



QRC: 3499

Price

One Day : \$460 inc. GST

Two Days: \$610 inc. GST

Date

02 - 03 May 2019

Venue

Oaks On Collins

480 Collins St , Melbourne, VI, 3000

CPD Hours

11 Hours | 0 Mins

The Enrolled Nurses' Conference - Melbourne 2019

An Annual Ausmed Education 2 Day Event

Need for Program

Enrolled nurses (ENs) are under pressure to extend their scope of practice and broaden their nursing knowledge. This includes being proficient and skilled in selected areas of care. In addition, the gap between evidence and practice continues to widen - weakening the effectiveness of patient outcomes. As responsibility and accountability are fundamental to the work of ENs, it is imperative that continuous updates to knowledge and skills are integrated into all aspects of patient care.

Purpose of Program

The purpose of this program is to improve patient outcomes by increasing the clinical and professional knowledge and practice of enrolled nurses.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Use information from patients about their care preferences in the development of the nursing care plan
- Critically interpret and use patient information from a range of sources to provide best practice nursing care
- Use communication as a therapeutic tool to facilitate collegial and interprofessional collaboration
- Implement and evaluate care that reflects best available nursing evidence so that safe and quality care is provided

Program Schedule

Day One

8:30 Registration for Day One

9:00

Welcome and Introduction

9:15

Geoff Ahern

Why Not All Wounds Are Visible - A Trauma-Informed Approach

You have just arrived for your shift, received handover, and are caring for yet another agitated person with delirium or dementia. Take a second to stop and think, is there a reason they are experiencing outbursts of agitation? Could there be an underlying reason? Let's rewind and take a trauma-informed approach to this situation. Using a case study, we will help you take a different approach to outbursts, agitation, and other challenging behaviours. It includes:

- What is trauma?
- Why might behavioural symptoms of delirium and dementia be expressed in a person who has experienced trauma?
- What does it mean to take a trauma-informed approach?
- Why should we be asking "what has happened to this person"?
- How can knowing their past trauma help understand current behaviours?

10:00

Geoff Ahern

Tips for Coping with Aggressive Behaviours

It can be very distressing if a patient or resident experiences periods of agitation and even aggression as a result of their medical condition. Recognising aggressive behaviours and knowing the steps needed to de-escalate a possibly violent situation ensures you are able to keep yourself safe. This practical session will demonstrate:

- What does aggression look like?
- How do you stay safe and keep others safe?
- What can you do to de-escalate an aggressive situation?
- Who can you speak to if you're exposed to danger?

11:00 Morning Tea

11:30

Amanda Wynne

An Unacceptable Failure - Investigating Elder Abuse

Recent media attention has shined a light on elder abuse. As a healthcare worker, it is imperative that you are able to recognise the signs of abuse in an older adult. This session will look further into signs, the disclosure of information, and the documentation process. It includes:

- What are the signs of elder abuse?

- How can you disclose and expose situations of elder abuse safely?
- What is your role in mandatory reporting?

12:30

Geoff Ahern

Working with Difficult and Unpredictable Colleagues

This session will assist you to understand the nature of complex personalities. Such challenges can cause dissatisfaction and even disruption at work. This session will help you to understand why some personalities are a potential cause of difficult workplace situations. It includes:

- What are the characteristics of a personality disorder?
- Why are there challenges associated with personality disorders?
- What are some practical strategies to manage these situations?

1:30 Lunch and Networking

2:30

Geoff Ahern

Conversation Tables - Time to Get Together to Converse About Hot Topics for Enrolled Nurses

Have you ever wondered if other enrolled nurses are having the same experiences as you? Here is your opportunity to connect more deeply with your peers. Bring your questions and comments and be ready to swap! Conversations will run for approximately 10 minutes and you will have time to connect with three groups.

3:00 Afternoon Tea

3:30

Renee Di Giuseppe

Your Career Vision

Taking time for yourself and creating a vision for your future is important. But being able to acknowledge clear goals and develop a vision can be difficult when you're not sure of your priorities and passions. This session will look at tips for setting goals to help you see what your future may hold. It will show you:

- How to avoid being your own worst enemy when it comes to reaching your goals
- The foundational work that will make your bigger goals a reality
- How to set clear goals that have real meaning for you
- How to avoid procrastination and build confidence

4:30 Close of Day One of Conference

Day Two

9:00 Commencement of Day Two

9:00

Julie Loughran

Test Your Knowledge of Diabetes

You probably care for patients with diabetes every day. But how well do you actually know diabetes? As such, this session will touch on the pathophysiology of diabetes and the significant role the pancreas plays in our body. Topics include:

- Why does diabetes occur? – A look into the pathophysiology
- What is the role of the pancreas normally and how does it change in diabetes?
- Why do we test for ketones?
- Why is insulin given?

9:45

Phoebe Barr

Ceasing Complacency - Why Medication Safety Matters

Being busy is often the number one thing on an ENs mind. We plan and prioritise our time to get things done. However, recognising when our behaviours may switch from routine to complacent is essential if we are to ensure errors are avoided. This session will go back to basics on medication safety to ensure you leave feeling confident about your own practice. It includes:

- What are the common medication incidents involving ENs?
- How can you prevent these?
- Where can you go to obtain up-to-date information on medicines relevant to EN's scope of practice?
- How can you improve medication administration safety and documentation?

10:45 Morning Tea

11:15

Diana Clayton

The Problem With Falls

Accidental falls are common in hospitalised patients and people of advancing age. In the community, falls contribute significantly to hospital admissions. This can result in serious health problems or even death. Nurses are well positioned to drive change in risk minimisation and fall prevention. This session includes:

- The problem with falls – the extent, risk factors, and impacts
- The keys to prevention – screening, assessment, planning, and education
- National guidelines and NQSHS Standard 5
- Reporting and incident management

12:00

Melinda Brooks

More than Just Turning - Preventing Pressure Injuries

Reduced mobility is a common occurrence with ageing. As an older adult loses strength and the ability to move frequently, pressure injuries form in areas that are under sustained amounts of pressure. This session explains:

- What is a pressure injury?
- Who is at risk of developing a pressure injury?
- How can you reduce the risk of a pressure injury in an immobile patient?
- How do you reposition a person to reduce accumulated pressure in a certain area?
- When do you need to report a pressure injury?

1:00 Lunch and Networking

2:00

Skye Coote

Caring for a Person Who Has Had a Stroke

Caring for a person who has experienced a stroke can be challenging. This session will focus on communication, mobility, and eating and drinking following a stroke. It includes:

- How can you communicate with someone who has had a severe stroke?
- How can you ensure food and fluids are given safely?
- What do you need to do to mobilise someone safely?

3:00 Afternoon Tea

3:30

Loretta Quinn

Caring for People with Cognitive Impairment

Cognitive impairment is often prevalent in older adults in aged care facilities. This session will look at the different conditions that come under cognitive impairment and will discuss how to care for people with these conditions. It will include:

- What is the difference between dementia and delirium?
- Why might they be confused with symptoms of depression?
- How do you manage symptoms of delirium, dementia, and depression?
- Alternative ways of managing dementia-related symptoms?
- What if a resident becomes suddenly confused?

4:30 Close of Conference and Evaluations

Presenters

Geoffrey Ahern

Geoffrey Ahern is a senior mental health clinician and educator who splits his time between working with people in a mental health crisis in the ED setting and working proactively in educating other health professionals and the community about how to better understand mental health problems and also substance use and addiction. Over the years, he has gained extensive experience in emergency and trauma, rural nursing, alcohol and other drug counselling, and psychiatric nursing across both the public and private sectors. He holds a masters of health science (mental health and addiction). Geoff is particularly fascinated by the impact that exercise, nutrition, community, meaning and purpose, and practices like yoga have on a person's mental health as well as living a simple life of reflection, contentment, and wonderment.

Amanda Wynne

Amanda Wynne is a barrister at the Victorian Bar whose practice includes family law, child abuse, family violence, mental health, health profession disciplinary panels, coronial inquests, victims of crime, and guardianship and administration regarding the elderly. Amanda also holds nursing qualifications and is an experienced general nurse, midwife, and maternal and child health nurse, last practising in May 2009. She regularly presents pertinent legal seminars to the healthcare profession.

Julie Loughran

Julie Loughran is a credentialled diabetes educator and has been working in the field of diabetes for the last 20 years. Julie moved from the UK in 2013, where she worked as a diabetes nurse. She is a certified DAFNE and DESMOND trainer and has been involved in several structured education programs for managing people with diabetes. Since moving to Australia, Julie works as a diabetes nurse consultant for Northern Health.

Phoebe Barr

Phoebe Barr is the acting lead pharmacist for the Division of Surgery and Oral Health at the Canberra Hospital and Health Services. Phoebe's passion for pharmacy began working in her father's rural community pharmacy in South Gippsland. Since graduating in 2011, she has worked in tertiary hospitals in Melbourne and Canberra. Phoebe has particular interests in emergency medicine and perioperative medication management and has a love of educating and empowering patients and her colleagues.

Diana Clayton

Diana Clayton is a clinical nurse consultant who works for Peninsula Health in the Falls Prevention Service. She initially set up the inpatient falls prevention program and currently oversees the program in the subacute and residential care settings. She has been in her current role for 13 years and has presented at a number of conferences over that time. She is a passionate advocate for falls prevention across the whole health spectrum.

Melinda Brooks

Melinda Brooks has worked in wound management for more than 20 years in a variety of settings from the Victorian Adult Burns Unit, to community nursing, to research and lecturing in wound care at both Monash and Latrobe Universities. Melinda works in private practice as a Nurse Practitioner in wound management, following her endorsement in 2013. Her work is mainly in aged care and the community, providing consultancy and education. In 2016, Melinda and two colleagues began *Wounds R Us* – a collaboration which provides wound management education to clinicians around Melbourne. Melinda has presented at many state and national conferences and thrives on teaching others about the importance of holistic wound management. Melinda is currently a member of the Wounds Australia Education Pillar and committee member of the Wounds Australia national conference 2018.

Skye Coote

Skye Coote is a stroke nurse consultant at a Melbourne metropolitan hospital. She has an extensive background in critical care nursing and holds a master's degree in nursing. She has won international awards for stroke nursing and is currently co-chair of the Australian Stroke Nurses Education Network. She has a passion for improving patient outcomes post stroke, stroke research, and improving stroke education and knowledge for both nurses and the community.

Loretta Quinn

Dr Loretta Quinn, registered music therapist, and Registered Div 1 Nurse has a unique, engaging and practical approach to her designed workshops, incorporating evidence-based nursing and music therapy strategies to decrease dementia-related symptoms. Her therapeutic music CDs and handbooks are easy to use for everyone, including those without a music background. Dementia Consultancy Services provides evidence-based practical training and consultancy services for professional aged care staff. The services provided are suitable for both allied health and professional nursing care providers in both community and residential settings. Founded by Dr Loretta Quinn, Dementia Consultancy Services has developed a wide range of products, workshops and consulting services all designed to provide professional carers and their families the tools they need to provide the best care possible for people with dementia.

Renee Di Giuseppe

Renee Di Giuseppe is a Critical Care Registered Nurse and holds a Master of Health Science (Critical Care). She works in the intensive care unit of a large public hospital in Melbourne. Renee has a great passion for nursing and enjoys presenting regularly for Ausmed Education. Renee holds valuable experience as a clinical teacher for undergraduate nursing students and has extensive experience as an ANUM an acting NUM within the Intensive Care Unit.

Registration form

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Level 1 / 171 LaTrobe Street,
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