



Dubai, UAE - Handson - Workshop

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY

JULY 11 - 13





DR. FOUAD REDA
PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

- Steps:
 - Exfoliation
 - Bleaching
 - Stimulation
 - Hydration
- Prevention
 - Microneedling
 - Microdermabrasion
 - Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic principles

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dosage
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient history
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection







+971 4 236 5689

+971 50 778 4620

+971 55 526 262

Copyr

Course Contents

Mechanisms of Human Aging

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of lasers and laser physics
- Laser classifications and tissue interactions
- Laser safety and contraindications
- Hair removal, pigmented lesions, tattoo removal
- Intense Pulsed Light (IPL)

Ablative Laser Resurfacing

- Erbium
- CO₂

Non-Ablative Laser Resurfacing

- CoolTouch
- Affirm
- SmoothBeam

Laser Complications and Management

- Applied Skin Anatomy

Skin Conditioning

- Skin conditioning & preparation
- Objectives and ideal products
- Exfoliation, Bleaching, Stimulation
- Hydration, Prevention
- Microneedling, Microdermabrasion
- Plasma Technology

Anatomy

- Anatomy of the face
- Facial aesthetic proportions

Skin Typing

- Fitzpatrick skin typing
- Lancer ethnicity scale

Botulinum Toxin Type A

- History and current statistics
- Commercial types
- FDA-approved indications
- Pharmacology, dilution and dosage
- Neutralizing antibodies
- Applied anatomy and consultation
- Patient selection and contraindication
- Photography, Botox scripting
- PAINLESS injection tips

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY

JULY 11 – 15






DR. FOUAD REDA
PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO₂

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

- Steps:
- Exfoliation
- Bleaching
- Stimulation
- Hydration
- Prevention
- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic proportions

SKIN TYPING

- Fitzpatrick skin typing
- Lancer ethnicity scale

BOTULINUM TOXIN TYPE A

- History and current statistics
- Commercial types
- FDA Approved indications
- Pharmacology/dilution and dosage
- Neutralizing antibodies
- Applied anatomy and consultation
- Consultation / patient selection
- Contraindications
- Medical photography
- Botox scripting
- The PAINLESS injection







+971 4 236 5689
+971 50 778 4620
+971 55 526

Basic Indications and Techniques

- Glabella
- Forehead
- Crow's feet
- Bunny lines

Dermal Fillers

- History
- Pharmacology of hyaluronic acid fillers
- Stabilization and degradation
- Types, grades, and rheology
- Functions of HA
- Patient selection and consultation
- Facial photography
- Facial assessment scales
- Filler choice and basic injection techniques
- Nasolabial fold, needles vs cannulas
- Three-point injection approach

Live Demo/Hands-On

- Botox and Dermal Fillers
- Five volunteers
- Russian Lip Filler Technique
- Top model flip filler technique
- MD codes during filler injection

Chemical Peeling

- Patient selection and indication
- Contraindications
- Individual peels: Glycolic Acid, Salicylic Acid, TCA, Jess
- Complications and management

LLLT & Carboxytherapy

- The business of aesthetic medicine
- How to excel and differentiate yourself
- Pricing and packaging
- Marketing
- Electromagnetic Muscle Stimulation (EMM)
- LIVE demo on chemical peels & LLLT/Carboxytherapy

Download Flyer
(<https://pspmaterials.com/wp-content/uploads/2025/05/Fellowship-in-Aesthetic-Medicine-flyer.png>)

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY

JULY 11 – 15






DR. FOUAD REDA
PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

Steps:

- Exfoliation
- Bleaching
- Stimulation
- Hydration

Prevention

- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic proportions

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN THERAPY

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dilution
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient selection
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection








+971 4 236 5689 +971 50 778 4620 +971 55 526

Copyr

Event Details

-  11 – 13 July, 2025 (Friday, Saturday & Sunday)
-  **Start Time:** 9:00 am
-  **End Time:** 5:00 pm
-  **Venue:** The Canvas M Gallery Hotel - Dubai

Entry Requirements

-  Medical Doctors (MD, MBBS, DO)
-  Nurses and Nurse Practitioners
-  Physician Assistants
-  Healthcare Professionals

Fees

Diploma Certificate Fee: **USD 3,000** (AED 11,040)

Early Bird Discount: Save **USD 500** (AED 1,840) – *Valid until 31*

What's Included:

-  3 nights of complimentary hotel accommodation, including daily breakfast
-  Daily transport between the hotel and training clinic
-  Visa assistance available upon request

 **Total Payable: USD 2,500** (AED 9,200)

To confirm your seat, please proceed with a partial payment of USD 500 by filling out the registration form below.

The remaining balance can be conveniently settled on-site during the event.

 Special discounts available for UAE doctors and group registration.

Course Materials

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY

JULY 11 – 13






DR. FOUAD REDA
PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

Steps:

- Exfoliation
- Bleaching
- Stimulation
- Hydration

Prevention

- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic points

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN THERAPY

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dilution
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient history
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection



+971 4 236 5689
+971 50 778 4620
+971 55 526

Copyr

All course materials are provided to support your success. Each session starts with a personalized live demonstration, followed by hands-on practice for skill development in Aesthetic Medicine. This one-on-one approach ensures tailored feedback. You'll refine your techniques in a focused environment and address any questions as you advance.

Previous Course Testimonials

Masterclass In Aesthetic Medicine - PSP Medicals



Certificate



Upon successful completion of the program, you will receive a **Professional Diploma in Aesthetic Medicine** accredited by the **Swiss Academy of Cosmetic Dermatology and Aesthetic Medicine (SACDAM)**. Participants will also receive comprehensive **clinical and theoretical** detailed notes to support their learning.

FELLOWSHIP

BY SWISS ACADEMY OF COSMETIC DERMATOLOGY AND AESTHETIC MEDICINE

JULY 11 - 15






DR. FOUAD REDA

PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

Steps:

- Exfoliation
- Bleaching
- Stimulation
- Hydration

Prevention

- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic proportions

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN THERAPY

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dilution
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient history
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection







+971 4 236 5689
+971 50 778 4620
+971 55 526

Copy

Course Speakers



(<https://pspmedicals.com/speakers/fouad-reda/>)

Dr. Fouad Reda (<https://pspmedicals.com/speakers/fouad-reda/>)

Consultant Aesthetic & Plastic Surgeon

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY

JULY 11 – 15






DR. FOUAD REDA
PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

Steps:

- Exfoliation
- Bleaching
- Stimulation
- Hydration

Prevention

- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic procedures

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN THERAPY

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dilution
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient history
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection

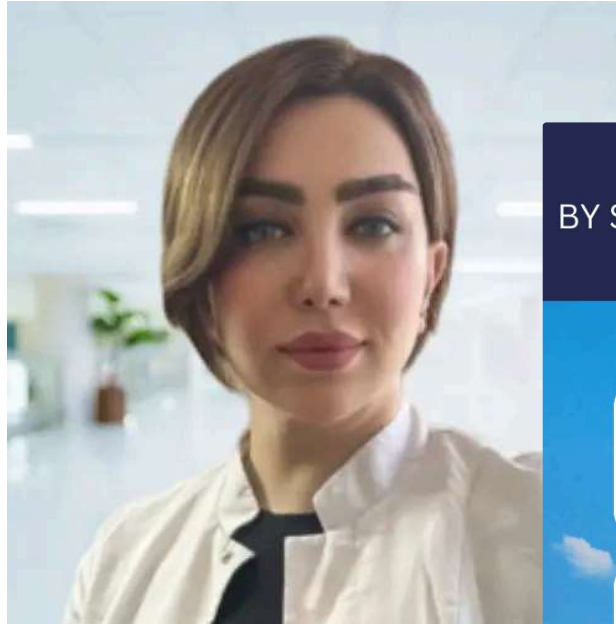


+971 4 236 5689

+971 50 778 4620

+971 55 526

Copyr



(<https://pspmedics.com/speakers/elahe-najafizadeh/>)

Dr. Elahe Najafizadeh (<https://pspmedics.com/speakers/elahe-najafizadeh/>)

Specialist Dermatologist & Aesthetic Medicine



(<https://pspmedics.com/speakers/rajat-kandhari/>)

Dr. Rajat Kandhari (<https://pspmedics.com/speakers/rajat-kandhari/>)

Consultant Dermatologist & Aesthetic Dermatology

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY
JULY 11 – 18




DR. FOUAD REDA
PLASTIC SURGEON



MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

Steps:

- Exfoliation
- Bleaching
- Stimulation
- Hydration

Prevention

- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic procedures

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN THERAPY

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dilution
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient history
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection







+971 4 236 5689 +971 50 778 4620 +971 55 526

Copyr

Book your Seats Now

Book your seats now and join the experience in learning from

Full Name *

Enter Your Full Name

Country *

Afghanistan (+93)

Contact No. *

Enter Contact No.

Email *

Enter Your Email

Current Role/Title *

Current Role/Title

Current Institution/Organization *

Current Institution/Organization

Specialty *

Specialty

Select Course *

—Please choose an option—



I'm not a robot

reCAPTCHA
Privacy - Terms

Register Now

FELLOWSHIP BY SWISS ACADEMY OF COSMETOLOGY JULY 11 – 15



DR. FOUAD REDA

PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

Steps:

- Exfoliation
- Bleaching
- Stimulation
- Hydration
- Prevention
- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic procedures

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN T

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dilution
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient history
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection



+971 4 236 5689

+971 50 778 4620

+971 55 526

Copyr



PSP Medicals offers CME-accredited training programs for gynecologists, dentists, and other medical professionals. Our internationally certified programs enhance clinical knowledge, practical skills, and career advancement.

Quick Links

Medical Courses(<https://pspmaterials.com/medical-courses/>)

Registration(<https://pspmaterials.com/registration/>)

Faculty(<https://pspmaterials.com/faculty/>)

Testimonials(<https://pspmaterials.com/testimonials/>)

About us(<https://pspmaterials.com/about-us/>)

Contact us(<https://pspmaterials.com/contact-us/>)

Privacy Policy(<https://pspmaterials.com/privacy-policy/>)

Terms and Conditions(<https://pspmaterials.com/terms-and-conditions/>)

Contact us



Phone

+971 4 236 5689

+971 50 778 4620

Email us

info@pspmaterials.com registration@pspmaterials.com

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY

JULY 11 – 15






DR. FOUAD REDA

PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

Steps:

- Exfoliation
- Bleaching
- Stimulation
- Hydration

Prevention

- Microneedling
- Microdermabrasion
- Plasma technology

ANATOMY

- Anatomy of the face
- Facial aesthetic procedures

SKIN TYPING

- Fitzpatrick skin type
- Lancer ethnicity

BOTULINUM TOXIN THERAPY

- History and current use
- Commercial types
- FDA Approved indications
- Pharmacology/dilution
- Neutralizing antibodies
- Applied anatomy
- Consultation / patient history
- Contraindications
- Medical photography
- Botox scribing
- The PAINLESS injection







+971 4 236 5689

+971 50 778 4620

+971 55 526

Copyr



© 2025 PSP Medicals. All rights reserved by PSP Conferences & Events
1256998

FELLOWSHIP

BY SWISS ACADEMY OF COSMETOLOGY
JULY 11 – 15






DR. FOUAD REDA
PLASTIC SURGEON

MECHANISMS OF HUMAN AGING

- Statistics of aging epidemic
- Mechanisms of human aging
- Wrinkle classifications
- History of Lasers
- Physics
- Laser classifications
- Laser tissue interactions
- Laser safety
- Contraindications
- Hair removal
- Pigmented lesions
- Tattoo removal
- Intense pulsed light

ABLATIVE LASER RESURFACING:

- Erbium
- CO2

NON-ABLATIVE LASER RESURFACING:

- Cooltouch
- Affirm
- Smooth beam

Laser complications and their management

- Applied Skin Anatomy

SKIN CONDITIONING

- Skin conditioning & preparation
- Objectives and Ideal products

- Steps:
 - Exfoliation
 - Bleaching
 - Stimulation
 - Hydration
- Prevention
 - Microneedling
 - Microdermabrasion
 - Plasma technology
- ANATOMY**
 - Anatomy of the face
 - Facial aesthetic procedures
- SKIN TYPING**
 - Fitzpatrick skin type
 - Lancer ethnicity
- BOTULINUM TOXIN THERAPY**
 - History and current use
 - Commercial types
 - FDA Approved indications
 - Pharmacology/dilution
 - Neutralizing antibodies
 - Applied anatomy
 - Consultation / patient selection
 - Contraindications
 - Medical photography
 - Botox scribing
 - The PAINLESS injection








+971 4 236 5689
+971 50 778 4620
+971 55 526

Copyr