



Continuing Medical Education
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Memphis, TN 38104

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4th ANNUAL

Multi-Specialty Conference for the Primary Care Physician

presented by **Methodist University Hospital**



presented by

Multi-Specialty Conference for the Primary Care Physician

4th ANNUAL

Saturday, February 29, 2020

University of Memphis • FedEx Institute of Technology
365 Innovation Drive • Memphis, TN 38152

Register online at www.methodistmd.org



Course Description

The Multi-Specialty Conference for the Primary Care Physician is designed as an update and review in a variety of specialty areas that you may encounter with patients in a primary care setting. Evidence-based lectures will be delivered by academically and clinically oriented faculty and will provide valuable information and insight into situations that are commonly presented to the primary care physician.

Target Audience

This conference is intended to enhance knowledge and improve competency for family practice, internal medicine physicians, nurse practitioners, physician assistants and other health care professionals who are involved in diagnosing, treating and preventing diseases in the general patient population.

Educational Objectives

Upon completion of this conference attendees should be able to:

- Define, diagnose and manage Intersitital Lung Disease and Sarcoidosis
- Identify common rashes
- Identify current treatment options for diabetes
- Understand use of CBD in patient population
- Identify treatments and indications for referral for potential stroke patients
- Understand proper blood pressure measurement techniques and medication usage in management of hypertension
- Use antihypertensive agents in those with indications and manage those with resistant hypertension
- Identfy patients to screen for Osteoporosis and treatment options
- Understand current trends in cardiology
- Review medcial managment treatment options for obesity

Course Director

Catherine Clarke, MD, FACP practices internal medicine at the Methodist Specialty Clinic. She also serves as Assistant Professor with the University of Tennessee Health Science Center. Dr. Clarke received her medical degree from the University of Tennessee School of Medicine and completed her internal medicine residency at Methodist Hospital. She is board certified in internal medicine.

Course Faculty

- William Cushman, MD**
John Jefferies, MD
Dipen Kadaria, MD
Seughyun Kim, MD
Katherine March, PharmD
William Mays, MD
Atossa Niakan, MD
Whitney Shroyer, MD
Lisa Usdan, MD
VIrginia Weaver, MD

Faculty Disclosure

As a provider accredited by ACCME, Methodist Le Bonheur Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director, planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Accreditation

Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit

Methodist Le Bonheur Healthcare designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PROGRAM

Saturday, February 29, 2020

7:15 – 7:45 a.m.	Registration and Breakfast
7:45 – 8:00 a.m.	Welcome and Opening Remarks Dr. Catherine Clarke
8:00 – 8:45 a.m.	Approach to Interstitial Lung Disease and Sarcoidosis – Dr. Dipen Kadaria
8:45 – 9:30 a.m.	Common rashes in the outpatient setting Dr. Whitney Shroyer
9:30 – 10:15 a.m.	CBD Oil: What Do I Need to Know and Where Does it Fit Into My Practice Dr. Katherine March
10:15 – 10:30 a.m.	Break
10:30 – 11:15 a.m.	Assessment and Management of Hypertension in 2020 – Dr. William Cushman
11:15 – 11:45 a.m.	Hypertension Case Studies – Dr. Atossa Niakan
11:45 – 12:30 p.m.	Updates in Cardiology – Dr. John Jefferies
12:30 – 1:15 p.m.	Lunch
1:15 – 2:00 p.m.	Strokes of Genius: Primary Providers as the Keystones of Care – Dr. William Mays
2:00 – 2:45 p.m.	Treating Diabetes Today: To Inject or Not to Inject – Dr. Lisa Usdan
2:45 – 3:00 p.m.	Break
3:00 – 3:45 p.m.	Updates in Osteoporosis – Dr. Seughyun Kim
3:45 – 4:30 p.m.	Medication Management for Obesity Dr. Virginia Weaver
4:30 p.m.	Concluding Remarks

Program Registration

4th Annual Multi-Specialty Conference for the Primary Care Physician
Saturday, February 29, 2020

Name: _____ Degree: _____
Address: _____
City: _____ State: _____ ZIP: _____
Phone: (____) _____ Fax: (____) _____
Specialty: _____ Email: _____
☐ *I give permission to CME to send educational activity announcements via email.*

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Signature: _____
Statement Address: _____
City: _____ State: _____ ZIP: _____

Register online at **www.methodistmd.org** or mail, fax or telephone your completed registration form and tuition to:
Continuing Medical Education • Methodist Le Bonheur Healthcare
251 S. Claybrook, #512, Memphis, TN 38104
901.516.8933

Registration Fee

The registration fee is **\$175.00** and includes course material, continental breakfast, breaks and lunch for participants only. Written confirmation of your registration will be sent upon receipt of your payment. Full refund will be given for cancellation notice in writing before **February 22, 2020**. Cancellations after that will be assessed an administrative charge. No refunds will be given after **February 28, 2020**. Checks should be made payable to Methodist Le Bonheur Healthcare. American Express, Discover, MasterCard and VISA payment is accepted. For further information call **901.516.8933**. Please note that Methodist Le Bonheur Healthcare reserves the right to alter program titles, speakers or sessions if circumstances so dictate or the right to cancel or reschedule this seminar due to insufficient number of registrants.

Going Green

Conference materials will be available electronically on **February 28, 2020**. After registering for the conference you will be given a link and password to access the materials. Feel free to download and print prior to the conference.

Conference Site

The FedEx Institute of Technology is located on the University of Memphis Campus at 365 Innovation Drive, Memphis, TN 38152. It is centrally located in the heart of Memphis and easily accessible to downtown, the airport, and shopping. Parking is located across the street in the parking garage. Parking vouchers will be provided for free parking at registration. **The Holiday Inn - University of Memphis**, 3700 Central Avenue, Memphis, Tennessee is located just down the street from the conference location. For more information you can reach the Holiday Inn at **901.678.8200**.