



UCLA

David Geffen School of Medicine

**The Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
presents**

Meeting the Challenge of Primary Care

December 1-4, 2021

**Wailea Beach Resort – Marriott, Maui
Wailea, Hawaii**

CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEFFEN SCHOOL OF MEDICINE at **UCLA**

Course Description

It is often said that the “common things occur most commonly” and no where is this not more true than in primary care. This four-day symposium will provide the participant with an update on common problems seen in primary care related to preventive medicine, rheumatology, internal medicine, common liver disorders, and women’s health.

A distinguished UCLA faculty group will discuss a variety of topics including hypertension, diabetes, depression, contraception, coronary heart disease, and common rheumatologic disorders.

Target Audience

This course is targeted towards family physicians, general practitioners, internists, nurse practitioners and physician assistants.

Course Objectives

Following completion of this program, the participant should be able to:

- Diagnose common thyroid disorders, liver disorders and rheumatologic disorders
- Manage common problems seen in primary care including diabetes, abnormal liver tests, heart failure, menopause hormone therapy, osteoporosis, and low back pain
- Implement preventive care measures including cholesterol management, contraception, and hypertension management

Course Chair

Martin A. Quan, MD

Professor of Clinical Family Medicine*
Director, Office of Continuing Medical Education

Faculty

Peng Thim Fan, MD

Clinical Professor of Medicine/Rheumatology*

Matthew Freeby, MD

Associate Clinical Professor of Medicine*
Director, Gonda Diabetes Center
Associate Director, Diabetes Clinical Programs
Division of Endocrinology, Diabetes & Metabolism

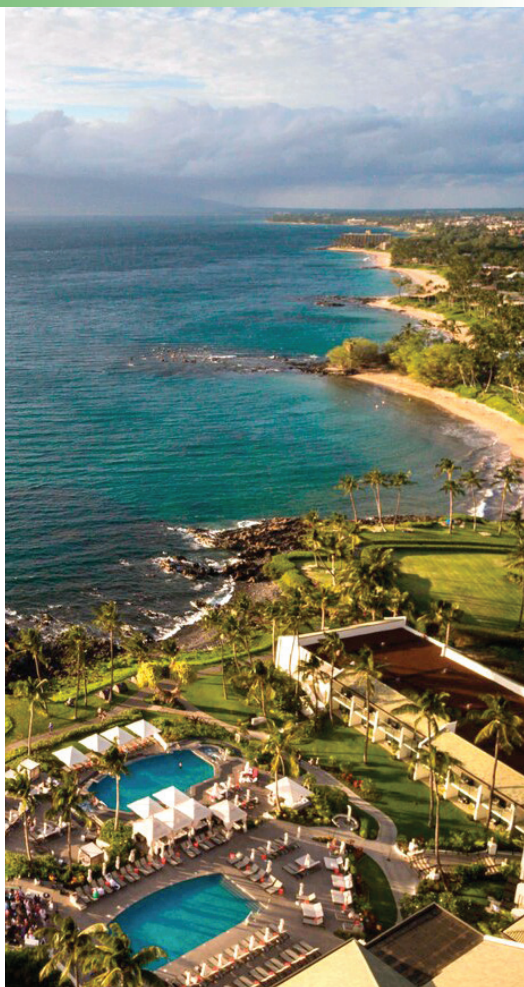
Steven-Huy B. Han, MD, AGAF, FAASLD

Professor of Medicine and Surgery*
Program Director, Advanced Transplant Hepatology Fellowship
Director, Hepatology Clinical Research Center

Karol E. Watson, MD, PhD

Professor of Medicine/Cardiology*
Co-Director, UCLA Program in Preventive Cardiology
Director, UCLA Barbra Streisand Women’s Heart Health Program
John Mazziotta, MD, PhD Term Chair in Medicine

*David Geffen School of Medicine at UCLA



Program Schedule

Wednesday, December 1, 2021

MORNING

- 6:15 **Registration**
- 6:50 **Welcome**
- 7:00 **Approach to the Patient With Joint Pain**
Peng Thim Fan, MD
- 7:45 **Approach to the Patient With Abnormal LFTs**
Steven-Huy B. Han, MD, AGAF, FAASLD
- 8:30 **Case Studies in Vaginitis**
Martin A. Quan, MD
- 9:15 **Questions/Answers**
- 9:30 **Break**
- 9:45 **A Nuts-and-Bolts Approach to Fatty Liver Disease**
Steven-Huy B. Han, MD, AGAF, FAASLD
- 10:30 **Obesity: Meeting the Clinical Challenge**
Matthew Freeby, MD
- 11:15 **Questions/Answers**
- 11:30 **Adjourn**

Thursday, December 2, 2021

MORNING

- 7:00 **Recognition and Management of Rheumatoid Arthritis**
Peng Thim Fan, MD
- 7:45 **Strategies for the Prevention of Coronary Heart Disease**
Karol E. Watson, MD, PhD
- 8:30 **Hepatitis C: A Primer for Primary Care**
Steven-Huy B. Han, MD, AGAF, FAASLD
- 9:15 **Questions/Answers**
- 9:30 **Break**
- 9:45 **Low Back Pain: A Practical Approach**
Peng Thim Fan, MD
- 10:30 **Contraception Update**
Martin A. Quan, MD
- 11:15 **Questions/Answers**
- 11:30 **Adjourn**

Friday, December 3, 2021

AFTERNOON

- 3:30 **Hypertension Update: 2021**
Karol E. Watson, MD, PhD
- 4:20 **Questions/Answers**
- 4:30 **Diabetes Update: 2021**
Matthew Freeby, MD
- 5:20 **Questions/Answers**
- 5:30 **Menopause Hormone Therapy: 2021**
Martin A. Quan, MD
- 6:20 **Questions/Answers**
- 6:30 **Adjourn**

Saturday, December 4, 2021

MORNING

- 7:00 **Management of Heart Failure**
Karol E. Watson, MD, PhD
- 7:45 **Prevention and Management of Osteoporosis**
Matthew Freeby, MD
- 8:30 **Update on the Management of Gout**
Peng Thim Fan, MD
- 9:15 **Questions/Answers**
- 9:30 **Break**
- 9:45 **Hypercholesterolemia: State-of-the-Art**
Karol E. Watson, MD, PhD
- 10:30 **Common Thyroid Disorders in Primary Care**
Matthew Freeby, MD
- 11:15 **Questions/Answers**
- 11:30 **Adjourn**



General Information

Dates

Wednesday-Saturday, December 1-4, 2021

Course Fee

\$675 Physicians

\$550 Nurses and Allied Health Professionals

Enrollment

Enrollment is limited. Early enrollment is strongly suggested.

Online: Use your MasterCard, AmEx, VISA or Discover Card. Go to www.cme.edu/courses and click on Meeting the Challenge of Primary Care.

By Mail: Use the form attached. Mail to the UCLA Office of Continuing Medical Education, Meeting the Challenge of Primary Care, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Phone: Use your MasterCard, Visa or Discover and AmEx. Call (310) 794-2620.

By Fax: Send completed enrollment form with charge card information and your authorizing signature to the Office of Continuing Medical Education at (310) 794-2624.

Refunds

Cancellations must be received in writing by **November 1, 2021** and will be subject to a \$100 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Conference Location

Wailea Beach Resort – Marriott, Maui

3700 Wailea Alanui Drive

Wailea, Hawaii 96753

Telephone: (808) 879-1922

Perfectly placed within steps of the ocean, Wailea Beach Resort – Marriott, Maui offers scenic luxury in a stunning travel destination. Experience stylish comfort along the water's edge in beautifully appointed, family-friendly hotel rooms with ocean-inspired décor, mini-refrigerators, plush bedding and high-speed Wi-Fi. Elevate your experience with 4-star amenities like a modern fitness center, championship-level golf courses and a tranquil spa. Ignite your senses with diverse dining options, private floating cabanas and a vibrant luau show. Refresh in the sparkling waters of our five pools, featuring the longest hotel water slide in all of Hawaii. Punctuate your day with a relaxing evening on your large balcony or oversized lanai, and enjoy stunning views, including vibrant Maui sunsets and an occasional humpback whale.

Accommodations

A block of rooms has been reserved at the Wailea Beach Resort - Marriott, Maui for conference participants at a special Garden View King conference rate of **\$344.00** plus tax per night for single/double occupancy and special Garden View Queen conference rate of **\$374.00** plus tax per night for single/double occupancy. The rates will be offered for three days prior and three days after the meeting dates, subject to availability. There is an additional discounted resort fee of \$20.00 plus tax per room, per night, which includes internet, and discounted daily overnight self-parking at \$10.00 plus tax. Confirmation of reservations received after **October 30, 2021** is subject to availability.

Rooms are very limited and on a first come basis. Please reserve early!

For reservations, please call 1-808-879-1922 and mention UCLA Office of CME David Geffen School of Medicine when calling in your reservations.

You may also visit their website:

<https://book.passkey.com/e/50211837>

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 15.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

American Academy of Family Physician credit has been applied for.

The American Academy of Physician Assistants accepts AMA PRA Category 1 credits from organizations accredited by the ACCME.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Disclosure Statement

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We, at UCLA fully endorse the letter and spirit of these concepts.

Registration

Mail Application for Enrollment

(Please Print)

Course Title and Number	Registration Fee
Meeting the Challenge of Primary Care M212-20	
\$675 Physicians	
\$550 Nurses and Allied Health Professionals	

Last four digits of your Social Security number

Name (First/Middle/Last)

Degree

Preferred Mailing Address

City/State/ZIP

()
Area code Phone

Specialty

()
Area code Fax

E-mail Address

☐ Check enclosed payable to : **The Regents of the University of California**

☐ Charge ☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

Card number

Expiration Mo/Yr

Authorizing Signature

Mail to: Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

Fax to: (310) 794-2624



UCLA Office of Continuing Medical Education

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