

JULY 15-18, 2018

OMNI AMELIA ISLAND PLANTATION RESORT, AMELIA ISLAND, FLORIDA

The 6th Annual CORE

Clinical Overview of the Recovery Experience



C4 EVENTS

In Collaboration with



BHAP

BEHAVIORAL HEALTH
ASSOCIATION OF
PROVIDERS

MEMBERSHIP EDUCATION ADVOCACY

Formerly:  American Addiction Treatment Association



IAFAP

International Association of
Family Addiction Professionals



Register online at www.C4events.org/core
Earn up to 25 HOURS of Continuing Education
Choose from 30 challenging workshops



Join the Networking Platform for Behavioral Health Professionals

What is C4 Linx?

C4 Linx, powered by C4 Recovery Foundation, is a members-only digital platform offering peer-to-peer networking introductions in the behavioral health field.

How is C4 Linx different?

Think of C4 Linx as your strategic networking partner, matching you with valuable one-on-one introductions to enhance your practice or business. C4 Linx, unlike other platforms, requires no searching, connecting, spamming, or mass emailing. Using an algorithm, you are strategically matched with fellow professional members based on your detailed needs and interest profile. Each private introduction is always mutual and specifically selected for each user. The service and data are entirely private.

Seize this opportunity to strategically expand your network.

Why Choose C4 Linx?

- | | |
|-------------------------|---------------------|
| → Private introductions | → Find solutions |
| → Customized platform | → Provide resources |
| → Mutual connections | → Ease of use |
| → Confidential | → Saves time |
| → Expand networks | → Low cost |

**Join C4 Linx now and get
your first year FREE on us!**



SIGN UP NOW AT C4LINX.COM



WELCOME TO THE
6TH ANNUAL CORE
CLINICAL OVERVIEW OF THE RECOVERY EXPERIENCE
JULY 15-18, 2018

C4 Recovery Foundation (C4) is honored to present the 6th annual Clinical Overview of the Recovery Experience Conference. The mission of C4, a non-profit organization, is to deliver the best knowledge and education resources to treatment providers, policy makers, healthcare systems and other stakeholders so they can align, improve and integrate policy and practice to best serve the needs of patients, families and communities as they confront the difficulties of recovery from substance use disorder addiction and behavioral health issues. In addition to CORE, C4 also offers five other premier addiction events — the Cape Cod Symposium on Addictive Disorders (CCSAD), the West Coast Symposium on Addictive Disorders (WCSAD), Evolution of Addiction conference (EVOLUTION), the Addiction eXecutives Industry Summit (AXIS), and the PTAC National Pre-Arrest Diversion Conference (PTAC). We invite you to explore our array of educational opportunities.

CORE highlights the critical importance of providing individualized treatment and presents new options for productively integrating useful clinical tools into a larger recovery-oriented treatment culture while maintaining passion for delivering advanced behavioral, addiction, and therapeutic services.

The Founding Patrons and C4 developed CORE to be an opportunity for addiction professionals to advance the principles of client-centered treatment with a strong clinical foundation as well as to be a forum to increase the collective understanding of the full continuum of recovery processes, including 12 step recovery. Our goal is to improve outcomes by better integrating personalized evidence-based treatment services that allow individuals, families, and professionals to choose the most appropriate treatment.

We offer a special debt of gratitude to our Founding Patrons and Collaborators, as well as our Fellowship, Platinum, Gold, and Silver Patrons, who with their generous support and underwriting, allow us to continue to offer an exceptional educational experience and provide the best return on your investment of time, energy, and money.



Dee K. McGraw, MSW
Executive Vice President
of Education and Events
dee@c4recovery.org
616-581-4855



Katie Myvett
Director of Operations
Katie@c4recovery.org
816-883-8619



Susan Benvenuti
Director of Marketing
susan@c4recovery.org
859-421-1584



Tara Smith
Event Coordinator
tara@c4recovery.org
864-479-0679



Leah Smith
Event Coordinator
leah@c4recovery.org
864-479-0679



Jesse O'Donoghue
Director of Event Technology
jesse@c4recovery.org
859-537-7248

JOIN US AT THESE UPCOMING C4 EVENTS

core

Clinical Overview of the Recovery Experience
AMELIA ISLAND, FL // JULY 15 - 18, 2018



ccsad

Cape Cod Symposium on Addictive Disorders
HYANNIS, MA // SEPTEMBER 13 - 16, 2018



evolution

Evolution of Addiction Treatment
LOS ANGELES, CA // January 24 -27, 2019



wcsad

West Coast Symposium on Addictive Disorders
LA QUINTA, CA // May 30 - June 2, 2019



webinars

Check the URL for upcoming webinars
WWW.C4EVENTS.ORG/WEBINARS/



We look forward to seeing you!
the C4 Events Team



C4 EVENTS

WWW.C4EVENTS.ORG



Schedule of Events

WHO SHOULD ATTEND?

Any Behavioral or Allied Health professional; Physicians, Psychologists, Social Workers, Marriage and Family Therapists, Alcohol and Drug Counselors, Mental Health Counselors, Collegiate Recovery and Professional Monitoring Organizations, Nurse Practitioners, Physician Assistants, Pharmacists.

CORE LEARNING OBJECTIVES

- Improve the overall quality of services delivered and increase the competencies of clinicians
- Apply clinical skills from a broad range of professional core functions including assessment and therapeutic approaches
- Cite advances in the field resulting from research and practice innovation
- Bring awareness to key issues such as cultural diversity, gender issues, sexual orientation and age-specific differences in relation to clinician/client interaction
- Discuss ways to build a collaborative culture within the allied health professions
- Provide training necessary to implement innovations toward achieving organization
- Excellence and improving clinical/financial outcomes and operational efficiencies
- Assist participants in building and sustaining competitive advantages through outcomes informed treatment and recovery services
- Protectively address the challenges, risks and opportunities presented by a changing competitive environment

A special Thank You to the CORE Original Founding Patrons



Sunday

Sunday, July 15, 2018



The Oak Marsh Golf Course is one of the truly classic Pete Dye-designed golf courses in the world. The course, built in 1972 shortly after the completion of the Harbour Town Golf Links at Hilton Head Island, South Carolina, is noted for its tight fairways and small greens, meandering along serpentine salt marsh creeks and through the moss draped heritage oaks for which Amelia Island is famous.



www.C4events.org/core-conference

Workshop Key by Track



Certificate in Addiction Treatment
Marketing (C-ATM) Courses



IAFAP Family Focus



Music, Mind, and Healing Track

7:00 – 8:30 AM Breakfast

Join us for the networking and a delicious breakfast

8:30 AM - 5:00 PM Sunday All Day Learning Intensive

#100 Mud, Water, and Light: Experiential Adventures and Metaphor

Robert Chapman, MSSW, LMSW, LADAC, EMDR I & II | Supported by Onsite

We will examine the task of introspection and the recovery path with a mythological perspective journeying to three introspective destinations emphasizing clinical applications and relevance. Creative group and individual experiential methods will be modeled, designed to assist in facilitating introspection, reprocessing and resourcing within the therapeutic process. Presentation of experiential techniques with emphasis on skill development. The power of metaphor will be emphasized while building practical skills. The techniques presented will include work with co-occurring disorders, addictions and attachments, trauma and core issues. Focus on modeling techniques as participants work their own issues to enhance ability to utilize techniques in your practice. Engaging theory and clinical formats for healing are presented as a “therapeutic set up” for experiential work. Experiential techniques will be modeled and processed one by one, connecting to phases of introspection. Experiential techniques can bring more animation, energy, or adventure in groups and individual sessions.

Schedule of Events

1:30 PM - 5:00 PM Sunday Special Event

#101 Third Master Class For Women Leaders In Behavioral Health The CORE of Leadership – Powering Up Your Culture

Jeri Davis, MBA, Cherlyne Short Majors, PhD, Tena Moyer, MD, Jaime Vinck, MC, LPC, NCC, CEIP, Mary Woods, MSHS, Jean Scallon, MA, FACHE | ☞ Supported by Willow Institute, Jeri Davis International (JDi), Sierra Tucson, WestBridge and Springstone, Inc.

Are you ready to take your organization to the next level of effectiveness? Attend this 3- hour session to identify and optimize the secrets of creating a great culture at very little cost! This Master Class addresses the unique and exciting challenges of developing a customer first culture that combats the increasing industry challenges of high turnover, staff shortages, and managing with less resources. Chockful of great, practical tips and techniques which will improve employee retention, client satisfaction and overall culture and profitability.

5:00 PM - 6:30 PM Hors d'oeuvres Reception

Please come celebrate the 6th CORE Conference with a delicious hors d'oeuvres reception.

6:30 PM - 8:30 PM Opening Plenary

#199 The Importance of Collaboration When Treating Co-Occurring Disorders

Jaime Vinck, LPC, NCC, CEIP and Tena Moyer, MD | ☞ Supported by Sierra Tucson
Level of Instruction: Intermediate/Advanced

In this complicated day and age, clients do not fit neatly into one diagnostic category. Psychotherapy, Psychiatry and Medical are being challenged to break down the historical silos and respect one another's "seat at the table" in terms of providing comprehensive treatment.

As the body of research and literature has expanded in the psychiatric, psychological and biological sciences, it is time to re-examine the construct of dual diagnosis and expand. This presentation will weave developmental theory, brain biology, polyvagal theory, family systems, psychodynamic theory, trauma and attachment theory into the Dual Diagnosis paradigm. We will discuss the importance of Collaborative, Integrated Treatment in healing the whole person. Furthermore, by using case studies, we will apply these concepts in such a way as to broaden our understanding of our patients so that we may develop more comprehensive, individualized and effective treatment models.

Monday, July 16, 2018

7:00 – 8:30 AM Breakfast in the Exhibit Hall

Join us in the Exhibit Hall for networking and a delicious full breakfast



Monday

8:30 AM - 10:00 AM Monday Morning Plenary

#200 Moving from Trauma-Informed to Trauma-Focused Care: A Mindfulness Based Multi-Modal Approach

Stephen Dansiger, PSYD, MFT |  Supported by Refugee Recovery Treatment Centers

Level of Instruction: Intermediate/Advanced

Addictions treatment has come a long way over the centuries, particularly since the advent of Alcoholics Anonymous over 80 years ago. For the past 2,600 years, Buddhist Mindfulness and the therapies and practices it has brought about have contributed to psychological and spiritual relief to millions of people. Over the last 30 years, our insight into the treatment of trauma related disorders and difficulties has progressed, with Francine Shapiro's development of EMDR therapy being a particular highlight. Our understanding of the link between traumatic experiences and the difficulties and suffering of people with addictive disorders has grown. SAMSHA and other clinical bodies have indicated the need for addictions treatment to follow the principles of trauma-informed care. This often experiential presentation will make clear the theory and research behind the development and implementation of both mindfulness and EMDR Therapy to engender not just trauma-informed care but trauma-focused care, using case studies and anecdotal evidence of how this model is progressing, with recommendations for further research and practice.

10:00 – 10:45 AM Morning Break in the Exhibit Hall

Join us in the Exhibit Hall for networking and light refreshments

10:45 AM - 12:15 PM Monday Mid-Morning Workshops

#225 Music Therapy in Early Recovery

Kathleen Murphy, PhD, MT-BC |  Supported by Loyola University–New Orleans

Level of Instruction: Intermediate

This session will provide an overview of music therapy and addictions treatment. The neurobiology of engagement in music listening and music making and its effect on reward circuitry will be explained. A review of research findings supporting the inclusion of music therapy in treatment will be presented. Case examples will be presented to demonstrate how music therapists address the biophysical, psychoemotional and psychospiritual domains of recovery. Criteria for referral to music therapy will be presented, along with suggestions for the use of music by professionals working in substance abuse treatment. Attendees will have the opportunity to participate in music therapy experiences used in substance abuse treatment.

#226 Validation and 12 Steps (Part One)

Eric Schmidt, MSW, LCSW, MBA |  Supported by New Roads Behavioral Health

Level of Instruction: Intermediate

DBT, a cognitive behavioral treatment originally developed to treat borderline personality disorder and suicidality, now is evidentially proven effective for substance dependence. Specifically, DBT Validation coupled with the 12-steps yields promising results.

Practitioners must possess multiple skills and styles in order to effectively apply DBT. This training seeks to introduce attendees to one of cornerstone techniques and concepts, Validation.

See the strategies in action and practice them yourself. Attendants will learn through listening to interactive presentations, observing role-plays, and participating in practice sessions/vignettes.

Schedule of Events

#227 **Adventure Therapy: More Than Games**

Nicky Treadway, LMHC, NCC, MA | ☞ Supported by Epic Adventures Therapy LLC & AION Recovery

Level of Instruction: Introductory

Adventure therapy is an emerging treatment model focusing on physical activity, nature environments and specially designed experiential activities to engage clients in novel and practical ways. This approach involves specially designed experiential activities designed to develop metaphors to facilitate deeper exploration of client challenges, elicit powerful emotions, and provide opportunity to practice coping skills and develop insight in a real-world environment. This workshop will introduce the major concepts of adventure therapy, illustrate the clinical methodology, present research findings on its effectiveness and illustrate application to substance abuse treatment. This workshop will involve some activities/games in addition to didactic/lecture.

11:00 AM - 12:00 PM Certificate in Addiction Treatment Marketing (C-ATM) Course

#228 ☀ **Ethical Communications in Marketing: Part One**

Andrew Martin, MBA, LAADC | ☞ Supported by Behavioral Health Association of Providers

In this course, you will examine the fundamental questions, “What is ethical communications in marketing?” and “Why is it so important?” With legal and marketing experts as your guides, attendees will explore key issues related to ethical communications in marketing through the lens of state and federal regulations, including the Federal Trade Commission. We will consider how to best promote transparent, truthful, and substantiated marketing statements while avoiding false, misleading, and unfair ones, and also examine the increasingly important role of professional ethics as it relates to social networking and social media. This course qualifies as one of six courses in the C-ATM Certification.

Session 1

- Introductions
- What is ethical communications in marketing?
- Why is ethical communications in marketing important?

12:15 PM - 1:45 PM Monday Luncheon

Join us for a delightful complimentary luncheon and discussion. (Pre-registration required)

#250 🌊 **Music’s Healing Power in Recovery in Co-occurring Mental Illness and Substance Use Disorders**

John McAndrew, Mary Woods, MA, NH, and Troy Pulas, MD | ☞ Supported by Cumberland Heights and WestBridge Family Services

Level of Instruction: Introductory/Intermediate

Recent studies show us that music has healing effects as well as triggering effect in recovery from Co-occurring Mental Illness and Substance Use Disorders. When we hear music, Dopamine is released in the brain that creates pleasure and we know that memories are associated with music which can trigger happiness or trauma. This session will review how music and music therapy can be applied in a variety of treatment settings to bring about therapeutic change. John will perform several compositions to describe the events in Recovery that make a difference people with dual diagnosis disorders.



Monday

2:00 PM - 3:30 PM Monday Early Afternoon Workshops

#253 Oxycontin with a Whiskey Chaser: Understanding and Addressing Substance Use Disorders and Related Comorbidities in Older Adult Populations

John Dyben, DHSc, MCAP, CMHP, ICADC |  Supported by Origins Behavioral HealthCare
Level of Instruction: Intermediate

The demographic makeup of the US is changing with a shift towards a growing elderly population. With Baby Boomers moving into retirement, trends in substance abuse and addiction amongst older adults is increasing at alarming rates. Physical and mental health related comorbidities such as chronic pain are common in this population and often contribute to confusion of the clinical presentation. This workshop will explore the unique issues of opioid and other substance abuse and treatment as it relates to older adults. We will explore trends in aging, the unique effects of drugs (illicit, prescription, and alcohol) on the aging body, related comorbidities, and specific treatment needs of older adults who require clinical or medical intervention for any type of substance abuse or addiction. Understanding the distinctions of two MAT classifications helps to distinguish safe and effective treatment interventions and after care plans.

#254 Validation and 12 Steps (Part Two)

Eric Schmidt, MSW, LCSW, MBA |  Supported by New Roads Behavioral Health
Level of Instruction: Intermediate/Advanced

DBT, a cognitive behavioral treatment originally developed to treat borderline personality disorder and suicidality, now is evidentially proven effective for substance dependence. Specifically, DBT Validation coupled with the 12-steps yields promising results.

Practitioners must possess multiple skills and styles in order to effectively apply DBT. This training seeks to introduce attendees to one of cornerstone techniques and concepts, Validation.

See the strategies in action and practice them yourself. Attendants will learn through listening to interactive presentations, observing role-plays, and participating in practice sessions/vignettes.

#255 A Multi-Faceted Approach to Cravings Management

Doug Paul, LPC, CPCS |  Supported by Foundations Recovery Network
Level of Instruction: All

Licensed Professional Counselor Certified Professional Counselor Supervisor. The DSM 5 added “cravings” to the criteria for substance use disorders in October, 2015. Just as addiction can impact every area of life, so too must the approach for cravings management. The goals for this workshop will be to review the literature on cravings management techniques, discuss cravings management medications and elicit a discussion of multi-faceted approaches that have worked for those on the front lines of SUD treatment. This dynamic presentation is both experiential and educational with the use of mixed-media and pop-culture references.

2:15 PM - 3:15 PM Certificate in Addiction Treatment Marketing (C-ATM) Course

#256 Ethical Communications in Marketing: Part Two

Andrew Martin, MBA, LAADC |  Supported by Behavioral Health Association of Providers

In session 2 we will be discussing:

- Federal (FTC) regulations
- What is misleading or unfair communication?
- Avoidance of false advertising
- Q&A

3:30 – 4:15 PM Afternoon Break in the Exhibit Hall

Join us in the Exhibit Hall for networking and light refreshments

Schedule of Events

4:15 PM - 5:45 PM Monday Late Afternoon Workshops

- #275**  **Let It All Go: Music Therapy with Women with Addictions**
Susan Gardstrom, PhD, MT-BC |  Supported by University of Dayton
Level of Instruction: Intermediate/Advanced

In this workshop, the profession of music therapy will be briefly defined and training requirements outlined. Attendees will learn about objectivist and interpretivist research that supports the use of music therapy with individuals with addictions. Experience-oriented music therapy will be defined and specific treatment aims and benefits for women in residential treatment highlighted, with emphases on not only what therapists perceive as advantageous, but also what service-users themselves identify as useful in their treatment process and ongoing recovery. The presenter will describe music therapy on a 28-day, women-only unit and engage attendees in listening, composing, performing, and improvising experiences employed regularly on the unit. Suggestions for the use of music by other professionals will be offered.

- #276** **Spiritual Self-Care in Trauma Informed Treatment and Clinical Supervision**
Jim Yoxall, CSC and Carrie Fraser |  Supported by Pavillon Treatment Center and Next Door
Level of Instruction: All

Trauma and secondary trauma is our everyday reality, we live and work in the midst of it. SAMHSA's protocol for Trauma-Informed Care incorporates spirituality explicitly in self-care and notes that "a strong sense of spiritual connection can enhance counselors' resilience and ability to cope." Commitment to spiritual self care in clinical practice and supervision is essential to the health and well being of clinicians. Our spiritual health affects our clients and their families. This workshop focuses on learning skills to stay spiritually healthy as you work with traumatized clients and their families. We will provide resources and methods and encourage significant participant interaction to practice skills in this area, learning to better attend to meaning, purpose, belonging, identity, heritage, and hope in patient and supervisory care.

4:30 PM - 5:30 PM Certificate in Addiction Treatment Marketing (C-ATM) Course

- #277**  **Ethical Communications in Marketing: Part Three**
Andrew Martin, MBA, LAADC |  Supported by Behavioral Health Association of Providers

In session 3 we will be discussing:

- State guidelines and restrictions
- What is misleading or unfair communication?
- Marketing claims compliance
- Q&A

Tuesday, July 17, 2018

7:00 – 8:30 AM Breakfast in the Exhibit Hall

Join us in the Exhibit Hall for networking and a delicious full breakfast

8:30 AM - 10:00 AM Tuesday Morning Plenary

- #300**  **Key Aspects of Music Therapy for Addictions and Mental Health Treatment**
Cheryl Dileo, PhD, MT-BC; Kathleen Murphy, PhD, MT-BC; Susan Gardstrom, PhD, MT-BC; Jim Hiller, PhD, MT-BC and Jim Borling, MM, MT-BC, FAMI |  Supported by Temple University, Loyola University–New Orleans, and University of Dayton
Level of Instruction: Introductory/Intermediate

This expert panel will comprise five music therapy university educators and authors with experience in mental health and addictions treatment and services. We will discuss key uses of music therapy with examples of music therapy experiences, including lyric analysis and music therapy improvisation that are most appropriate for impacting this population.

Tuesday

10:00 – 10:45 AM Morning Break in the Exhibit Hall

Join us in the Exhibit Hall for the networking and light refreshments

10:45 AM - 12:15 PM Tuesday Mid-Morning Workshops

#325 Music Therapy with Men in a Residential Substance Abuse Treatment Facility

James Hiller, PhD, MT-BC |  Supported by University of Dayton

Level of Instruction: Intermediate/Advanced

This experiential and didactic session draws on an approach to providing music therapy for a 28-35 day Men's Residential Unit of an SUD treatment facility in Dayton, OH. This work draws on music-centered, cognitive, psychodynamic, and resource-oriented perspectives, focusing on both experiencing music for self-learning and examining music as a healthy resource for post-treatment maintenance of sobriety. Attendees will experience music engagement strategies that fall under Improvisational, Receptive (i.e., listening), and Composition Methods aimed toward enhanced self-understanding and coping. This "integral" approach (Wilbur, 1993, Bruscia, 2014) draws from a music-centered perspective focusing on engagement in creative, expressive, and relational music experiences with subsequent verbal processing of experiences at varying levels depending on group dynamics and individual readiness and in accordance with the most relevant perspective in the moment such as cognitive, psychodynamic, or resource-oriented concepts. Music therapy concepts that may enhance work in verbal and other modalities will be examined.

#326 Bridging the Gap Between 12-Step Recovery & Co-Occurring Disorders

James Gamache, MSW, MLADC, ICAADC and Gordon Woods, AS |  Supported by WestBridge Inc.

Level of Instruction: Intermediate

The workshop will review traditional treatment methods versus evidenced based practices and challenge current treatment myths and misconceptions of participants who struggle with Co-Occurring disorders. The workshop will explore the barriers that participants and providers face when 12-step support meetings are a recommendation and how to overcome them. The workshop will review in detail the steps necessary through evidenced based practices to introduce, orientate and integrate participants who struggle with Co-Occurring disorders into the 12-step community using specific strategies that WestBridge has developed over the past 15 years. Attendees will hear two participant perspectives on how specific treatment strategies supported their attendance and participation in the 12-step community and how 12-step meetings support their overall wellness and recovery.

#327 Trauma and Recovery: The Biology of Trauma and Nervous System Injury

David Cato, MSW, LCSW, TCT, SEP |  Supported by Sierra Tucson

Level of Instruction: Intermediate/Advanced

This presentation will explore the different types of trauma, how trauma presents physiologically and strategies and techniques that can be applied effectively by therapists and addiction professionals in their practices that can facilitate a full and healthy recovery for their clients. Participants will be able to develop an understanding of trauma, what happens in the body and how to begin healing it in this experiential presentation.

11:00 AM - 12:00 PM Certificate in Addiction Treatment Marketing (C-ATM) Course

#328 Ethical Communications in Marketing: Part Four

Andrew Martin, MBA, LAADC |  Supported by Behavioral Health Association of Providers

In session 4 we will be discussing:

- Internet advertising
- Deceptive and unfair advertising
- Transparency
- Substantiation
- Testimonials
- Q&A

Schedule of Events

12:15 PM - 1:45 PM Tuesday Luncheon

Join us for a delightful complimentary luncheon and discussion. (Pre-registration required)

#350 Healing Circadian and Ultradian Rhythms: Treatment Considerations

Andrea G. Barthwell, MD, Medical Advisor |  Supported by Treatment Management Behavioral Healthcare

Level of Instruction: Intermediate/Advanced

Every living organism has a natural rhythm. These rhythms are disrupted by illness, particularly drug and alcohol use. A drug can create false sleep. A drug can stimulate alertness. A drug can suppress appetite. Another can stimulate appetite.

This workshop explores the science behind living rhythmically, strategies that promote and restore natural rhythms, and the role of sleep, nutrition, meditation, and exercise in the 21st century approach to healing oneself in recovery.

2:00 PM - 3:30 PM Tuesday Early Afternoon Workshops

#352 Using Patient-Reported Outcome Measures to Improve Your Results & Bottom Line

Joanna Conti, BS, MS |  Supported by Vista Research Group, Inc.

Level of Instruction: Intermediate/Advanced

Using patient-reported data to inform clinical care helps patients get better faster. In fact, research findings are so strong that the Joint Commission has required all accredited behavioral health organizations to start using patient-reported outcomes measures by January 2018. We'll explain why it works so well, share real-world stories of how it has helped counselors provide better treatment to their patients, discuss implementation options, and demonstrate how to use your results to improve your program's profitability.

#353 Co-Occurring Illness in Young Adults: Thought Disorders and Substance Use

Dawn Collinge, LPC, NCC, MAC, ACS and Zack Garner, LAPC |  Supported by Skyland Trail

Level of Instruction: Intermediate

This presentation will focus on the challenge of working with young adults who are experiencing their first episode of a thought disorder and who have a history of using mood-altering substances. Utilizing case studies to demonstrate, the signs and symptoms of the major thought disorders will be reviewed with particular attention given to differentiating from the signs and symptoms of substance/medication induced psychotic disorders and the signs and symptoms of substance withdrawal. The importance of developing a timeline of psychotic symptoms and of substance use, the age of onset of the prodrome and the first use of substances, and the symptoms that occurred during times when the client was clean and sober will be emphasized. The role of the family in treatment and ongoing support, the role of abstinence and the importance of 12 Step program involvement in the client's ongoing management of their recovery will be stressed.

#354 Attachment, Connection, and the 12 Steps

Michael Dinneen, LCSW, CACIII, CSAT |  Supported by Valiant Living

Level of Instruction: All

True connection and intimacy cannot be fully realized without healthy attachment. This presentation will describe the process of healing relationships and growing spiritually through experiential therapies such as EFT (Emotionally Focused Therapy) attachment work. The workshop will help attendees develop tools to help the people they serve from stage I to stage II recovery. As a robust recovery maintenance approach, increased resiliency and dynamic wellness emerge in the therapy process. EFT is a systems approach and contemporary treatment approaches show greater success when systemic issues are addressed, specifically through attachment work from the beginning of recovery. The greater attention given to understanding family systems based attachment work for clients, the greater likelihood for clarity of relapse trigger identification, stabilization of recovery across the client support system, yielding an integrated and diversified recovery growth. All of these concerns allow for more efficient and effective integration of structured interventions in the therapy.

2:15 PM - 3:15 PM Certificate in Addiction Treatment Marketing (C-ATM) Course

#355 Ethical Communications in Marketing: Part Five

Andrew Martin, MBA, LAADC |  Supported by Behavioral Health Association of Providers

In session 5 we will be discussing:

- Professional ethics and social networking
- Social media
- Electronic communications
- Maintaining standards
- Ethical considerations
- Q&A

3:30 – 4:15 PM Afternoon Break in the Exhibit Hall

Join us in the Exhibit Hall for the networking and light refreshments

4:15 PM - 5:45 PM Tuesday Late Afternoon Workshops

#375 Music Therapy in Addiction Treatment: Strategies for Physical, Emotional, and Spiritual Recovery

Jim Borling, MM, MT-BC, FAMI |  Supported by Radford University

Level of Instruction: Intermediate/Advanced

This session will use both didactic and experiential methods to give attendees a solid foundation of the role of music therapy in the treatment setting. This session will discuss the theories that inform the clinical work including constructs and principles from CBT, existential/humanistic, psychodynamic, and transpersonal models.

This presentation will begin with a brief overview of the addictive process and current understanding of substance use disorders followed by a discussion of how music therapy can support a 12-step approach on the levels of bio-physical, psycho-emotional and psycho-spiritual recovery. The use of song discussion and mindfulness to explore themes related to the 12-steps and the use of music and imagery to address physical, emotional, and spiritual recovery will be illustrated with clinical examples. The session will include a general review of the research evidence supporting music therapy in substance dependence treatment.

#376 The Role of Parents in Young Adults Sustaining Recovery

Diana Clark, JD, MA |  Supported by Turnbridge

Level of Instruction: All

While technically of adult years, many young adults who struggle with Substance Use Disorders and other co-occurring disorders lack the tools and capacity to cope with the demands of recovery and other life challenges. As a result, parents often fill in the gaps of their young adults' functioning and unwittingly promote continued dysfunction and regression. This session discusses how to engage parents in the treatment and recovery process and the relevant information and support they need to stop "over-functioning" and instead, focus on family recovery. Through the use of a powerpoint presentation, case studies and worksheets, presenters lead the group to understand the importance of family involvement and the methods to successfully engage parents in the recovery process.

4:30 PM - 5:30 PM Certificate in Addiction Treatment Marketing (C-ATM) Course

#377 Ethical Communications in Marketing: Part Six

Andrew Martin, MBA, LAADC |  Supported by Behavioral Health Association of Providers

In session 6 we will be discussing:

- Collecting patient data
- Marketing uses of data
- Selling data and patient brokering
- Summary review
- Q&A

Schedule of Events

Wednesday, July 18, 2018

7:00 – 8:30 AM Breakfast in the Exhibit Hall

Join us in the Exhibit Hall for networking and a delicious full breakfast

8:30 AM - 10:00 AM Wednesday Morning Plenary

#400 De-Escalating Anger and Potential Violence—Management of Anger and Aggression

Cardwell Nuckols, PhD |  Supported by Burning Tree

Level of Instruction: Intermediate/Advanced

Most of us have very strong reactions toward a client, patient, offender, consumer or employee demonstrating angry emotion and potentially out-of-control behavior. Sometimes our reactions become part of the problem instead of the solution. This presentation can help change these uncomfortable scenarios into potentially positive corrective experiences. Anger and aggression are best viewed from a multiple causation set of glasses. This skills training event will look at anger and aggression as a symptom of numerous disorders including addiction, personality disorders (antisocial and borderline, for example), as a learned coping survival strategy, as a manifestation of the ego, in relationship to self-esteem, etc. The latest scientific understanding of this group of individuals will be addressed while placing emphasis on verbal and behavioral management, along with the demonstration of empirically proven strategies such as relaxation and cognitive-behavioral techniques.

10:00 – 10:30 AM Morning Break in the Exhibit Hall

Join us in the Exhibit Hall for networking and light refreshments

10:30 AM - 12:00 PM Closing Plenary

#425 Maximizing Margins: An Ethical Approach to Billing, Payor Diversity & New Business Growth

Jonathan De Carlo, CAC III |  Supported by C4 Consulting

Level of Instruction: Advanced

In the contemporary landscape, the shifting sands of margin management are a moving target at the foundation of every business. Learning to respond to the conditions of payor sources and stabilizing growth in operating margins presents as an evolving objective. While discussing the challenges of payor mix and payor balance, this presentation will examine current trends in insurance billing and coding and explore the ethical boundaries on common practices. We will provide examples of billing criteria for various codes and criteria from major commercial payor sources that are required. We will explore examples of how to capture current services being offered by providers for new billing opportunities through an ethical lens. In addition, we will explore shifts in payor mix, examine in-network and out of network insurance trends, and explore new business growth opportunities available in public and private sectors.





YOUR RESOURCE FOR OFFICE AND RESIDENTIAL FURNITURE.

WHY CHOOSE CORT AS A PARTNER?

- Furniture and accent décor to fit any lifestyle and budget
- Provide quality brand name furnishings
- Create a comfortable and relaxing environment
- Showroom appointments to hand-select furniture
- Onsite furniture consultation with specially trained managers to assist with your unique needs
- Professional delivery and installation

Think Partnership. Think Possibilities.

For more information, contact **Todd Shell** at **Todd.Shell@cort.com** or **713.726.8019**.

cort.com

©2017 CORT. A Berkshire Hathaway Company.

CORT

LIVE. WORK. CELEBRATE.™

Faculty Biographies



Andrea Grubb Barthwell, MD, DFASAM is the Chief Medical Officer for Treatment Management Company and the Founder and Director at Two Dreams Outer Banks, a comprehensive wellness center for the treatment of alcoholism and substance use disorders. She is also the founder and Chief Executive Officer of the Washington, DC-based global health care and policy consulting firm EMGlobal LLC. Dr. Barthwell's current work is focused on developing strategies to expand access to treatment for opioid dependence disorder, expanding practitioner knowledge of urine drug testing in the identification and treatment of substance use disorders, and helping individuals and families prevent substance use disorders with the lecture series, "The Parents Academy." Dr. Barthwell served as Deputy Director for Demand Reduction in the Office of National Drug Control Policy (ONDCP) under President George W Bush from 2002 to 2004. As a member of the President's sub-cabinet, Dr. Barthwell was a principal advisor on policies aimed at reducing the demand for illicit drugs. During Dr. Barthwell's tenure, the Bush Administration widely publicized science-based facts about the dangers of marijuana use and the harms of drug legalization. While serving the Executive Office of the President, Dr. Barthwell was an active member of the White House Task Force on Disadvantaged Youth and the White House Domestic Violence Working Group. She also worked closely with the National Institute on Drug Abuse (NIDA) to define the scope of its Health Services Research portfolio.

Dr. Barthwell received a Bachelor of Arts degree in Psychology from Wesleyan University, where she served on the Board of Trustees, and a Doctor of Medicine from the University of Michigan Medical School. Following post-graduate training at the University of Chicago and Northwestern University Medical Center, she began her practice in the Chicago area. Dr. Barthwell serves as President of the multi-disciplinary Encounter Medical Group (EMG, an affiliate of EMGlobal), was a founding member of the Chicago Area AIDS Task Force, hosted a weekly local cable show on AIDS, and was president of the American Society of Addiction Medicine (ASAM). In 2003, Dr. Barthwell received the Betty Ford Award from the Association for Medical Education and Research in Substance Abuse. In 1997, Dr. Barthwell's peers named her one of the "Best Doctors in America" in addiction medicine.



Jim Borling, MM, MT-BC, FAMI Professor of Music, Director of Music Therapy at Radford University in Radford, Virginia. Jim is a Board Certified Music Therapist and a Fellow of the Association for Music and Imagery. He is also a Primary Trainer for the Bonny Method of Guided Imagery and Music (GIM). As a member of the Atlantis Institute for Consciousness and Music, Jim has trained professionals in the clinical use of the Bonny Method of GIM around the world including South

Korea, Spain, Japan, Germany, and Mexico. His clinical work focuses on Substance Use Disorders (addictions) and work with trauma recovery. Along with his wife Nannette, Jim is co-founder of MusicVisions, LLC, where he maintains a clinical private practice in his hometown of Roanoke, Virginia. Jim is widely published on the topics of music therapy and addiction, drumming, biofeedback and music, and the Bonny Method for the resolution of trauma and addictive processes. He received his Bachelor of Music degree in Music Education from DePauw University in Greencastle, Indiana and his Master of Music degree in Music Therapy from the University of Miami in Coral Gables, Florida.



David Cato, MSW, LCSW, TCT, SEP is currently working as program manager for Continuing Care, Connect365 and Residential Therapists. David has been at Sierra Tucson for 10 years and began in the mailroom. David has worked as a clinician at Sierra Tucson and has experience with substance use disorders and trauma.

Faculty Biographies



Robert Chapman, MSSW, LMSW, LADAC, EMDR I & II has over 35 years of experience in the recovery field and specializes in Adventure Therapy techniques utilizing the Challenge Course, Ropes Course, Experiential and Metaphor Therapy as tools to enhance recovery from trauma, family of origin, and addiction & attachment issues. Robert has provided extensive training services throughout the country for a number of years. He has been on the faculty of CENAPS Intensive School of Relapse Prevention Specialists and has been published in Addictions and Recovery Magazine as well as other recovery related publications. Robert has worked in private practice and nationally recognized treatment centers bringing his expertise and passion for addiction, trauma and mental health recovery. Robert is a clinical & trauma specialist, Adventure Therapist, and primary facilitator for the family program at Milestones at Onsite.



Diana Clark, JD, MA is a renowned family recovery advocate in the field of addiction and mental health treatment. She holds a Master's Degree in Counseling Psychology from Antioch University and has authored and facilitated numerous workshops, and coordinating book "Addiction Recovery: A Family's Journey" specifically designed for family members of those struggling with addiction. As a recognized force of clear speech, logic, and loving acceptance, Diana has helped thousands of families establish healthy boundaries, manage expectations appropriately, and develop plans for their own recovery.



Dawn Collinge, LPC, NCC, MAC, ACS is the Education Outreach Coordinator for Skyland Trail in Atlanta, GA. Ms. Collinge received her Masters of Science in Counseling from Georgia State University. She is a Past-President of the Licensed Professional Counselors Association of Georgia.



Joanna Conti, BS, MS As her daughter cycled in and out of multiple alcoholism treatment programs over five long years, Conti became very frustrated by the lack of success rate data available to help families find the best facilities. Building upon her previous experience running a software company, Conti started Vista Research Group to provide treatment centers with real-time progress monitoring data proven to help patients get better faster during treatment as well as the independent post-treatment success rate data so important to families and payers.



Stephen Dansiger, PSYD, MFT played CBGB and Max's Kansas City in the late 70s; drank, played drums in a toy rock band and then got sober in the late 80s; became an international educator and rocker again in the 90s; and a sought after clinician, writer and meditation teacher in the 2000s. Dr. Steve has attempted to cure Marc Maron on WTF, become a master EMDR therapist and provider of EMDR Basic Training and Advanced Topics Courses with the Institute for Creative Mindfulness, and with Noah Levine helped set up the premiere Buddhist addictions rehab center, Refuge Recovery Treatment Centers. At the center he has developed and instituted the MET(T) A Protocol, a design for addictions agency treatment using Buddhist Mindfulness and EMDR Therapy as the theoretical orientation and primary clinical practice. He is the author of Clinical Dharma: A Path for Healers and Helpers (StartAgain, 2016) and avidly blogs and podcasts on topics related to mental health, recovery, and mindfulness. Besides maintaining a private practice in Los Angeles, he travels nationally and internationally speaking and teaching on Buddhist mindfulness, EMDR therapy, the MET(T)A Method, trauma, the Refuge Recovery treatment model, and clinician self-care. He has been practicing Buddhist mindfulness for almost 30 years (including a one year residency at a Zen monastery), and teaches dharma classes regularly at Against the Stream Buddhist Meditation Society in Los Angeles, and at other centers nationally and internationally. His second book (co-authored with Dr. Jamie Marich), EMDR Therapy and Mindfulness for Trauma-Focused Care, is available now on Springer Publications.

Faculty Biographies



Jeri Davis, MBA is one of the foremost experts in behavioral healthcare marketing, Author of two marketing textbooks for the behavioral healthcare field. Ms. Davis has led the marketing efforts for two of the nation's largest behavioral healthcare companies during their fastest growth phases. She brings over 25 year's experience consulting and recruiting for behavioral health industry leaders including payers, providers and public-sector agencies. Ms. Davis' work is always at the forefront of the industry. She has helped launch the first national Autism Services Organization to manage new state mandates for commercial coverage of autism benefits. Ms. Davis has assisted the largest behavioral health companies in the country identify future growth directions and advises national and international companies on primary integration and retail healthcare. She is a frequent speaker for the American Psychiatric Association and works with physicians nationally on understanding industry trends, growing their practices and finding the right jobs.



Jonathan De Carlo, CAC III is the CEO for C4 Consulting, a firm focused on the business of mental health and addiction treatment organizations. C4 Consulting helps clients improve financial performance, enhance competitive positions, and achieve the most productive organizational alignment among staff, management, and board members. He also serves as the Director of Operations at Recovery 360°, providing psychosocial rehabilitation, individual, group, marriage, and family therapy the Colorado Front Range area. Jonathan is a board member of the Colorado Association of Addiction Professionals (CAAP), serves on the board of directors for the Stout Street Foundation. He is a Helping Men Recover Certified Trainer with Griffin Recovery Enterprises. Over the past 20 years in behavioral health services, Jonathan has specialized in providing increased efficacy in numerous organizations, driving business growth and service integrity.



Cheryl Dileo, PhD, MT-BC Distinguished Professorship in Music Therapy, Temple University. Author and researcher. Past-President National Association for Music Therapy and World Federation of Music Therapy



Michael Dinneen, LCSW, CACIII, CSAT is the founder and Clinical Director of Valiant Living has 25 years of clinical and leadership experience. He has a strong interest in the spiritual development of individuals in our field of behavioral health. He speaks on topics of addiction recovery, holistic treatment, process addictions, trauma, relapse prevention and spiritual growth because those are his areas of expertise.



John Dyben, DHSc, MCAP, CMHP, ICADC serves as the Clinical Fellow for Origins Behavioral Healthcare. In this capacity he provides both academic and clinical supervisory support to Origins' programs. John's academic background includes degrees in Psychology (BS), Conflict (MA), Management (MS), and a Doctor of Health Science, with his doctoral practicum having focused on the dynamics, epidemiology, and treatment of substance abuse and addiction in older adults. John is an ordained pastor, clinically trained chaplain, and board certified as both a Master Addictions Professional and a Mental Health Professional in the State of Florida.



Carrie Fraser, MDiv, LMFT, CADC is the Director of Spiritual Wellness and Recovery Services, The Next Door, Nashville, TN which provides treatment services for women impacted by addiction, mental illness, trauma and/or incarceration. Carrie provides individual and group spiritual direction.

Faculty Biographies



James Gamache, MSW, MLADC, ICAADC holds a Master's Degree Clinical Social Work, licensed as a Masters level Addictions Counselor and has been working in the field of mental health/addiction treatment since 1995. Mr. Gamache has been employed at WestBridge Inc for the past 13 years and is currently the Director of Quality Improvement. Mr. Gamache has also served two terms on the board of New Hampshire Alcohol and Drug Abuse Counselors Association and a current Board member of the Association for Addiction Professionals (NADAAC). James has presented nationally for Association for Addictions Professionals (NAADAC) and National Conference on Addiction Disorders (NCAD). Mr. Gamache has served as a research clinician for the Dartmouth Psychiatric Research Center in studies that focused on Cognitive Behavioral Therapy for Post-Traumatic Stress Disorders and Addiction. WestBridge has spent many years developing ways that support true integration and bridging the gap of Co-Occurring Disorders and 12 step support. As a person in long term recovery I have experienced many 12 step communities becoming more receptive to the changing landscape of alcoholism and addiction based on WB's approach.



Susan Gardstrom, PhD, MT-BC is Professor and Coordinator of Music Therapy at the University of Dayton, Ohio, USA. Gardstrom holds degrees in music therapy and community agency counseling. She has worked with adjudicated adolescents, students with physical and developmental disabilities, and adults with addictions. Most recently, she has supervised student therapists in a 28-day women-specific addictions treatment program. Gardstrom has published articles about music therapy and addictions in multiple journals, has edited *Qualitative Inquiries in Music Therapy*, and is the author of a textbook titled *Music Therapy Improvisation for Groups: Essential Leadership Competencies*.



Zack Garner, LAPC is the primary counselor for the Cognition and First Episode recovery community at Skyland Trail. Zack has specialized training in CBT and experience working with young adults. He received a B.S. in psychology from the UGA and an M.S. in mental health counseling from the U of N.Georgia.



James Hiller, PhD, MT-BC has been providing and supervising music therapy for a Men's Residential Unit of an SUD treatment facility called NOVA Behavioral Health in Dayton, OH, offering a comprehensive view of the way music therapy may be approached with men in a 28 day program, drawing on music-centered, cognitive, psychodynamic, and humanistic perspectives, with a focus on both experiencing music for self-learning and examining music as a healthy resource for post-treatment maintenance of sobriety. Clinical music experiences are designed with group and individually-oriented aims in mind and fall primarily under Improvisational, Receptive (i.e., listening), and Composition Methods. A music-centered perspective focuses on engagement of the whole person in creative, expressive, and relational music experiences which are subsequently processed at varying levels depending on group dynamics and individual readiness and according to the most relevant perspective in the moment. This "Integral" (Wilbur) approach honors the particular needs and proclivities of each of the residents as their process unfolds, with the aim of enriched coping.



Faculty Biographies



Cherlyne Short Majors, PhD has held senior executive level positions in marketing, business development and administration for numerous internationally recognized behavioral healthcare treatment providers including Charter Behavioral Health (National Director of Managed Care), Betty Ford Center (Executive Director of Business Development), Cirque Lodge (National Director of Business Development), UCLA-affiliated Summit Centers (Executive Director) and, most recently, Constellation Behavioral Health (Chief Development Officer; Senior Strategic Advisor). Additionally, she introduced an innovative pharmacotherapy for substance use disorders to the European market by embedding the product in leading Swiss clinics (Director of International Business Development). Dr. Majors' experience in the fields of child/maternal health and behavioral health spans 30 years in a variety of settings, including treatment of alcohol and drug dependent children and adults, as well as the creation and direction of programs designed to provide such treatment. Her consulting practice includes domestic and international strategic business development, and quality improvement for behavioral health treatment providers. Dr. Majors is a Founder of The Women's CEO Global Alliance in Behavioral Health and is committed to encouraging and supporting existing and emerging women leaders through coaching and mentoring in a private practice. Most recently, she founded WILLOW Institute which is dedicated to developing leadership training for emerging women leaders in Behavioral Health.



Andrew Martin, MBA, LAADC is the Chief Operating Officer at Behavioral Health Association of Providers, a national trade association that provides regulatory and compliance resources to addiction treatment professionals. Andrew's extensive experience in the addiction treatment industry dates back to 2005 and includes founding and operating Serene Scene Magazine, a monthly magazine with a circulation approaching 30,000 subscribers. He also launched The Evolution of Addiction Treatment Conference, which delivered high level learning to addiction treatment professionals, developed LocateTreatment.com, a directory of addiction treatment resources and information for the United States and Canada, and spearheaded Serene Center, a 36 bed transitional sober living and outpatient treatment facility for those in early recovery. Andrew has also authored three books: Effective Time Management for High Achievers, Point of Return Book One, and Point of Return Book Two. Prior to his entry into the addiction treatment industry, Andrew spent two decades in manufacturing and contracting industries as founder and operator of ATM Fly-Ware and BendiForm Metalworks



John McAndrew has led a successful musical career, landing a handful of his songs in a couple Hollywood movies and capturing the attention of local country superstars Tim McGraw and Faith Hill. But none of that would exist without his journey into recovery coupled with his ability to appreciate the magic of music. John McAndrew is the Therapist Music Services Co-Ordinator Cumberland Heights providing individual and group therapy, and he also helped develop and launch the "Music Professionals Program" at Cumberland Heights in 2015. John co-hosted along with WestBridge CEO Mary Woods the "One Hour at a Time" Radio Show on "Voice of America" for several years. John is a regular contributor to the US Journal of Science, writing articles on the benefits of Music in Recovery. John's music has been heard around the world, and at many National Events. While touring, he has performed for and worked with Recovery audiences for over 30 years. John's last CD, "Forgiven" released in 2016, was in Grammy Consideration three times in the Roots Gospel Category. His newest CD project "Souls" will be out in March of 2017 on WBA Records.

Faculty Biographies



Tena Moyer, MD serves as the director of liaison psychiatry for Sierra Tucson. Dr. Moyer completed her undergraduate degree at Occidental College in Los Angeles and received a Bachelor of Arts in Independent Studies. This degree was tailored for Dr. Moyer and combined majors in art and biology, resulting in her work as a medical illustrator prior to attending medical school. In the continuation of her education, Dr. Moyer attended University of Southern California Keck School of Medicine and completed an internal medicine internship at Los Angeles County-USC Medical Center. After working for several years as a general practitioner, Dr. Moyer realized that she was particularly fascinated by psychiatric illness and returned to a psychiatry residency at University of Arizona. Dr. Moyer was a staff member at Sierra Tucson from 2000-2005, with concentration in addiction medicine and mood patients, as well as directing the Eating Recovery and Trauma Recovery Programs. In 2005, Dr. Moyer branched out to pursue new endeavors in private and concierge practice. During this period, she was also medical director at Southern Arizona Mental Health Center (SAMHC) and worked closely with Mirasol, a residential treatment center for individuals struggling with eating disorders. Returning to Sierra Tucson in 2014. Consistent with Dr. Moyer's pursuit of diverse fields in her undergraduate studies, she has received extensive training in multiple psychiatric and psychological techniques. Additionally, Dr. Moyer has trained in Somatic Transformation Therapy with Sharon Stanley, PhD, and Gestalt Equine Psychotherapy at the Gestalt Equine Institute of the Rockies, and has pursued extensive psychoanalytic and psychodynamic training. As a practitioner, she attempts to synthesize diverse perspectives and approaches into her understanding and treatment of psychiatric patients, including biological, developmental, attachment, family systems, trauma, and psychoanalytic considerations. Dr. Moyer's medical expertise and passion for clinical excellence is instrumental in the progression of the Eating Recovery Program, and provision of compassionate and exceptional care specific for the patient presenting with complicated issues at Sierra Tucson.



Kathleen Murphy, PhD, MT-BC is the Coordinator of Music Therapy at Loyola University. Her research interests are focused on music therapy in substance dependence treatment including babies diagnosed with NAS, and musicians and veterans who have a history of substance abuse and PTSD.



Cardwell Nuckols, PhD with 40 years of clinical experience and after delivering between 1500-2000 training events specializing in addiction, recovery, co-occurring disorders, trauma and spirituality, I have direct clinical and program development experience to address all aspects of the recovery process from program design to effective clinical planning and implementation. Dr. Nuckols' background includes advanced work in such areas as medical research, pharmacology, education, neurobiology and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity. Dr. Cardwell C. Nuckols is described as "one of the most influential clinical and spiritual trainers in North America."



Doug Paul, LPC, CPCS has been working as a clinician with substance use disorders since 2007. He completed a Bachelor of Arts in Liberal Studies from University of Central Florida in 2002. He went on to complete a Master of Science in Rehabilitation Counseling from Georgia State University in 2007. During his graduate training, he presented University-sponsored research findings at the American Counseling Association's Annual Convention in Montreal, Quebec in 2006. While at Talbott Recovery from 2007-2014, he assisted with development of the Young Adult program. Taking a Primary Therapist and then Clinical Director position with Foundations Recovery Network's Atlanta outpatient program in 2014, he expanded his repertoire of interventions in working with clients through therapy and education. Doug continues to practice his own recovery program over the last 18 years.

Faculty Biographies



Troy Pulas, MD completed his psychiatry residency and addiction psychiatry fellowship training at Boston University Medical Center. Dr. Pulas has been working for the past five years as Medical Director for Westbridge Community Services in Brooksville, Florida, a center focused on integrated dual disorders treatment. In addition to using psychopharmacology, Dr. Pulas advocates for an emphasis on holistic treatment including nutrition, exercise, yoga, art, mindfulness, vocational therapy, and music therapy. POST GRADUATE EDUCATION Addiction Psychiatry Fellowship Boston University Medical Center, Department of Psychiatry Boston, MA Psychoanalytic Fellowship Boston Psychoanalytic Society and Institute Boston, MA Postgraduate years 2-4 Boston University Medical Center, Department of Psychiatry Boston, MA Postgraduate year 1 Univ. of North Carolina Hospitals, Department of Psychiatry Chapel Hill, NC EDUCATION Univ. of California at Irvine School of Medicine Degree: Doctor of Medicine (MD) Irvine, CA University of California at San Diego Degree: Bachelors of Science in Bioengineering



Ricardo A Santiago LMHC, MS currently serves as Clinical Director of AION Recovery in Lake Worth, FL and is also co-owner and co-founder of Epic Adventures Therapy LLC. He holds a Bachelor of Arts degree in Communication and a Master of Science degree in Counseling Psychology from Palm Beach Atlantic University. Ricardo has served in the social services arena as a mental health counselor and program director since 2000 and was licensed as a mental health counselor in the state of Florida in 2003. He has worked in a variety of settings including inpatient & outpatient mental health, child and adolescent group home/shelter, adolescent & adult homeless shelter, in-home individual and family counseling, therapeutic foster care, and adolescent & adult residential substance abuse treatment. Ricardo is also an Adjunct Professor at Palm Beach Atlantic University where he teaches psychology courses. He is a member of the Association for Experiential Education (AEE) and serves as Professional Development Coordinator of the Therapeutic Adventure Professionals Group (TAPG) Leadership Council.



Jean Willey Scallon, MA, FACHE is the Regional Vice-President, Network Development for Springstone, Inc. with responsibility for Indiana, Ohio, Kansas and North Carolina. Working with teams to implement innovative strategies to be able to meet consumers where there are at when they need us most. Jean also adjuncts at Indiana University, sits on the Board for the Indiana Hospital Association and Chairs the Behavioral Health Council for IHA, on the Zero Suicide Grant Advisory for Indiana, and is passionate about suicide prevention.



Eric Schmidt, MSW, LCSW, MBA has served in key executive level positions in the behavioral health and substance abuse field for the past 28 years. He has received both a MSW and an MBA. Eric provides a variety of clinical services utilizing a range of techniques and theoretical designs. In particular, he has extensive clinical experience working with addiction, borderline personality disorder, trauma, and post-traumatic stress disorder. Further, Eric is adjunct faculty for the University of Utah School of Social Work, where he teaches clinical and professional development courses. Currently he co-owns and serves as the CEO of New Roads Behavioral Health, which primarily serves clients with severe persistent mental illness, addiction, and personality disorders. He is the President of the Utah Association of Addiction Treatment Providers. He also serves as a member several national organizations for behavioral health, tirelessly advocating for clients on both the national and state levels.



Nicky Treadway, LMHC, NCC, MA holds a Master of Arts in Counseling from Northwestern State University. She specializes in Maternal Mental Health and adventure therapy/experiential approaches. She is also the host of the podcast Cognizant and co-owns and operates EPIC Adventures Therapy, in North Palm Beach.

Faculty Biographies



Jaime Vinck, LPC, NCC, CEIP joined Sierra Tucson in August 2014 as Chief Clinical Officer. She oversaw the design and implementation for Sierra Tucson programs. In December 2015 Jaime was promoted to Chief Operations Officer, where she led strategic operational initiatives. In December 2017, Jaime was promoted to Chief Executive Officer. While COO, Jaime also represented Sierra Tucson on a national basis, speaking on Compassion Fatigue and Provider Resilience, The Mature Adult Treatment Experience and The Importance of Collaboration when Treating Co-occurring Disorders. Prior to joining Sierra Tucson, Vinck served in a number of positions with Journey Healing Centers. As an independently licensed clinician, she also began her own private practice in Scottsdale in 2007. Jaime is a Certified Equine Interaction Professional, with a specialization in Mental Health. Prior to entering the behavioral health field, Jaime had a successful career in Human Resource Management with Chrysler Corporation in Detroit, Michigan and Omnipoint Communications (T-Mobile) in Cedar Knolls, New Jersey.



Gordon Woods, AS has been a Care Manager with WestBridge since 2013. Gordon's job duties include providing clinical interventions, side by side support in the community to enhance participant's recovery and wellness and facilitates groups specific to the Co-Occurring population. Gordon is currently enrolled in Springfield College: School of Human Services, in Manchester; with a concentration in addictions studies.



Mary Woods, MS, BS is a dedicated professional with 39 years experience in mental health and substance abuse counseling who excels in a dynamic environment and has proven problem-solving, interpersonal and public speaking skills. Certifications: Licensed Drug and Alcoholism Counselor; Licensed Clinical Supervisor for Substance Abuse Counseling; Registered Nurse; and ANCC Certified Psychiatric and Mental Health Nurse. Education: Masters of Science in Human Services Administration from Springfield College. Bachelor of Science in Psychology/ Sociology from New England College, Henniker. Diploma as a Registered Nurse from St. Joseph's Hospital School of Nursing.



Jim Yoxall, CSC, MA is an Ordained Minister and Certified Spiritual Counselor is the Spiritual/Wellness Director at Pavillon, a center for addiction treatment, in N.C. Wolf provides experiential spiritual direction, wellness counseling, spiritual group process and lectures on spirituality/ wellness for recovery.



Find CORE and C4 Events
On The Web

-  C4Recoveryfoundation
-  C4 Recovery Foundation
-  @C4recovery
#c4core
-  C4recovery

2018 CORE - CE Information

Satisfactory Completion

In order to receive a continuing education certificate, the following must be met:

1. registration fee must be paid
2. each session attended must be attended in its entirety and
3. an attendance/evaluation form must be completed within 90 days of the conference.

Participants not fulfilling these requirements will not receive a certificate. Failure to complete and turn in the attendance/evaluation form will result in forfeiture of credit for the entire symposium. No exceptions will be made.

ADA Statement

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate your needs by May 30, 2018. We cannot ensure the availability of appropriate accommodations without prior notification. For questions about accessibility or to request accommodations please contact Katie Myvett at katie@c4recovery.org (816-883-8619).

Grievances

If you would like to file a grievance, or have complaints please contact

Dee McGraw at Dee@C4Recovery.org

Check for updated CE information under the Program tab at core-conference.com

CORE CONFERENCE – CE LANGUAGE 4.26.18

Satisfactory completion

Participants must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. NOTE: If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Physicians / Nurses / Pharmacists



JOINTLY ACCREDITED PROVIDER
OF PROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and C4 Recovery Network. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 25 AMA PRA Category 1 Credits™ for physicians and 25 contact hours for nurses and 25 knowledge-based contact hours for pharmacists. Learners should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants

AAPA accepts AMA PRA Category 1 Credit(s)™ for the PRA from organizations accredited by ACCME.

Nurse Practitioners

The American Association of Nurse Practitioners (AANP) recognizes the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC) as approved accreditors and allow reciprocity for AANPCP continuing education credit.

Psychologist - American Psychological Association (APA)

This course is co-sponsored by Amedco and C4 Recovery Foundation. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 25 hours.

Professional Counselors in these states can submit APA = AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IL, IN, KY, KS, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MFT's in these 31 states can submit APA = AK, AR, AZ, CA, CO, CT, DE, FL, IA, ID, IN, KS, ME, MO, NE, NC, NH, NM, NJ, NV, OK, OR, PA, SC, SD, TN, TX, UT, VA, WI, WY

Social Workers - Association of Social Work Boards (ASWB)

Amedco, #1346, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Amedco maintains responsibility for the program. ASWB Approval Period: Social workers should contact their regulatory board to determine course approval for continuing education credits.

Social workers participating in this course may receive up to 25 clinical continuing education clock hours.

Professional Counselors in these 30 states can submit ASWB = AK, AL, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

MFT's in these 25 states can submit ASWB = AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, ME, MO, NC, NE, NH, NM, NV, OK, PA, TN, TX, UT, VA, WI, WY

Georgia Marriage and Family Therapist Board

This conference has been submitted to the board for review.

American Academy of Family Physicians

This conference has been submitted to the board for review.

Employee Assistance Professionals

This conference has been submitted to the board for review.

Illinois Alcohol and Other Drug Abuse Professional Certification Association, Inc.

This conference has been submitted to the board for review.

Georgia Addiction Counselor Association

This conference has been submitted to the board for review.

American Board of Addiction Medicine

This activity has been submitted for review.

Mississippi State Board of Examiners for Social Workers and Marriage & Family Therapists

This activity has been submitted for review.

Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling

C4 Recovery Foundation is approved by the Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling. Provider #50-15228. 25 Hours.

Pennsylvania Certification Board (PCB)

This conference has been submitted for review.

National Association for Alcoholism and Drug Abuse Counselors (NAADAC)

This course has been approved by C4 Recovery Foundation, as a NAADAC Approved Educational Provider, for number of credits CE. NAADAC Provider #000507, C4 Recovery Solutions is responsible for all aspects of their programming. 25 hours.

Don't see the credentials that you are looking for, or if you have any questions, please email Katie Myvett at katie@c4recovery.org

BEHAVIORAL HEALTH EMPLOYERS NEED A
LEVEL OF JOB PERFORMANCE
THAT IS BETTER THAN SATISFACTORY



The candidates at C4 Career Connections deliver consistent excellence – a standard which can only be met with continuous access to state-of-the-art skills and continuing education. By leveraging the power of a trusted non-profit organization, you tap into a talent pool of candidates with the training and education needed for long-term success.

Don't miss this unique opportunity to be seen by an exclusive audience of the best and brightest in the behavioral health industry. Visit C4 Career Connections to post your job today!



C4 CAREER
CONNECTIONS

c4recovery.org/careerconnections

Thank you to the CORE 2018 Recovery Media Partners



Addiction/Recovery eBulletin™



Hotel Information

OMNI HOTELS & RESORTS AMELIA ISLAND PLANTATION

39 Beach Lagoon Rd, Amelia Island, Florida 32034

Phone: 904-261-6161 Mention: **C4 Recovery/CORE for discount**

Website: <http://core-conference.com/omni-amelia-island-plantation/>



Room Block closes June 13

Rate: \$209.00 – Single/Double

\$269.00 – 1 Bedroom Villa Suite

Room rates quoted exclusive of applicable state and local taxes, (currently 11%). Quoted rates will be offered, based on space and rate availability, to attendees three days before and three days after the conference dates.

About the Omni Plantation

The Omni Amelia Island Plantation is Florida's award-winning island destination. Recognized for offering a luxury resort experience in perfect harmony with nature, the oceanfront retreat, located just north of Jacksonville, Fla., is nestled between the Atlantic Ocean, lush marshlands and the Intracoastal Waterway. Situated on the 1,350-acres of the Amelia Island Plantation, the property's improvements include 404 luxury oceanfront guest rooms and suites; the largest pool deck in Northeast Florida and boasting spectacular Atlantic views. Rich in recreational amenities, the resort also offers three-and-a-half miles of wide, uncrowded beach; 54 holes of championship golf; 23 Har-Tru® tennis courts; award-winning recreation programs; a shopping village with restaurants, boutiques and a nature-inspired signature spa; a state-of-the-art fitness center; nine culinary options ranging from casual to fine dining; kids camps; and numerous activities for adventurers including kayaking, horseback riding, Segway tours and seven miles of paved trails. The Villas of Amelia Island Plantation feature 300 one-, two- and three-bedroom villas with ocean, golf or resort views. The Omni Amelia Island Plantation offers authentic, genuine guest experiences with AAA Four-Diamond service and the expectations of the Omni brand.

Resort Service Fee—Waived

The Resort Service Fee of \$20.00 per night has been waived for this conference; however all group attendees will receive the following amenities:

- Complimentary Self Parking
- Unlimited internet access in all accommodations
- On-property Resort transportation service
- Unlimited use of Health & Fitness Center
- In Room Coffee Service
- Local & Toll Free Phone Access
- Resort beach access
- Preferred Racquet Club and Golf Course reservation access

Travel Information/Directions

To take advantage of our Delta Discount and get more detailed information on airports, driving directions, and other travel related information, please see the Hotel/Travel tab on www.C4events.org/core

Registration Form

To Register, please complete this form and forward with payment by mail or fax with credit card information to:
CORE Registration, 1018 Sweet Juliet Way, Greer, SC 29650
Checks are to be made out to: C4 Recovery Solutions/CORE
864-479-0679/Fax 864-479-0680 Email Questions to at help@c4recovery.org

OPTIONS

ANNUAL CORE GOLF TOURNAMENT ☐\$150 for 18 holes
WILLOW WOMEN'S EVENT ☐\$115
C-ATM 2 DAY COURSE ONLY ☐\$360
INTENSIVE LEARNING COURSE ☐\$100

SYMPOSIUM REGISTRATION FEES Symposium Registration fees (Sunday evening through Wednesday noon) include all presentations, the Opening Reception, Monday Luncheon, Tuesday Luncheon, all Coffee/Beverage Breaks and all Snack Breaks.

Regular Attendee Fees:
Early Registration through 6-15-18 ☐\$325
Registration on or after 6-16-18 ☐\$395

Group Registrant Registration Fee (3 or more registrations received together)
Early Registration through 6-15-18 ☐\$295
Registration on or after 6-16-18 ☐\$345

PLEASE CHECK THE WORKSHOPS YOU PLAN TO ATTEND.

SUNDAY EVENING, JULY 15

Opening Reception ☐ (Complimentary—pre-registration required)
Opening Plenary ☐#199

MONDAY, JULY 16

Morning Plenary ☐#200
Morning Workshops ☐#225 OR ☐#226 OR ☐#227
Luncheon Plenary ☐#250 (Complimentary - pre-registration required)
Early Afternoon Workshops ☐#253 OR ☐#254 OR ☐#255
Late Afternoon Workshops ☐#275 OR ☐#276

TUESDAY, JULY 17

Morning Plenary ☐#300
Mid-Morning Workshops ☐#325 OR ☐#326 OR ☐#327
Luncheon Plenary ☐#350 (Complimentary - pre-registration required)
Early Afternoon Workshops ☐#352 OR ☐#353 OR ☐#354
Late Afternoon Workshops ☐#375 OR ☐#376
Evening Plenary ☐#380

WEDNESDAY, JULY 18

Morning Workshop ☐#400
Closing Plenary ☐#425

NAME BADGE Please print your name, organization, city and state to appear on your name badge:

Name _____
Credentials _____
Organization _____

MAILING ADDRESS

Street _____
City/State/Zip _____
Phone _____
E-Mail _____

PAYMENT INFORMATION

Check # _____ Please make check payable to **C4 Recovery Solutions, Inc./CORE.**

All cancellations MUST be submitted in writing, telephone requests WILL NOT be honored. Cancellations received more than 30 days prior to the conference, paid or unpaid invoices, will incur a \$35.00 administrative fee. Cancellations received 14 to 30 days prior to the conference, paid or unpaid invoices will be refunded at 50% of the invoice. No refunds will be given for cancellations received within 14 days of the conference and all unpaid invoices will be due in full.

There will be NO EXCEPTIONS.

CREDIT CARD ☐Visa ☐Mastercard ☐American Express ☐Discover
Card # _____ Expiration Date _____

Street/City/State/Zip _____

(For bank verification purposes, please include the address where you receive your credit card statement.)

Signature _____

Supporters



CORE and C4 Conferencing extend our gratitude to:

Title Patrons



Collaborators



Fellowship Patron



Gold Patrons



Silver Patrons



Supporters

AION Recovery • Behavioral Health Association of Providers • Burning Tree • C4 Consulting • Cardwell C. Nuckols & Assoc. LLC • Cumberland Heights • Epic Adventures Therapy LLC • Jeri Davis International (JDi) • Loyola University-New Orleans • Mt. Sinai Wellness Center • New Roads Behavioral Health • Onsite & Milestones at Onsite • Pavillon Treatment Center • Refuge Recovery Treatment Centers • Sierra Tucson • Skyland Trail • Springstone, Inc. • Temple University • The Next Door • Turnbridge • University of Dayton • Valiant Living • Vista Research Group, Inc. • WestBridge Family Services • WestBridge Inc. • WILLOW Institute

Supporting does not mean pay to speak

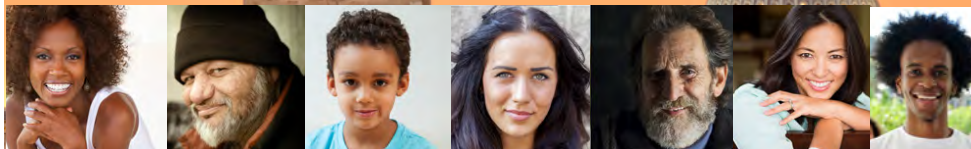
**FACES &
VOICES**
OF RECOVERY

**Organizing and mobilizing the
Recovery community since 2001**

66,859

**Faces & Voices
Community Members**

**Learn what it means to become a member
www.facesandvoicesofrecovery.org**



**Join us at our America Honors Recovery
Awards Gala on July 23rd, 2018 in
Washington, DC**



C4 Events is expanding our educational outreach to behavioral health professionals with webinars. These webcasts offer a challenging and creative curriculum taught by expert faculty using stimulating, interactive tutorials on timely topics important to the audience. The takeaway will be practical, useful and cutting-edge learning tools that can be implemented in practice and business. Be sure to sign up for these upcoming C4 webinars:



Wednesday, June 20

Brave-Hearted Leadership

Jean Campbell, LCSW, CIPP, CPC, TEP



Thursday, July 26

*The Elephant in the Middle of the Examining Room:
Doctor Depression, Anxiety and Suicide*

Louise Stanger, Ed.D, LCSW, CDWF, CIP



Wednesday, August 15

How to Engage Your Team like a World-Class Leader

Ilana Zivkovich, LCSW, LCDC, CDWF



Thursday, September 20

Positioning Your Center for Long-Term Growth & Success

Nick Jaworski



Thursday, October 17

*The Straight and Narrow Bottom Line: Law and Ethics
Related to Third-Party Payment*

Michael Barnes, Esq



Wednesday, November 14

*How Most Therapists Make Anxiety Disorders Worse
and What To Do Instead*

Andrea Kulberg, PhD

TO VIEW A COMPLETE LIST UPCOMING WEBINARS,
VISIT C4EVENTS.ORG/WEBINARS



Featured Faculty



Andrea Barthwell
MD, DFASAM



Jim Borling MM,
MT-BC, FAMI



Stephen Dansiger
PSYD, WFT



Jonathan De Carlo
CACII



Cheryl Dileo PhD,
MT-BC



Susan Gardstrom
PhD, MT-BC



James Hiller PhD,
MT-BC



John McAndrew
Tena Moyer MD



Tena Moyer MD



Kathleen Murphy,
PhD, MT-BC



Cardwell Nuckols
PhD



Troy Pulas MD



Jaime Vink
LPC, NCC, CEI



Mary Woods
MS, BS



core
Clinical Overview of the Recovery Experience

Register Online at www.C4events.org/core

CORE Registration Dept
C4 Recovery Foundation
926 Cambridge Drive SE
Grand Rapids, MI 49506

#c4core

