 - How does this impact on the development of a wound and wound healing?
 - What are the wound management implications for people with poorly controlled diabetes?
 - What is the role of inter-professional management?
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9:45am

Pressure Injuries - Meeting Standards of Care

The National Safety and Quality Health Service Standards (NSQHS) Standard 8 'Preventing and Managing Pressure Injuries' requires 'Clinical leaders and senior managers of the health service organisation [to] implement evidence-based systems to prevent pressure injuries and manage them when they do occur....' This session will provide the relevant knowledge and identify resources to assist practitioners to meet these standards. Topics include:

- What strategies can be used to prevent pressure injuries?
- How do I know it's a pressure injury - including staging?
- What is the management of a pressure injury?

10:30am - Morning Tea and Coffee

11:30am

Wound Bed Preparation

There is a global approach to the local management of a wound called the 'TIME' principles. These principles are helpful in giving a structured guide to the assessment and management of a wound, known as 'Wound Bed Preparation'. This session will examine the 'TIME' principles in some detail.

Session One: Tissue management - cleaning and debridement

- What are the best methods for cleaning a wound?
- What role does debridement have in wound cleansing?

Session Two: Inflammation and infection

- What impact do inflammation and infection have on wound healing?
- What role do antibiotics and antiseptics have?

Session Three: Moisture management

- What is a 'moist' wound?
- What is the function of wound exudate?

Session Four: Edge of the wound and the surrounding skin

- What does the edge of the wound tell you about the wound?
 - Does the condition of the surrounding skin impact on wound healing?
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1:00pm - Lunch Break and Networking

1:45pm

Dressings - Getting the Wound Environment Right

Dressings do not heal wounds. However, dressing selection is an important part of the overall management of the wound environment. A plethora of wound management products exists and this session will take a function-based approach on how to select the right dressing for the right wound. Learn:

- How wound dressings are classified according to function
- How to select the right dressing for the right wound
- When is it time to modify the dressing regimen?
- How to choose a basic range of products for your workplace

3:15pm - Afternoon Tea and Coffee

3:30pm

Putting It All Together

Using case scenarios this final session will give you an opportunity to relate your learning to practice. Includes:

- Consolidating the seminar program into practice
 - Taking your knowledge back to your workplace
 - Sharing your knowledge with others
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4:00pm - Close of Seminar and Evaluations

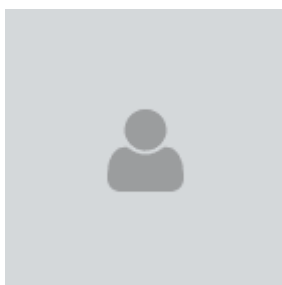
Presenters

Sue Templeton



Sue Templeton is the Nurse Practitioner Wound Management for RDNS SA Ltd. Sue has been involved in wound management since 1987 and has extensive experience in hospital and community sectors, managing individuals with a variety of acute and chronic wounds. Sue is involved with Wounds Australia (formerly AWMA) at both a national and state level and has held several leadership positions. Sue delivers clinical care to individuals with wounds, provides clinical consultancy services, develops and delivers education to health practitioners, develops policies and tools, publishes and presents, and is involved with several significant projects and boards at a local, state and national level. Sue is passionate about improving quality of care and achieving optimal outcomes for all persons with a wound.

Greg Duncan



Greg is a Senior Research Fellow in the Faculty of Medicine, Nursing and Health Sciences at Monash University in Melbourne, and also an independent health services consultant with a focus on aged care services and has a special interest in wound care. He has a special interest and expertise in evidence-based decision making in clinical settings. Greg's research has recently evaluated the burden of chronic wounds on community based people and its impact on their quality of lives, the way they use services and what planning is needed for the future. He teaches and practices wound care in a multidisciplinary context and is very involved with wound care education as part of continuing professional development across the range of health disciplines.

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