



West Virginia Association of Optometric Physicians
MID YEAR MEETING

MAY 17 - 21, 2023



**Greenbrier Resort
White Sulphur Springs, WV**

10 Hours of Education

**Advanced Procedure
Certification -
32 Hours**

Maximum of 50 people

REGISTRATION

www.westvirginia.aoa.org

Speaker Information



Nathan Lighthizer, OD, FAAO

Born and raised in Bismarck, ND, Nate Lighthizer, OD, FAAO, is a graduate of Pacific University College of Optometry. Upon graduation, he completed a residency in Family Practice Optometry with an emphasis in Ocular Disease through Northeastern State University Oklahoma College of Optometry. Dr. Lighthizer has since joined the faculty at the Oklahoma College of Optometry and serves as the Chief of Specialty Care Clinics and the Chief of Electrodiagnostics Clinic. In 2014, he founded and now heads the Dry Eye Clinic at the College of Optometry. Also in 2014, he was named the Director of Continuing Education as well as the Assistant Dean for Clinical Care Services at the Oklahoma College of Optometry. He is a founding member, and currently serves as Vice President, of the Intrepid Eye Society which is a group of emerging thought leaders in optometry. Dr. Lighthizer lectures nationally on numerous topics, most notably advanced ophthalmic procedures, electrodiagnostics, and ocular disease.

Jeff Miller, OD, FAAO



Jeff Miller, O.D., F.A.A.O. is a Professor of Optometry at Northeastern State University Oklahoma College of Optometry. He is the director of the NSUOCO Glaucoma Clinic as well as the Clinical Education Coordinator. Dr. Miller teaches Clinical Microbiology and Immunology; Glaucoma and Uveitis; and Differential Diagnosis of Ocular Disease. He has lectured in the U.S. and Canada on topics such as glaucoma, retinal imaging, and ocular nutrition. Dr. Miller is married to Terri Miller, O.D., a private practicing optometrist in NW Arkansas. They have a daughter, Maia, who is a Siberian Husky. When not talking about eye care, Dr. Miller enjoys talking about dogs, gardens, wines, and college football.



Doug Penisten, OD, Ph.D.

Dr. Penisten is a Professor and the Dean of the Oklahoma College of Optometry at Northeastern State University in Tahlequah, Oklahoma. A graduate of Indiana University, Dr. Penisten served as a Senior Lecturer for four years in the Department of Optometry at the University of the North, Republic of South Africa. At NSU he teaches courses in optometric history, binocular and refractive analysis. Dr. Penisten is a former Chair of the Accreditation Council on Optometric Education. He has served as a member of the National Board of Examiners in Optometry Basic Science Council and served as the Vice Chair of the Education Committee of the World Council of Optometry. Dr. Penisten is very active in international optometric education and curricular development.

Richard Castillo, OD



Dr. Castillo is a graduate of the Oklahoma College of Optometry as well as the Oklahoma State University Health Science Center College of Osteopathic Medicine and Surgery. He completed a medical/surgical internship followed by a residency in Ophthalmic Surgery at the OSU Medical Center in Tulsa. He has been Northeastern State University's principle surgeon, consulting ophthalmologist, and a clinical professor of Optometry since 1999. He currently serves as Assistant Dean overseeing the surgical training program, as well as Chief of the University's Ophthalmic Surgery Service. He is a strong proponent of optometric continuing education, lecturing extensively, and holding workshops both nationally and internationally. Dr. Castillo is the author of several textbook chapters. He is the immediate past-chair and commissioner of the National Commission for Vision and Health. He has served on the Applied Basic Science committee for the National Board of Examiners in Optometry, and as one of the exams Councils. Dr. Castillo is also a member of the Oklahoma Medical Reserve Service Corps. Rich resides happily in Tahlequah, OK along with his wife Tammy (also an Optometric Physician and NSU grad), their two boys, Nathan and Joshua, and a very opinionated miniature schnauzer named Max.

Hotel Information

The WVAOP has reserved a block of rooms at the rate of:

- **Traditional Guest Rooms - \$285.00 per room, per night + hotel taxes & fees**
- **Superior Guest Rooms - \$325.00 per room, per night + hotel taxes & fees**
- **Deluxe Guest Rooms - \$365.00 per room, per night + hotel taxes & fees**
- **Draper Suite - \$405.00 per room, per night + hotel taxes & fees**
- **Spring/Paradise Row Cottages - \$455.00 per room, per night + hotel taxes & fees**

To reserve a hotel room at this discounted rate, please call the Greenbrier Resort at (855)543-6054. Cutoff date is April 18, 2023. Must use discount code "optometry".

After April 18, 2023, this discounted rate will not be available.

Schedule of Events

Track 1 - Advanced Procedures

50 Registrations Only

Wednesday

- 3:00PM** Registration
- 3:30PM** Intro to Optometric Surgery and Ophthalmic Surgical Instruments
- *Dr. Castillo*
- 4:30PM** Review of Surgical Anatomy of the Face
- *Dr. Castillo*
- 5:30PM** Dinner
- 6:00PM** Oculofacial Surgical Asepsis
- *Dr. Castillo*
- 7:00PM** Review of Eyelid Anatomy & Eyelid Lesions
- *Dr. Lighthizer*
- 8:00PM** Office-based Local Anesthesia
- *Dr. Castillo*

Thursday

- 8:00AM** Radio Frequency Surgery in Optometric Practice
- *Dr. Lighthizer*
- 9:00AM** Introduction to Oculofacial Biopsy
- *Dr. Castillo*
- 10:00AM** Chalazion Management
- *Dr. Lighthizer*
- 11:00AM** Video Grand Rounds & Surgical Concepts
- *Dr.'s Lighthizer & Castillo*
- 12:30PM** Lunch
- 1:00PM** Video Grand Rounds & Surgical Concepts
- *Dr.'s Lighthizer & Castillo*
- 2:30PM** Intro to Suturing
- *Dr. Castillo*
- 3:30PM** Suture Techniques Lab
- *Dr.'s Lighthizer, Castillo, Miller & Penisten*
- 4:30PM** Lab Rotations:
Injection Techniques
Radiosurgical Techniques
Oculofacial Biopsy
- 7:30PM** WVAOP Executive Board Meeting

Friday

- 8:00AM** Laser Physics, Hazards & Safety
- *Dr. Penisten*
- 9:00AM** Laser Tissue Interactions
- *Dr. Lighthizer*
- 10:00AM** Clinical Workshops: Intro to Therapeutic Lasers
- *Dr.'s Lighthizer, Castillo, Penisten, Miller*
- 12:00PM** WVAOP Membership Meeting
- 5:00PM** Exhibitor Reception

Schedule of Events

Track 1 - Advanced Procedures

Saturday

7:00AM	Breakfast
8:00AM	Gonioscopy: How to Interpret What You Are Seeing - <i>Dr. Penisten</i>
9:00AM	Laser Therapy for the Open Angle Glaucomas: ALT & SLT - <i>Dr. Lighthizer</i>
11:00AM	Laser Therapy in Narrow Angles/Angle Closure: LPI and ALPI - <i>Dr. Miller</i>
12:00PM	YAG Laser Posterior Capsulotomy - <i>Dr. Lighthizer</i>

Sunday

7:00AM	Managing Potential Laser Complications - <i>Dr. Castillo</i>
8:00AM	Medicolegal Aspects of Anterior Segment Laser Procedure: Panel Discussion - <i>Dr.'s Castillo, Lighthizer, Miller & Penisten</i>
9:00AM	<u>Lab Rotations:</u> YAG Capsulotomy Laser Peripheral Iridotomy Gonioscopy & Laser Lenses Laser Trabeculoplasty: ALT & SLT
1:00PM	Review & Final Exam

Advanced Procedure
Certification - 32 Hours

50 Registrations Only



Activities To Be Announced



Attendee Registration Form

Full Name: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Are you a WVAOP Member? ☐ Yes ☐ No

Registration Fees

Member Rate

☐ 32 hours : \$1,900

Out of State AOA Member Rate
(Available February 20, 2023)

☐ 32 hours : \$1,900



www.westvirginia.aoa.org

Payment Information

☐ Check (Made payable to WVAOP)

☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

Credit Card Number

Exp. Date

CV Code

Billing Zip Code

Name on Credit Card

Email Address for Receipt

**Please Return to: WVAOP
18 California Avenue
Charleston, WV 25311**

Schedule of Events

Track 2 - Regular Education

Thursday

7:30PM **WVAOP Executive Board Meeting**

Friday

12:00PM **WVAOP Membership Meeting (*1 hour CE for WVAOP Members*)**

1:00PM **Lumps & Bumps: A Practical Guide to Evaluation and Management (*2 hours*)**
-Dr. Lighthizer

5:00PM **Exhibitor Reception**

Saturday

7:00AM **Breakfast**

8:00AM **Gonioscopy: How to Interpret What You Are Seeing (*1 hour*)**
- Dr. Penisten

9:00AM **Laser Therapy for the Open Angle Glaucomas: ALT & SLT (*2 hours*)**
- Dr. Lighthizer

11:00AM **Laser Therapy in Narrow Angles/Angle Closure: LPI and ALPI (*1 hour*)**
- Dr. Miller

12:00PM **YAG Laser Posterior Capsulotomy (*1 hour*)**
- Dr. Lighthizer

Sunday

7:00AM **DM New Testing and Treatment for Retinopathy (*1 hour*)**
- Dr. Lighthizer

8:00AM **Going Viral: HSV, HZO, EKC (*1 hour*)**
- Dr. Lighthizer

 **Activities To Be Announced** 

Attendee Registration Form

Full Name: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Are you a WVAOP Member? ☐ Yes ☐ No

Registration Fees

Member Rate

☐ 10 hours : \$400

Non Member Rate

☐ 10 hours : \$800



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Payment Information

☐ Check (Made payable to WVAOP)

☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

Credit Card Number

Exp. Date

CV Code

Billing Zip Code

Name on Credit Card

Email Address for Receipt

Please Return to: WVAOP
18 California Avenue
Charleston, WV 25311



West Virginia

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Limited Availability for Advanced Procedures Certification



10 Hours of Education

REGISTER NOW!

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