

British Geriatrics Society Autumn Meeting

22 - 24 November 2017

ExCeL Platinum Suite, London

The BGS Autumn meeting will cover the latest scientific research and the best clinical practice in healthcare of older people. Our ageing population is stimulating extensive NHS service redesign to deal with the challenge of caring for larger numbers of older people both in and out of hospitals.

This conference will cover core areas of interest to all specialists responsible for the healthcare of older people in the UK and internationally.

Who should attend:

- Consultants and Professors of Geriatric Medicine
- Specialty Doctors
- Specialist Registrars (StRs) in Geriatric Medicine
- and related specialties
- Nurse Consultants, Nurse Specialists and Advanced
- Nurse Practitioners
- GPs and GP Trainees
- Physiotherapists, Occupational Therapists and Allied Health Professionals
- Researchers into ageing and age-related conditions
- Core Medical Trainees and Foundation Year Doctors
- Medical Students

Why participate: *Belward*

- Further attendee's overall knowledge and understanding of current research and practice in healthcare of older people in core and difficult areas
- Improve attendee's skills in the treatment and care of older people
- Inspire attendees to achieve personnel excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services

Plenary sessions on:

- Community geriatrics & Care Home Medicine
- Frailty and Sarcopenia
- Depression
- Movement Disorders - Parkinson's & Non Parkinson's
- Cardiac Disease
- Gastro Intestinal Disorders in Older People
- Depression
- Drugs and Prescribing
- Respiratory Issues in Older People
- Foot Disorders
- Pain in Older People

Workshop and parallel sessions on:

- Teaching and Training
- Research clinic
- Clinical Effectiveness
- Post diagnostic support for dementia patients and families

**This meeting has applied for CPD accreditation
(6 credits each day) from the Royal College Of Physicians (RCP)**

<http://bit.ly/BGSAut17> Follow us on @GeriSoc #BGSCConf

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Programme overview

WEDNESDAY 22 nd November	• Community geriatrics • Commissioning high quality healthcare services • Intermediate care • Quality Improvement and Person Centred Care in the community • Care homes as venue for teaching and training • Frailty and Sarcopenia • Overview, evidence and exercise • Special cases • Exercise for sarcopenia and frailty	
THURSDAY 23 rd November	• Research clinic • Gastro Intestinal Disorders in Older People • Biology of Ageing	• Movement Disorders Parkinson's & Non Parkinson's • Workshop: Post diagnostic support for dementia families in the community
FRIDAY 24 th November	• Depression • Drugs and Prescribing • Cardiac Disease & TAVI • Respiratory Issues in Older People	• Foot Disorders • Pain in Older People • Workshop: Teaching and Training

Supported by

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:

Silver Partner



Bronze Partners



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Baroness Sally Greengross OBE, President / Chief Executive, International Longevity Centre – UK

Baroness Sally Greengross has been a crossbench (independent) member of the House of Lords since 2000 and co-chairs four All-Party Parliamentary Groups: Dementia, Corporate Social Responsibility, Continence Care and Ageing and Older People. She is the Vice Chair of the All-Party Parliamentary Group on Choice at the End of Life, and is Treasurer of the All-Party Parliamentary Group on Equalities. Sally is Chief Executive of the International Longevity Centre – UK; Co-President of the ILC Global Alliance; and was a Commissioner for the Equality and Human Rights Commission from 2006-12.

Baroness Greengross was Director General of Age Concern England from 1987 until 2000. Until 2000, she was joint Chair of the Age Concern Institute of Gerontology at Kings College London, and Secretary General of EuroLink Age. She is an Ambassador for Alzheimer's Society, SilverLine and HelpAge International.

Baroness Greengross is a Member of several advisory boards including Home Instead's Global Strategy Council; Fujitsu's Responsible Business Board; and BlackRock Retirement Institute's Advisory Council.

She is President of the Pensions Policy Institute and the Association of Retirement Housing Managers; Honorary Vice President of the Royal Society for the Promotion of Health, a Vice President of the Local Government Association and Honorary Fellow of the Institute & Faculty of Actuaries. Sally is Patron of several organisations including the National Association of Care Caterers; Care & Repair England; the Association of Retirement Community Operators; the National Network of Clinical Ethics Committees; Ransackers Association, the Association for Ageing & Education; and Age UK Westminster. Sally holds honorary doctorates from nine UK universities.

Her work on ageing has been recognised by the UN Committee on Ageing and she received an outstanding achievement award from the British Society of Gerontology as well a British Geriatric Society Medal. Sally was UK Woman of Europe in 1990 and has been an Ambassador for the Prince of Wales supporting responsible business practice.



Roger Y.M. Wong, BSc, MD, FRCPC, FACP, FCAHS Executive Associate Dean, Education Clinical Professor, Division of Geriatric Medicine

Faculty of Medicine, University of British Columbia Dr. Roger Wong is a leader in academic and clinical Geriatric Medicine. He is a Clinical Professor in the Department of Medicine, University of British Columbia (UBC). He is also the Executive Associate Dean, Education in the UBC Faculty of Medicine. He is a Consultant Physician at Vancouver

General Hospital, where he founded the Acute Care for Elders Unit that is replicated nationally and internationally. Dr. Wong was President of the Canadian Geriatrics Society, and was elected to Fellowship in the Canadian Academy of Health Sciences, one of the highest honours in the health sciences field in Canada.

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Wednesday 22nd November 2017 Care Homes Morning Sessions	
08:30 – 17:00 Registration	
09.15 Presidential address	
09:30 – 13:00	
09:30 – 11:00 Community Geriatrics – a tale of two nations 09:30-10:00 – Long-term care in the Netherlands and the role of Elderly Care Physicians – the Story So Far – Prof Jos Schols, Professor of Old Age Medicine, Maastricht University Medical Centre 10:00-10:30 – Innovation and emerging practice in Elderly Care Medicine in the Netherlands – Prof Wilco Achterberg, Leiden University 10:30-11:00 – Whither Community Geriatrics? – the role of UK geriatricians outside of the hospital in straightened times – Dr Eileen Burns, President, BGS Room 3	
11.00am – 11.30am Break	
11:30 – 13:00 Commissioning high quality Health Care in Care Homes – Research and Practice 11.30 What works, for whom and in what circumstances – insights from the Optimal Study - Prof Claire Goodman, Professor of Health Care Research, University of Hertfordshire 12.00 Lessons from the UK care home vanguards – Dr William Roberts, Enhanced Health in Care Homes, Care Model Lead, NHS England 12.30 What people living in care homes need from healthcare providers – Sharon Blackburn CBE, RGN RMN, Policy and Communications Director, National Care Forum Room 3	11:30 – 13:00 Intermediate Care – the State of the Art 11.30 Rehabilitation in Community Services, towards a unifying conceptual model – Prof Romke van Bale, Elderly Care Physician, Laurens care organisation and Senior Researcher, Leiden University Medical Centre. 12.00 The UK National Audit of Intermediate Care – latest findings, Claire Holditch, Director, NHS Benchmarking Network 12.30 Practicing what we preach – evidence-based therapy interventions in the community setting – Prof Pip Logan, Professor of Rehabilitation Research and Occupational Therapist Room 4
13.00 – 14.00 Lunch Break	

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Wednesday 22 nd November 2017 Care Homes Afternoon Sessions	
14.00-15.30	
Quality improvement in Healthcare to Care Homes 14.00 PROSPER – Prof Martin Marshall, UCL 14.30 HAELO and Salford Care Homes – Dr Louise Butler, Consultant Geriatrician, Salford Royal NHS Foundation Trust 15.00 The PEACH Study – Dr Reena Devi, Nottingham Room 3	Delivering person-centred health and social care in the community 14.00 Dementia Carer Voices – You Can Make a Difference – Tommy Whitelaw, Project Engagement Lead for Dementia Carer Voices, The Health and Social Care Alliance Scotland 14.30 Person-centred and relationship centred care – moving beyond the mantra – Prof Julianne Meyer, Professor of Nursing: Care for Older People, City University of London 15.00 Using Common Datasets to Advance Person-centred Care – insights from an IAGG workshop, Prof Kirsten Corrazzini, Duke University, North Carolina, USA Room 4
15:30 – 16:00 Break	
16.00 Service models	
Care homes as a venue for teaching and research 16.00 The teaching/research-based care home – can it become a reality?– Dr Jo Hockley, Senior Research Fellow, Centre for Population Health Sciences, University of Edinburgh 16.30 Training a care home workforce fit for purpose, perspectives from a care home manager – Anita Astle MBE, Manager and MD, Wren Hall Nursing Home Room 3	Developing and Using Care Datasets in Long term care 16.00 The International Prevalence Measure of Care Problems in Care Homes – Prof Jos Schols, Maastricht 16.20 Using the International Prevalence Measure of Care Problems in the UK – Dr Adam Gordon, Clinical Associate Professor in Medicine of Older People, University of Nottingham 16.40 The International Resident Assessment Instrument, the global experience considered in the UK context – Prof Iain Carpenter, Emeritus Professor (Human Ageing) Centre for Health Services Studies & Chair, Professional Record Standards Body, University of Kent Room 4

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17.00 – 18.00 Sponsored Symposium – Sponsored by Ferring Pharmaceuticals Room 3	
18.00 Drinks Reception - at the ExCel	
Wednesday 22nd November 2017 BGS Sarcopenia and Frailty Research SIG Morning Sessions	
08:30 – 17:00 Registration	
09:30 – 11:00	
Sarcopenia and Frailty – What is the place of exercise? Chair: Miles Witham 09:30 Overview of sarcopenia and frailty – Prof Avan Sayer, Director NIHR Newcastle Biomedical Research Centre & Professor of Geriatric Medicine, Newcastle upon Tyne Hospitals NHS Foundation Trust & Newcastle University 10:00 Exercise in sarcopenia – what's the evidence? Dr Jamie McPhee, Professor of Musculoskeletal Physiology, Manchester Metropolitan University 10:30 Exercise in frailty – what's the evidence?- Andrew Clegg, Senior Lecturer & Honorary Consultant Geriatrician, University of Leeds & Bradford Teaching Hospitals Room 5/6/7	
11.00am – 11.30am Break	
11:00 – 12:30	
Chair: Gill Turner 11.30 Special case 1: Patients with cognitive impairment - Louise McGregor, AHP Therapy Consultant-Rehabilitation, St Georges Hospitals NHS Foundation Trust and Lynn Poynter, Consultant Physician in Older People's Medicine, Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust 11.50 Special case 2: Mixing it up; exercise for multiple syndromes - Miles Witham, Clinical Reader, University of Dundee and Rachael Colclough, Clinical Specialist Physiotherapist, Queen Elizabeth Hospital Birmingham 12.10 Sarcopenia and Frailty SIG AGM Avan Sayer, Director and Professor of Geriatrics Medicine, NIHR Newcastle Biomedical Research Centre and Miles Witham, Clinical Reader, University of Dundee Room 5/6/7	
12.30 – 14.00 Lunch Break	
Wednesday 22nd November 2017 BGS Sarcopenia and Frailty Research SIG Afternoon Sessions	
14.00-15.00	
Workshop 1 Exercise across the frailty pathway	Workshop 2 Video Clinic: Addressing common

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Facilitator: Esther Clift Exercise during periods of decompensation- Steve Li, Clinical Research Fellow in Geriatric Medicine, University of Southampton Exercise to aid recovery - Vicky Johnston, Specialist Physiotherapist, Cumbria Partnership NHS Foundation Trust and Janet Thomas, Team Lead Physiotherapist and Lecturer, Fife Health and Care Partnership & Queen Margaret University Exercise for stable patients, including care home patients - David Terrace, Head of Community Partnerships and Ben Wilkins, Osteopath and Head of Community Development, Oomph! Wellness Room 5	problems in movement and posture Mel Chawner, Consultant Physiotherapist for Frailty Petersfield Community Hospital, Southern Health NHS Foundation Trust and Pippa Collins, Clinical Doctoral Research Fellow and Advanced Clinical Practitioner, University of Southampton & University Hospital Southampton Room 6
15:00 – 15:30 Break	
Chair: Avan Sayer 15.30 Keynote Speaker - Physical activity interventions for older people living with frailty: opportunities and challenges. Dawn Skelton, Professor of Ageing and Health, Glasgow Caledonian University 16.30 Panel Session / wrapup Room 5/6/7	
17.00 – 18:00 Sponsored Symposium – Sponsored by Ferring Pharmaceuticals Room 3	
18.00 Drinks Reception - at the ExCeL	

Thursday 23 rd November 2017	
08:00 – 09:00 Sponsored symposia Sponsored by Profile Pharma Room 5/6	
09.00 Research clinic David Stott Should I treat this TSH? Applying RCT results to real world patients Terry Quinn, Joint Stroke Association / CSO Senior Clinical Lecturer, University of Glasgow, Institute of Cardiovascular and Medical Sciences Room 3	09.00 Session C – Movement Disorders Parkinson's Preventing falls in Parkinson's disease Prof Ann Ashburn 09.30 Bone health in Parkinson's disease Dr Veronica Lyell 10.00-10.30 Why Exercise is Essential In The Management of Parkinson's Melissa McConaghy, Specialist Neurological Physiotherapist, PD Warrior, Australia Room 4
10:45 – 12:00 Break & Poster viewing	

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12:00 Guest lecture Baroness Greengross, President / Chief Executive, International Longevity Centre – UK Room 3/4		
13:00 – 14:00 Lunch		
14.00 Session D Gastro-Intestinal Disorders 14.00 POSSUMs, APACHEs and POW-WOWS. How and when to operate and not operate on older patients Mr Jonathan Knowles Consultant Emergency, Colorectal and Laparoscopic Surgeon Royal Free London NHS Foundation Trust 14.30 Medical IBD in Older People Dr Markus Gwiggner, Consultant Gastroenterologist University Hospital Southampton Room 3	14.00 Session E Depression Depression and Dementia Professor Sube Banerjee, Associate Dean for Strategy and Professor of Dementia, Brighton and Sussex Medical School 14.30 Depression and Loneliness, Alistair Burns, National Clinical Director for Dementia for England, University of Manchester Room 4	14.00 Workshop Providing post- diagnostic support for families affected by dementia in the community Sue Ashcroft-Simpson, Admiral Nurse Room 5/6
15:00 – 15:30 Break and posters		
15.30 Session F - Research Platforms Room 3	15.30 Session G Non Parkinson’s MD Paul Worth Room 4	
16.30 Sponsored symposia Room 5/6		
18.30 Conference dinner		

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Friday 24 th November 2017 Morning Sessions		
08:00 – 12:00 Registration		
08:00 – 09:00 Sponsored symposium Room 5/6		
Session H – Cardiac Disease 09.00 TAVI Dr Iqbal Malik Consultant Cardiologist, Imperial 09.30 The evidence base for TAVI Dr William D. Toff Associate Professor in Cardiology, University of Leicester Room 3	Session I –Respiratory 09.00 The wet lung: pleural effusion Prof Nick Maskell, Professor of Respiratory Medicine and Honorary Consultant, University of Bristol 09.20 Pulmonary Hypertension David Kiely 09.40 The Dry Lung - Pulmonary fibrosis Dr Michael Gibbons, Consultant Respiratory Physician , Royal Devon and Exeter Hospital Room 4	Clinical Effectiveness Platform presentations Room 5/6
10:00– 10:30 Break & Poster viewing		
10.30 Session J Drugs and Prescribing Benefits of Electronic Prescribing, Neil Kirby, EPR Pharmacist, Salford Royal Foundation Trust Room 3/4	10.30 Session K Foot Disorders Chair: Jonathan Trembl Consultant Geriatrician and Medical Examiner Care of the Elderly Foot Mr Mark Davies, Consultant Orthopaedic Surgeon, London Foot and Ankle Centre Platform presentations Room 5/6	10.30 Workshop Teaching and Training • Technology for learning • What is out there and how it can supplement learning • The darker side of technology Iain Wilkinson, Consultant Ortho-geriatrician, Surrey and Sussex Healthcare NHS Trust Tim Pattison Adrian Blundell Room 7

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Friday 24th November 2017 Afternoon Sessions

11.45 Trevor Howell Guest Lecture

Improving acute care for older people – Lessons from Canada
Dr Roger Wong, Executive Associate Dean & Clinical Professor Faculty of Medicine,
University of British Columbia
Room 3/4

12.45 British Geriatrics Society AGM

Room 3/4

13.00 Lunch

13.00 – 14.00 Sponsored Symposium – Sponsored by Bial Room 5/6

14.00 Session L Pain in Older People

Chair – Aza Abdulla

Consultant physician, Chair SIG Pain in Older People

14:00 Intro & invitation to join SIG

Aza Abdulla, Consultant Geriatrician, Princess Royal University Hospital & Kings College NHS Foundation Trust

14:10 Assessing pain in Older people: the tools

Prof Pat Schofield, Deputy Dean, Faculty of Health Social Care & Education, Anglia Ruskin University

14:35 Why are older people different / Pharmacological therapy

Roger Knaggs, Associate Professor in Clinical Pharmacy Practice and Advanced Pharmacy Practitioner – Pain Management, School of Pharmacy, University of Nottingham / Nottingham University Hospitals NHS Trust

15:00 Interventional Treatment

Dr Wisam Ali, Consultant neuroanesthetist & Pain Specialist, Denmark Hill Campus Kings College NHS Foundation Trust

15:25 Physiotherapy & Exercise

Professor Denis Martin, Professor of Rehabilitation and Director of the Centre for Rehabilitation Sciences, School of Health & Social Care, Teeside University

15:50 Pain & Dementia

Professor Peter Passmore

16:15 Q&A

Room 3/4

16:45 Close of meeting

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Abstracts

British Geriatrics Society
Improving healthcare for older people



From **biogerontology** to **stroke**

The British Geriatrics Society wants to showcase your research



One of the BGS's primary objectives is to showcase high quality scientific research at its conferences

Why submit your work to the BGS Conferences?

- Present your research to an audience of peers and colleagues from the UK and overseas
- Get detailed feedback from recognised experts in the field of study
- Meet others working in similar areas and initiate collaborations

The BGS is looking for work in the categories of:

- ▶ cardiovascular disorders
- ▶ movement disorders
- ▶ stroke
- ▶ falls and fractures
- ▶ osteoporosis, rheumatology and bone health
- ▶ frailty and sarcopenia
- ▶ dementia, delirium and mental health
- ▶ pharmacology
- ▶ research into ageing and improving the health of older people
- ▶ health promotion
- ▶ health service delivery
- ▶ epidemiology
- ▶ bladder and bowel health

Original research and clinical quality studies will be considered for presentation as a poster or as a platform presentation. Authors do not need to be BGS members to participate.

Several chances each year to showcase your research at the leading UK conferences in older people's care

For the two main conferences (Spring and Autumn), you may benefit from a facilitation process at the conference when two experts in your field will discuss your research with you and will give you constructive advice.

Four prizes are awarded at each meeting for: the best platform presentation; the best scientific research poster; the best clinical quality poster; and the best poster led by a nurse or therapist. Where work has been approved in the facilitation process, the abstract will be published as an online supplement of the *Age and Ageing* journal.

There are also opportunities to exhibit at our one-day special interest group events. See the BGS website for dates when the submissions facility opens for these events.

Meeting	Abstract Closing Dates
2017 Autumn meeting	1 Jun 2017
2017 Falls Conference	1 July 2017
2017 Continence	1 July 2017
2018 Spring meeting	1 Dec 2017
2018 Autumn meeting	1 Jun 2018

Already exhibited your poster at conferences of other specialist societies?

Give it greater exposure and gather further feedback by submitting it for presentation at a BGS meeting!

Following a review for suitability, it will be on display at the conference for delegates to view, but will not be adjudicated or published post event.

[Click here to submit an abstract](#)

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Fringe

THE CALL

BGS Fringe – 23rd November 2017: [Deadline for submissions 1st August 2017](#)

Occupying space for your mind to explore alongside the main conference sessions

We are a group of geriatricians wondering... could the humanities help us resist the inhumanities of life in hospital?

Do you read, write, draw, act, sing, code, build? Do you have a superhero alter-ego...?

This is a metaphorically* open space for you to share your passion with like-minded colleagues.

This is a call for submissions of all kinds to display, talk, project, play during the day.

Drop us an email with a short outline (no more than a page) of what you would like to do, how long would you need, what kind of space or props would you need? Acceptance will be based largely on these practicalities and producing a balanced programme.

fringe@bgs.org.uk

*Fringe will not take place in a field

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3 Ways to register

Register online at <http://bit.ly/BGSAut17> **or** Return completed form to: registrations@bgs.org.uk **or**
Post to: British Geriatrics Society, Marjory Warren House, 31 St John's Square, London, EC1M 4DN

Delegate information

First Name(s):	Surname:	Title:
Email address**:		
Mobile phone:	Landline phone:	
Post held/ Job title:		
Hospital/Employer:		
Billing address:		
City:	Post Code:	
Other Requirements - Please state foods that you are unable to eat* or any access requirements you may have		

	REGISTRATION FEES Please tick (✓) relevant box	
Member rate	Full Meeting	Day
Consultant/GP	☐ £368	☐ £184
SAS grade/StR/GP trainee	☐ £189	☐ £95
Nurse /Allied Health Professional/Researchers into aging	☐ £189	☐ £95
CMT/Foundation Year doctor	☐ £189	☐ £95
Retired	☐ £136	☐ £63
Medical student	☐ £136	☐ £63
Non member rate	Full Meeting	Day
Consultant/GP	☐ £583	☐ £289
SAS grade/StR/GP trainee	☐ £263	☐ £131
Nurse / Allied Health Professional/Researchers into aging	☐ £263	☐ £131
CMT/Foundation Year doctor	☐ £263	☐ £131
Retired	☐ £158	☐ £79
Medical Student	☐ £158	☐ £79
☐ Wednesday	☐ Thursday	☐ Friday
Conference Dinner, 19.00-21.00, Thursday Please insert number of tickets and complete the payment section		Number of Tickets
☐ Conference Buffet Dinner and Entertainment £25.00 per ticket		Total £

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TOTAL PAYMENT DUE (including VAT) for registration fees		£
Please debit my card (select one) ☐ Visa ☐ Mastercard		Valid from : Valid until:
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By signing below, you are signifying that you have read and agree to the terms and conditions of the conference. A signature is essential for this form to be processed.		

<u>Signature</u>

☐ <i>Tick here if you do not wish to receive the monthly BGS E-Bulletin following your attendance. You can opt out of this e-bulletin at any time.</i>
Delegates are responsible for arranging their own accommodation direct with the respective hotels. Reduced rates for accommodation have been arranged with certain local hotels. Please visit www.bgs.org.uk and click on the specific conference button for more detail.

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To assist with the planning of the conference please indicate which sessions you plan to attend by ticking the relevant boxes:

Wednesday

	☐ Community Geriatrics Sessions	☐ Frailty and Sarcopenia Sessions
16.30-17.30	☐ Sponsored symposium	
17.30-19.30	☐ Drinks Reception	

Sessions – Thursday

08.00 - 09.00	Sponsored symposium		
09.15 - 10.45	☐ Session B	☐ Session C	
12.00 - 13.00	☐ Guest Lecture		
14.00 - 15.00	☐ Session D	☐ Session E	☐ Workshop 1
15.30- 16.50	☐ Session F		☐ Session G
18.00– 19.00	☐ Sponsored symposium		

Sessions – Friday

08.0 -09.00	☐ Sponsored symposium		
09.00-10.15	☐ Session H	☐ Session I	☐ Nurses & AHP Council
10.45 -11.45	☐ Session J	☐ Session K	☐ Trainees Council
13.10-13.55	☐ Sponsored symposium		
14.00 - 16.30	☐ Session L		