

Psychopharmacology UPDATE

Optimal Psychopharmacology: From First Episode to Treatment-Resistance

TOPICS

- Bipolar Disorder
- Depression
- Anxiety
- Schizophrenia
- Psychosis

SYMPOSIUM DIRECTOR



Henry A. Nasrallah, MD

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**SATURDAY
OCTOBER 20, 2018**

**KINGSGATE MARRIOTT
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AT THE UNIVERSITY
OF CINCINNATI**

For more information and to register go to:
www.PsychPharmUpdate.org

ENDORSED BY:

Current
PSYCHIATRY

ABOUT OUR DIRECTOR AND FACULTY

Dear Colleague,

On behalf of the University of Cincinnati and CURRENT PSYCHIATRY, it is my pleasure to invite you to attend our 17th Annual Psychopharmacology Update.

At this full-day course, nationally renowned faculty will cover Optimal Psychopharmacology: From First Episode to Treatment-Resistance, including depression, bipolar disorder, schizophrenia, anxiety and psychosis.

This well-established, one-day CME symposium offers an outstanding opportunity for education and networking with minimal disruption to your busy schedule. You will get in-depth analysis from our expert faculty and ample time to query them on topics that will help keep your practice ahead of the curve.

I look forward to hosting this symposium in Cincinnati at the Marriott Kingsgate Conference Center, I hope to see attendees from last year, as well as those who are attending for the first time.

We look forward to seeing you for this informative symposium.

Sincerely,



Henry A. Nasrallah, MD
SYMPOSIUM DIRECTOR

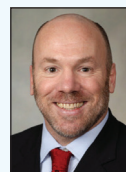
Henry A. Nasrallah, MD



Dr. Nasrallah is professor and chair of the Department of Psychiatry at Saint Louis University, and holds the Sydney W. Souers Endowed Chair. He is a widely recognized neuropsychiatrist, educator, and researcher. Dr. Nasrallah's

research focuses on the neurobiology and psychopharmacology of schizophrenia and related psychoses. He has published 380 scientific articles, 440 abstracts, as well as 11 books. He is Editor-In-Chief of two journals (*Schizophrenia Research* and *CURRENT PSYCHIATRY*) and is the co-founder of the Schizophrenia International Research Society (SIRS). He has twice received the NAMI Exemplary Psychiatrist Award and was chosen as the U.S.A. Teacher of the Year by the *Psychiatric Times*. He has received more than 90 research grants and is listed in all editions of the book "Best Doctors in America."

Mark A. Frye, MD



Dr. Frye received his medical degree from the University of Minnesota and completed his psychiatric training at the UCLA Neuropsychiatric Institute. He completed a subsequent research fellowship in the Biological Psychiatry Branch at the National Institute of

Mental Health (NIMH) in Bethesda, Maryland. While at NIMH, his area of research was focusing on the neurobiology of depression and bipolar disorder.

Formerly the Director of the UCLA Bipolar Disorder Research Program (1998-2006), Dr. Frye is now the Director of the Mayo Mood Clinic and Research Program. His clinical interests are in bipolar disorder, depression, and alcoholism with a research focus on genomics, brain imaging, and neuroendocrinology of mood disorders and alcoholism.

Joseph F. Goldberg, MD



Dr. Goldberg is Clinical Professor of Psychiatry at the Icahn School of Medicine at Mount Sinai, and is Director of the Affective Disorders Research Program at Silver Hill Hospital in New Canaan, CT. Dr. Goldberg attended college at

the University of Chicago, graduate school in neuroscience at the University of Illinois, and medical school at Northwestern University. He completed his residency and chief residency in psychiatry, and fellowship in psychopharmacology, at the Payne Whitney Clinic, New York Presbyterian Hospital, where he later served on the faculty and was site Principal Investigator at Weill-Cornell Medical Center for the NIMH

STEP-BD program. He has published over 180 peer-reviewed papers on topics related mainly to the treatment and clinical features of bipolar disorder, as well as three books on bipolar disorder and psychopharmacology, most recently "Managing the Side Effects of Psychotropic Medications" published in 2012 by American Psychiatric Publishing. He serves on the ASCP Board of Directors and is on the editorial boards for a number of peer-reviewed journals. His research has been awarded funding from NARSAD, NIMH, the Stanley Foundation, and the American Foundation for Suicide Prevention. Dr. Goldberg is a Distinguished Fellow of the American Psychiatric Association and has been listed for many years in Best Doctors in America and Castle Connolly's "America's Top Doctors."

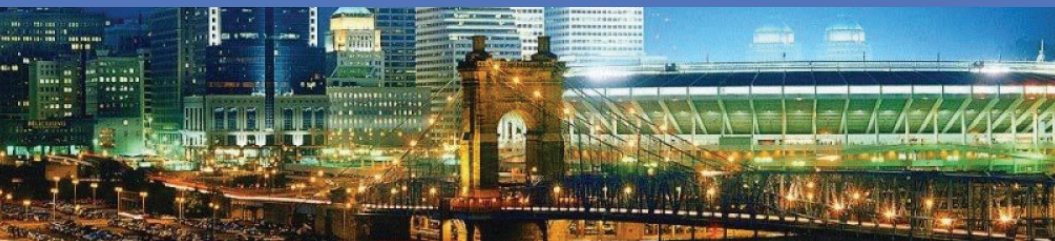
Mark H. Pollack, MD



Dr. Pollack is The Grainger Professor and Chairman of the Department of Psychiatry at Rush University Medical Center. He received his M.D. in 1982 from New Jersey Medical School and completed residency and fellowship training in psychiatry at Massachusetts

General Hospital where he served as Director of the Center for Anxiety and Traumatic Stress Disorders and Professor of Psychiatry at Harvard Medical School until 2011. His areas of clinical and research interest include the acute and long-term course, pathophysiology and treatment of patients with anxiety disorders including panic disorder, social anxiety disorder, PTSD and generalized anxiety disorder and associated comorbidities, development of novel pharmacologic agents for mood and anxiety disorders, uses of combined cognitive-behavioral and pharmacologic therapies for treatment refractory patients, presentation and treatment of anxiety in the medical setting, and the pathophysiology and treatment of substance abuse.

Dr. Pollack has received federal funding from the National Institute of Mental Health (NIMH) and National Institute of Drug Abuse (NIDA) to study the longitudinal course of panic disorder, the application of cognitive-behavioral interventions for the reduction of illicit drug use in drug abusers, the impact of terrorist attacks on the development of PTSD and course of disorder in bipolar patients, changes in brain function as assessed by MR Spectroscopy and neuropsychological testing in patients on methadone maintenance, treatment response and pharmacogenetics in refractory social anxiety disorder, treatment of sleep and examination of biomarkers in PTSD and the use of d-cycloserine to enhance the treatment efficacy of cognitive-behavioral therapy in social anxiety and panic disorder.



AGENDA Subject to change. Check PsychPharmUpdate.org for updates.

SATURDAY, OCTOBER 20, 2018

7:30 am – 8:30 am	Registration and Breakfast
8:30 am – 8:45 am	Welcome and Course Overview HENRY A. NASRALLAH, MD

8:45 am – 12:30 pm OPTIMAL PHARMACOTHERAPY OF FIRST EPISODE PSYCHIATRIC DISORDERS

8:45 am – 9:30 am	Psychosis HENRY A. NASRALLAH, MD
9:30 am – 10:15 am	Bipolar Disorder MARK A. FRYE, MD
10:15 am – 10:30 am	Q&A Panel
10:30 am – 10:45 am	Break / Exhibits
10:45 am – 11:30 am	Anxiety MARK H. POLLACK, MD
11:30 am – 12:15 pm	Depression JOSEPH F. GOLDBERG, MD
12:15 pm – 12:30 pm	Q&A Panel

12:30 pm – 12:45 pm	Lunch
12:45 pm – 1:45 pm	Lunch Symposium
1:45 pm – 2:00 pm	Dessert Break/Exhibits

2:00 pm – 5:30 pm PHARMACOTHERAPY OPTIONS FOR TREATMENT-RESISTANT PSYCHIATRIC DISORDERS

2:00 pm – 2:45 pm	Bipolar Disorder MARK A. FRYE, MD
2:45 pm – 3:30 pm	Anxiety MARK H. POLLACK, MD
3:30 pm – 3:45 pm	Q&A Panel
3:45 pm – 4:30 pm	Depression JOSEPH F. GOLDBERG, MD
4:30 pm – 5:15 pm	Schizophrenia HENRY A. NASRALLAH, MD
5:15 pm – 5:30 pm	Q&A Panel
5:30 pm	Adjournment

REGISTRATION FORM (PLEASE PRINT)

FIRST NAME _____		LAST NAME _____	
DEGREE: ☐ MD ☐ DO ☐ NP /PA ☐ PHARM ☐ RN ☐ PHD ☐ RESIDENT ☐ OTHER, PLEASE SPECIFY _____			
AFFILIATION _____			
TYPE OF PRACTICE: ☐ OFFICE ☐ HOSPITAL ☐ OTHER _____			
ADDRESS _____			
CITY/STATE/ZIP _____			
E-MAIL (for registration confirmation and CME certificate) _____			
PHONE _____		FAX _____	
PAYMENT INFORMATION: CREDIT CARD: ☐ AMEX ☐ MC ☐ VISA ☐ CHECK ENCLOSED (MADE PAYABLE TO PSYCHOPHARMACOLOGY UPDATE)			
CARD NUMBER _____		EXP. DATE _____	
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Register online at PsychPharmUpdate.org



ABOUT OUR VENUE

**Kingsgate Marriott
Conference Hotel**
151 Goodman Avenue
Cincinnati, OH 45219
TEL: 513-487-3800
FAX: 513-487-3810

The Kingsgate Marriott Conference Hotel at the University of Cincinnati is the premier University of Cincinnati hotel. We have arranged for discount room rates of \$135 per night for participants of the Psychopharmacology Update. The cut-off date for the discount rate is September 28, 2018. We suggest you make your arrangements as soon as possible, as our room block will sell out.

**To make your reservations,
please call 888-720-1299
and be sure to mention the
Psychopharmacology Update.**

REGISTRATION PRICING

	Until Aug 20, 2018	Aug 21, to Sept 24, 2018	After Sept 24, 2018
MD/DO	\$175	\$225	\$325
OPPA members	\$150	\$200	\$300
NP/PA	\$150	\$170	\$270
Psychologists / Social Workers/ Allied Health	\$150	\$170	\$270
Residents/ Fellows	\$65	\$65	\$65

WAYS TO REGISTER

ONLINE: PsychPharmUpdate.org

BY FAX: (201) 822-6114

BY MAIL: Global Academy for
Medical Education
c/o Jennifer Meade
7 Century Drive, Suite 301
Parsippany, NJ 07054

Cancellation Policy: A refund less a \$50 administrative fee is as follows: You may cancel your registration using our online registration system prior to September 20, 2018. After these dates no refunds will be granted. After the refund date, you have two options: you can transfer your registration to another party using our online registration system, or receive a credit in the amount you paid less a \$50 administrative fee to be applied to your registration for next year's conference. Refunds will not be issued to no-shows. Global Academy for Medical Education is not responsible for nonrefundable, nontransferable airline tickets or hotel accommodations purchased for attendance at this course. The registration fee covers attendance to the scientific meeting, continental breakfasts, coffee breaks, lunches when provided, and exhibits

Psychopharmacology UPDATE

Join us for this interactive,
live symposium

Optimal Psychopharmacology: From First Episode to Treatment-Resistance

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Mayo Clinic

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Ichan School of Medicine at
Mount Sinai

Henry A. Nasrallah, MD
Saint Louis University
School of Medicine

Mark H. Pollack, MD
Rush University Medical Center

WHO SHOULD PARTICIPATE?

This activity is designed for child and general psychiatrists, adolescent psychiatrists, geriatric psychiatrists, nurse practitioners, physician assistants, nurses, psychologists, social workers, and other mental health professionals interested in treating patients with psychiatric disorders to remission with measurement-based care.

PROGRAM GLOBAL OBJECTIVES

At the conclusion of this CME symposium, those in attendance should be able to:

- Recognize that major psychiatric disorders go through different stages, from first episode to a chronic treatment-resistant stage, each of which requires customized pharmacotherapy
- Discuss the evidence-based pharmacotherapeutic approaches for first-episode psychosis, mania, depression and anxiety, keeping in mind the higher susceptibility to adverse effects in the first episode
- Review the psychopharmacological strategies for managing the subgroup of treatment-resistant or refractory psychiatric disorders that failed to respond adequately to the evidence-based standard of care

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- Anxiety
- Schizophrenia
- Psychosis

ACCREDITATION

PHYSICIAN ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc.

The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

PHYSICIAN CREDIT DESIGNATION

The University of Cincinnati designates this Live Activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANTS CREDIT DESIGNATION

The American Academy of Physician Assistants (AAPA) accepts Category 1 CME approval from organizations accredited by the ACCME to grant Category 1 hours toward the PRA.

This activity is endorsed by CURRENT PSYCHIATRY.