

7th Annual Update in **GERIATRICS**

Drugs and the Elderly: Balancing Risks and Benefits

Wednesday, November 29th, 2017

Liuna Station, 360 James Street North, Hamilton, ON

**FEATURED
SPEAKERS**

TARGET AUDIENCE

Family Physicians, General Internal Medicine Physicians, Physician Assistants, Nurses, Nurse Practitioners, Occupational Therapists, Physiotherapists, Social Workers, Pharmacists, Other Health Care Professionals, Students, and Residents.

LEARNING OBJECTIVES

By attending this activity, participants will be able to:

- Apply evidence-based and practical approaches to prescribing and assessing Drugs and the Elderly.
- Apply principles for Deprescribing Benzo's, and manage Addictions, Narcotics and Cannabis in the Elderly.
- Address the pharmacological management of Diabetes, use of Vaccines, and other important topics relating to medications in older adults.



Dr. Cara Tannenbaum

Cara Tannenbaum, Professor of Medicine and Pharmacy, is the Director of the Canadian Deprescribing Network. She holds the Michel Saucier Endowed Chair in Geriatric Pharmacology, Health and Aging in the Faculty of Pharmacy at the Université de Montréal since 2008. She completed her internal medicine, geriatric specialty training and research thesis in Epidemiology and Biostatistics at McGill University. Dr. Tannenbaum conducted the EMPOWER trial, and is currently leading the DEPRESCRIBE trial, another Canadian trial to reduce inappropriate prescriptions in seniors. In 2013 she received the Canadian Institutes of Health Prize for Knowledge Translation in Aging. She continues to work as a geriatrician and older women's health specialist at the Institut universitaire de geriatrie de Montreal in Quebec.



Dr. Karin Neufeld

Dr. Karin Neufeld is a graduate of the University of Manitoba, School of Medicine in Canada. After completing a residency and fellowship in the Department of Psychiatry & Behavioral Sciences at the Johns Hopkins University School of Medicine and a Masters of Public Health degree at the Johns Hopkins Bloomberg School of Public Health, she joined the medical school faculty where she is currently an Associate Professor. Dr. Neufeld has held a number of clinical and leadership positions in the department and is currently the Clinical Director of the Department of Psychiatry at the Johns Hopkins Bayview Medical Center and the Director of the General Hospital Inpatient Psychiatry Consultation Service. Her primary area of academic and clinical interest is in improving delirium prevention and treatment strategies within the acute inpatient setting, with particular focus on the critically ill and older aged postoperative populations. She is the Chair of the Johns Hopkins Delirium Consortium, and Past President and ongoing Board Member of the American Delirium Society. Dr. Neufeld is a member of the Society for Critical Care Medicine and is serving as a delirium expert on the SCCM's guideline review group for the 2018 edition of the Pain, Agitation, and Delirium (PAD) Guidelines.

www.fhs.mcmaster.ca/conted/geriatrics.html

FOR ACTIVITY INFORMATION

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07:30 – 08:30	Registration/Breakfast/Visit Exhibitors & Poster Boards	12:50-13:40	Keynote: Treating Delirium with Antipsychotic Drugs Karin J. Neufeld, MD, MPH Associate Professor Department of Psychiatry and Behavioral Sciences Johns Hopkins University School of Medicine
08:30-08:35	Welcome Sharon Marr, BSc, MD, FRCPC, MEd Associate Professor, Division of Geriatric Medicine St. Peter's / McMaster University Chair in Aging Department of Medicine, McMaster University Chair of RGPC	13:40-13:55	Question & Answer
08:35-08:50	Lifelong Achievement Award Presentation	13:55-14:15	Vaccines and the elderly Mark Loeb, BSc, MD, MSc, FRCPC Professor Department of Pathology & Molecular Medicine Director, Division of Infectious Diseases McMaster University
08:50-09:40	Keynote: Deprescribing Benzos Cara Tannenbaum, MD, MSc Scientific Director Directrice Scientifique Institute of Gender and Health Institut de la santé des femmes et des hommes Canadian Institutes of Health Research (CIHR) Instituts de recherche en santé du Canada (IRSC)	14:15-14:35	Long term care and Management of Osteoporosis Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP Professor, Division of Geriatric Medicine Department of Medicine, McMaster University
09:40-10:00	Question & Answer	14:35-14:50	Panel Discussion
10:00-10:15	Morning Break/Visit Exhibitors & Poster Boards	14:50-15:05	Afternoon Break/Visit Exhibitors & Poster Boards
10:15-10:40	Addictions and Narcotics in older adults Jonathan Bertram Lecturer, Department of Family & Community Medicine, University of Toronto Staff Physician, Addictions Medicine Service, CAMH Older Adults Consultant Physician- COPA (Community Outreach Programs in Addiction)	15:05-15:25	Hypertension and the Elderly Joanne Ho, BSc, MD, FRCPC, MSc Assistant Professor, Division of Geriatric Medicine Schlegel Research Institute for Aging McMaster University
10:40-11:00	Cannabinoid Use in the Elderly Patient Amanjot (Mona) Sidhu, MD, FRCPC Division of Geriatric Medicine, McMaster University	15:25-15:45	Top Research Articles of 2017: Short Snappers Justin Lee, BScPhm, ACPR, MD, FRCPC Clinical Scholar, Division of Geriatric Medicine McMaster University
11:00-11:30	Diabetes Care in 2017 - Considerations for the Elderly Hertzel C. Gerstein, MD, MSc, FRCPC Professor, Department of Medicine Director Division of Endocrinology & Metabolism McMaster University	15:45-16:00	Panel Discussion
11:30-11:50	Panel Discussion	16:00-16:05	Closing & Evaluations
11:50-12:50	Lunch/Visit Exhibitors & Poster Boards		

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education Program requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

Planning Committee

Co-Chair

Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP

Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University
Chairholder, Eli Lilly Canada Chair in Osteoporosis
Scientific Director GERAS Centre

Co-Chair

Sharon Marr, BSc, MD, FRCPC, MEd

Associate Professor, Division of Geriatric Medicine
St. Peter's / McMaster University Chair in Aging
Department of Medicine, McMaster University Chair
of RGPc

Co-Chair

Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)

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Department of Medicine, McMaster University

Cheryl Allaby, MD, CCFP

Assistant Professor, Department of Family Medicine
Associate, Division of Geriatric Medicine
Department of Medicine, McMaster University

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Pauline Fisher

Clinical Nurse Specialist
Hamilton Health Sciences

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Clinical Scholar, Division of Geriatric Medicine
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Associate Professor, Psychiatry & Behavioural
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M2 & M3 Clinical Pharmacist
Seniors, Emergency & Community Medicine
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General Information

CONFIRMATION OF REGISTRATION

A written acknowledgment of your registration will be sent prior to the event should you provide CHSE with your email address. Receipts will be provided in your registrant package upon arrival at the activity. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

CANCELLATION POLICY

McMaster University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **Wednesday, November 15, 2017** will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

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- To any individual attending this activity.
- That may result from the use of technologies, program, products &/or services at this activity.
- That may arise out of, or during this activity.

ACTIVITY PACKAGES

As the registrant your activity package includes breakfast, nutritional breaks, and lunch. Your activity lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the conference, their meals are at their own cost and will be billed directly.

PHOTOGRAPHY

Candid photos will be taken at the event. Your registration implies your permission for these photos to be used for promotional material. Individuals in photographs will not be identified.

Directions

LIUNA STATION - www.liunastation.com

360 James Street North, Hamilton, ON

From Toronto

QEW to Highway 403 West Hamilton. Exit on York Blvd. Follow York Blvd. to John Street. Turn LEFT on John Street and Continue North to Murray. Turn LEFT on Murray. LIUNA Station is on the RIGHT.

From Guelph

Highway 6 South to Highway 403 West Hamilton. Exit on Main St. East. Follow Main St. East to John Street. Turn LEFT on John Street and continue North to Murray. Turn LEFT on Murray. LIUNA Station is on the RIGHT.

From Niagara / Buffalo

QEW Toronto to Burlington Street. Follow Burlington Street (using through traffic overpasses) to James Street. Turn LEFT on James Street North & follow to Murray. LIUNA Station is on the LEFT.

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