

Orthopaedics.

Conference agenda.



ARAB HEALTH

28-31 January 2019 • Dubai World Trade Centre

Orthopaedics Conference.

28 - 31 January 2019, Dubai World Trade Centre, Dubai, UAE.

Theme: 'A comprehensive review of developments and advances in Orthopaedics'

What's new:

- New content including regenerative medicine application in orthopaedics
- Case discussion sessions for more applied learning opportunities
- Reduced price and special rates are now available for Allied Healthcare Professionals*

Key topics:

- Current update of LBP management, from head to toe
- Sacroiliac joint pain: diagnosis and interventional management
- Micro-Discectomy vs. endoscopic transforaminal discectomy: medical based evidence
- Common regional sports Injuries
- Treatment for first-time dislocation of the shoulder
- Diagnosis and treatment of injuries to the AC Joint, SC Joint and Clavicle
- Diagnosis and treatment of common athletic elbow injuries
- Hand tumours
- What is new in treatment of ankle and foot trauma

Who should attend:

- Orthopaedic Surgeons/Consultants/Specialists
- Heads of Orthopaedics
- Orthopaedists
- Sports Medicine Physicians & Surgeons
- Physiatrists
- Physiotherapists
- Orthopaedic Technicians

Benefits of attending:

- Identify and discuss controversies, current treatment guidelines and recent advances in orthopaedic surgery
- Design a clinical approach for the management of common sports injuries
- Review the evaluation and management of common joints problems
- Define current treatment options in complications of proximal humeral fractures
- Develop innovative and effective modalities for MSK practice

**Allied Healthcare Professionals such as Nurses, Physiotherapists, Radiographers and Technicians can contact the Arab Health conference team on +971 4 336 7334 or ahcongress@informa.com to find out more about the special rates. Valid company/employee identification with job designation will be required to avail the special rates.*

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Orthopaedics Conference.

28 - 31 January 2019, Dubai World Trade Centre, Dubai, UAE.

Programme highlights:

Strategy when selecting implant and bearings in total hip replacement in 2019

Prof Per Kjærsgaard-Andersen, President, **European Federation of National Associations of Orthopaedics and Traumatology (EFORT)**; Head of Section for Hip and Knee Replacement, Department of Orthopaedics, **Vejle Hospital, Vejle, Denmark**

Tips and tricks in revision ACL surgery

Dr Geert Declercq, Team Physician, **Belgian National Football Team**; Orthopaedic Surgeon, **AZ Monica Hospital, Antwerp, Belgium**

Selection criteria for ambulatory surgery

Dr Nick Shamie, Spine Surgeon; Chief of Orthopaedic Spine Surgery; Professor of Orthopedic Surgery and Neurosurgery, **UCLA School of Medicine, Santa Monica, California, USA**

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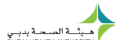
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Official knowledge partner:



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Day one | Wednesday, 30 January 2019.

FOCUS: RECENT ADVANCES IN THE SPINE & SPORT INJURIES

08:00 Welcome coffee

09:20 Opening remarks

Dr Ayman Fahim, Consultant Orthopaedic, Board Certified, Expert in MSK US, Abu Dhabi, UAE

Dr Mark S. Schickendantz, Professor of Surgery; Director - Center for Sports Health, Cleveland Clinic, Cleveland, Ohio, USA

Session 1: Spine I

09:30 Non-surgical treatment of spine pain

Dr Mohamed Ibrahim, Consultant Anaesthesia & Critical Care, NMC Specialty Hospital, Abu Dhabi, UAE

09:50 Spinal orthosis including compliance

Kobra Rahimi, Department of Orthotics & Prosthetics, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

10:10 Sacroiliac joint pain diagnosis and interventional management

Dr Mohamed Ibrahim, Consultant Anaesthesia & Critical Care, NMC Specialty Hospital, Abu Dhabi, UAE

10:30 Brace treatment of deviated spine

Kobra Rahimi, Department of Orthotics & Prosthetics, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

10:50 Cases and discussion

Session faculty

11:00 Coffee break

Session 2: Spine II

11:45 Selection criteria for ambulatory surgery

Dr Nick Shamie, Spine Surgeon; Chief of Orthopaedic Spine Surgery; Professor of Orthopaedic Surgery and Neurosurgery, UCLA School of Medicine, UCLA Medical Center, Santa Monica, California, USA

12:05 Microdiscectomy vs. endoscopic transforaminal discectomy: medical based evidence

Dr Osama Attia, Specialist Orthopaedic Surgeon, Mediclinic, Dubai, UAE

12:25 Novel surgical treatments for cervical spondylosis

Dr Nick Shamie, Spine Surgeon; Chief of Orthopaedic Spine Surgery; Professor of Orthopaedic Surgery and Neurosurgery, UCLA School of Medicine, UCLA Medical Center, Santa Monica, California, USA

12:45 Comparative study of MIS bilateral vs. unilateral TLIF

Dr Osama Attia, Specialist Orthopaedic Surgeon, Mediclinic, Dubai, UAE
13:05 Cases and discussion
Session faculty

13:15 Lunch break and visit exhibition

Session 3: Sports injuries

15:15 Sports injuries of the shoulder

Dr Ali Noorani, Consultant Trauma & Orthopaedic Surgeon, BMI Healthcare, OS Clinic and St Bartholomew's & The Royal London Hospital Upper Limb Service, London, UK

15:35 Sports injuries of the ankle

Dr Nima Heidari, Consultant Foot, Ankle and Limb Reconstruction Surgeon, BMI Healthcare and St Bartholomew's & The Royal London Hospital, London, UK

15:55 Sports injuries of the elbow

Dr Ali Noorani, Consultant Trauma & Orthopaedic Surgeon, BMI Healthcare, OS Clinic and St Bartholomew's & The Royal London Hospital Upper Limb Service, London, UK

16:15 Sports injuries of the foot

Dr Nima Heidari, Consultant Foot, Ankle and Limb Reconstruction Surgeon, BMI Healthcare and St Bartholomew's & The Royal London Hospital, London, UK

16:35 Cases and discussion

Session faculty

Session 4: State-of-the-art lecture

16:50 Current update of LBP management, from head to toe

Dr Osama Attia, Specialist Orthopaedic Surgeon, Mediclinic, Dubai, UAE

17:20 End of day one

Day two | Tuesday, 29 January 2019.

FOCUS: RECENT ADVANCES IN THE UPPER LIMB

08:00 Welcome coffee

08:45 Opening remarks

Dr Ayman Fahim, Consultant Orthopaedic, Board Certified, Expert in MSK US, Abu Dhabi, UAE

Dr Mark S. Schickendantz, Professor of Surgery; Director - Center for Sports Health, Cleveland Clinic, Cleveland, Ohio, USA

Session 5: Shoulder

08:50 Treatment for first-time dislocation of the shoulder

Prof Dr Nobuyuki Yamamoto, Orthopaedic Surgery, Department of Orthopaedics Surgery, Tohoku University, Sendai, Japan

09:10 From 'metal' to 'all suture' anchors in shoulder instability repair

Dr Geert Declercq, Team Physician, Belgian National Football Team; Orthopaedic Surgeon, AZ Monica Hospital, Antwerp, Belgium

09:20 Treatment for calcified tendinitis of the shoulder

Prof Dr Nobuyuki Yamamoto, Orthopaedic Surgery, Department of Orthopaedics Surgery, Tohoku University, Sendai, Japan

09:40 Biceps pathology: a personal approach

Dr Geert Declercq, Team Physician, Belgian National Football Team; Orthopaedic Surgeon, AZ Monica Hospital, Antwerp, Belgium

10:00 Cases and discussion

Session faculty

10:15 Coffee break

Session 6: Elbow

11:00 MRI of the elbow

Dr Reto Sutter, Deputy Head of Radiology, Balgrist University Hospital, Zurich, Switzerland

11:20 Arthroscopic management of recalcitrant tennis elbow

Dr Takuro Wada, President, Department of Orthopaedic Surgery, Saiseikai Otaru Hospital, Otaru, Japan

11:40 Diagnosis and treatment of common athletic elbow injuries

Dr Mark S. Schickendantz, Professor of Surgery; Director - Center for Sports Health, Cleveland Clinic, Cleveland, Ohio, USA

12:00 Arthroscopic and open surgical management of osteoarthritis of the elbow

Dr Takuro Wada, President, Department of Orthopaedic Surgery, Saiseikai Otaru Hospital, Otaru, Japan

12:20 Cases and discussion

Session faculty

12:30 Lunch break and visit exhibition

Session 7: Wrist & hand**14:30 Development and advance in joint replacement of the hand**

Dr Lucia Heras, Consultant Wrist & Hand Surgeon, Burjeel Hospital, Dubai, UAE

14:50 Hand tumours

Dr Issam Mardini, Specialist Orthopaedic Surgeon, Emirates Hospital, Dubai, UAE

15:10 Development of wrist arthroscopic

Dr Lucia Heras, Consultant Wrist & Hand Surgeon, Burjeel Hospital, Dubai, UAE

15:30 Arthroscopic management of TFCC tear

Dr Issam Mardini, Specialist Orthopaedic Surgeon, Emirates Hospital, Dubai, UAE

15:50 Cases and discussions

Session faculty

Session 8: State-of-the-art lecture**16:10 Diagnosis and treatment of injuries to the AC joint, SC joint and clavicle**

Dr Mark S. Schickendantz, Professor of Surgery; Director - Center for Sports Health, Cleveland Clinic, Cleveland, Ohio, USA

16:40 End of day two

Day three | Wednesday, 30 January 2019.

FOCUS: RECENT ADVANCES IN THE LOWER LIMB

08:00 Welcome coffee

08:10 Opening remarks

Dr Ayman Fahim, Consultant Orthopaedic, Board Certified, Expert in MSK US, Abu Dhabi, UAE

Dr Mark S. Schickendantz, Professor of Surgery; Director - Center for Sports Health, Cleveland Clinic, Cleveland, Ohio, USA

Session 9: Hip

08:20 Strategy when selecting implant and bearings in total hip replacement in 2019

Prof Per Kjærsgaard-Andersen, President, European Federation of National Associations of Orthopaedics and Traumatology (EFORT); Head of Section for Hip and Knee Replacement, Department of Orthopaedics, Vejle Hospital, Vejle, Denmark

08:40 Hip impingement

Dr Reto Sutter, Deputy Head of Radiology, Balgrist University Hospital, Zurich, Switzerland

09:00 Ambulatory total hip replacement - myth or reality?

Prof Per Kjærsgaard-Andersen, President, European Federation of National Associations of Orthopaedics and Traumatology (EFORT); Head of Section for Hip and Knee Replacement, Department of Orthopaedics, Vejle Hospital, Vejle, Denmark

09:20 Cases and discussion

Session faculty

Session 10: Knee

10:00 Unicondylar partial knee replacement

Prof Dr Phil Victor Valderrabano, Chairman, Swiss Ortho Center, Basel, Switzerland

10:20 Tips and tricks in revision ACL surgery

Dr Geert Declercq, Team Physician Belgian National Football Team; Orthopaedic Surgeon, AZ Monica Hospital, Antwerp, Belgium

10:40 Partial replacement around the knee using mini implants

Prof Dr Philip Schoettle, Medical Director, Knee and Hip Institute Munich, Munich, Germany

11:00 Cases and discussion

Session faculty

11:20 Lunch break and visit exhibition

Session 11: Patellofemoral pain

13:20 Pathomorphology of patellofemoral instability

Prof Dr Philip Schoettle, Medical Director, Knee and Hip Institute Munich, Munich, Germany

14:30 Patellofemoral joint imaging

Dr Reto Sutter, Deputy Head of Radiology, Balgrist University Hospital, Zurich, Switzerland

13:40 MPFL and Trochleoplasty in chronic patellofemoral instability - individual treatment option

Prof Dr Philip Schoettle, Medical Director, Knee and Hip Institute Munich, Munich, Germany

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14:00 Cases and discussion
Session faculty

14:15 Coffee break

Session 12: Ankle & foot

15:00 What is new in treatment of ankle and foot trauma
Prof James Ficke, Professor of Orthopaedic Surgery, Johns Hopkins Medicine, Baltimore, Maryland, USA

15:20 OCD lesion of talus management and updates
Dr Syed Mohsin Ali, Consultant Orthopaedic and Trauma, Bahrain

15:40 Post-traumatic arthritis of ankle and foot
Prof James Ficke, Professor of Orthopaedic Surgery, Johns Hopkins Medicine, Baltimore, Maryland, USA

16:00 Management of severe posttraumatic ankle and hindfoot deformities
Prof Dr Phil Victor Valderrabano, Chairman, Swiss Ortho Center, Basel, Switzerland

16:20 Calcaneum fracture extended approach vs. mini-approach
Dr Syed Mohsin Ali, Consultant Orthopaedic and Trauma, Bahrain

16:40 Cases and discussion
Session faculty

Session 13: State-of-the-art lecture

17:00 Total ankle replacement
Prof Dr Phil Victor Valderrabano, Chairman, Swiss Ortho Center, Basel, Switzerland

17:30 End of day three

Day four | Thursday, 31 January 2019.

FOCUS: INNOVATION IN ORTHOPAEDICS

08:00 Welcome coffee

08:10 Opening remarks

Dr Ayman Fahim, Consultant Orthopaedic, Board Certified, Expert in MSK US, Abu Dhabi, UAE

Dr Mark S. Schickendantz, Professor of Surgery; Director - Center for Sports Health, Cleveland Clinic, Cleveland, Ohio, USA

Session 14: Innovation I

08:20 Percutaneous acetabular and pelvic ring fixation

Dr Robert A. Hymes, Associate Professor; Section Chief -Orthopaedic Trauma; Director of Clinical Research, Department of Orthopaedic Surgery, VCU School of Medicine, Inova Fairfax Medical Campus, USA

08:40 Unfair play

Dr Ayman Fahim, Consultant Orthopaedic, Board Certified, Expert in MSK US, Abu Dhabi, UAE

09:00 Challenging periprosthetic fractures

Dr Robert A. Hymes, Associate Professor; Section Chief -Orthopaedic Trauma; Director of Clinical Research, Department of Orthopaedic Surgery, VCU School of Medicine, Inova Fairfax Medical Campus, USA

09:20 Limb angular deformity correction

Dr Hoon Park, Assistant Professor: Department of Orthopaedic Surgery, Gangnam Severance Hospital, Yonsei University College of Medicine, Seoul, South Korea

09:40 Cases and discussion

Session faculty

09:55 Coffee break

Session 15: Innovation II

10:40 Biological treatment of degenerative disc disease current and future concept

Dr Osama Attia, Specialist Orthopaedic Surgeon, Mediclinic, Dubai, UAE

11:00 Epiphyseal injuries - what is new?

Dr Hoon Park, Assistant Professor: Department of Orthopaedic Surgery, Gangnam Severance Hospital, Yonsei University College of Medicine, Seoul, South Korea

11:20 TBC

11:40 Cases and discussion

Session faculty

12:00 Lunch break and visit exhibition

Session 16: Regenerative medicine

14:00 A review of evidence and clinical applications of BMAC for MSK issues

Dr Joshua Rothenberg, Director of Regenerative Medicine/ Interventional Sports Medicine; Spine Specialist, BocaCare Orthopaedics, Fort Lauderdale, Florida, USA

14:20 TBC

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14:40 A review of evidence and clinical applications of PRP for MSK issues
Dr Joshua Rothenberg, Director of Regenerative Medicine/ Interventional Sports Medicine; Spine Specialist, BocaCare Orthopaedics, Fort Lauderdale, Florida, USA

15:00 Cases and discussion
Session faculty

Session 17: State-of-the-art lecture

15:30 Regeneration is the new reconstruction
Prof Dr Philip Schoettle, Medical Director, Knee and Hip Institute Munich, Munich, Germany

16:00 End of conference

Speaker faculty.

Activity director:

Dr Mark S. Schickendantz, Professor of Surgery; Director, Center for Sports Health, **Cleveland Clinic, Cleveland, Ohio, USA**

Local chair:

Dr Ayman Fahim, Consultant Orthopaedic, Board Certified, Expert in MSK US, **Abu Dhabi, UAE**

Scientific committee:

Dr In-Ho Jeon, Shoulder Elbow Surgeon, Asan Medical Centre, College of Medicine, **University of Ulsan, Seoul, Korea**

Dr Lennard Funk, Professor: Orthopaedics & Sports Science, Consultant Shoulder Surgeon, **Wrightington Hospital & The Arm Clinic, Manchester, UK**

Prof Dr Victor Valderrabano, President, **Swiss Society for Orthopaedic Traumatology Sports Medicine (GOTS)**; Specialist: Orthopaedics & Traumatology, Foot & Ankle, Arthritis and Sports Surgery; Head: Department of Orthopaedics and Traumatology, **Pain Clinic, Basel, Switzerland**

Speaker faculty:

Dr Ali Noorani, Consultant Trauma & Orthopaedic Surgeon, **BMI Healthcare, OS Clinic and St Bartholomew's & The Royal London Hospital Upper Limb Service, London, UK**

Dr Geert Declercq, Team Physician, **Belgian National Football Team**; Orthopaedic Surgeon, **AZ Monica Hospital, Antwerp, Belgium**

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Dr Takuro Wada, President, Department of Orthopaedic Surgery, **Saiseikai Otaru Hospital, Otaru, Japan**

Faculty disclosure:

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	AED	US\$	AED	US\$	AED	US\$
AAA			4,500	1,225		
Orthopaedics						
1-day package	1,600	436	1,800	491	2,100	572
2-day package	2,500	681	2,700	736	3,000	817
3-day package	3,000	817	3,200	872	3,500	954
4-day package	3,300	899	3,500	954	3,800	1,035
Total Radiology						
1-day package	650	177	850	232	1,100	300
2-day package	850	231	1,050	286	1,300	354
3-day package	1,050	286	1,250	341	1,500	409
4-day package	1,350	368	1,550	423	1,800	491
Surgery						
1-day package	1,600	436	1,800	491	2,100	572
2-day package	2,500	681	2,700	736	3,000	817
3-day package	3,000	817	3,200	872	3,500	954
4-day package	3,300	899	3,500	954	3,800	1,035
Obs & Gyne						
1-day package	1,200	327	1,500	409	1,800	491
2-day package	2,200	599	2,500	681	2,800	763
3-day package	2,700	735	3,000	817	3,300	899
4-day package	3,000	817	3,300	899	3,600	981
Gastroenterology						
1-day package	1,600	436	1,800	491	2,100	572
2-day package	2,500	681	2,700	736	3,000	817
Diabetes						
1-day package	1,200	327	1,500	409	1,800	491
2-day package	2,200	599	2,500	681	2,800	763
Paediatrics						
1-day package	1,200	327	1,500	409	1,800	491
2-day package	2,200	599	2,500	681	2,800	763
Public Health						
1-day package	1,600	436	1,800	491	2,100	572
2-day package	2,500	681	2,700	736	3,000	817
Anaesthesia						
1-day package	1,600	436	1,800	491	2,100	572
2-day package	2,500	681	2,700	736	3,000	817
Emergency Medicine						
1-day package	1,600	436	1,800	491	2,100	572
2-day package	2,500	681	2,700	736	3,000	817
Quality Management						
1-day package	1,600	436	1,800	491	2,100	572
2-day package	2,500	681	2,700	736	3,000	817

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