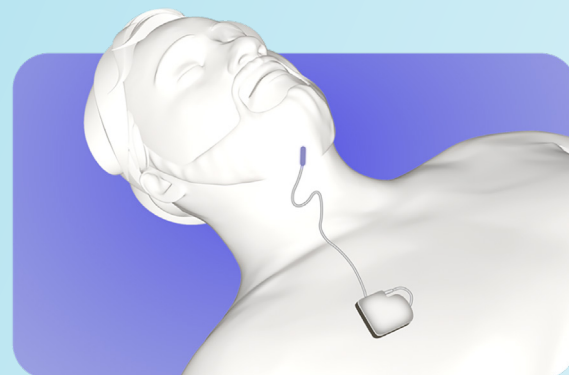


Cleveland Clinic Hypoglossal Nerve Stimulation Course

Thursday, October 1, 2026

Cleveland Clinic Administrative Campus, Building 4
Beachwood, OH & Live Stream



About the Course

The Cleveland Clinic Sleep Disorders Center is the first academic medical center in the nation to be designated as an Inspire Center of Excellence.

This one-day, immersive educational program preceding the Cleveland Clinic Wake Up to Sleep Disorders 2026: A Cleveland Clinic Sleep Disorders Center Update will train sleep medicine and otolaryngology specialists in the evaluation, selection, implantation, and post-operative management of patients undergoing hypoglossal nerve stimulation (HNS) therapy for obstructive sleep apnea.

Target Audience

This educational activity is designed for sleep medicine fellows, practicing physicians, advanced practice providers, otolaryngology residents, and other healthcare professionals with an interest in sleep surgery and hypoglossal nerve stimulation.

Objectives

By the end of this course, participants will be able to:

- Describe the evolution, mechanism, and clinical indications for hypoglossal nerve stimulation.
- Apply evidence-based criteria for patient selection and pre-implant screening.
- Understand DISE and surgical implant procedure.
- Deliver optimal perioperative and post-implant care to maximize patient outcomes.
- Address special considerations in pediatric and COMISA (Co-morbid Insomnia with Sleep Apnea) patient populations.
- Develop strategies to initiate and grow a multidisciplinary HNS program.

Faculty

Cleveland Clinic Symposium Director

Vaishal Shah, MD, MPH

Director, Sleep Disorders Center &
Medical Director HSN program

Cleveland Clinic Faculty

Brian Chen, MD

HNS Sleep Medicine Staff

Christen Cheuvront, MSN, APRN

Nurse Practitioner, HNS Sleep Medicine

Michelle Drerup, PsyD, DBSM

Director, Behavioral Sleep Medicine

Margaret Heidenreich, MSN, APRN

Nurse Practitioner, HNS Sleep Medicine

Brandon Hopkins, MD

Section Head Pediatric Otolaryngology &
Pediatric HNS Surgeon

Alan Kominsky, MD

Head, Section of Surgical Sleep
and Snoring

Noordeep Panesar, MD, MHS, MS

HNS Sleep Medicine Staff

Vaibhav Ramprasad, MD

HNS Otolaryngology Surgeon

Eric Yeh, MD

HNS Sleep Medicine Staff

Inspire Medical System Faculty

Patrick Ortman

Frank Heuber

Brett Geib

Cleveland Clinic Hypoglossal Nerve Stimulation Course

Thursday, October 1, 2026



Agenda

Wednesday, September 30, 2026

Welcome and Orientation

6:30–8:30 pm

Welcome Reception and Dinner

Introduction to Cleveland Clinic Sleep Center and Inspire Program

Vaishal Shah, MD

Thursday, October 1, 2026

Full-Day Educational Program

7:00–7:45 am

Registration & Continental Breakfast

Cleveland Clinic Administrative Campus
Building 4, 4th Floor Foyer

7:45–8:00 am

Welcome & Introduction

Vaishal Shah, MD

8:00–8:30 am

Past, Present & Future: Evolution of Sleep Surgery & HNS

Alan Kominsky, MD

8:30–9:00 am

Screening, Patient Selection & Pre-Implant Care

Brian Chen, MD

9:00–9:15 am

Break & Potpourri

Noordeep Panesar, MD, MHS, MS

9:15–9:45 am

DISE, Implant Procedure & Surgical Outcomes

Vaibhav Ramprasad, MD

9:45–10:15 am

Post-Implant Care Path & Patient Outcomes

Vaishal Shah, MD

10:15–10:45 am

Break & Potpourri

Noordeep Panesar, MD, MHS, MS

10:45–11:45 am

How to Develop a Successful HNS Program: Guided Panel

Vaishal Shah, MD and Alan Kominsky, MD

11:45–12:30 pm

Optimizing Outcomes Through Multidisciplinary Team – Interactive Cases

Margaret Heidenreich, MSN, APRN, Christen Cheuvront, MSN, APRN and Eric Yeh, MD

12:30–1:30 pm

Lunch

Inspire Patient Panel

1:30–2:00 pm

Pediatric HNS

Brandon Hopkins, MD

2:00–2:30 pm

COMISA and HNS

Michelle Drerup, PsyD

2:30–4:15 pm

Hands-on Programming Breakout Sessions*

Inspire Support Specialist

**Live Stream attendees observation only*

4:15 pm

Adjourn



Cleveland Clinic Hypoglossal Nerve Stimulation Course

Thursday, October 1, 2026



General Information

LOCATION

Cleveland Clinic Administrative Campus
3175 Science Park Drive, Building #4
Auditorium, 4th Floor
Beachwood, OH 44122

Complimentary surface lot parking is available.

ACCOMMODATIONS

Several hotels are located in the area and a few options are listed below. Please contact them directly to see if a Cleveland Clinic rate is available.

Homewood Suites by Hilton Cleveland–Beachwood

25725 Central Pkwy
Beachwood, OH 44122
216.464.9600

Home2 Suites by Hilton

3589 Park East Drive
Beachwood, OH 44122
216.755.7310

AC Hotel Cleveland Beachwood

900 Park Avenue, Suite 200
Orange Village, OH 44122
216.831.1108

Courtyard by Marriott Cleveland Beachwood

3695 Orange Place
Beachwood, OH 44122
216.765.1900

INFORMATION

For further information about this activity, contact
Brigid Walters at Phone: 216.903.4096 or Email:
walterb4@ccf.org

FACULTY PRESENTATIONS

Faculty presentation slides will be available online in PDF format.

AMERICANS WITH DISABILITIES ACT

The Cleveland Clinic Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Liz Eaton at 216.385.9076 or eatonl3@ccf.org at least two weeks prior to the activity.

REGISTRATION AND CANCELLATION

REGISTER AT: www.ccfcmec.org/CCFHNS

REGISTRATION IS COMPLIMENTARY*

In-Person Registration includes: in-person attendance, online syllabus, Welcome reception & dinner, continental breakfast, breaks and lunch.

Live Stream Registration includes: virtual attendance and online syllabus.

Note: Hands-on Programming is observation only for live stream attendees.

Be advised that travel and hotel costs related to this course are at your own expense.

Preregistrations are accepted until 5:00 pm ET, September 30, 2026.

This is a non-CME activity. This course will not offer CME credits for attendance.

For questions concerning registering, email cmeregistration@ccf.org or call 216.448.8710



For information about the **Cleveland Clinic Wake Up to Sleep Disorders CME Symposium** being held **October 2–3, 2026**, go to www.ccfcmec.org/sleepdisorders