

Experts Course Faculty



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Co-Founder and Chief Medical Officer, MB Clinical Research
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Emory University School of Medicine
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Peter Wilson, MD
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Professor of Public Health, Rollins School of Public Health
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Congress Overview

Important advances in the diagnosis and treatment of atherosclerotic cardiovascular disease continue to emerge, and these advances must be consistently implemented into clinical practice to provide the best care for patients. This congress is designed to educate clinicians on state-of-the-art care for atherosclerotic cardiovascular disease. Expert faculty will cover a wide range of topics on the diagnosis, treatment and prevention of atherosclerotic cardiovascular disease, and participants will return to their practice equipped with the latest evidence and practical information to improve patient outcomes.

Congress Registration

Register online now at asponline.org/congress for the 2016 ASPC Congress on ASCVD Prevention and the Preventive Cardiology Experts Course.

	Member	Non-Member	In-Training Member
Congress on ASCVD Prevention	\$295	\$395	\$150
Preventive Cardiology Experts Course	\$395	\$495	\$200

Live Stream

For the first time the ASPC's congress will be live streamed online for attendees who cannot make it to the meeting. The live streamed version will be accredited for CME/CE and offer the same number of hours for virtual participants. In-training members receive complimentary registration to the live streaming version. Check asponline.org/congress for additional information on registration for the live streamed version.



Venue

Boca Raton Resort and Club
A Waldorf Astoria Resort

501 East Camino Real
Boca Raton, FL 33432

Join us at the Boca Raton Resort and Club from September 16-18, and enjoy some of South Florida's most beautiful ocean views. We have made special arrangements with the resort for congress attendees to receive discounted room reservations starting at \$185/night plus taxes. Check the ASPC website for the direct link for room reservations, or call the hotel directly at 1-888-557-6375 and use the group code **"ASPC16"** to make your reservation. The resort has an abundance of activities and amenities, so don't miss out on this great opportunity!

About the ASPC

The American Society for Preventive Cardiology is a national organization of healthcare providers and researchers dedicated to the prevention of atherosclerotic cardiovascular disease. The mission of the ASPC is to promote the prevention of atherosclerotic cardiovascular disease, advocate for the preservation of cardiovascular health, and disseminate high-quality, evidence-based information through education of clinicians.

asponline.org



ASPC
The American Society for
Preventive Cardiology

6816 Southpoint Pkwy.
Suite 1000
Jacksonville, FL 32216



Boca Raton Regional Hospital is a proud supporter of the 2016 ASPC Congress on ASCVD Prevention. The mission of Boca Raton Regional Hospital is to deliver the highest quality patient care with unrelenting attention to clinical excellence, patient satisfaction, and patient safety. The hospital's team of professionals demonstrates unparalleled compassion and commitment to those they serve. The hospital is a recognized leader in cardiovascular care and offers state-of-the-art diagnostic and imaging capabilities.

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2016 Congress on Atherosclerotic Cardiovascular Disease Prevention

Earn CME and MOC Credit



Pre-Conference Program: Preventive Cardiology Experts Course

September 16, 2016



ANTIPLATLETS

DIABETES

LIPIDS

NUTRITION

HEART FAILURE

THROMBOSIS

IMAGING

BIOMARKERS

September 16–18, 2016

Making Waves in Preventive Cardiology



Accreditation



CME/CE Credit provided by AKH Inc., Advancing Knowledge in Healthcare

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of AKH Inc., Advancing Knowledge in Healthcare and The American Society for Preventive Cardiology. AKH Inc., Advancing Knowledge in Healthcare is accredited by the ACCME to provide continuing medical education for physicians. AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Physician Assistants

NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME.

Nurses

AKH Inc., Advancing Knowledge in Healthcare is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is awarded 5.75 Contact Hours.

Activity is jointly provided by AKH Inc., Advancing Knowledge in Healthcare and The American Society for Preventive Cardiology.

Florida Nurses

AKH Inc., Advancing Knowledge in Healthcare is an approved provider for nursing continuing education by the Florida Board of Nursing #50-2560. AKH Inc., Advancing Knowledge in Healthcare designates this educational activity for 5.5 contact hour (5.5 CEU).

Preventive Cardiology Experts Course

September 16, 2016

Agenda

FRIDAY, SEPTEMBER 16

8:00–8:10 AM	Welcoming Remarks
8:10–8:20 AM	Pre-Test via Audience Response System
	SESSION 1
8:20–8:50 AM	Time to Change Our Focus on Optimal Cardiovascular Population Health <i>Laurence Sperling, MD, FASPC</i>
8:50–9:20 AM	Integrating Advanced Lipid Testing and Cardiovascular Biomarkers in Assessment and Treatment <i>Stephen Kopecky, MD, FASPC</i>
9:20–9:50 AM	Integrating Imaging and Stress Testing in Assessment and Treatment <i>Amit Khera, MD, FASPC</i>
9:50–10:00 AM	Q&A Panel Discussion
10:00–10:15 AM	Refreshment Break
	SESSION 2
10:15–10:45 AM	Chronic Kidney Disease: What You Really Need to Know <i>Matthew Weir, MD</i>
10:45–11:15 AM	Molecular Diagnosis of FH: An Ever Expanding Spectrum of Mutations <i>Joshua Knowles, MD, PhD</i>
11:15–11:45 AM	Intelligent Patient Specific Drug Choices in the Management of Non-Insulin-Dependent Diabetes Mellitus <i>Peter Wilson, MD</i>
11:45–11:55 AM	Q&A Panel Discussion
11:55 AM–12:55 PM	Lunch
	SESSION 3
12:55–1:25 PM	Coronary Stenting: Is It Really Preventive? <i>Alan Brown, MD, FASPC</i>
1:25–1:55 PM	Atrial Fibrillation: Is There a "Right" Anticoagulant? <i>Edith Nutescu, PharmD, MS</i>
1:55–2:25 PM	Antiplatelets in Primary and Secondary Prevention: When Are They Indicated? <i>Peter Toth, MD, PhD, FASPC</i>
2:25–2:55 PM	Testosterone Supplementation and Risk of Cardiovascular Events—What Do You Tell Your Patients? <i>Howard Weintraub, MD, FASPC</i>
2:55–3:30 PM	Q&A Panel Discussion, Post-Test via Audience Response System and Closing Remarks

Overview

The ASPC's Preventive Cardiology Experts Course provides an in-depth review of the knowledge and skills necessary to successfully implement preventive therapies in cardiology. Primary and secondary prevention strategies including management of cardiovascular risk factors, therapeutic management, and lifestyle changes will be addressed. This course provides an excellent update on core concepts in preventive cardiology, and will serve as a preparatory course for the 2016 Congress on ASCVD Prevention and other advanced preventive cardiology training.

Target Audience

All healthcare professionals involved in the diagnosis, treatment, prevention and intervention of atherosclerotic cardiovascular disease, including physicians, pharmacists, nurse practitioners, nurses, physician assistants, dietitians, fellows and trainees.

Learning Objectives

Upon completion of the educational activity, participants should be able to:

Session 1:

- Identify current issues and approaches to ASCVD risk assessment.
- Outline advancements in lipid testing and biomarkers to monitor disease activity and severity, and as guides to therapy.
- Review the use of imaging and stress testing for the screening and prevention of ASCVD.

Session 2:

- Apply new clinical insights for patients with chronic kidney disease.
- Review the complex genetics and phenotypic expressions of familial hypercholesterolemia.
- Describe emerging and novel treatment strategies for diabetes.

Session 3:

- Describe the role of coronary stent placement in preventive medicine.
- Review the use of anticoagulation therapy for patients with atrial fibrillation.
- Summarize clinical data on existing and emerging anticoagulant and antiplatelet therapies for primary and secondary prevention.
- Evaluate the controversies regarding testosterone use and cardiovascular disease risk.

Pharmacists

AKH Inc., Advancing Knowledge in Healthcare is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Session 1

AKH Inc., Advancing Knowledge in Healthcare approves this knowledge-based activity for 2 contact hour(s) (0.2 CEUs). UAN 0077-9999-16-026-L04-P.

Session 2

AKH Inc., Advancing Knowledge in Healthcare approves this knowledge-based activity for 1.5 contact hour(s) (0.15 CEUs). UAN 0077-9999-16-027-L04-P.

Session 3

AKH Inc., Advancing Knowledge in Healthcare approves this knowledge-based activity for 2.25 contact hour(s) (0.225 CEUs). UAN 0077-9999-16-028-L04-P.

Dietitians

AKH Inc. is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 5.5 continuing professional education unit (CPEU) for completion of this program/material. CDR Accredited Provider #AN008. The focus of this activity is rated Level 2. Learners may submit evaluations of program/materials quality to the CDR at www.cdrnet.org.

Criteria for Success

Statements of credit will be awarded based on the participant's attendance, participation in the pre/post-test and submission of the activity evaluation form. A statement of credit will be available upon completion of an online evaluation/claimed credit form at www.asponline.org/claims/cme. You must participate in the entire activity to receive credit. If you have questions about this CME/CE activity, please contact AKH Inc. at trigrom@akhinc.com.

Commercial Support

Full notification of commercial support will be provided in the final program.

For more information and to register, visit asponline.org/congress

Congress Faculty



Seth Baum, MD, FASPC
Congress Chair
Medical Director, Women's Preventive Cardiology
Christine E. Lynn Women's Health and Wellness Institute
Boca Raton Regional Hospital
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Peter Wilson, MD
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Emory University School of Medicine
Professor of Public Health, Rollins School of Public Health
Director, Epidemiology and Genomic Medicine
Atlanta VA Medical Center
Atlanta, GA

Congress Agenda

FRIDAY, SEPTEMBER 16

4:00–4:10 PM	Welcoming Remarks <i>Seth Baum, MD, FASPC</i>
4:10–4:20 PM	SESSION 1 Audience Response Questions
4:20–4:45 PM	Interpreting Clinical Trials: Knowing How to Follow the Literature <i>Michael Koren, MD</i>
4:45–5:10 PM	Antiplatelet Therapy: Stents, Strokes, MIs, and Prevention—1, 2 or 3 Drugs—What Is a Clinician to Do? <i>Marc Bonaca, MD, MPH</i>
5:10–5:35 PM	The Platelet in Its Glory - Understanding its Receptors and How to Attack Them <i>Peter Toth, MD, PhD, FASPC</i>
5:35–6:00 PM	Practical Considerations for Managing VTE <i>Edith Nutescu, PharmD, MS</i>
6:00–6:25 PM	Q&A Panel Discussion and Audience Response Questions
6:30–7:30 PM	Welcome Reception with Exhibitors

SATURDAY, SEPTEMBER 17

7:00–8:00 AM	SESSION 2 Breakfast with Exhibitors
8:00–8:15 AM	Welcome and Audience Response Questions
8:15–8:50 AM	Keynote Address: Homocysteine and Prevention of Atherosclerosis <i>Kilmer McCully, MD</i>
8:50–9:15 AM	Biomarkers: Tools for Heart Failure Management <i>Douglas Schocken, MD, FASPC</i>
9:15–9:40 AM	Q&A Panel Discussion and Audience Response Questions
9:40–10:00 AM	Refreshment Break
10:00–10:10 AM	SESSION 3 Audience Response Questions
10:10–10:35 AM	FH Foundation: Clinical Initiatives Update <i>Joshua Knowles, MD, PhD</i>
10:35–11:15 AM	Experts Debate: Utility of PCSK9 Inhibitors <i>Pro: Howard Weintraub, MD, FASPC; Rebuttal: Peter Wilson, MD</i> <i>Con: Peter Wilson, MD; Rebuttal: Howard Weintraub, MD, FASPC</i>
11:15–11:40 AM	Management of Heart Failure: A Look Back and What's on the Horizon <i>Douglas Schocken, MD, FASPC</i>
11:40 AM–12:05 PM	Q&A Panel Discussion and Audience Response Questions
12:05–1:05 PM	Lunch with Exhibitors
1:05–1:20 PM	Annual Business Meeting
1:20–1:30 PM	SESSION 4 Audience Response Questions
1:30–1:55 PM	Rethinking Dietary Fat <i>Dariush Mozaffarian, MD, DrPH</i>
1:55–2:20 PM	Diabetic Nephropathy: Therapies that May Surprise You <i>Matthew Weir, MD</i>
2:20–2:45 PM	The Diabetes/Heart Disease Division: It is Blurring <i>Peter Wilson, MD</i>
2:45–3:10 PM	Q&A Panel Discussion and Audience Response Questions
3:10–3:25 PM	Refreshment Break
3:25–4:25 PM	SESSION 5: YOUNG INVESTIGATOR POSTER PRESENTATIONS SESSION 6 Audience Response Questions
4:25–4:35 PM	Nanette K. Wenger Distinguished Lecture: Spontaneous Coronary Artery Dissection: How Often Do We Miss This Diagnosis? <i>Roxana Mehran, MD</i>
4:35–5:00 PM	Cardiac Risk Factors in Women: Adjusting Our History and Physical Examinations Accordingly <i>Martha Gulati, MD, FASPC</i>
5:25–5:50 PM	Dietary Counseling 101: How to Apply Basic Dietary Counseling to Your Practice <i>Maria Bella, MS, RD</i>
5:50–6:15 PM	Q&A Panel Discussion and Audience Response Questions

SUNDAY, SEPTEMBER 18

7:00–8:00 AM	SESSION 7 Breakfast with Exhibitors
8:00–8:15 AM	Welcome and Audience Response Questions
8:15–8:40 AM	Cardiac Imaging: Yesterday, Today and Tomorrow <i>Matthew Budoff, MD</i>
8:40–9:05 AM	CAC: Lessons from MESA and Beyond <i>Amit Khera, MD, FASPC</i>
9:05–9:30 AM	Appropriate Use of Nuclear Stress Testing <i>Leslee Shaw, PhD</i>
9:30–9:55 AM	Q&A Panel Discussion and Audience Response Questions
9:55–10:05 AM	SESSION 8 Audience Response Questions
10:05–10:30 AM	Advances in the Diagnosis and Treatment of Sleep Apnea to Lower ASCVD Risk <i>Virend Somers, MBChB, DPhil</i>
10:30–10:55 AM	From Shotguns to Laser Beams: Our Evolving Pipeline of Lipid Altering Medications <i>Seth Baum, MD, FASPC</i>
10:55–11:10 AM	Closing Remarks: Taking Cardiovascular Disease Prevention to a New Level <i>Seth Baum, MD, FASPC</i>
11:10–11:30 AM	Q&A Panel Discussion and Audience Response Questions

*Faculty and agenda subject to change.
Check aspconline.org/congress periodically for updates.*

Congress Accreditation

AKH CME/CE Credit provided by AKH Inc., Advancing Knowledge in Healthcare

Physicians
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Physician Assistants
NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME.

Nurses
AKH Inc., Advancing Knowledge in Healthcare is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is awarded 13.1 Contact Hours.

Activity is jointly provided by AKH Inc., Advancing Knowledge in Healthcare and The American Society for Preventive Cardiology.

Florida Nurses
AKH Inc., Advancing Knowledge in Healthcare is an approved provider for nursing continuing education by the Florida Board of Nursing #50-2560. AKH Inc., Advancing Knowledge in Healthcare designates this educational activity for 13 contact hour (13 CEU).

Pharmacists
AKH Inc., Advancing Knowledge in Healthcare is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

SESSION 1:
AKH Inc., Advancing Knowledge in Healthcare approves this knowledge-based activity for 1.75 contact hour(s) (0.225 CEUs). UAN 0077-9999-16-019-L04-P.

SESSION 2:
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SESSION 3:
AKH Inc., Advancing Knowledge in Healthcare approves this knowledge-based activity for 2 contact hour(s) (0.2 CEUs). UAN 0077-9999-16-021-L04-P.

SESSION 4:
AKH Inc., Advancing Knowledge in Healthcare approves this knowledge-based activity for 1.75 contact hour(s) (0.225 CEUs). UAN 0077-9999-16-022-L04-P.

SESSION 5:

Not accredited

SESSION 6:
AKH Inc., Advancing Knowledge in Healthcare approves this knowledge-based activity for 1.75 contact hour(s) (0.225 CEUs). UAN 0077-9999-16-023-L04-P.

SESSION 7:
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SESSION 8:
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Dietitians

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Criteria for Success

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Commercial Support

Full notification of commercial support will be provided in the final program.

DISCLAIMER

This course is designed solely to provide the healthcare professional with information to assist in his/her practice and professional development and is not to be considered a diagnostic tool to replace professional advice or treatment. The course serves as a general guide to the healthcare professional, and therefore, cannot be considered as giving legal, nursing, medical, or other professional advice in specific cases. AKH Inc. and ASPC specifically disclaim responsibility for any adverse consequences resulting directly or indirectly from information in the course, for undetected error, or through participant's misunderstanding of the content.

Disclosure of Unlabeled Use and Investigational Product

This educational activity may include discussion of uses of agents that are investigational and/or unapproved by the FDA. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclosure Declaration

It is the policy of ASPC and AKH Inc. to ensure independence, balance, objectivity, scientific rigor, and integrity in all of its continuing education activities. The faculty must disclose to the participants any significant relationships with commercial interests whose products or devices may be mentioned in the activity or with the commercial supporter of this continuing education activity. Identified conflicts of interest are resolved by ASPC and AKH prior to accreditation of the activity and may include any of or combination of the following: attestation to non-commercial content; notification of independent and certified CME/CE expectations; referral to National Faculty Initiative training; restriction of topic area or content; restriction to discussion of science only; amendment of content to eliminate discussion of device or technique; use of other faculty for discussion of recommendations; independent review against criteria ensuring evidence support recommendation; moderator review; and peer review. AKH planners and reviewers have no relevant financial relationships to disclose.

Abstracts

Submitted abstracts will be considered for the poster hall and the top three Young Investigator abstracts will be selected for an oral presentation during the abstract session at the meeting.

All abstracts must be submitted online via the ASPC website using the online submission form at aspconline.org/congress. The deadline to submit abstracts is July 3, 2016. Visit the ASPC's website for additional details.