

25th Annual INTERNAL MEDICINE REVIEW

April 19-20, 2018
Sentinel Hotel
Portland, Oregon

*Department of Medicine
Division of Continuing Professional Development
School of Medicine - OHSU*

COURSE DESCRIPTION

2018 marks the 25th Annual Internal Medicine Review, addressing new developments and topical issues in internal medicine for internists and others practicing primary care medicine. Featuring expert faculty from OHSU, plenary sessions will address new guidelines in hypertension, keeping older adults on statins, skin cancer, the rising cost of drugs, insomnia, and marijuana and the heart.

At the conclusion of this activity, participants will be able to:

- Incorporate new hypertension and chronic heart failure guidelines into practice
- Discuss discontinuation of statins with patients over the age of 70
- Answer their patients' questions regarding the effect marijuana and vaping have on the health of their heart
- Consider treatment options for patients with insomnia

CREDIT

The School of Medicine, Oregon Health & Science University (OHSU), is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

American Medical Association: Oregon Health & Science University School of Medicine designates this live activity for a maximum of **14 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

GENERAL INFORMATION

Location: The course will be held at the Sentinel Hotel, 614 SW 11th Avenue, Portland, Oregon.

To make reservations with the Sentinel Hotel, use the online booking page - <https://goo.gl/69ScvP>. Please make your reservations as soon as possible; the room block will be released on March 19, 2018 and is subject to sell-out prior to that date.

Tuition/Registration: The tuition is \$375.00 for registrations received before April 10, 2018 and \$425.00 on or after that date. Tuition includes lunch both days and all course materials. To help meet administrative costs, a \$35.00 service charge will be assessed on all refund requests received by April 10, 2018; no refunds can be issued after that date. Early registration is encouraged as enrollment may be limited. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

Additional Information: For more information, contact the Division of Continuing Professional Development at 503-494-8700, email cme@ohsu.edu or visit our website at www.ohsu.edu/som/cme.

If you have a disability and require assistance to participate in the conference, please contact the Division of Continuing Professional Development at 503-494-8700 or email cme@ohsu.edu as early as possible, but no later than ten (10) business the meeting.

PROGRAM PLANNING COMMITTEE

Mary Pickett, MD, Chair, Assistant Professor of Medicine (*General Internal Medicine & Geriatrics*); OHSU

Lynn Bentson, MD, Private Practice; Samaritan Health, Albany, OR

Alan Hunter, MD, Professor of Medicine (*Hospital Medicine*); OHSU

Emily Morgan, MD, Assistant Professor of Medicine (*General Internal Medicine & Geriatrics*); OHSU

Marianne Parshley, MD, Private Practice; Providence Portland Medical Center, Portland, OR

Pritham Raj, MD, Clinical Associate Professor of Medicine (*General Internal Medicine & Geriatrics*); OHSU

David Shute, MD, Cascade Comprehensive Care, Klamath Falls, OR

Craig Williams, PharmD, Affiliate Associate Professor of Family Medicine, OHSU; Professor of Clinical Pharmacy, OSU College of Pharmacy

SCHEDULE

Thursday, April 19, 2018

7:15 AM Registration/Continental Breakfast

Morning Session:

7:50 Welcome and Introduction to the Course

8:00 **Literature Review: Endocrinology** - Jessica Castle, MD

8:35 **Literature Review: Infectious Diseases**
- Luke Strnad, MD

9:00 **Skin Cancer: Clinical Tips on Diagnosis and Biopsy Technique** - Kevin White, MD

9:30 **Panel/Questions & Answers**

9:50 BREAK

10:10 **New Diabetes Medications** - Bethany Klopfenstein, MD

10:50 **Questions & Answers**

11:05 **CONCURRENT SESSIONS**

A. Sports Medicine for the Primary Care Provider
- Kerry Kuehl, MD

B. Tobacco Dependence and Smoking Cessation in 2018 - David Gonzales, PhD

C. Buprenorphine in the Outpatient Setting
- Jessica Gregg, MD

12:00 LUNCH

Afternoon Session:

1:00 **Management of Hyperlipidemia in 2017 and Beyond**
- Bart Duell, MD

1:40 **Vitamin D: Fact or Fallacy?** - Robert Klein, MD

2:20 **Panel/Questions & Answers**

2:50 BREAK

3:05 **Why Our Drugs Cost So Much: Rising Prices**
- Get the Facts - Ali Olyaei, PharmD

3:45 **Update in DVT/PE** - Thomas DeLoughery, MD

4:25 **Panel/Questions & Answers**

4:45 ADJOURN

Friday, April 20, 2018

7:15 AM Continental Breakfast

Morning Session:

7:50 Welcome and Introduction to the Course

8:00 **Alternative Treatment for Insomnia** - Asha Singh, MD

8:30 **Managing Medication Side Effects – Opiate-induced Constipation** - Ximena Levander, MD

9:00 **Chronic Heart Failure: What's New in the Guidelines?**
- Jill Gelow, MD

9:30 **Panel/Questions & Answers**

9:50 BREAK

10:10 **Practical Application of the New Hypertension Guidelines** - Raghav Wusirika, MD

11:05 **CONCURRENT SESSIONS**

A. Oral Lesions - Common and Uncommon

- Lynne Morrison, MD

B. Updates in Travel Medicine - Mohamud Daya, MD

C. Does My Bias Interrupt My Intentions?

- Brian Gibbs, PhD, MPA & Jeanne-Marie Guise, MD

12:00 LUNCH

Afternoon Session:

1:00 **With Age Comes Wisdom, but Should it Also Come with a Statin?** - David Lee, PharmD, PhD

1:40 **Is Marijuana Bad for My Heart - and Other Things Your Patients Want to Know** - Tina Kaufman, PA-C, PhD

2:20 **Panel/Questions & Answers**

2:50 BREAK

3:05 **Musculoskeletal Update: The 60 Second Clinical Exam**
- Nels Carlson, MD

3:45 **Primary Care Management of Obesity: When and How to Use Medications** - Jonathan Purnell, MD

4:25 **Panel/Questions & Answers**

4:45 ADJOURN

FACULTY

All faculty are from the School of Medicine, Oregon Health & Science University

Nels Carlson, MD, Associate Professor of Orthopaedics and Rehabilitation;
Assistant Dean, Continuing Professional Development

Jessica Castle, MD, Assistant Professor of Medicine (Endocrinology,
Diabetes and Clinical Nutrition)

Mohamud Daya, MD, Professor of Emergency Medicine

Thomas DeLoughery, MD, Professor of Medicine (Hematology & Medical
Oncology)

Bart Duell, MD, Professor of Medicine (Cardiovascular Medicine)

Jill Gelow, MD, Assistant Professor of Medicine (Cardiovascular Medicine)

Brian Gibbs, PhD, MPA, Vice President, Equity and Inclusion

David Gonzales, PhD, Clinical Investigator, Department of Medicine
(Pulmonary and Critical Care Medicine)

Jessica Gregg, MD, Associate Professor of Medicine (General Internal
Medicine and Geriatrics)

Jeanne-Marie Guise, MD, Professor of Obstetrics and Gynecology

Tina Kaufman, PA-C, PhD, Assistant Professor of Medicine (Cardiovascular
Medicine)

Robert Klein, MD, Professor of Medicine (Endocrinology, Diabetes and
Clinical Nutrition)

Bethany Klopfenstein, MD, Associate Professor of Medicine
(Endocrinology, Diabetes and Clinical Nutrition)

Kerry Kuehl, MD, Professor of Medicine (Sports Medicine and Promotion)

David Lee, PharmD, PhD, Assistant Professor of Pharmacy Practice
OSU/OHSU College of Pharmacy

Ximena Levander, MD, Assistant Professor of Medicine (Hospital Medicine)

Lynne Morrison, MD, Professor of Dermatology

Ali Olyaei, PharmD, Professor of Medicine (Nephrology and Hypertension)

Jonathan Purnell, MD, Professor of Medicine (Cardiovascular Medicine)

Asha Singh, MD, Assistant Professor of Psychiatry

Luke Strnad, MD, Assistant Professor of Medicine (Infectious Diseases)

Kevin White, MD, Associate Professor of Dermatology

Raghav Wusirika, MD, Assistant Professor of Medicine (Nephrology and
Hypertension)

OHSU is an equal opportunity, affirmative action institution.