

Destination Partner



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وزارة الصحة ووقاية المجتمع
MINISTRY OF HEALTH & PREVENTION



SEHA صحة
شركة أبوظبي للخدمات الصحية
Abu Dhabi Health Services Co. P.S.C.

Abu Dhabi International Mental Health Conference

"Mental Health in a Changing World"



MARK YOUR
CALENDAR

24-26 October, 2019

InterContinental Hotel, Abu Dhabi, UAE



Supported by



In collaboration with



Managed by

شركة الشرق الأوسط وشمال إفريقيا للمؤتمرات ذ.م.م.



Welcome message



Dear Colleagues,

On the behalf of the scientific Committee, it gives us immense pleasure to invite you to **Abu Dhabi International Mental Health Conference 2019** to be held on **24-26 October, 2019** at InterContinental Hotel, Abu Dhabi, UAE in Abu Dhabi, UAE.

This annual conference is the pinnacle event in the mental health industry. The conference provides an invaluable opportunity to build relationships and to share knowledge, research, latest advances and best practices in the arena of mental health across a broad spectrum of mental disorders.

The conference program is designed to challenge, inspire, demonstrate and encourage participants while facilitating discussion. The program will explore mental health access and support, service design and specialized clinically focused programs, physical wellbeing and mental wellness, mentally healthy workplaces, disorder management, strategies and support for wellness of mental health workers, suicide and harm prevention.

The program includes an extensive range of topics with keynotes, concurrent sessions, workshops and posters to examine solutions and share ideas for improving the quality of life for those with mental health issues.

Keynote lectures, submitted papers, workshops and case studies will discuss how approaches and techniques can be incorporated into daily practice. Featuring National and International leading clinical practitioners, academics, and mental health experts, the conference will motivate and inspire professionals (and future professionals) to make change and provide the best possible outcome for those living with mental health conditions.

This unique event will bring together prominent clinical practitioners, academics, service providers and mental health experts to deliberate and discuss mental health issues confronting the UAE and the region

The program will allow ample opportunities for participants to network collaborate and share ideas to enhance the quality and safety practices for mental care provided in the region

We hope this meeting will be of great benefit to all participants in the region, we also hope and trust that you will enjoy your visit to Abu Dhabi, the capital of the United Arab Emirates, and a vibrant and fast-growing city that combines state of the art facilities and infrastructure, as well as a glimpse into an ancient and endlessly fascinating past.

This is an event not to be missed!

A stylized, handwritten signature in black ink, likely belonging to Dr. Tarek Abdalla Darwish.

Dr. Tarek Abdalla Darwish
Conference President

Consultant Psychiatrist & Medical Director,
BSP, SKMC, Abu Dhabi, UAE

Welcome message



Dear Colleagues,

On behalf of the organising and scientific committees, we are greatly honored to cordially welcome you all to this timely, informative and exciting event **Abu Dhabi International Mental Health Conference 2019** to be held on **24-26 October, 2019** at InterContinental Hotel, Abu Dhabi, UAE in Abu Dhabi, UAE.

This multi-international conference will bring together some of the world's leading mental health specialists whose work has been widely acclaimed and which has contributed to successful patient outcomes.

Our past event has proven to be a major success and has been instrumental in further developing and solidifying our field as an important part in healthcare.

Now in its 2nd year, our conference is gaining a reputation as one of the world's largest established mental health congresses and an inspirational and empowering event tackling all the mental disorders challenges and offering new ideas and latest innovation to examine solutions for improving the quality of life for those with mental health issues in the UAE, the Middle East and the Region.

The scientific committee has developed a truly international event with high profile program that will satisfy all of your expectations and is rich and due to the success. The program will focus on the latest developments in current and controversial issues of our specialty, aims to offer reliable scientific updates in child & adult behavioral health & meet the challenges & opportunities that arise.

There will also be dedicated time for interdisciplinary workshops. As well the conference offers opportunities for paper presentations from clinicians and academics.

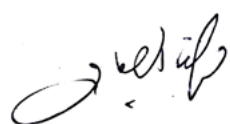
Every year we work towards raising the bar of excellence in terms of formulating a rich comprehensive agenda, inviting world-class renowned speakers for their unique insights, featuring high quality lectures on many key topics related to various psychiatric disorders and creating a rich interactive atmosphere for the exchange of knowledge and ideas to advance and develop the future of mental health in the UAE and the region.

The event will be a great opportunity to network with already known colleagues and to meet new colleagues in the field from across the globe.

We are certain that your active participation and presence in the conference will significantly contribute to the success of this meeting.

I would like to welcome you all in this meeting and I am confident that all the discussions and efforts that will be made during this conference will translate into a major step towards quality mental health care and service for the benefit of the people in need.

Looking forward to welcome you on the 24-26 October 2019 in Abu Dhabi.



Dr. Medhat Elsabbahy

Conference Director

WAPR Board Member

Head of the Psychiatric Rehabilitation Division

Arab Federation of Psychiatrists

Head of the Psychiatric Rehabilitation Dept., BSP, SKMC

Abu Dhabi, UAE

Conference President

- **Dr. Tarek Abdullah Darwish** - Consultant Psychiatrist & Medical Director, SKMC, Abu Dhabi, UAE

Conference Director

- **Dr. Medhat Elsabbahy** - WAPR Board Member, Head of the Psychiatric Rehabilitation Division, Arab Federation of Psychiatrists, Head of the Psychiatric Rehabilitation Dept., BSP, SKMC - Abu Dhabi, UAE

Organizing Committee

- **Dr. Alaa Haweel**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Mohamed Gamal Mousa**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Amani Ahmed**, Consultant Psychiatrist, Beautiful Mind Center, Abu Dhabi, UAE
- **Dr. Alaa Khamis Al Naqbi**, Specialist Psychiatrist, BSP SKMC
- **Dr. Mufeed M.S. Raouf**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Ahmed Elboraie**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Talaat Matar**, Consultant Psychiatrist RAK Hospital, Professor of Psychiatry RAK University
- **Dr. Elbakhir Hassan Abdalla Mohamed**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Khawla Ahmed**, Consultant & Head of Psychiatry Department, Rashid Hospital, Dubai, UAE
- **Dr. Hadeer Abdel Rahman**, Specialist Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Ahlam Abdullah**, Marketing Department, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Baqlah Hassan Ali**, SCN Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Fareza Awwad**, Staff Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE

Scientific Committee

- **Dr. Tarek Abdullah Darwish**, Medical Director and Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Mohamed Al-Garhy**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Medhat Elsabbahy** - WAPR Board Member, Head of the Psychiatric Rehabilitation Division, Arab Federation of Psychiatrists, Head of the Psychiatric Rehabilitation Dept., BSP, SKMC - Abu Dhabi, UAE
- **Dr. Aisha Al Dhufairy**, Specialist Psychiatrist, SKMC
- **Dr. Eman Al Houti**, Specialist Psychiatrist, SKMC
- **Prof. Ahmed Saad**, Professor of Psychiatry, Chair of Ain Shams Institute of Psychiatry, Cairo, Egypt
- **Dr. Samer Makhoul**, Consultant Psychiatrist, American Center for Neurology and Psychiatry, Abu Dhabi, UAE
- **Prof. Dr. Hisham Ramy**, Professor of Psychiatry, Ain Shams University, Chair of the Mental Health Trust, Cairo, Egypt
- **Dr. Tarek Shahrouf**, Director of the Psychiatry Residency, Training Program (ACGMEI accredited), Consultant Psychiatrist (Liaison Psychiatry), Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Adel Ahmed El Sheikh**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Ma'Moon A M Karaja**, CN Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Baqlah Hassan Ali**, SCN Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE

Advisory Board

- **Prof. Ahmed Okasha**, M.D., PhD, F.R.C.P., F.R.C., Psych., F.A.C.P (Hon.) Founder, Professor and Emeritus Chairman Institute of Psychiatry, Ain Shams University, Hon. President Egyptian Psychiatric Association, Hon. President Arab Federation of Psychiatrists, President of World Psychiatric Association WPA (2002-2005), Member of the Egyptian Presidential Advisory Council of distinguished Scientists
- **Prof. Afzal Javed**, WPA PRESIDENT Elect The Medical Centre. Manor Court Avenue Nuneaton, United Kingdom
- **Prof. Afaf Hamed Khalil**, Professor of Psychiatry, MD, FRCpsych, FAPA Institute of Psychiatry, Ain Shams University, President of Egyptian Association of Psychiatric Services
- **Dr. Alzain Abbas Omara**, MD , FRCpsych , DPM , FAPA, Consultant Psychiatrist, Al Noor Hospital
- **Prof. Thyloth Murali**, MD, DPM, PRESIDENT WAPR
Prof. and Head Dep. of Psychiatry, M.S.Ramaiah Medical College and Hospitals
- **Prof. Marianne Farkas**, Boston Rehabilitation Center, USA
- **Prof. Veronica Carey**, Prof. Psychiatric Rehabilitation, Drexel University , Philadelphia
Chair of Psychiatric Rehabilitation Academy, USA

Learning Objectives

Upon completion of this educational activity, participants will be able to:

- Review the latest evidence and best practices for the management and treatment of different issues related to old aged and adults with mental health disorders.
- Describe fundamentals of quality improvement strategies for mental illness
- Evaluate and diagnose a selected group of common mental disorders using the most updated evidence based tools and apply it appropriately to fit regional special needs.
- Review practical real-life cases and pitfalls in various sub-specialties.
- Examine solutions to real-world clinical problems through case-based learning sessions
- Review current treatment guidelines and how to utilize them in clinical practice.
- Provide insight into patient needs and experiences and improve clinical practice.
- Apply new knowledge in the diagnostic and therapeutic modalities presented in selected topics
- Formulate an appropriate approach that is suitable for local experiences in some of the controversial issues in adults and old aged with mental health disorders
- Perform hands-on workshops given by world-leading experts and tutors in Mental Health Disorders

ACCREDITATION:

Department of Health - Abu Dhabi CME accreditation is in process

Conference Highlighted Sessions

- Mental Health Access and Support, Service Design, Specialized
- Clinically Focused Programs
- Physical Wellbeing, Mental Wellness
- Child Mental Health
- Mentally Healthy Workplaces
- Strategies and Support for Wellness of Mental Health Workers
- Disorder Management
- Adolescent Mental Health
- Child and Adolescent Mental Health
- Aged Care Mental Health Solutions
- Suicide and Self Harm Prevention
- Living with Mental Health Issues
- Mental Health Care
- Artificial Intelligence in Mental Health Care

Key Features

- State of the art lectures
- Keynote presentations by renowned speakers
- Poster presentations
- World class exhibits
- Interactive sessions
- Case discussions
- Hands-on workshops
- Platform for global networking connecting scientific community

5 Great Reasons to Attend

- **ACCESS** a best-in-class program in mental health delivered by experts in the field
- **LEARN** new frameworks and skills that can be implemented in your organisation
- **EXPERIENCE** incredible networking opportunities
- **ASK** questions, challenge thinking
- **JOIN** a community of change makers working to build a better world

Target Audience

This activity is designed to meet the needs of:

- Psychiatrists
- Psychologists
- Neurologists
- Occupational Therapists
- Physical Therapists
- Speech Therapists
- Social Workers
- Counsellors
- General Practitioners
- Family Physicians
- Residents & Fellows
- Pharmacists
- Clinical Nurses
- Geriatrics physicians
- Aged care Providers
- Researchers
- Policy Makers, Government, Academia and Other Mental Health Professionals

General Adult Psychiatry



Dr. Tarek Darwish

UAE



Dr. Medhat Elsabbahy

UAE



Prof. Dr. Ahmed Okasha

Egypt



Prof. Roger McIntyre

Canada



Prof. Afaf Hamed Khalil

Egypt



Dr. Muna Al Kuwari

UAE



Prof. Dr. Mohamed El Mahdi

Egypt



Prof. Dr. Hisham Ramy

Egypt



Timothy Seth Studley

USA



Dr. Nadia Dabbagh

UAE



Mia Atoui

Lebanon



Prof. David M. Ndeti

Kenya



Dr. Subas Pradhan

UAE



Prof. Dr. Momtaz Abdel Wahab, Egypt



Dr. Khaled Ibrahim Ismael, UAE



Prof. Nivert Zaki

Egypt



Dr. Waleed Al Faisal

UAE



Prof. Dr. James Justin Kennedy, UAE



Dr. Kadhim Alabady

UAE



Psychiatric Subspecialties



Prof. Benton Tami

USA



Anita Sunil

UAE



Shaikha Al Awadhi

UAE



Prof. Syed Mahboob Shah

UAE



Dr. Michelle Kelly

UAE



Rasha R. Baruni

UAE



Prof. Khalid Mufti

Pakistan



**Dr. Othman Ibrahim
ELSayed, UAE**



Fariha Khan

UAE



Prof. Dr. Ahmed Saad

Egypt



Prof. Charlotte Kamel

Bahrain



Audun Pedersen

Norway



Dr. Bassem Badr

UAE



**Prof. Mohamed Yousef
Abo Zaid, Kuwait**



Dr. Yahya Takriti

UAE



Dr. Talaat Matar

UAE



Dr. Davor Mucic

Denmark



Dr. Ismail Shihabuddeen

India



Arabic Sessions



Zahraa Almousawi
Kuwait



**Dr. Nashwa Karam
Abu Bakr, KSA**



**Prof. Fatma Khalifa
Elsayed, KSA**



**Dr. Marwa Tawfik
Elhegawy, Egypt**



Dr. Samir Saad Khattab
Egypt



Dr. Khaled Bouafia
Algeria



Dr. Taleb Hanane
Algeria



Dr. Talaat Matar
UAE



Dr. Reham Aly
Egypt



**Dr. Safa Ali Aman
Al-Jameel, Oman**



Dr. Loul Saleh Al Resheed
KSA



Workshop



Prof. Benton Tami
USA



Dr. Shaima Al Fardan
UAE



Dr. Reham Aly
Egypt



Prof. Dr. Hisham Ramy
Egypt



Sara Powell
UAE



Mariam El Halawani
UAE



Natalia Gomez Carlier
UAE



Zahraa Almousawi
Kuwait



Prof. Dr. Mohamed El Mahdi
Egypt



Dr. Ramona Lucas-Carrasco
Spain



Glimpse of Mental Health Conference



650
Delegates

59
Speakers

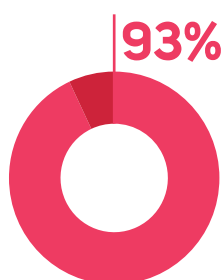
07 Poster
Presentations

10
Workshops

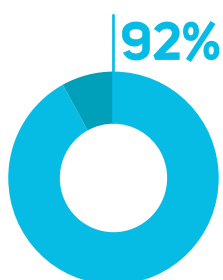
21.5 CME
Hours (DOH)

16 CME/CPD
Hours - KSA

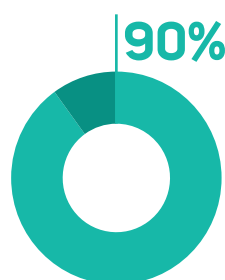
Delegates Feedback



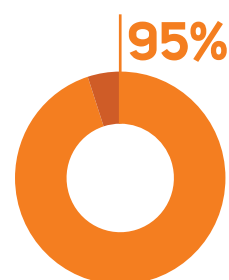
Attended the event
for scientific content



Described the
conference as excellent



Rated the speakers
as outstanding



Rated the conference
very well organized

Tracks Covered



General Adult
Psychiatry



Psychiatric
Subspecialties



Arabic
Sessions



Abu Dhabi National Exhibition Centre
Abu Dhabi, UAE

“It is the main and most beneficial Mental Health specialists' gathering in the region”.
Fouziah Alomair, Clinical Psychologist, Dr. Sulaiman Alhabeeb Medical Center – Riyadh

"I thoroughly enjoyed the conference. Very well organized, All speakers were excellent making me wish we had more time for each session. I gained a lot of insights and knowledge".

Dr. Rawan Al Abdullah, King Saud University, College of Medicine, KSA

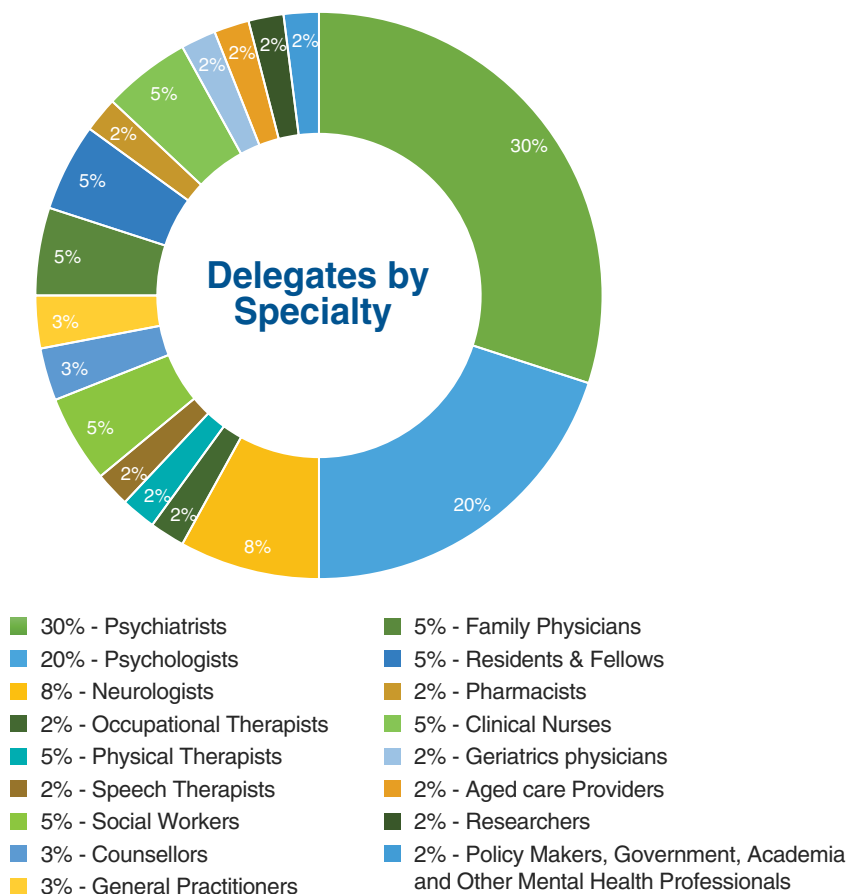


Delegates Participation from Different Countries

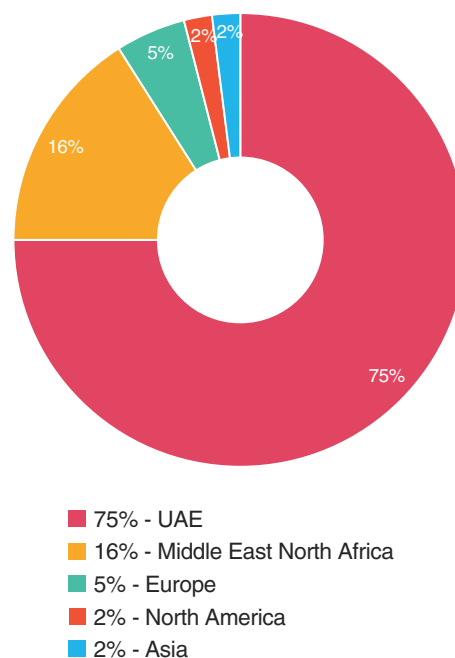


Over 650 Participants attended the conference which was extremely beneficial in their practice.

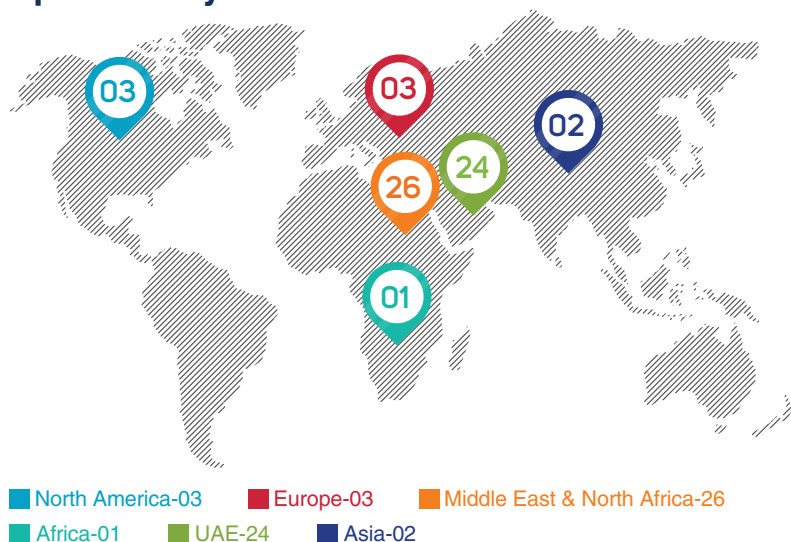
Delegates by Specialty



Delegates by Continent



Speakers by Continent



Why Delegates Attend Abu Dhabi International Mental Health Conference ?

84%

Keep up to date to the latest dermatology and aesthetics techniques

84%

Meet the industry colleagues

82%

Establish new contacts & collaborations

80%

Find / Buy specific product or service



The UAE largest Mental Health event supported by World Association for Psychosocial Rehabilitation

There is no other show in the region which brings together as many industry experts to show case and discuss the latest developments in Mental Health



Why our Exhibitors chose Mental Health Conference?

87% Seek immediate business

90% Meet existing clients or partners

72% Look for a local agent

93% Seek potential clients

62% Monitor competitor activity

90% Create the brand awareness of company

Exhibitors Survey Results

77% Exhibitors have re-booked for next year conference

88% Described the quality of visitors was very good

72% Exhibitor generated business leads

95% Exhibitors described the overall quality of the event was excellent

93% Exhibitors who responded to the survey were satisfied with the quality of visitors at Mental Health Conference



HOW TO REGISTER

 www.menaconference.com
 Tel.: +971 24 919 888

Personal Details

Full Name:

Job Title:

Place of Work:

City:

Mobile:

Tel (work):

Email:

Fax:

☐ Yes, I would like to receive information on future events by e-mail.

☐ I do not want my address to appear on the delegates list.

Registration Fees

Please select the conference that is relevant to your speciality.

SEHA Staff	
☐ Doctors	AED 1000
☐ Nurses / Residents / Allied Health Professional	AED 800
☐ Students	AED 600

Non-SEHA Staff	
☐ Doctors	AED 1250
☐ Nurses / Residents / Allied Health Professional	AED 1000

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online / Credit card / Cheque/Bank drafts in AED. All payment should be in favour of MENA Conference

In compliance with the UAE Government mandate, VAT will be applicable at a standard rate of 5%

Payments

Please choose one of the following mode of payment

- ☐ By Online (www.menaconference.com) ☐ By cheque payable to MENA
☐ By Credit card ☐ By Bank Transfer

BANK TRANSFER	
Account Name	MIDDLE EAST NORTH AFRICA CONFERENCE
Bank Name	BANK OF BARODA, HAMDAN STREET, ABU DHABI
Bank Account No.	90020200006131
Swift Code	BARBAEADADH
Iban No.	AE290110090020200006131

Organizing Office

شركة الشرق الأوسط وشمال افريقيا للمؤتمرات ذ.م.م.



For registration and further information, please contact

Mr. Jerico & Ms. Maria
Phone: +971 2 4919888
Mob: +971 565033749, +917 565033745
Email: jerico@menaconference.com,
maria@menaconference.com

Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

Event Venue



InterContinental Abu Dhabi
King Abdullah bin Abdul Aziz Al Saud St.
Abu Dhabi, UAE
02 666 6888

The organizing committee reserve the right to make any modifications to the programme in occurrence of any unforeseen circumstances.

Destination Partner

طعمها دبل
Culture & Tourism



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وزارة الصحة ووقاية المجتمع
MINISTRY OF HEALTH & PREVENTION



SEHA صحة
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InterContinental Hotel, Abu Dhabi, UAE



For registration and further information, please contact:

Mr. Jerico or Ms. Maria

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