

Presented by the
UCSF SCHOOL OF MEDICINE and the UCSF SCHOOL OF NURSING

20th Annual

Developmental Disabilities: Update for Health Professionals

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, MS, ANP, FAAN



UCSF

March 25-26, 2021

LIVE STREAM VIRTUAL CONFERENCE

This activity is developed by a community planning and advisory committee made up of self-advocates and representatives from the following agencies: UCSF, Stanford University, The Arc San Francisco, Golden Gate Regional Center, East Bay Regional Center, State Council on Developmental Disabilities, Support for Families, WITH Foundation, and the California Department of Developmental Services.

Photos courtesy of Support for Families, The Arc San Francisco, and Down Syndrome Connection of the Bay Area

20th Annual

Developmental Disabilities: Update for Health Professionals

LIVE STREAM CONFERENCE

This 20th annual interdisciplinary conference offers a unique update for primary care and subspecialty health care professionals and others who care for children, youth, and adults with developmental disabilities and complex health care needs. This year's conference will be a live stream virtual program, employing a live stream webinar and various user-friendly interactive virtual platforms. The live presentations will be recorded and made available for 30 days so you can review any content you might have missed. As in past pre-pandemic conferences, non-profit exhibitors will be available to provide resources to help you to deliver more informed care for patients and clients of all ages.

Most medical and health professional education programs inadequately address care for people with developmental and intellectual developmental disabilities, although they represent a growing (and aging) population in the US. The pace of new information and research provides us with exciting opportunities to transform

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and improve the quality of care provided to these individuals. Ongoing research confirms racial disparities in access to quality health care and this conference features presentations which include emphasis on cultural differences, political advocacy and education to promote social justice and health equity. In these times unlike any other, the conference covers a broad

spectrum of developmental disabilities, with special focus on autism spectrum disorders, seizure disorders, Down syndrome, and co-morbidities.

Our topics in 2021 include ever-present concerns about COVID-19 and updates on screening, diagnosis, and vaccines as well as associated mental health issues, crisis intervention, and the role of law enforcement related to improving interactions and encounters with children and adults with developmental disabilities. Virtual healthcare has become a reality, and ethical issues are evident within the area of healthcare advocacy. As previously, we are honored to include self-advocates among our faculty. With evidence of increasing numbers of older adults who have developmental disabilities, we are pleased to include among our esteemed speakers Dr. Louise Aronson, author of the best-selling book *Elderhood*.

Several practical presentations describe putting research into practice in genetics, endocrinology, gastroenterology, and neurology. Presentations by our expert faculty should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in the health care of individuals across the lifespan with developmental disabilities, as well as to those in other health-related disciplines including health policy, psychiatry, school health, social work, and case management services. While the conference is designed for health care professionals, we welcome families and individuals with developmental disabilities who wish to learn from the various presentations.

We look forward to welcoming you to the 20th Annual Developmental Disabilities Update Conference and hope that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP and Geraldine Collins-Bride, MS, ANP, FAAN
Conference Co-Chairs

THURSDAY, MARCH 25, 2021

7:30 am	<i>Morning Check-in</i>	
7:50	Welcome and Course Overview	Lucy S. Crain, MD, MPH, FAAP Geraldine Collins-Bride, MS, ANP, FAAN Adiaha Spinks-Franklin, MD, MPH, FAAP
8:00	Differences Matter: Cultural Factors for Children and Adults with Developmental Disabilities	
8:45	Social Justice and UCSF Initiatives	J. Renee Chapman Navarro, PharmD, MD
9:15	Q & A	
9:30	<i>Break</i>	
9:50	Update on COVID-19 - Considerations for Children and Adults with Disabilities	Yvonne (Bonnie) Maldonado, MD
10:30	Impact of COVID-19 on Children and Adults with Disabilities	Georgina Peacock, MD, MPH, FAAP
11:10	Q & A	
11:30	<i>Lunch Break</i>	
1:00 pm	Political Advocacy for Health Equity – A Tribute to Stacey Milburn	Yomi Wrong
1:20	Healthcare Advocacy and Ethics	Sheraden Nicholau
1:40	Virtual Healthcare and People with Developmental Disabilities	Jennifer Dresen, MSW, MPH and Geraldine Collins-Bride, MS, ANP, FAAN
2:00	Q & A	
2:15	<i>Break</i>	
2:30	Mental Health and Crisis Intervention in People with Developmental Disabilities	Jill Hinton, PhD
3:00	Crisis Intervention Team Training and the Role of Law Enforcement	Camilla Bixler and Gregory Yates
3:30	Panel Discussion and Q & A	
3:45	<i>Stretch Break</i>	
ANNUAL SHRIVER LECTURE & AWARD		
3:50	The UCSF Office for Developmental Primary Care	Clarissa C. Kripke, MD, FAAFP
4:30-5:30 pm	<i>Virtual Networking Reception</i>	

FRIDAY, MARCH 26, 2021

8:15 am	<i>Morning Check-in</i>	
8:25	Welcome and Daily Overview	Lucy S. Crain, MD, MPH, FAAP Geraldine Collins-Bride, MS, ANP, FAAN Noemi A. Spinazzi, MD, FAAP
8:30	Down Syndrome and Autism Spectrum Disorders	
9:10	ADHD and Autism	Adiaha Spinks-Franklin, MD, MPH, FAAP
9:40	Special Olympics: More Than Just Medals	Alicia Bazzano, MD, PhD, MPH and Allen Wong, DDS, EdD
10:10	Q & A	
10:30	<i>Break</i>	
11:00	“Elderhood” and Disabilities That Go Along with Old Age	Louise Aronson, MD, MFA
11:30	Q & A	
11:35	Gastroesophageal Reflux Disease	Lauren Alexander, RN, MSN, ANP-BC
11:55	Constipation	Maria Josephina Gomez, NP
12:15 pm	Q & A	
12:25	<i>Lunch Break</i>	
THE CUTTING EDGE		
1:15	Girls and Women with Autism Spectrum Disorders	Christine Wu Nordahl, PhD
1:45	Genetics – Putting Research into Practice	Randi J. Hagerman, MD, FAAP
2:25	Q & A	
2:35	Prader Willi Syndrome and Other Endocrinopathies with Developmental Disabilities	Diane E. J. Stafford, MD
2:55	Q & A	
3:00	<i>Break</i>	
3:15	Neurodevelopmental Considerations in Autism Spectrum Disorders	Audrey Foster-Barber, MD, PhD
3:45	Epilepsy Management	Joseph Sullivan, MD
4:15	Q & A	
4:30 pm	<i>Closing Remarks</i>	

program

CHAIRS

Lucy S. Crain, MD, MPH, FAAP
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Adjunct Professor of Pediatrics,
Stanford University

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ANP, FAAN**

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GUEST FACULTY

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Lucile Packard Children's Hospital
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Sheraden Nicholau

Regional Manager, Bay Area
State Council on Developmental
Disabilities

GUEST FACULTY (CONT'D)

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Pacific Dugoni School of Dentistry
Professor and Director AEGD
Program; Director Hospital Dentistry
Program; Global Clinical Advisor,
Special Olympics Special Smiles
Program

Yomi Wrong

Consultant, Activist and
Disability Justice Worker
Oakland, CA

Gregory Yates

Co-Chair, Autism Asperger Spectrum
Coalition for Education, Networking
and Development (AASCEND)
San Francisco, CA

UCSF FACULTY

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Nurse Practitioner
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Division of Gastroenterology

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San Francisco

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Program Director Child Neurology
Residency; Outpatient Medical
Director for the Pediatric Brain
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California, San Francisco and Benioff
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UCSF Benioff Children's Hospital,
Oakland

Joseph Sullivan, MD
Professor of Neurology and of
Pediatrics; UCSF Weill Institute for
Neurosciences, University of
California San Francisco
Director of the UCSF Pediatric
Epilepsy Center; Benioff Children's
Hospital, San Francisco

faculty

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **13.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

Nursing

For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Physician Assistants

AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME.

Psychology

This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.

Licensed Clinical Social Workers and Marriage & Family Therapists

University of California, San Francisco School of Medicine (UCSF) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSWs, LMFTs, LPCCs, and/or LEPs. UCSF maintains responsibility for this program/course and its content.

Course meets the qualifications for **13.00** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Provider Number: 64239

No instructor or facilitator is permitted to promote or advocate for a single modality of treatment that is discriminatory or likely to harm clients, based upon current accepted standards of practice. All CAMFT-certified education must provide training on how to treat all clients in an ethically and clinically sound manner.



REGISTER TODAY!

For early-bird registration, visit our website at cme.ucsf.edu or call (415) 476-5808. For information, cancellations, concerns, or grievances related to the course, contact the UCSF Office of Continuing Medical Education at info@ocme.ucsf.edu or call (415) 476-4251.

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Photos courtesy of Support for Families, The Arc San Francisco, and Down Syndrome Connection of the Bay Area

UCSF

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**Office of Continuing
Medical Education**

Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143

Learning Objectives

An attendee completing this course will be able to:

1. Approach patient care with an increased awareness of social and cultural differences and disparities, cognitive bias, and implications for healthcare access and quality of care;
2. Discuss state and national advocacy, and policy issues surrounding access to care for those with special needs and creating access to healthcare for children and adults with developmental disabilities in the 21st century;
3. Describe the impact of the COVID-19 pandemic on the developmental disabilities community, the current evidence for prevention and therapeutics, and what to watch for in your patients;
4. Identify the legal and health considerations in interactions with law enforcement and people with developmental disabilities, and implement current strategies and resources for safe crisis intervention and to support de-escalation;
5. Provide informed healthcare for people with autism spectrum disorders, Down syndrome, Prader-Willi and other developmental disabilities and develop strategies for appropriate referral;
6. Counsel individuals and families regarding ADHD, dementia, and other comorbidities of developmental disabilities, and know when and to whom to refer;
7. Increase ability to treat common GI conditions in individuals with developmental disorders;
8. Better understand how continuing neurologic and genetic research holds promise for putting research into practice;
9. Become familiar with educational programs for health professionals to promote advocacy for health equity for all and acknowledge the contributions of the UCSF Office of Developmental Primary Care in those efforts.

REGISTRATION • MOC21001

20th Annual Developmental Disabilities: An Update for Health Professionals

March 25-26, 2021 • LIVE STREAM CONFERENCE



Mail to : UCSF Office of CME
490 Illinois Street, Floor 8
San Francisco, CA 94143

Register online: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs. ☐ Mx.

LAST NAME	FIRST	M.I.
DEGREE		SPECIALTY
ADDRESS		
CITY	STATE	ZIP
DAYTIME PHONE		FAX
EMAIL		

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- ☐ **\$350** Practicing Physicians
(\$450 if postmarked after 1/31/21)
- ☐ **\$250** Nurses, Other Health Professionals, and Trainees
(\$325 after 1/31/21)
- ☐ **\$100** Community Members (no CE/CME credit)

Make checks payable to *UC Regents*

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ American Express for \$ _____

CARD #	_____/_____/_____ EXPIRATION DATE
NAME ON CARD (Please Print)	_____ AUTHORIZED SIGNATURE

Please check our website for up-to-date information on the course: cme.ucsf.edu

GENERAL INFORMATION

Registration for this virtual conference will be available until 3:00 pm on **Friday March 26th**. Registrants will be given instructions to access the conference platform and the electronic course materials 1 week in advance of the conference. Recordings of the talks will be available registrants to view on demand for 30 days post-course. All course times are based on Pacific Standard Time Zone.

How to Enroll

- Tuition: \$350** Practicing Physicians
(\$450 if postmarked after 1/31/21)
- \$250** Nurses, Other Health Professionals, and Trainees
(\$325 after 1/31/21)
- \$100** Community Members
(no CE/CME credit)

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
490 Illinois Street, Floor 8
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808

REFUND POLICY

Cancellations received in writing before March 23rd will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.