



RAK International Psychiatry Congress

19-20 April 2019

RAK University, RAK, UAE



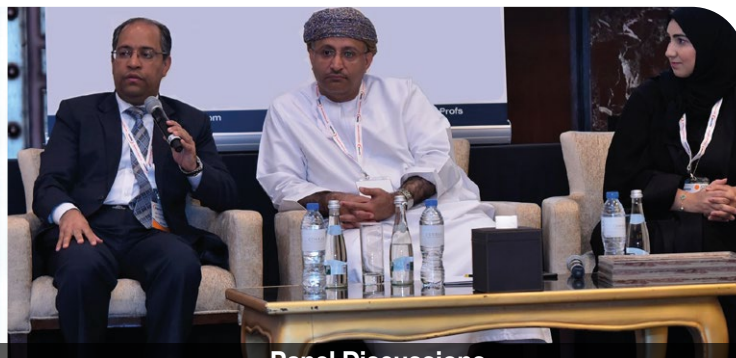
**CME
ACCREDITED**

Fighting the Stigma

Featuring



Presentations



Panel Discussions



Workshops



Networking

Key Benefits of Attending:

- **Learning** from a team of outstanding regional and international experts about their recent research achievement, powerful experiences in the field of psychiatry
- **Gaining** insights into the latest advances in the management of all mental disorders
- **Reviewing** current issues and advances in the practice of mental, emotional and behavioral disorders
- **Examining** the psychiatrist role in improving the quality of care of the patients
- **Improving** patient quality of life while balancing safety and cost
- **Obtaining** CME points by attending this congress
- **Attending** interactive workshops on ethics in psychotherapy and dignity in elderly care

An Initiative by



Media Partners



Contact us

+971 4 361 9616

info@Intl-psychiatry.com

www.Intl-psychiatry.com

About the Congress

One in four people in the world will be affected by mental or neurological disorders at some point in their lives. Around 450 million people currently suffer from such conditions, placing mental disorders among the leading causes of ill-health and disability worldwide. Nearly two-thirds of people with a known mental disorder never seek help from a health professional. Stigma, discrimination and neglect prevent care and treatment from reaching people with mental disorders, says the World Health Organization (WHO). Therefore, the **RAK International Psychiatry Congress** is scheduled during 19 – 20 April 2019, RAK, UAE, with the theme "**Fighting the Stigma**".

The RAK International Psychiatry Congress is the leading platform dedicated to Psychiatrists, Psychologists, Psychotherapists, and Mental Health experts, to discuss the future of the psychiatry in the region and to exchange ideas about the best practices in the field.

The RAK International Psychiatry Congress will bring together a team of outstanding regional and international expert faculty members for two days of cutting edge medical education sessions focused on latest advances and best practices in the field of mental health across a broad scale of mental disorders.

The program will include a wide range of topics with keynotes, interactive panel discussions, workshops and posters presentations that will give you the opportunity to learn from the experts' recent research achievement, powerful experiences and share the latest advances in the diagnosis and management of all mental disorders for improving the quality of life for patients with mental health issues.

Who Should Attend?

- Psychiatrists
- Neurologists
- Psychologists
- Psychotherapists
- Social Workers
- Mental Health Experts
- University Professors
- Pharmacists
- Nurses
- Students



Congress Chairman:

Talaat Matar, Professor of Psychiatry, Consultant Psychiatrist, **RAK Medical and Health Sciences University, UAE**

The Organising Committee:

Ahmed Yousif Ali, Consultant Psychiatrist, Head of Psychiatry Section, **National Rehabilitation Centre, UAE**

Alaa Haweel, Consultant Psychiatrist, **Shiekh Khalifa Medical City, UAE**

Mahra Al Malek, Psychologist, **Obaid Allah Hospital, UAE**

Manal Mahmoud Sami, M.B.Ch.B., MSc., MD, PhD. (Pathology), Dean, Students Affairs Professor, **Pathology Department RAK Medical and Health Sciences University, UAE**

Mufeed Raoof, Consultant Psychiatrist, **Shiekh Khalifa Medical City, UAE**

Riadh J. Khudhier, Consultant and Head of Psychiatry Department, OGH-RAK, Assistant Professor, Psychiatry Department, **RAK Medical and Health Sciences University, UAE**

Tarek Abdul Gawad, Professor of Psychiatry, **Cairo University**, Consultant Psychiatrist and Medical Director, **National Rehabilitation Center, UAE**

Tarek Abdalla Darwish, Consultant Psychiatrist & Medical Director, Behavioral Sciences Pavilion, **SKMC, Abu Dhabi, UAE**

Scientific Board Members:

Medhat Elsabbahy, MD, IFAPA, Adjunct Assistant Professor of Psychiatry, **G.M.C. University**, Head of Psychiatric Rehabilitation Unit, **Sheikh Khalifa Medical City, UAE**

Mohamed Al-Garhy, Consultant Psychiatrist, **Sheikh Khalifa Medical City, UAE**

Nadia Taysir Dabbagh, MBBS, BSc, MSc, PhD, MRCPsych (UK), CCT (UK), Consultant Child & Adolescent Psychiatrist, **Rashid Hospital, UAE**

Ossama T. Osman, M.D., DABPN, LFAPA, Professor, Psychiatry and Behavioral Sciences, **United Arab Emirates University, UAE**

Samer Makhoul, M.D., FRCPsych., CCT (Psychiatry & Addictions). PGcert. (Asperger). UK, Consultant psychiatrist and head of psychiatry department, **American center for psychiatry & neurology, UAE**

Talaat Matar, Consultant Psychiatrist, Professor of Psychiatry, **RAK Medical and Health Sciences University, UAE**

Thyloth Murali, MD, President, WAPR, Professor, Head of Psychiatry Department, **M. S. Ramaiah Medical College and Hospitals, India**

Speaker Faculty:

Ahmed EL Boraie, Consultant Psychiatrist, **Shiekh Khalifa Medical City, UAE**

Alaa Haweel, Consultant Psychiatrist, **Shiekh Khalifa Medical City, UAE**

Amany Haroun, Consultant Psychiatrist, **Al Amal Hospital, Ministry of Health, UAE**

Ateeq Ahmed Qureshi, Consultant Psychiatrist, **Al Amal Psychiatric Hospital, UAE**

Fatma Mostafa Shaban, Consultant Dermatologist, **Sharjah University, UAE**

George Tadros, Deputy Medical Director, BSMHFT, Consultant in Old Age Liaison Psychiatry, **Birmingham Heartlands Hospital**, Professor of Liaison Psychiatry and Dementia, **Aston Medical school, Aston University**, Visiting Professor of Dementia Care in **Acute Hospitals, University of Chester, UK**

Hala Fakhry A Ibrahim, MBCh, Msc Neuropsychiatry, MD Psychiatry, Consultant Psychiatrist & HOD, **Kuwait Hospital, UAE**, Professor of Psychiatry, Addiction Medicine Unit, **Cairo University, Egypt**

Joseph Guirguis, Consultant Psychiatrist, visiting senior lecturer, Aston Medical school, **Aston University, UK**

Medhat Elsabbahy, MD, IFAPA, Adjunct Assistant Professor of Psychiatry, G.M.C. University, Head of Psychiatric Rehabilitation Unit, **Sheikh Khalifa Medical City, UAE**

Nadia Taysir Dabbagh, MBBS, BSc, MSc, PhD, MRCPsych (UK), CCT (UK), Consultant Child & Adolescent Psychiatrist, **Rashid Hospital, UAE**

Ossama T. Osman, M.D., DABPN, LFAPA, Professor, Psychiatry and Behavioral Sciences, **United Arab Emirates University, UAE**

Riadh J. Khudhier, Consultant and Head of Psychiatry Department, OGH-RAK, Assistant Professor, Psychiatry Department, **Ras Al Khaimah Medical and Health Sciences University, UAE**

Samer Makhoul, M.D., FRCPsych., CCT (Psychiatry & Addictions). PGcert. (Asperger). UK, Consultant psychiatrist and Head of Psychiatry Department, **American center for psychiatry & neurology, UAE**

Samir Mohamed Foad Abou El Magd, MD, Professor of Psychiatry, Consultant Psychiatrist, **Cairo University, Egypt**

Sweta Adatia, MBBS, MD, DNB (Neurology), Stroke Fellow (Canada), Specialist Neurologist, Neurosciences Head, **RAK Hospital, UAE**

Talaat Matar, Consultant Psychiatrist, Professor of Psychiatry, **RAK Medical and Health Sciences University, UAE**

Taoufik Alsaadi, Consultant Neurologist, the Chief Medical Officer, **American Center for Psychiatry and Neurology, UAE**

Tarek Abdalla Darwish, Consultant Psychiatrist & Medical Director, Behavioral Sciences Pavilion, **Sheikh Khalifa Medical City, Abu Dhabi, UAE**

Tarek Abdul Gawad, Professor of Psychiatry, **Cairo University**, Consultant Psychiatrist and Medical Director, **National Rehabilitation Center, UAE**

Thyloth Murali, MD, President, WAPR, Professor, Head of Psychiatry Department, **M.S.Ramaiah Medical College and Hospitals, India**

Poster Presentation Competition

Share your great idea

Share your ideas, research or exciting projects that you and your colleagues are working on.

Submit your poster by 15 March 2019.

For more details, check
or email: info@int-psychiatry.com



Call for abstracts for RAK International Psychiatry Congress Awards

The **RAK International Psychiatry Congress** awards' mission is to distinguish, celebrate and support the impressive work that the medical team do to improve patient-centered care through clinical practice, education, and research and policy



Who can participate?

- Psychiatrists
- Psychologists
- Psychotherapists
- Social Workers
- Mental Health Experts
- Pharmacists
- University Professors
- Nurses
- Students

Terms and conditions

- Participants should be registered in the Congress
- Abstracts are submitted electronically using an online form
- Deadline for paper submission is the **15 March 2019**
- The first 3 highest scoring abstracts will receive an award in recognition of excellence in the field of patient care and the first place winner will deliver a presentation at the Congress.

Submit your Abstract

Visit www.Intl-psychiatry.com to submit the abstract form.

**Start knowledge sharing
& networking before
the Congress**



Follow us on Twitter:
[@psycongress](https://twitter.com/psycongress)



Join our LinkedIn group:
Psychiatry Professionals



Like us on Facebook:
Psychiatry Professionals

Congress Day One, Friday 19 April 2019

- 08:00 - 08:40** Registration, coffee and networking
08:40 - 08:45 Welcome from Maarefah Management
08:45 - 08:50 Welcome note from chairman and opening remarks
Dr. Talaat Matar
08:50 - 09:00 Welcome note from the president of RAK
 Medical and Health Sciences University
09:00 - 09:30 Official inauguration and keynote speech

Session I:

- 09:30 - 10:00** Psychiatry in UAE
Dr. Talaat Matar
10:00 - 10:30 The myth about schizophrenia
Dr. Samer Makhoul
10:30 - 11:00 Networking coffee break

Session II:

- 11:00 - 11:30** Challenges of gender dysphoria
Dr. Alaa Haweel
11:30 - 12:00 Neuroplasticity implications in psychiatric rehabilitation
Dr. Medhat Elsabbahy
12:00 - 13:30 Networking lunch break, and Friday prayers

Session III:

- 13:30 - 14:00** Updates on the management of depression
14:00 - 14:45 Scope of psychosocial rehabilitation in a changing world
Dr. Thyloth Murali
14:45 - 15:15 Psychocutaneous disorders
Dr. Fatma Mostafa Shaban
15:15 - 15:45 Networking coffee break

Session IV:

- 15:45 - 16:15** Depression & epilepsy: Is there a link?
Dr. Taoufik Alsaadi
16:15 - 17:15 Interactive panel discussion: Fighting the stigma
Moderator:
Dr. Talaat Matar
Panelists:
Dr. Medhat Elsabbahy
Dr. Ossama T. Osman
Dr. Riadh J. Khudhier
Dr. Samer Makhoul
Dr. Tarek Darwish
17:00 Closing remarks and end of day one
16:00 - 17:30 Workshop I: Ethics in Psychotherapy
Dr. Samir Mohamed Fouad Abo El-Magd

Congress Day Two, Saturday 20 April 2019

- 08:00 - 08:40** Registration, coffee and networking
08:40 - 08:50 Welcome from Maarefah Management
08:50 - 09:00 Welcome note from chairman and opening remarks
Dr. Talaat Matar

Session V:

- 09:00 - 09:30** Games Addiction in Children and Adolescents
Dr. Amany Haroun
09:30 - 10:00 Effects of video games and social media on children and adolescents; The good the bad and the unknown
Dr. Ateeq Ahmed Qureshi
10:00 - 10:30 Eating disorders in young people
Dr. Nadia Taysir Dabbagh
10:30 - 11:00 Networking coffee break
11:00 - 11:30 Psychiatric stigma among young people
Dr. Joseph Guirguis

Session VI:

- 11:30 - 12:00** Clinical skills in medical education: Essential psychiatric skills for the future
Dr. Ossama T. Osman
12:00 - 12:30 Migraine & mental health: A well apt who first story of chicken or egg?
Dr. Sweta Adatia
12:30 - 13:30 Networking lunch break
13:30 - 14:00 ICD 11 update on gaming disorder and gambling disorder
Dr. Tarek Abdul Gawad

Session VII:

- 14:00 - 14:30** Stigma and psychiatry
Dr. Hala Fakhry A Ibrahim
14:30 - 15:00 Geriatric mental health issues
15:00 - 15:30 Networking coffee break
15:30 - 16:00 Study about drug abuse in Ras Al Khaima community sample
Dr. Riadh J. Khudhier
16:00 - 16:30 Parkinson's disease psychosis: What mental health professionals need to know?
Dr. Ahmed EL Boraie
16:30 - 17:00 New technology in mental health
17:00 Closing remarks and end of day two
16:00 - 17:30 Workshop II : Dignity in elderly care
Dr. George Tadros



RAK International Psychiatry Congress

19-20 April 2019
RAK University, RAK, UAE



Fighting the Stigma 4 WAYS TO REGISTER

✉ info@Int-psychiatry.com or visit

☎ +971 4 361 9616

📠 +971 4 361 4375

🌐 www.Int-psychiatry.com

YES! Please register me for:

EMAIL THIS FORM TO info@Int-psychiatry.com or fax +971 4 361 4375

DELEGATE DETAILS

Please complete in BLOCK CAPITALS as information is used to produce delegate badges.
Please photocopy for additional delegates and/or delegate with different addresses

DELEGATE 1 ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Other

Name: _____

Organisation: _____

Title: _____

Tel: _____

Fax: _____

Email: _____

Website Address: _____

Nationality: _____

Age Group ☐ 18-24 ☐ 25-34 ☐ 35-44 ☐ 44-54 ☐ 55-64 ☐ 65+

DELEGATE 2 ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Other

Name: _____

Organisation: _____

Title: _____

Tel: _____

Fax: _____

Email: _____

Website Address: _____

Nationality: _____

Age Group ☐ 18-24 ☐ 25-34 ☐ 35-44 ☐ 44-54 ☐ 55-64 ☐ 65+

PRICING

Congress Package:	• 2-day conference	Standard Price
Physicians, Psychotherapists, Psychologists		AED 1000
Nurses, Social Workers and Students		AED 399
RAK university students		AED 199

NOTE: Students fee is applicable ONLY for undergraduate students. A valid student ID must be presented at the Registration Desk during the Congress. Otherwise, discounted fee will not apply.

PAYMENT METHOD

☐ By Wire Transfer

☐ By Credit Card

Please debit my credit card: ☐ Visa ☐ Master Card

Card No:

Valid From: /

Expiry Date: /

Card Holders Name: _____

Authorised Signature: _____

Internal use only:

Registration received on: _____

Full payment received: _____

TEAM DISCOUNTS

Team discounts available on request.

Check for special group discount for registration of 3 or more. Call +971 4 361 9616 for more information.

TERMS AND CONDITIONS

Registration and Payment Policy

- All participants must register prior to congress admission.
- Pre-registered participants are advised to present a copy of their registration/payment slip at the onsite registration desk.
- Payment is due at the time of registration and includes lunches, refreshments, conference materials and certificate of attendance.
- Your registration will not be confirmed until payment is received in full.
- Cheque payment may only be made from UAE and in AED. Kindly contact us at info@Int-psychiatry.com to discuss.
- EFT / Direct Deposit to be effected as per bank details on the invoice.
- Payment should be made within 7 days of invoice date.
- Payment can also be done through credit card or Paypal.

Discounts

- All early bird discounts require payment at the time of registration and before the early bird deadline in order to receive any discount.
- Discount offers cannot be combined with any other offer.

Cancellation Policy

- Registration cancellations must be notified in writing by email to the Maarefah's office in Dubai. Email: info@Int-psychiatry.com
- Cancellations received 30 days prior to the event will receive a refund of the registration fees, less an administration charge of 100 USD of the congress fee.
- Cancellations made after, as well as 'no shows', are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

Liability

- Maarefah reserves the right to amend any part of the Congress's programme if necessary at any time.
- Maarefah will not be held liable for damages of any nature sustained by delegates or accompanying persons, or loss of, or damage to their personal property as a result of attending the congress or its related events.
- While every consideration has been taken when presenting the demographics of the attendees in the programme, Maarefah doesn't guarantee the exact demographics of the congress attendees and can not be held responsible for the same.

CME Accredited Conferences

2019 Events	Dates	Location
Dubai International Nursing and Midwifery Congress	24-25 Jan 2019	Dubai, UAE
Arab International Paediatric Medical Congress	14-16 Feb 2019	Dubai, UAE
Arab International Neonatal Medical Congress	14-16 Feb 2019	Dubai, UAE
Middle East Obs & Gyne Congress	22-23 Feb 2019	Istanbul, Turkey
International Cold Chain Management Congress	26-28 Feb 2019	Riyadh, KSA
Middle East International Adult Vaccination Forum	14-15 Mar 2019	Manama, Bahrain
International Pharma Excellence Congress	19-20 Mar 2019	Dubai, UAE
* Middle East Pharma Cold Chain Congress	19-21 Mar 2019	Dubai, UAE
Dubai International Paediatric Neurology Congress	11-13 Apr 2019	Dubai, UAE
Dubai International Psychiatry Congress	18-20 Apr 2019	Dubai, UAE
Middle East Laboratory and Diagnostics Congress	18-20 Apr 2019	Dubai, UAE
Dubai International Conference on Infectious Diseases and Vaccination	25-27 Apr 2019	Dubai, UAE
Dubai International Paediatric Dermatology Congress	25-27 Apr 2019	Dubai, UAE
* Saudi International Health Insurance Congress	29 Apr-01 May 2019	Riyadh, KSA
GCC Healthcare Innovation Congress	30 Apr-01 May 2019	Dubai, UAE
Arab International Pharmacy Congress	01-02 May 2019	Riyadh, KSA
Middle East Infectious Diseases Conference	27-29 June 2019	Istanbul, Turkey
Middle East Paediatric Medical Conference	27-29 June 2019	Istanbul, Turkey
Middle East International Pharmacy Conference	01-02 July 2019	Cairo, Egypt
MENA International Orthopaedic Congress	19-21 Sept 2019	Dubai, UAE
MENA Women's Health Congress	26-28 Sept 2019	Dubai, UAE
Arab International Men's Health Congress	26-28 Sept 2019	Dubai, UAE
Dubai International Asthma, Allergy and COPD Forum	04-05 Oct 2019	Dubai, UAE
Dubai International Oncology Conference	04-05 Oct 2019	Dubai, UAE
* MENA Health Insurance Congress	08-09 Oct 2019	Dubai, UAE
Arab International Ophthalmology Congress	11-13 Oct 2019	Dubai, UAE
Dubai International ID Week	16-20 Oct 2019	Dubai, UAE
Saudi International Laboratory and Diagnostics Congress	16-18 Oct 2019	Jeddah, KSA
Oman Paediatric Congress	22-24 Oct 2019	Muscat, Oman
GCC Pharmacy Congress	24-26 Oct 2019	Dubai, UAE
MENA Physical Medicine and Rehabilitation Congress	31 Oct-02 Nov 2019	Dubai, UAE
International Paediatric Medical Congress	14-16 Nov 2019	Dubai, UAE
International Neonatal Medical Congress	14-16 Nov 2019	Dubai, UAE
International Paediatric Dermatology Congress	03-05 Dec 2019	Manama, Bahrain
MENA Pharma Manufacturing Congress and Exhibition	03-05 Dec 2019	Riyadh, KSA
Egypt Healthcare Advancement Summit	10-12 Dec 2019	Cairo, Egypt

* Not a CME Accredited Event