

Maximum of 18.5
AMA PRA Category 1 Credits™

UC DAVIS
HEALTH

OFFICE OF CME



WOMEN'S HEALTH CONFERENCE

June 1-3, 2017

Thursday-Saturday



HYATT
REGENCY

LAKE TAHOE
RESORT, SPA & CASINO

Incline Village, NV



SCAN HERE FOR WEBPAGE

SPONSORED BY:

UC DAVIS HEALTH

Office of Continuing Medical Education and
Women's Cardiovascular Medicine Program

CARDIOVASCULAR SYMPOSIUM

ACKNOWLEDGMENT: The Cardiovascular Symposium is sponsored by the Nora Eccles Treadwell Foundation

Thursday, June 1, 2017

- 7:15 am** Registration, Continental Breakfast, Visit Exhibits
- 7:50** **Welcome and Course Objectives**
- 8:00** **Success with Heart Failure**
Eileen Hsieh, MD
- 8:45** **Advances in Peripheral Arterial Disease**
John Laird, MD
- 9:30** **Panel Q/A**
- 9:45** Break, Visit Exhibits
- 10:15** **Cutting Edge Advances in Cardiology Over the Past 20 Years: Implications for Primary Care**
Amparo Villablanca, MD
- 11:00** **Climate Change and Women's Health**
Cynthia Mahoney, MD
- 11:45** **Panel Q/A**
- 12:00 pm** Lunch
- 1:00** **Mindful Self-Compassion to Enhance Heart Healthy Lifestyles**
Linda Larsen, RN-BC
- 1:45** **Q/A**
- 2:00** **Special Workshop: Yoga for Body and Mind (Evidence Based Cardiovascular Benefits)**
Linda Larsen, RN-BC
- 3:00** Adjourn

Friday, June 2, 2017

- 7:00 am** Registration, Continental Breakfast, Visit Exhibits
- 7:00** **Breakfast Roundtables**
Optional, informal meet-the-faculty discussions
Seating is limited to ten per table, no pre-registration
- 1. Dementia**
John Rutledge, MD
 - 2. Lipids**
Ira Goldberg, MD
 - 3. Stress Reduction**
Linda Larsen, RN-BC
 - 4. Preventive Cardiology**
Erin Michos, MD
- 8:00** **Update on Management of LDL Cholesterol**
Ira Goldberg, MD
- 8:45** **Cardiovascular Risk and Diabetes Management**
Jeff Langford, PharmD
- 9:30** **Panel Q/A**
- 9:45** Break, Visit Exhibits
- 10:15** **Calcium Supplements, Heart and Vascular Disease**
Erin Michos, MD
- 11:00** **Cardiovascular Impact from Preeclampsia Spectrum Disease**
Véronique Taché, MD
- 11:45** **Panel Q/A**
- 12:00 pm** Lunch
- 1:00** **Case Presentations: Update on Triglyceride Lowering**
Ira Goldberg, MD
- 1:45** **Case Presentations: Diet and Dementia: Is there a Connection**
John Rutledge, MD
- 2:30** **Panel Q/A**
- 3:00** Adjourn
- 5:30 - 6:30** **Meet the Faculty Hors d'oeuvres and Wine Reception**
Join the faculty for a special early evening reception enjoying the ambiance of the High Sierras. Admission included in tuition, additional charge for guests, see registration form.



Saturday, June 3, 2017

7:00 am Registration, Continental Breakfast, Visit Exhibits

7:00 Breakfast Roundtables
Optional, informal meet-the-faculty discussions
Seating is limited to ten per table, no pre-registration

5. Perimenopause and Menopause
Ina Cholst, MD

6. Osteoporosis and Bone Health
Pamela Prescott, MD

7. Breast Health
Mili Arora, MD

8. Gynecologic Malignancies
Gary Leiserowitz, MD

8:00 Update on Guidelines for Breast Cancer Screening
Karen Lindfors, MD

8:45 Breast Cancer: Update on Treatment
Mili Arora, MD

9:30 Panel Q/A

9:45 Break, Visit Exhibits

10:15 Pregnancy and Zika Virus
Véronique Taché, MD

11:00 Early Detection of Ovarian Cancer
Gary Leiserowitz, MD

11:45 Panel Q/A

12:00 pm Lunch (boxed lunch)

1:00 Update on Osteoporosis
Pamela Prescott, MD

1:45 Hot Flashes: Physiology, Quality of Life, Hormonal and non-Hormonal Treatments
Ina Cholst, MD

2:30 Panel Q/A

2:45 Concluding Remarks

3:00 Adjourn

Faculty

COURSE CHAIR

Amparo C. Villablanca, MD
Professor and Lazda Endowed Chair,
Cardiovascular Medicine
Director, Women's Cardiovascular
Medicine Program
Division of Cardiovascular Medicine
University of California, Davis

CARDIOVASCULAR SYMPOSIUM

GUEST FACULTY

Ira Goldberg, MD
Director, Division of Endocrinology,
Diabetes and Metabolism
NYU School of Medicine

Eileen Hsich, MD
Associate Medical Director for Heart
Transplant
Cleveland Clinic

Jeff Langford, PharmD, BCPS
Clinical Pharmacy Specialist,
Cardiology
University Hospital, Georgia

Cynthia Mahoney, MD
Chabot Nephrology Medical Group,
California
Medical Societies Consortium on
Climate and Health

Erin Michos, MD, MHS
Associate Director of Preventive
Cardiology
The Ciccarone Center for the
Prevention of Heart Disease
Johns Hopkins University

UC DAVIS FACULTY

John Laird, MD
Professor, Cardiovascular Medicine
Medical Director, Vascular Center

Linda Larsen, RN-BC
Preventive Cardiology Program
Certified Yoga Therapist

John C. Rutledge, MD
Professor, Cardiovascular Medicine
Harrison Endowed Chair in Diabetes
Research
Division of Cardiovascular Medicine

Véronique Taché, MD
Assistant Clinical Professor
Department of Obstetrics and
Gynecology
Division of Maternal Fetal Medicine
Residency Program Director

GENERAL WOMEN'S HEALTH AND GYNECOLOGY SYMPOSIUM

GUEST FACULTY

Ina Cholst, MD
Associate Professor
Clinical Obstetrics and Gynecology,
Reproductive Medicine
Weill Cornell Medical School

UC DAVIS FACULTY

Mili Arora, MD
Assistant Professor
Department of Internal Medicine,
Division of Hematology and
Oncology Associate Director
Fellowship Program

Gary Leiserowitz, MD
Professor and Chair
Department of Obstetrics and
Gynecology
Chief, Division of Gynecological
Oncology

Karen K. Lindfors, MD
Professor of Clinical Radiology
Chief of Breast Imaging
Department of Radiology

Pam Prescott, MD
Professor
Department of Internal Medicine,
Division of Endocrinology, Diabetes
and Metabolism

Véronique Taché, MD
Assistant Clinical Professor
Department of Obstetrics and
Gynecology
Division of Maternal Fetal Medicine
Residency Program Director

CONFERENCE COORDINATOR

Larry Jacinth, CMP
CME Specialist
Office of Continuing Medical Education
UC Davis Health

TARGET AUDIENCE

This activity is designed for primary care physicians, internists, specialists, and obstetricians/gynecologists. This conference is also designed to meet the educational needs of nurses, nurse practitioners, physician assistants, dietitians, clinical pharmacists, and other allied health professionals who are part of multidisciplinary women's health teams.

EDUCATIONAL NEED

UC Davis Health is committed to discovering and sharing knowledge to advance health. This knowledge and evidence based course is designed to change physician competence through cutting edge information about new frontiers in heart disease in women, reproduction, and other key topics in women's health and general gynecology. Faculty presenting and interacting with participants at this activity have been selected on the basis of their comprehensive clinical experience and academic excellence.

The conference will gather a prestigious group of physicians, nurses, and allied healthcare providers to provide practical, clinical information about cutting-edge therapeutic protocols, advances in diagnosis and management, and innovative translational research advances that impact women's health care.

The 2017 Women's Health Conference with cardiovascular, general women's health and gynecology symposia will provide an update on health care for women and focus on gender-specific aspects and care of diseases occurring in women. Through lectures, panel discussions, question and answer sessions, breakfast roundtables, and case-based discussions the course is designed to address the sex and gender-based differences in many health conditions that affect women and men. There are few courses nationwide that address the broad scope of these issues.

EDUCATIONAL OBJECTIVES

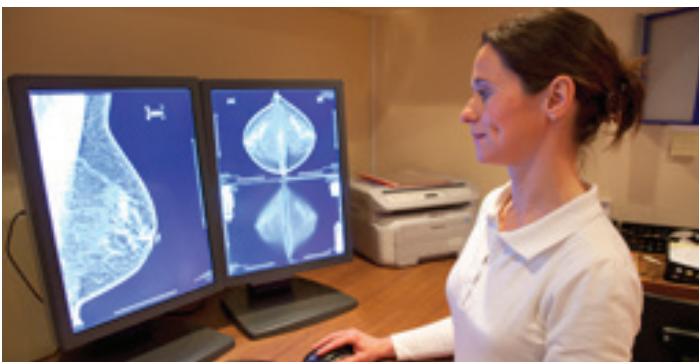
At the end of the activity, participants will be able to:

Cardiovascular Symposium: June 1-2

- Discuss new advances in the management of hypercholesterolemia and hypertriglyceridemia
- Describe the impact of global warming on women's health
- Identify new advances in cardiology and their relevance to primary care
- Discuss approaches to heart failure
- Summarize advances in peripheral arterial disease
- Explain how to integrate stress reduction and mindfulness into clinical practice
- Describe the benefits of yoga for the mind and body
- List the implications of diabetes management for cardiovascular risk
- Describe the connection between calcium supplements and heart and vascular disease
- Identify the link between pregnancy complications and risk for future cardiovascular disease
- Describe the impact of diet on dementia

General Women's Health and Gynecology Symposium: June 3

- Understand the current guidelines for breast cancer screening
- Describe the risks of Zika viral infection during pregnancy
- Discuss the early detection of ovarian cancer
- State advances in the management of breast cancer
- Discuss screening and management for osteoporosis
- Describe the physiology of hot flashes and options for hormonal and non-hormonal treatment



CONFERENCE REGISTRATION

Please register early – space is limited.

Tuition is \$525 for all attendees. **Confirmation of registration will be sent within two weeks after receipt of registration form.** The fees will increase after May 11, 2017.

Tuition includes three continental breakfasts, two luncheons, Friday evening “Meet the Faculty Reception” (additional charge for guest, see registration form), refreshment breaks, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund of tuition will be given.

Registration forms received without payment will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.

Cancellation and Refund Policy: A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by May 11, 2017. No refunds will be provided after this date.

ELECTRONIC EVALUATION AND CREDIT

The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the online evaluation your certificate will be available to print.

After 30 days this link will expire and these items are no longer available online. Please contact the Office of CME to receive your certificate. A \$15 administrative fee will be applied.

SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the conference for downloading and printing. A flash drive containing the syllabus will be distributed at the conference. There will be no printed syllabus for this activity.

ACCREDITATION

University of California, Davis, Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

Physician Credit: University of California, Davis, Health designates this live activity for a maximum of 18.5 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP CREDIT

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

AMA PRA Category 1 Credits™ acceptable for other health care providers

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report up to 18.5 hours of credit and fill in “CME Category 1” for the provider number).

Pharmacist: The California State Board of Pharmacy accepts coursework which meets the standard of relevance to Pharmacy practice and has been approved for AMA PRA Category 1 Credits.™

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.





HYATT REGENCY LAKE TAHOE

111 Country Club Drive
Incline Village, NV 98451
775-832-1234
<https://laketahoe.regency.hyatt.com>



A block of rooms is being held for conference participants at rates of:

SINGLE/DOUBLE: \$205

Plus hotel and sales tax (extension dates may be available). After May 11, 2017, reservations will be on a space and rate available basis. Reservations should be made directly with the hotel – mention **UC Davis Women's Conference** for special pricing.

A Waterfront Lake Tahoe Resort

Experience the perfect destination while enjoying the natural wonders surrounding this Lake Tahoe Resort. Located in the Sierra Mountain Range, this AAA Four Diamond hotel is a stunning lakeside destination for year-round adventure. Take advantage of the on-site amenities or get out and explore everything that Lake Tahoe has to offer, just steps from the front door.

AIR TRAVEL

Reno-Cannon International Airport (RNO)
Sacramento International Airport (SMF)

The Office of Continuing Medical Education has arranged group rates with United Airlines.

United Airlines Group Discount: To obtain Groups and Meetings discount prices go to <http://www.united.com/meetings>, click on "Book meetings reservations" and enter **Offer Code: ZX6T636361**.

GROUND TRANSPORTATION

Hertz Car Rental: To obtain discount prices go to <http://www.hertz.com> and enter **Convention Number 04H70008**.

National Car Rental: 1 (800) CAR-RENT and request **ID #5282865** for discounted rates.

BROCHURE ART CREDIT

Brochure images courtesy of Accreditation Council for Continuing Medical Education, UC Davis Public Affairs, Hyatt Lake Tahoe, and istockphoto.com



FOR FURTHER INFORMATION

UC Davis Health
Office of Continuing Medical Education
4610 X Street, Suite 2301
Sacramento, CA 95817
1 (866) CME4EDU (263-4338)
(916) 734-5390 Phone
(916) 734-0742 Fax
<http://cme.ucdavis.edu>

Registration Form (please print)

UC DAVIS
OFFICE OF CME

WOMEN'S HEALTH CONFERENCE
JUNE 1-3, 2017

First Name M.I. Last Name

☐ MD ☐ DO ☐ PhD ☐ PharmD ☐ RPh ☐ PA ☐ NP ☐ RN ☐ Other Lic. # _____

Institution/Employer (as you would like it to appear on your badge) Profession/Occupation

Address (where you would like your receipt mailed.)

City State Zip Code

() ()
Day Phone Fax Number

Email for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information: Please indicate your primary medical specialty:

☐ FP ☐ GP ☐ IM ☐ Other (specify) _____

Social Security Number (last 4 digits required for transcript purposes)

□ □ □ □ - □ □ □ □ - □ □ □ □

Web

If you did not receive a brochure in the mail, how did you hear about this conference?
(Example: PT&MG, UCD website, web search, magazine, friend)? _____

Have you attended this conference in the past? ☐ Yes ☐ No

REGISTRATION FEES

(Receipt/Confirmation will be mailed within two weeks)

All Participants Early Discount After May 11
☐ \$525 ☐ \$575

MEET THE FACULTY RECEPTION | Friday, June 2, 2017 | 5:30 - 6:30 PM

(included in tuition, preregistration required, guests invited at additional charge)

- ☐ I will attend the reception alone
☐ I will not attend the reception
☐ I will attend the reception with guests: # _____ adults
@ \$25 each guest = \$ _____

Name(s): _____

☐ If you need disability accommodations at the meeting, please let us know by May 11, 2017 and our representative will contact you.

Please note special dietary/food allergy requirements _____

Please check your payment method.

Mailed registration forms without check, credit card information or a purchase order number will not be processed until payment is received.

☐ Check enclosed payable to: UC Regents ☐ AMEX ☐ Discover ☐ MasterCard ☐ VISA

For your protection, do not fax or email your registration form with credit card information. Please mail your registration or contact our Registrar at (916) 734-5390 for assistance if you would like to use a credit card.

Account Number Expiration Date

Authorized Signature (name on card)

Please use ONE of these methods to register: (Do not mail if previously registered by telephone)



Mail this registration form and payment to:
Office of Continuing Medical Education
c/o UC Davis Cashier's Office
PO Box 989062
West Sacramento, CA 95798-9062



Telephone: (916) 734-5390/Toll Free: 866-CME4EDU

Fax: (916) 734-0742



For Office
Use Only

WOMEN17
6034

REGISTER ONLINE AT: <http://bit.ly/2lmW7sH>



WOMEN'S HEALTH CONFERENCE



June 1–3, 2017
Thursday–Saturday

Maximum of 18.5
AMA PRA Category 1 Credits™

HIGHLIGHTS

Cutting Edge Advances in:

- Diet and Dementia
- Heart Disease in Women
- Vitamin D and Vascular Disease
- Management of Lipid Disorders
- Zika Virus
- Pharmacotherapy and Alternative Therapies for Menopausal Symptoms
- Stress Reduction and Mind/Body Connection Through Yoga
- Hormonal and Non-Hormonal Treatments for Hot Flashes
- Osteoporosis
- Peripheral Arterial Disease
- Global Warming and Women's Health
- Early Detection of Ovarian Cancer
- Diabetes Management
- Screening and Management of Breast Cancer
- Breakfast Roundtables, Case-Based Discussions, Didactic Lectures, Meet the Faculty Reception
- And more!

