

# THE DRIVER OF DISEASE

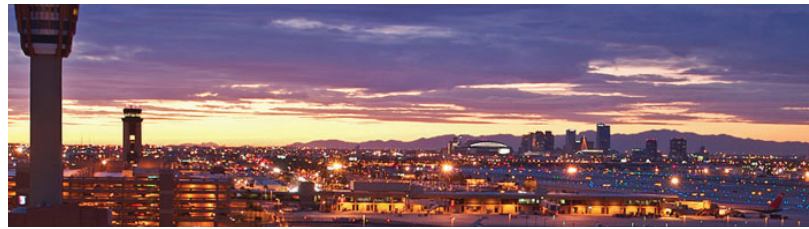
**I**nflammation is coming clearly into focus as a primary driver of noncommunicable disease. Of the 10 leading causes of mortality in the United States, chronic, low-level inflammation contributes to the pathogenesis of at least seven.

While it is certainly true that acute inflammatory response plays a critical role in the body's management of injury and infection, repeated stimulation or persistence of the inflammatory response lead to dysfunction. Chronic inflammation may manifest in nearly any area of the body, inducing symptoms related to that organ or other parts of the body via downstream effects.

We have gathered 10 leading professionals to discuss the role of chronic inflammation in chronic disease, including heart disease, hypertension, brain health, and autoimmune diseases. The latest testing procedure will be reviewed, as well as treatment of inflammation through diet and lifestyle modifications.

Our intimate venue allows direct contact with all of the speakers. Questions are encouraged, and we highly recommend an extra day's stay to reboot after 2 days of information-packed sessions.

**For more information or to register, please visit [innovisionhm.com/inflammation](http://innovisionhm.com/inflammation) or call 877-904-7951**



## Program Highlights

- Cardiovascular Disease and Inflammation
- Infection, Auto-inflammation, and Autoimmunity
- The Link between Oxidative Stress, Chronic Inflammation, and Degenerative Disease
- The Danger (Signal) of Inflammation: Is Chronic Inflammation Such a Bad Thing After All?
- Whole Detox: How to Thrive in a Toxic World Through Nutrition & Lifestyle
- Women and Heart Disease: Special Consideration, Diastolic Dysfunction a Growing Epidemic
- Diastolic Dysfunction: A Growing Epidemic—Metabolic Cardiology: The Solution
- Neuroinflammation and Depression: When the Domain of the Pain Is the Brain

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## SPEAKERS



**Mark C. Houston,**  
MD, MS, MSc



**Stephen T. Sinatra,**  
MD, FACC, CNS



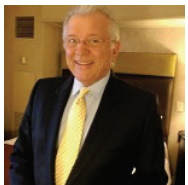
**Martha Stark, MD**



**Aristo Vojdani,**  
PhD, MSc, CLS



**Deanna Minich,**  
PhD, FACN, CNS



**Andrew Campbell, MD**



**Jon Kaiser, MD**



**Lise Alschuler,**  
ND, FABNO



**Amie Skilton,**  
ND, DBM, BHSc



**Victoria Maizes, MD**

## ABOUT THE EVENT

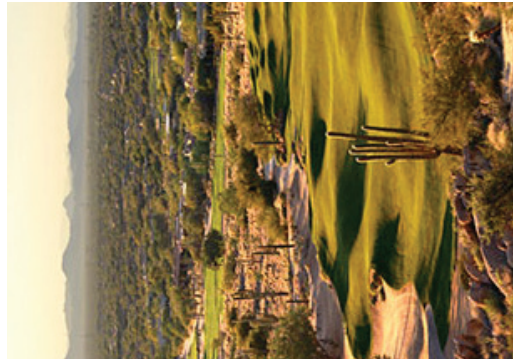
**Inflammation: Cooling the Heat** is a 2-day event to be held at the Hilton Resort and Spa in Scottsdale, Arizona. Spend 2 days in the desert this autumn to understand how chronic inflammation impacts your patients and how you can resolve it.

The July issue of Mayo Clinic Health Newsletter dubbed inflammation the new medical buzzword.

### Your Registration Includes:

- Up to 12 CME hours in 2 days of lectures
- Course materials including PDF and MP4 downloads
- Question-and-answer sessions with speakers
- Book signings by select presenters
- Breakfast and lunch served daily
- Post-conference webinar

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**INFLAMMATION:  
Cooling the Heat**  
September 30-October 1, 2016  
Scottsdale, AZ

**Earn up to 12 CME credits\***

\*CME credit is subject to change

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Hilton Scottsdale Resort and Villas, Scottsdale, Arizona  
6333 N Scottsdale Rd., Scottsdale, AZ 85250  
[innovisionhm.com/inflammation](http://innovisionhm.com/inflammation)  
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