

MARCH 14-16, 2025

DOUBLETREE BY HILTON NEW ORLEANS
NEW ORLEANS, LOUISIANA



2025



LOUISIANA
GASTROENTEROLOGY
SOCIETY

**ACG / LGS REGIONAL
POSTGRADUATE COURSE &
ACG'S LEADING WITH GUTS:
WOMEN SHAPING THE FUTURE OF GASTROENTEROLOGY**

ACG/LGS REGIONAL
POSTGRADUATE COURSE

EARN **UP TO 12.75 CME CREDITS** | EARN **UP TO 12.75 MOC POINTS**

ACG'S LEADING
WITH GUTS COURSE

EARN **UP TO 8.25 CME CREDITS** | EARN **UP TO 8.25 MOC POINTS**

2025

ACG / LGS REGIONAL POSTGRADUATE COURSE & ACG'S LEADING WITH GUTS: WOMEN SHAPING THE FUTURE OF GASTROENTEROLOGY

JOIN YOUR COLLEAGUES AT ONE OF ACG'S LONGEST-RUNNING REGIONAL COURSES.

Outstanding faculty in a collegial setting combine to produce a conference that delivers the opportunity to learn, interact, and network with GI thought leaders from around the country.

A new one-day course, "Leading With Guts: Women Shaping the Future of Gastroenterology" will be offered on Friday. Led by Course Directors Kara M. De Felice, MD, FACP, and Aasma Shaukat, MD, MPH, FACP, this innovative program is designed to provide career and life balance strategies to ensure your success in GI leadership.

Led by Course Directors Stephen W. Landreneau, MD, FACP, and Hrishikesh Samant, MD, FACP, the 2025 ACG/LGS Regional Postgraduate Course offered on Friday to Sunday, March 14-16, will explore areas the gastroenterologist often faces in clinical practice and address management updates on a variety of gastrointestinal and hepatic topics. This course will cover multiple areas, including upper, lower, and inflammatory GI disorders, liver, pancreatic and biliary disease, and AI. The program's structure includes a mix of didactic presentations delivered by expert faculty, case presentations, and numerous Q & A opportunities.

Guests at the DoubleTree by Hilton New Orleans will enjoy stunning views of the city and the Mississippi River. Step outside the hotel and explore the Riverwalk, the French Quarter, or the local cuisine! Take a tour of the Garden District, a swamp tour on an airboat, or enjoy a leisurely riverboat cruise at sunset. The hotel is located within a few blocks of various attractions including world-famous restaurants like Antoine's and Brennan's, the Audubon Aquarium of the Americas, the arts and warehouse district, the National WWII Museum, Mardi Gras World, and Jackson Square.



REGISTER BY FEBRUARY 21ST
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PROGRAM DESCRIPTION

ACG/LGS Regional Postgraduate Course

The current pace of scientific discovery makes mastery of advancing knowledge, new diagnostic techniques, and progress in therapeutics a challenge for the gastroenterologist or generalist. At the same time, the rigors of the profession demand a deeper understanding of changes occurring within the healthcare system. Nationally recognized expert faculty will provide insight into these areas through a combination of didactic presentations and interactive discussions. Attendees will leave the program ready to implement the knowledge gained to improve their clinical practice. This program is designed for gastroenterologists, trainees, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.

ACG's Leading With Guts: Women Shaping the Future of Gastroenterology

ACG's Leading With Guts: Women Shaping the Future of Gastroenterology Course is a NEW program that combines career and life balance strategies designed to ensure your success in GI leadership. Network with fellow colleagues, share your experiences, and benefit from rewarding peer-to-peer mentoring in a collegial environment. This program will feature a special networking session on characteristics of effective leaders and ways to incorporate those traits into your leadership style. This unique program highlights the challenges gastroenterologists face in practice, along with ways to build resilience, professional success, and career satisfaction in a changing healthcare environment.



WHO SHOULD ATTEND

Bring your entire practice and join colleagues at the outstanding ACG/LGS Regional Postgraduate Course and ACG's Leading With Guts: Women Shaping the Future of Gastroenterology. These programs are developed specifically for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, nurse practitioners, physician assistants, pharmacists, therapists, and other members of the GI patient care team.

COURSE DIRECTORS:



KARA M. DE FELICE, MD, FACG



AASMA SHAUKAT, MD, MPH, FACG

FRIDAY, MARCH 14, 2025

6:30 am Registration Opens

7:00 am **Breakfast: Keynote Speaker—
Leadership and Innovation in the
Care of IBD Patients**

Sara N. Horst, MD, MPH, FACG

Describe how to develop and lead programs to improve the health of IBD patients including home-health models, telehealth, and remote monitoring.

7:50 am **Welcome and Introductions**

*Kara M. De Felice, MD, FACG, and
Aasma Shaukat, MD, MPH, FACG*

SESSION 1: Building Your Path to Leadership

Moderator: Kara M. De Felice, MD, FACG

8:00 am **Confident and Effective Negotiations:
How to Improve Yours**

Jill K. J. Gaidos, MD, FACG

Discuss various negotiation techniques and how to improve your personal negotiation style.

8:20 am **How to Build a Strong CV and Powerful
Bio to Position Yourself as a Leader**

Neena S. Abraham, MD, MSc (Epid), MACG

Explain the importance of selecting and/or accepting the right opportunities to help build a CV and bio that showcase your talents and ability to lead.

8:40 am **Sponsorship and Mentorship in Action:
How to Find and Foster**

Mark B. Pochapin, MD, FACG

Explain the difference between mentorship and sponsorship, how to be a mentor and sponsor, and how to identify mentors and sponsors for yourself.

9:00 am Panel Discussion / Q & A

SESSION 2: Building Your Team

Moderator: Aasma Shaukat, MD, MPH, FACG

9:20 am **Getting Things Done: Collaborative
and Successful Partnerships in Clinical
and Scholarly Pursuits and Purposeful
Partnership**

Millie D. Long, MD, MPH, FACG

Illustrate how to identify and build successful partnerships in clinical, research, and educational efforts for meaningful results.

9:40 am **Ignite Creativity and Innovation
Within Your Team**

Michelle A. Anderson, MD, MSc

Discuss ways to empower and encourage innovation and creativity within your team and how it can lead to greater overall success.

10:00 am **Strategies to Maximize the Potential,
of Your Team and REcruitment**

Bubu A. Bahini, MD, PhD

Explain practical ways to influence the strength of your team through the use of various recruitment and retention strategies.

10:20 am Panel Discussion / Q & A

10:40 am Break

SESSION 3: Investing in Yourself

Moderator: Kara M. De Felice, MD, FACG

- 11:00 am Elevate Your Personal Brand**
Aasma Shaukat, MD, MPH, FACG
Describe the important elements of your personal brand and how to develop it and get it noticed.
- 11:20 am A Career Coach: Worth It?**
Parastoo Jangouk, MD
Explain the role that a career coach can play in your journey and how they may be useful at various stages of your career.
- 11:40 am Optimizing Mental, Emotional, and Physical Health**
Catherine T. Hudson, MD, MPH
Discuss the importance of caring for your own mental, emotional, and physical health, and how self-care is actually a long-term investment in your health, satisfaction, career, and personal life.
- 12:00 pm Panel Discussion / Q & A**
- 12:20 pm Break / Lunch Provided**
- 12:50 pm Keynote Speaker—Strengthen, Build, and Leverage Your Network**
Amy S. Oxentenko, MD, FACG
Describe ways to make connections and build your network and then use those connections when the timing is right.
- 1:40 pm Panel Discussion: Practical Tools and Strategies to Improve Your Leadership Potential and Impact**
- 2:40 pm Meditation Session**
Parastoo Jangouk, MD
- 3:00 pm Break**

SESSION 4: Embracing Opportunities

Moderator: Aasma Shaukat, MD, MPH, FACG

- 3:20 pm Learning From Career Experts Outside of Clinical Care**
Anjuli K. Luthra, MD
Identify careers outside the clinic and how those career choices may expand your opportunities or improve your path.
- 3:40 pm Consider Opportunities for Administrative Roles Inside and Outside Gastroenterology**
Erica K. Barnell, MD, PhD
Explain how exploring administrative roles outside the clinic may further develop or expand your career options.
- 4:00 pm Managing Your Relationships and Opportunities With Industry**
William D. Chey, MD, FACG
Describe how relationships with your industry partners can be leveraged for additional revenue streams or as future career opportunities.
- 4:20 pm Panel Discussion / Q & A**
- 4:40 pm Course Wrap-Up and Take-Away Points**
Kara M. De Felice, MD, FACG, and Aasma Shaukat, MD, MPH, FACG
- 4:45 pm Course Adjourns**



COURSE DIRECTORS:



STEPHEN W. LANDRENEAU, MD, FACP



HRISHIKESH SAMANT, MD, FACP

FRIDAY, MARCH 14, 2025

- 5:30 pm Registration Opens
- 5:45 pm Welcome Reception - Open to All Course Attendees
- 6:30 pm Luis A. Balart, MD, MACG
Memorial Lecture – Artificial Intelligence in Gastroenterology
Jason B. Samarasena, MD, MBA, FACP
Introduced by:
Hrishikesh Samant, MD, FACP
Discuss applications of AI in gastroenterology and how they can be applied in current clinical practice.

SATURDAY, MARCH 15, 2025

- 7:00 am Registration and LGS Annual Business Meeting
- 7:00 am Continental Breakfast / Visit Exhibits
- 7:50 am Welcome and Introductions
Hrishikesh Samant, MD, FACP, and Stephen W. Landreneau, MD, FACP

SESSION 1: Liver

Moderator: Hrishikesh Samant, MD, FACP

- 8:00 am **What's New in Hereditary Liver Diseases?**
Sanjaya K. Satapathy, MD, FACP
Describe the updates in diagnosis and management of hereditary hemochromatosis, Wilson's disease, and alpha-1 antitrypsin deficiency.
- 8:30 am **The Fatty Liver Disease Epidemic: New Name, Growing Problem**
A. Sidney Barritt, IV, MD, MSCR, FACP
Explain the new nomenclature for metabolic liver diseases and discuss testing options and treatment.
- 9:00 am **Updates in Autoimmune Liver Disease: AIH, PBC, PSC**
Mitchell L. Shiffman, MD, MACG
Discuss updates in diagnosis and treatment for autoimmune hepatitis, primary biliary cholangitis, and primary sclerosing cholangitis.
- 9:30 am Q & A / Panel Discussion
- 9:45 am Break / Visit Posters and Exhibits



SESSION 2: Upper GI Disorders

Moderator: Catherine T. Hudson, MD, MPH

10:15 am Diagnosis and Management of Esophageal Motility Disorders

John E. Pandolfino, MD, MSCI, FACG

Identify when to suspect esophageal motility disorders along with their diagnosis and management.

10:45 am GLP-1 Agonists: What the Gastroenterologist Should Know

Catherine T. Hudson, MD, MPH

Discuss GLP-1 agonists for weight loss and understand adverse effects.

11:15 am Non-Variceal Upper GI Bleeding

Loren A. Laine, MD, FACG

Discuss etiologies and management strategies for non-variceal upper GI bleeding.

11:45 am Q & A / Panel Discussion

12:00 pm Break / Lunch Provided

12:40 pm Luncheon Lecture: How to Prevent Burnout, From Training to Retirement

Amy S. Oxentenko, MD, FACG

Discuss the problem of burnout in gastroenterology and how it can be recognized, managed, and prevented.

1:15 pm Break / Visit Posters and Exhibits

SESSION 3: Lower GI Disorders

Moderator: Stephen W. Landreneau, MD, FACG

1:30 pm Constipation – New Agents for an Old Problem

Brooks D. Cash, MD, FACG

Identify how to recognize and treat chronic idiopathic constipation, opioid-induced constipation, and IBS-C.

2:00 pm Colon Polyps: Choosing the Correct Resection Technique and Surveillance Interval

Shivangi T. Kothari, MD, FACG

Discuss the options for endoscopic removal of colon polyps, and appropriate surveillance intervals.

2:30 pm Managing Anticoagulation in the Peri-Endoscopic Period

Neena S. Abraham, MD, MSc (Epid), MACG

Explain anticoagulants and their implications for endoscopic planning.

3:00 pm Q & A / Panel Discussion

3:15 pm Break / Visit Posters and Exhibits

3:45 pm The David R. Raines, Jr., MD, FACG Education Session: Fellow Case Presentations From Ochsner Clinic, Tulane University, LSU Shreveport, and LSU New Orleans

Panelists: Stephen W. Landreneau, MD, FACG, Hrishikesh Samant, MD, FACG, James D. Morris, MD, FACG, and Sudha Pandit, MD

4:45 pm Daily Wrap-Up and Poster Awards

Hrishikesh Samant, MD, FACG, and Stephen W. Landreneau, MD, FACG

5:00 pm Adjourn for the Day





REGISTER ONLINE:
MEETINGS.GI.ORG



**SUNDAY,
MARCH 16, 2025**

- 7:00 am Registration
- 7:00 am Continental Breakfast /
Visit Exhibits
- 7:50 am Welcome and
Announcements
*Hrshikesh Samant, MD, FACC,
and Stephen W. Landreneau,
MD, FACC*

**SESSION 4: Pancreatic and Biliary
Disease**

Moderator: Eric P. Trawick, MD

- 8:00 am **Screening for Pancreatic
Cancer: Who and How?**
Tamas Gonda, MD
Describe the methods for
pancreatic cancer screening
and determining which
patients to screen.
- 8:30 am **Chronic Pancreatitis: Oral or
Endoscopic Therapy?**
Michelle A. Anderson, MD, MSc
Explain medical and
endoscopic therapy for chronic
pancreatitis.
- 9:00 am **Biliary Strictures: Diagnosis
and Management**
Patrick S. Yachimski, MD, MPH
Discuss the presentation,
diagnostic evaluation, and
treatment of biliary strictures.
- 9:30 am **Q & A / Panel Discussion**
- 9:45 am **Break / Visit Posters and
Exhibits**

SESSION 5: Inflammatory GI Disorders

Moderator: Sarah C. Glover, DO

10:00 am Medical Therapy of Crohn's Disease: How to Navigate Therapeutic Options

Kara M. De Felice, MD, FACG

Describe current therapies and discuss their positioning in Crohn's treatment.

10:30 am Pregnancy and Inflammatory Bowel Disease

Sara N. Horst, MD, MPH, FACG

Discuss the implications of pregnancy in patients with IBD, from preconception through pregnancy, and into the post-partum period.

11:00 am Trends in Diverticular Disease

Neil H. Stollman, MD, FACG

Review the management of diverticulitis.

11:30 am Q & A / Panel Discussion

11:45 am Course Wrap-Up and Take-Away Points

*Hrishikesh Samant, MD, FACG,
and Stephen W. Landreneau,
MD, FACG*

12:00 pm Course Adjourns

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the **ACG Mobile App**. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. **(NOTE: A printed syllabus will not be provided.)**



REGISTRATION INFORMATION

There are separate registration fees for the ACG / LGS Regional Postgraduate Course and the ACG's Leading With Guts Course: Women Shaping the Future of Gastroenterology. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for Women's Leadership Course attendees, lunch on Saturday for ACG / LGS Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is unavailable. A full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG on **February 21, 2025**. No refunds will be given after this date. Attendees must register online at meetings.gi.org.

ACG'S LEADING WITH GUTS COURSE: Women Shaping the Future of Gastroenterology		
ACG MEMBER TYPE	EARLY BIRD (Before 2/21)	FEE (After 2/21)
Physician	\$99	\$150
Resident / Trainee / Candidate	\$99	\$150
Associate / Advanced Practice Provider	\$99	\$150
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$149	\$200
Resident / Trainee	\$149	\$200
NP / PA / Allied Health (RN, LPN)	\$149	\$200
👍 ACG'S LEADING WITH GUTS COURSE IS ONLY \$99 FOR ACG MEMBERS! 👍		

ACG / LGS REGIONAL POSTGRADUATE COURSE		
ACG / LGS MEMBER TYPE	EARLY BIRD (Before 2/21)	FEE (After 2/21)
Physician	\$275	\$350
Resident / Trainee / Candidate	\$125	\$200
Associate / Advanced Practice Provider	\$125	\$200
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$375	\$450
Resident / Trainee	\$175	\$250
NP / PA / Allied Health (RN, LPN)	\$175	\$250

ACCREDITATION / CME / MOC

ACG's Leading With Guts: Women Shaping the Future of Gastroenterology Course

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Gastroenterology designates this live activity for a maximum of 8.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACG/LGS Regional Postgraduate Course

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Gastroenterology and the Louisiana Gastroenterology Society. The American College of Gastroenterology is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Gastroenterology designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.75 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS

Both programs will be held at the DoubleTree by Hilton New Orleans. Located on the banks of the Mississippi River, this upscale hotel is within walking distance to the French Quarter and Jackson Square, as well as numerous restaurants, shops, and attractions. Hotel amenities include a restaurant, lounge and bar, a fitness center, and outdoor pool.

✓ To make a reservation, book online at <https://www.hilton.com/en/attend-my-event/msytcddt-acg-98dc110b-915c-4f75-bda9-4713e82252e8/> or call (800) 967-6638. Special meeting room rates per night are \$249 single/double plus taxes (currently 16.2%, in addition to a \$2.00 occupancy fee per room per night). Room rates include complimentary basic guest room internet and access to the hotel fitness center and outdoor pool.

Reservations must be made by **February 21, 2025** to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. **Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available.** All reservations require a deposit of one night's room and tax upon reservation. Cancellations made within 72 hours of check-in will be charged one night's room and tax.

MORE INFORMATION

For more information about these programs, contact ACG at education@gi.org. Americans with Disabilities Act (ADA): Attendees of these programs who need additional reasonable accommodations or who have special needs (including dietary needs) should contact the ACG office at registration@gi.org no later than **February 21, 2025**.





AMERICAN COLLEGE OF GASTROENTEROLOGY

11333 Woodglenn Drive, Suite 100
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