



QRC: 3497

Price

One Day : \$460 inc. GST

Two Days: \$610 inc. GST

Date

29 - 30 Apr 2019

Venue

The Lakes Resort Hotel Adelaide
141 Brebner Drive , West Lakes, SA,
5021

CPD Hours

11 Hours | 30 Mins

The Enrolled Nurses' Conference - Adelaide 2019

An Annual Ausmed Education 2 Day Event

Need for Program

Enrolled nurses (ENs) are under pressure to extend their scope of practice and broaden their nursing knowledge. This includes being proficient and skilled in selected areas of care. In addition, the gap between evidence and practice continues to widen - weakening the effectiveness of patient outcomes. As responsibility and accountability are fundamental to the work of ENs, it is imperative that continuous updates to knowledge and skills are integrated into all aspects of patient care.

Purpose of Program

The purpose of this program is to improve patient outcomes by increasing the clinical and professional knowledge and practice of enrolled nurses.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Use information from patients about their care preferences in the development of the nursing care plan
- Critically interpret and use patient information from a range of sources to provide best practice nursing care
- Use communication as a therapeutic tool to facilitate collegial and interprofessional collaboration
- Implement and evaluate care that reflects best available nursing evidence so that safe and quality care is provided

Program Schedule

Day One

8:30 Registration for Day One

9:00

Welcome and Introduction

9:05

Norah Bostock

Working Among Generations

Experience often makes up the abundance of an enrolled nurses' knowledge. Yet, is it always valued as much as it ought to be? This session will explore assertive communication skills while acknowledging boundaries that can sometimes arise when approaching intergenerational conflict. It includes:

- Why does intergenerational conflict sometimes arise?
- How do you manage it in the workplace?

9:45

Genevieve Brideson

“Red Flags” - Spotting Clinical Deterioration

It is not unusual for patients to deteriorate quickly. ENs require education to help develop the knowledge and skills to detect and act upon these often subtle signs. Using case scenarios this session will highlight the red flags of deterioration that you must be able to recognise and what actions should then take place. It includes:

- What clues or changes in clinical observations may indicate a patient is becoming unwell?
- What immediate assessment should be undertaken when you suspect a patient is deteriorating?
- How should these changes in observations be documented?
- When should I contact a medical officer in a hospital or ambulance in RACF?

10:30 Morning Tea

11:00

James Thompson

Don't “Turn a Blind Eye” to Fluid Balance

Fluid balance need not be tedious. In fact, it should not be ignored. Understanding the ins and outs of fluid balance is essential, especially in people with chronic cardiac and respiratory conditions. This session will take a look at how ENs can show clinical leadership by maintaining accurate fluid balance. Topics include:

- What chronic illnesses need particular focus on fluid balance and why?
- What medications can interact with fluid balance?

- How do you keep an accurate fluid balance record?

11:45

Dr Peter Hayball

Ceasing Complacency - Why Medication Safety Matters

Being busy is often the number one thing on an ENs mind. We plan and prioritise our time to get things done. However, recognising when our behaviours may switch from routine to complacent is essential if we are to ensure errors are avoided. This session will go back to basics on medication safety to ensure you leave feeling confident about your own practice. It includes:

- What are the common medication incidents involving ENs?
- How can you prevent these?
- Where can you go to obtain up-to-date information on medicines relevant to ENs scope of practice?
- How can you improve medication administration safety and documentation?

12:45 Lunch and Networking

1:45

Sue Templeton

More than Just Turning - Preventing Pressure Injuries

Reduced mobility is a common occurrence with ageing. As an older adult loses strength and the ability to move frequently, pressure injuries form in areas that are under sustained amounts of pressure. This session explains:

- What is a pressure injury?
- Who is at risk of developing a pressure injury?
- How can you reduce the risk of a pressure injury in an immobile patient?
- How do you reposition a person to reduce accumulated pressure in a certain area?
- When do you need to report a pressure injury?

2:45

Norah Bostock

Conversation Tables - Time to Get Together to Converse About Hot Topics for Enrolled Nurses

Have you ever wondered if other enrolled nurses are having the same experiences as you? Here is your opportunity to connect more deeply with your peers. Bring your questions and comments and be ready to swap! Conversations will run for approximately 10 minutes and you will have time to connect with three groups.

3:15 Afternoon Tea

3:45

Andrew Crowther

Tips for Coping with Aggressive Behaviours

It can be very distressing if a patient or resident experiences periods of agitation and even

aggression as a result of their medical condition. Recognising aggressive behaviours and knowing the steps needed to de-escalate a possibly violent situation ensures that you are able to keep yourself safe. This practical session will demonstrate:

- What does aggression look like?
- How do you stay safe and keep others safe?
- What can you do to de-escalate an aggressive situation?
- Who can you speak to if you're exposed to danger?

4:30 Close of Day One of Conference

Day Two

9:00 Commencement of Day Two

9:00

Norah Bostock

Support Beyond the Hospital Environment

Recent aged care reform goals are focusing on improving healthcare quality to ensure sustainability when returning to the community. This session will look further into recent aged care reforms and what their goals mean in terms of quality of care. Topics include:

- What does sustainability look like in aged care?
- How can you improve choice and flexibility for consumers
- How can you support patients returning home and ensure they do not return to hospital?

9:45

Dr Linda Starr

An Unacceptable Failure - Investigating Elder Abuse

Recent media attention has shined a light on elder abuse. As a healthcare worker, it is imperative that you are able to recognise the signs of abuse in an older adult. This session will look further into signs, disclosure of information, and the documentation process. It includes:

- What are the signs of elder abuse?
- How can I disclose and expose situations of elder abuse safely?
- What is my role in mandatory reporting?

10:30 Morning Tea

11:00

Jayne Lehmann

Test Your Knowledge of Diabetes

People with diabetes are high users of medical services, so you probably see people with diabetes a lot ... but how well do you actually know diabetes? Come and update your diabetes pathophysiology and the role the pancreas plays in the body. Explore:

- Why people get diabetes
- Normal pathophysiology and the changes that occur when someone has diabetes
- Type 1 or type 2 diabetes – how to know the difference
- When to test for ketones and what they mean
- Why some people need insulin

12:00

Jayne Lehmann

Opening the “Lid” on other Diabetes Complications

A range of diabetes health problems often manifest in time, and eye problems are especially challenging because of their impact on a person’s capacity to safely self-care and complete their activities of daily living (ADL). This session will review why eye problems occur and how to help people with diabetes prevent or delay these issues and manage their ADLs if they do occur. It includes:

- What causes eye-related diabetes problems?
- Can they be prevented?
- How are ADLs affected by vision loss?
- How can we:
 - Prevent falls?
 - Ensure correct BGL testing?
 - Support safe medication management?

12:45 Lunch and Networking

1:30

Matt Kowald

Caring for People with Cognitive Impairment

Cognitive impairment is often prevalent in older adults in aged care facilities. This session will look at the different conditions that come under cognitive impairment and how to care for people with these conditions. It will include:

- What is the difference between dementia and delirium?
- Why might they be confused with symptoms of depression?
- How do you manage symptoms of delirium, dementia, and depression?
- What if a resident becomes suddenly confused?

2:30

Matt Kowald

Caring for a Person Who Has Had a Stroke

Caring for a person who has experienced a stroke can be challenging. This session will focus on communication, mobility, and eating and drinking following a stroke. It includes:

- How can you communicate with someone who has had a severe stroke?
- How can you ensure food and fluids are given safely?
- What do you need to do to mobilise someone safely?

3:15 Afternoon Tea

3:45

Norah Bostock

Your Career Vision

Taking time for yourself and knowing what the vision of your future may look like is important. Being able to acknowledge clear goals and developing a vision can be difficult when you feel like you aren't moving in a clear direction. This session will look at tips to set goals to help you see what the future may hold. It will discuss:

- Why is it important to have a further vision?
- How do you set clear goals?
- How do you avoid procrastination?
- How do you overcome a lack of confidence?

4:30 Close of Conference and Evaluations

Presenters

Norah Bostock

Norah Bostock is a highly qualified clinician and educator working in private practice in South Australia. Norah draws her considerable experience and expertise from both Australia and overseas. She is considered an expert in her fields of continence, clinical governance, education and training. Norah has been published both nationally and internationally and her qualifications include a master of nursing, TAE cert IV, graduate cert (health), advanced graduate diploma (business management), and advanced graduate diploma (leadership and management).

Genevieve Brideson

Genevieve Brideson completed her general nurse training in 1985, operating room certificate in 1988, midwifery in 1992, and a bachelor of nursing in 2000. She commenced aviation nursing in 1991 on commercial flights with critical care patients and then with RFDS Eastern Goldfields (now Western Operations) in 1993. She moved into hospital management roles at the end of 2007, but aviation nursing has remained her passion. She completed honours in 2010, looking at how flight nurses in Australia maintain their midwifery skills and graduated with a PhD in September 2017, which examined the work of contemporary flight nurses in Australia. Genevieve is currently working as a freelance consultant in various nursing roles, including as a member of the South Australian Health Practitioners Tribunal.

Andrew Crowther

Dr Andrew Crowther is adjunct associate professor in nursing and the former associate head of the School of Nursing, Midwifery and Indigenous Health at Charles Sturt University. His postgraduate studies include education, state policy and social change, and mental hospital administration. Andrew qualified in general and psychiatric nursing in the UK. His postgraduate studies include policy and social change and historical aspects of mental hospital management. Andrew has wide experience in clinical nursing, nurse management, and education. He is the author of a book for nurse managers, as well as several texts and book chapters on a variety of topics.

Peter Hayball

Dr Peter Hayball is the principal pharmacist for the South Australian Ambulance Service where his chief role is to assist paramedics of all levels to use the best available medicines in a safe and efficacious fashion. This is done by assisting across the complete medication cycle from selection for pre-hospital use, distribution, storage and use of medicines for patients of the service. Peter plays an active role in educating paramedics on pharmacology, pharmaco-therapeutics and related topics, such as recreational drug abuse, toxicology, and toxinology. He serves on a range of governance and therapeutic expert advice committees internally and externally, including external bodies such as SA Police, SA Forensics, SA Health, and St Johns Ambulance.

Matt Kowald

Matt Kowald is a Registered Nurse with 20 years' experience and a passion for aged care, which he has demonstrated throughout his diverse career. He has worked in clinical and management roles in emergency departments, community care, rural health, and aged care. Matt has completed a Masters of Clinical Science through the Joanna Briggs Institute and the University of Adelaide, looking at the effectiveness and appropriateness in the management of BPSD in residential aged care. Currently, he is the general manager of Residential Care and Innovation at Barossa Village, a 100 bed aged care facility located in Nuriootpa, South Australia. In this facility, he is involved in various research projects, looking at different aspects of aged care and improving outcomes for residents.

Jayne Lehmann

Jayne Lehmann is a popular presenter who draws on 32 years of working with people with diabetes. Multi-skilled as an author, blogger, clinician, educator, influencer, innovator, mentor and researcher, Jayne has a broad base of experience from which to draw when presenting. Her work with people with diabetes and intellectual disability over the past 8 years has resulted in the introduction of new services, strategies, resources and education programs for people with Intellectual disability and their support worker. She was the 2017 CDE of the Year in SA and awarded Honorary Life Membership of the Australian Diabetes Educators Association in 2018 for her outstanding and innovative contribution in the diabetes and disability sectors.

Linda Starr

Dr Linda Starr is a general and mental health qualified nurse, lawyer, and associate professor in the School of Nursing and Midwifery at Flinders University. Her research interests have been in health law for health practitioners, criminal law, forensic health care, and elder abuse investigation and prosecution, which was the subject of her PhD. Linda is currently the chair of the state board of the Nursing and Midwifery Board, Australia, the director on the Board of Directors at the Aged Rights Advocacy Service, and is the founding president of the Australian Forensic Nurses Association. She has an extensive speaking record, nationally and internationally, on issues in health law, forensic nursing, and elder abuse.

Sue Templeton

Sue Templeton works as the Nurse Practitioner: wound management for RDNS SA. Sue has worked in wound management since 1987 and has extensive clinical experience managing a variety of acute and chronic wounds. Sue provides clinical consultancy services, develops and delivers wound management education, and is involved in the development of wound management tools, policies, and procedures. Sue has been involved in AWMA/Wounds Australia at a national and local level for a number of years. Sue has undertaken clinical research and published and presented locally, nationally, and internationally. Sue has been involved in the development of several national and international guidelines and is active in a number of state and national committees. Sue is passionate about improving the lives of people with a wound and empowering others to deliver best practice in wound management.

James Thompson

Currently a senior lecturer at Flinders University, James Thompson coordinates several topics as well as teaching extensively throughout the paramedic curriculum. He holds an extensive clinical background which features extended care roles in both nursing and paramedic disciplines. James's research interests include fluid resuscitation, teaching, learning, and assessment design.

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