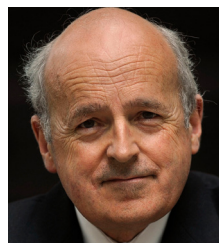


2016 ANNUAL PRIMARY CARE CONFERENCE

6 - 8 OCTOBER / HARROGATE INTERNATIONAL CENTRE

ENERGISING
PRIMARY
CARE

A quick guide to the 45 concurrent sessions and key speakers now confirmed for 2016



Professor Jonathan Shepherd Director, Violence Research



Kate Allatt Inspirational survivor of locked-in syndrome



Dr Arvind Madan Director of Primary Care, NHS England



Professor Maureen Baker Chair, RCGP



Professor David Haslam Chair, NICE



Sir Sam Everington Chair, NHS Tower Hamlets CCG

THURSDAY 6 OCTOBER / DAY 1 Opens 8.00

PLENARY SESSIONS 9.30-11.15

COFFEE BREAK 11.15-12.15

CONCURRENT SESSIONS A1-6 12.15-13.15

THE STREAMS

- **Energising Primary Care**
- **Clinical Learning**
- **Clinical Challenges**
- **Research and Innovation**
- **Campaigning for General Practice**
- **Practice Development**
- **Mental Health Focus**
- **Professional Education**
- **Career Development**
- **Supporting Doctors**

Energising Primary Care A1

Medical improvisation, humour and the general practice consultation

Medical improvisation is an emerging field in which the principles and training techniques of improvisational theatre are used to improve cognition, communication, and teamwork in the field of medicine. This workshop will focus on improvisation skills specific to the GP consultation to help improve doctor/patient relationships, reduce consultation times, and reduce complaints.

- **Dr Waqar Ahmed** GP and comedian
- **Dr Roger Neighbour** GP, author and communications expert

Clinical Learning A2

Essential Knowledge Updates and Challenges for 2016 – produced by GPs for GPs

The RCGP's ECU programme focuses on new and changing knowledge which is central to everyday general practice and impacts on patient care. This is the first live ECU seminar at the annual conference, which will highlight the 6-8 most impactful modules on day-to-day general practice from ECU releases in 2016, plus top tips and hot topics.

- **Dr Thomas Round** GP and RCGP ECU Development Fellow
- **Dr Dirk Pilat** GP and RCGP Medical Director for eLearning
- **Dr Chris Elfes** Chair, RCGP ECU and EKC Steering Group

Clinical Challenges A3

Chronic kidney disease: Overdiagnosis or undertreatment? Getting it right for our patients

This presentation on the recognition and management of CKD will embrace controversy, debate the subject and offer practical evidence and advice for GPs to optimise care for individual patients. Two clinical speakers will give different perspectives alongside a patient expert/advocate.

- **Dr Julian Treadwell** Wiltshire GP and Vice-Chair RCGP Standing Group on Overdiagnosis
- **Dr Kathryn Griffith** RCGP Clinical Champion for Kidney Care
- **Fiona Loud** Policy Director, British Kidney Patient Association

Research and Innovation A4

Research and teaching? But I'm too busy helping patients...

This session will showcase the contribution teaching and research can make to general practice and vice versa, highlighting the academic content of the work we do every day and offering new ideas on using scholarship to help your patients and yourselves.

- **Dr Jess Drinkwater** GP and NIHR Doctoral Research Fellow in the Academic Unit of Primary Care, University of Leeds
- **Professor Roger Jones** Editor of the British Journal of General Practice
- **Dr Adam Firth** Academic GP and member of the BJGP Editorial Board

Campaigning for General Practice A5

Five minutes to save general practice! What would you do?

A series of quick-fire speakers from different roles and perspectives in healthcare will be given five minutes each to offer their solutions to the current crisis in general practice. Delegates will hear viewpoints from a pharmacist, hospital doctor, nurse, patient, out-of-hours doctor and CCG lead, before having the opportunity to join the debate and vote for their favourite solutions.

- **Please see the full programme online for details of speakers**

Practice Development A6

Demand and capacity: How understanding patient flow can help improve access to services

The demands on practice services can feel unsustainable and unpredictable, while access problems are frustrating for patients and can compromise safety. This session from NHS England's Sustainable Improvement Team shows how the principles of measurement for improvement can help manage demand, offering resources and practical techniques.

- **Dr Richard Lendon** GP and Clinical Associate, SIT, NHS England
- **Dr Tom Margham** GP, Clinical Lead, SIT
- **Dr David Griffiths** GP, Clinical Lead, SIT
- **Mani Dhesi** Senior Associate, SIT

LUNCH

13.15-14.15

● **Respiratory Satellite Symposium** Focus on advances in COPD management sponsored by Novartis-Pfizer Alliance 13.25-14.10

CONCURRENT SESSIONS B1-9

14.15-15.45

90-MINUTE SESSIONS In-depth workshops running from 14.15-15.45

Energising Primary Care

B1

Harnessing the energy of patients for the co-production of services

This session will address new ways for doctors, staff and patients to work together, to improve consultations and develop services. Speakers will discuss replicable ways for patient participation groups to involve hard-to-reach groups, support patients in self-care and tackle wider areas of concern.

- **Dr Patricia Wilkie** President and Chair, National Association for Patient Participation (NAPP)
- **Dr Jill Edwards** GP Dean, Health Education England Thames Valley
- **Dr Katie Coleman** GP, Clinical Lead Collaborative Care and Support Planning Programme, RCGP
- **Paul Devlin** Chief Executive Officer, NAPP

Clinical Learning

B2

Advances in gynaecological management in primary care

Care of these patients is moving increasingly into the community. This session will aim to energise their management in primary care, including menopause, cervical screening, contraception, prolapse and incontinence.

- **Nick Panay** Consultant Gynaecologist, Queen Charlotte's & Chelsea Hospital and Chelsea & Westminster Hospital
- **Professor Clare McKenzie** Consultant Gynaecologist, Ninewells Hospital
- **Dr Carolyn Sadler** GPSI in Women's and Sexual Health, Clifton Road Surgery, Ashbourne, Derbyshire
- **Philip Tooze-Hobson** Consultant Gynaecologist, Birmingham Women's Hospital

Clinical Challenges

B3

Towards better care of dementia in the community

Primary care professionals are facing daily challenges caring for patients with cognitive impairment and/or dementia. This interactive workshop will provide updates on research in dementia, in the pre-diagnostic, diagnostic and post-diagnostic phases, and discussion will focus on ensuring optimal management of these often complex individuals.

- **Dr Eugene Tang** AIT and NIHR Doctoral Research Fellow, Newcastle University
- **Professor Louise Robinson** GP and Professor of Primary Care and Ageing, Newcastle University
- **Dr Sam Creavin** Wellcome Trust Clinical Research Fellow, Bristol University

40-MINUTE SESSIONS Choose two short sessions – one from 14.15-14.55 and one from 15.05-15.45

Research and Innovation

B4

14.15 - 14.55 (40 minutes)

The use of research data to inform quality improvement at practice level

This session examines how the Clinical Practice Research Datalink can be used both in research and in providing morbidity data to practices. It will also look at the ways patients can access their medical records and how they might use their own data to manage their health and wellbeing.

- **Dr Janet Valentine** Director, Clinical Practice Research Datalink
- **Dr Ralph Sullivan** Clinical Lead, RCGP Patient Online, RCGP Clinical Innovation and Research Centre (CIRC)

Campaigning for General Practice

B6

14.15 - 14.55 (40 minutes)

(Re)starting a career in general practice: recruitment, retention and returning

This session will focus on the 10-point GP workforce plan launched in 2015. Speakers from the different stakeholder groups will explore how these crucial areas of concern can be tackled.

- **Dr Jodie Blackadder** RAF GP, RCGP First5 Committee
- **Professor Anthea Lints** Director of Postgraduate General Practice Education at NHS Education for Scotland
- **Ian Biggs** NHS England Director of Primary Care Transformation Programmes

Practice Development

B8

14.15 - 14.55 (40 minutes)

Growing the GP nursing workforce and how Advanced Nurse Practitioners can enhance your practice team

We will highlight key messages from the HEE General Practice Nursing Strategy and how GP engagement and GPN support and development is critical to a secure future. We will demonstrate the value of an ANP in your team and answer key medico-legal queries.

- **Wendy Fairhurst** Chair, RCN ANP Forum
- **Dr Pete Lane** GP and Clinical Lead Advanced Training Practice Scheme, HEE Yorkshire and the Humber
- **Dr John Holden** Joint Head of Medical Division, MDDUS

Research and Innovation

B5

15.05 - 15.45 (40 minutes)

The RCGP Research Surveillance Centre and Research Ready initiative

This session explores the current and future uses of the RSC as a source of information, analysis and interpretation of morbidity in primary care. We also introduce the RCGP's new Research Ready scheme, an online quality assurance framework designed for use by any UK practice actively or potentially engaged in research, on any scale.

- **Professor Simon de Lusignan** Professor of Primary Care & Clinical Informatics, University of Surrey
- **Dr Matt Houghton** GP, Medical Director, RCGP CIRC

Campaigning for General Practice

B7

15.05 - 15.45 (40 minutes)

How central funding strategies are disabling general practice in Scotland and England

New analysis of the crisis faced by general practice provides strong circumstantial evidence that at the core of these problems are centrally driven strategic funding and workforce trends largely originating at the DH. Adopted uncritically by the Scottish government, these are disabling primary care as the NHS gatekeeper. Here, the author explains her findings and discusses solutions.

- **Dr Helene Irvine** Consultant in Public Health Medicine, NHS Greater Glasgow and Clyde

Practice Development

B9

15.05 - 15.45 (40 minutes)

The use of risk profiling to personalise care around the needs of patients

The application of risk profiling across CCG populations in the south-east of England has revealed benefits to patients and practices. This approach has now evolved to facilitate the integration of care across sectors, leading to system-wide transformation and culture change, with the common purpose of improving outcomes for clients and patients.

- **Dr Laura Hill** GP and Clinical Director, NHS Crawley CCG
- **Rob Halhead** Chief Operations Officer, Docobo

COFFEE BREAK

15.45-16.45

Energising Primary Care

C1

**Overdiagnosis:
An opportunity to re-energise
a generation of GPs?**

The RCGP's overdiagnosis group brings together GPs by email to critically discuss key challenges facing them in daily practice, inspiring themselves and each other to reconnect with core professional values. This session will introduce GPs to the topic as a means of inspiring and re-energising their own careers and practice.

- **Chair: Dr Joanne Reeve** GP, Associate Clinical Professor, Warwick Medical School
- **Dr Polly Duncan** GP Trainee and NIHR Academic Clinical Fellow, University of Bristol
- **Dr David Spitzer** First 5 Locum GP, North London
- **Dr Sally Higginbottom** GP Trainer, RCGP eLearning fellow, North London

Clinical Learning

C2

**What's new in respiratory
medicine in 2016? Top tips for
management in primary care**

About 25% of primary care consultations are respiratory related. This session will present new findings from national guidelines and research, and interpret these in practical ways that can be used in clinical practice. Conditions covered will include asthma, COPD and respiratory infections.

- **Dr Kevin Gruffydd-Jones** GP, RCGP Clinical Lead Respiratory
- **Dr Steve Holmes** GP, Education Lead, Primary Care Respiratory Society UK

Clinical Challenges

C3

**Stopping Over-Medication
of People with Intellectual
Disability (STOMP-ID)**

Psychotropic drugs, and particularly antipsychotics, are overused in people with intellectual disability and evidence suggests they are being used as a 'chemical restraint.' Many GPs oversee their management and prescribing, and this workshop will provide the knowledge and resources to confidently review prescribing in this group of patients.

- **Dr Gyles Glover** Co-Director, Learning Disabilities Observatory Team, Public Health England
- **Dr Ken Courtney** Consultant Psychiatrist, Barnet, Enfield and Haringey Mental Health NHS Trust
- **Dr Umesh Chauhan** GP, Honorary Senior Research Fellow, University of Central Lancaster

Research and Innovation

C4

**Winners Enclosure: The Yvonne Carter
award and category winners from the
Research Paper of the Year awards**

We will be celebrating research in general practice and highlighting speakers and published papers that promote academic general practice. Presentations from these RCGP award winners will demonstrate how translational research findings can impact on day-to-day practice.

This session will be co-chaired by:

- **Dr Imran Rafi** RCGP Chair of Clinical Innovation and Research
- **Dr Helen Stokes-Lampard** Honorary Treasurer of the RCGP

**Campaigning for
General Practice**

C5

**Lessons from the new models
of care launching across the NHS**

As new models of care are established in various forms around the UK, this session brings together NHS managers and clinicians leading the initiatives in different nations to share their experiences, problems and solutions.

- **Professor Robert Harris** Chief Executive Officer at Lakeside Healthcare
- **Dr Grainne Doran** RCGP Northern Ireland Council Member
- **Dr Graham Kramer** RCGP Scotland Council Member

Practice Development

C6

**Making a difference: Using quality
improvement methods to
improve patient care**

The RCGP's QI Guide for practice teams is a resource that makes quality improvement methods accessible at the frontline of general practice. This session outlines the key content of the guide, followed by a workshop to demonstrate how to use the Model for Improvement, PDSA cycles and run charts to improve patient care.

- **Dr Joanna Bircher** QI Clinical Lead, RCGP Clinical Innovation and Research Centre
- **Dr Bill Taylor** QI Clinical Lead, CIRC

Energising Primary Care

D1

Finding your inner physician

Every doctor retains an untrained 'ordinary human being' – the 'inner physician' – who makes an important but often neglected contribution to practice. This workshop will help participants to recognise and identify aspects of their personal histories, emotions and personalities that impact on patients, and to reflect on how they can best be used for the benefit of patients.

- **Dr Roger Neighbour** GP, author and communications expert

Clinical Learning

D2

**Whose illness is it anyway? The new
NICE guidance on multimorbidity**

Between 30-80% of GP consultations are with people who have multiple long-term conditions, and more than half of acute medical admissions are for people with multiple morbidities. This session will explore this growing problem and give delegates a valuable insight into the new NICE guidance 'Multimorbidity: clinical assessment and management', due in September 2016.

- **Professor David Haslam** Chair of NICE
- **Professor Bruce Guthrie** Chair of the NICE guideline committee for multimorbidity

Mental Health Focus

D3

**Safe and sound: Reducing risk
in vulnerable patients**

This session guides GPs through the main legal and regulatory frameworks surrounding the complex issues of safeguarding and incapacity. We will use an MDDUS case study to explore the many challenges, from patient consent to communicating with family and carers, and suggest practical ways in which GPs and practice managers can successfully handle these situations and minimise the risk of patient harm and practice complaints.

- **Liz Price** Senior Risk Adviser, MDDUS
- **Alan Frame** Risk Adviser, MDDUS

Professional Education

D4

Refreshing GP Training and Assessment in the Workplace

The RCGP is refreshing the GP curriculum and workplace based assessment (WPBA) component of the MRCGP from August 2017, with a major shift towards encouraging professional capability and less 'box ticking'. This is in line with the new GMC Generic Professional Capabilities Framework. Changes for discussion include reducing the burden of WPBA and introducing trainee-led clinical leadership and QI activities in ST1-2.

- **Dr Pauline Foreman** Chief Examiner, RCGP
- **Dr Sue Cullis** Associate Postgraduate Dean and Lead for QI teaching, HEE East Midlands
- **Dr Susan Hadley** Programme Director, Leicestershire Partnership NHS Trust

Career Development

D5

Physical activity and primary care: Are we practising or preaching?

We all know the benefits of physical exercise but how do we successfully incorporate this into our busy lives as healthcare professionals and effectively motivate our patients to get active? This session will cover the benefits of being active to improve the resilience of GPs and the wellbeing of the wider primary care team.

- **Dr Zoe Williams** GP, Clinical Champion Physical Activity and Lifestyle, RCGP
- **Dr Dane Vishnubala** GP, Clinical Champion Physical Activity, Public Health England
- **Dr Christine Haseler** GP and GPSI Musculoskeletal Medicine

Supporting Doctors

D6

Caring at the interface: Developing and delivering services at the interface between primary and secondary care

The past decade has seen the emergence and development of interface care, working to support GPs and patients at the point of need for specialist assessment and treatment. Many of these services are delivered by GPs in non-traditional roles, as well as by specialists. This session will look at how we can develop these services for patients' benefit.

- **Dr Ben Jameson** Clinical director, Acute GP Service, Livewell South West
- **Dr Miles Mack** Chair, RCGP Scotland
- **Carey Lunan** Executive Officer for Interface, RCGP Scotland
- **Chair: Dr John Holden** Joint Head of Medical Division MDDUS

LUNCH

13.00-14.00

- **Nutritional Intolerance Satellite Symposium** Beta-casein variants in the management of cows' milk protein and lactose intolerance, sponsored by a2 Milk 13:10-13:55
- **Cardiovascular Satellite Symposium** Question Time: Overcoming the challenges of anticoagulation in atrial fibrillation for primary care. Organised and sponsored by Boehringer Ingelheim 13:10-13:55

CONCURRENT SESSIONS E1-6

14.00-15.30

Energising Primary Care

E1

Energising the profession through working at scale

GP pioneers in collaborative working will outline the challenges and benefits of working at scale, share their experiences and answer questions. Key topics will include the building of super-partnerships while preserving practice autonomy, the benefits of working in clusters, developing neighbourhood models of care, and improving the quality of care.

- **Dr Mike Holmes** RCGP Clinical Lead, Supporting Federations Programme
- **Dr Sohail Munshi** GP Chair, Manchester Primary Care Partnership and Greater Manchester Association of GP Federations
- **Dr Vish Ratnasuriya** Chair, Our Health Partnership, Birmingham
- **Dr Paul Myres** Professional Lead Primary Care Quality and National Lead for Primary Care Development, Public Health Wales

Clinical Learning

E2

Dermatology: Practical tips on diagnosis, treatment and management in primary care

Up to 20% of GP consultations have a dermatological element but GPs receive little or no training in dermatology. This interactive session aims to build confidence in diagnosis and treatment, covering new ideas in eczema management, antibiotics and acne, infections and cellulitis, and lesion recognition and dermoscopy.

- **Dr Stephen Kownacki** GP and Executive Chairman, Primary Care Dermatology Society
- **Dr Julian Peace** GP and GPSI in dermatology

Mental Health Focus

E3

The generalist awakens: revitalising your mental health consultations

Our model of care offers individually tailored assessment and management of common mental health problems, helping GPs to reconnect with their generalist values and professional identity. This interactive workshop uses role play to translate our research findings into practical support for clinicians.

- **Professor Carolyn Chew-Graham** Professor of General Practice Research, Keele University
- **Lucy Cooper** Research Governance and Quality Assurance Lead, Alderhey Foundation Trust
- **Dr Liz England** GP and RCGP Mental Health Lead
- **Dr Joanne Reeve** Associate Clinical Professor in Primary Care, Warwick Medical School

Professional Education

E4

The next generation of primary care professionals: Attracting, engaging and educating the future workforce

The role of GPs is undergoing many changes and this session explores how we can meet these challenges across the four nations.

- **Professor Gail Nicholls** Associate Professor in Primary Care, Director of Admissions, School of Medicine, University of Leeds
- **Dr Amar Rughani** GP in Sheffield, Associate Postgraduate Dean Health Education England Yorkshire and the Humber
- **Dr Richard Weaver** Director of GP Education and Head of School, Health Education England Wessex
- **Pippa Stuppel** General Practice Nurse Lead, Health Education England Wessex

Career Development

E5

Mindfulness in today's primary care: How can it help us and our patients?

What is mindfulness and what are the potential benefits to GPs? In today's chaotic world, can we use mindfulness to help our patients, and what resources are available for us to recommend? This session will explore the nature of mindfulness and how it can be used to help doctors, while also looking at the best ways to promote mindfulness to patients with suitable resources to help get them started. Could this be the way to energise primary care?

- **Dr Duncan Shrewsbury** Academic GP Trainee, Chair West Midlands AIT Committee
- **Dr Sheila Hardy** Practice Nurse Educator, Charlie Waller Memorial Trust, Senior Research Fellow, Northamptonshire NHS Trust

Supporting Doctors

E6

Energising primary care through support for vulnerable practices

This session will present new findings from the RCGP's Special Measures Programme (SMP) to prompt discussion on the role of the College and other stakeholders in supporting vulnerable practices. We will explore how this support can energise these practices and, equally importantly, how being part of a support team can energise and encourage the professional development of those offering the support.

- **Dr David Geddes** Head of Primary Care Commissioning, NHS England
- **Dr Jenny Napier** GP and Honorary Research Fellow, Queen Mary University of London
- **Helene Irvine** ANP, Adviser to RCGP SMP
- **Dr Sue Rendel** Clinical Lead RCGP SMP

Energising Primary Care

F1

**The Modern Primary Care:
Leading, Learning and Improving**

Many GPs are ill-prepared and ill-equipped to implement the changes now being asked of them. Delegates will learn how improvement skills aligned with teamwork can deliver better patient and population outcomes, better professional development and better practice performance.

- **Dr Asiya Yunus** GP, Associate Medical Director Londonwide LMCs, Senior Clinical Quality Lead for the Transforming Primary Care Team, Healthy London Partnership
- **Dr Durka Dougall** Head of Transformation Southwark CCG, Public Health Consultant
- **Dr Douglas Hing** GP, Clinical Director Merton CCG, Coaching for Health Lead Trainer
- **Dr David Price** GP Programme Director, HEE North Central and East London

Clinical Learning

F2

The NHS Diabetes Prevention Programme: Supporting behaviour change in those at high risk of type 2 diabetes

The NHS DPP is being rolled out nationally to help individuals with non-diabetic hyperglycaemia lower their risk of developing type 2 diabetes. This session will share current and emerging evidence of what works in prevention, and share learning and case studies from the demonstrator sites.

- **Tom Newbound** Programme Manager, NHS DPP, Public Health England
- **Professor Jonathan Valabhji** National Clinical Director Diabetes and Obesity
- **Dr Richard Mendelsohn** Clinical Head of Commissioning, Birmingham South Central CCG
- **Dr Esther Dalton** Leeds GP and Leeds North CCG Portfolio Lead for Diabetes

Mental Health Focus

F3

To prescribe antidepressants or not? The science and the craft

GPs are the main prescribers of SSRIs but at least 20-30% of patients do not respond to standard treatments and concordance is low. This session introduces some rules of thumb, as well as an effective, evidence-based algorithm for GP prescribing of antidepressants.

- **Dr Maryanne Freer** Programme Lead, Primary Care Mental Health Programme, Charlie Waller Memorial Trust
- **Dr Sheila Hardy** Practice Nurse Educator, Charlie Waller Memorial Trust, Senior Research Fellow, Northamptonshire NHS Trust
- **Professor André Tylee** Emeritus Professor of Primary Care Mental Health, King's College London

Professional Education

F4

Re-energising your career and the value of lifelong learning

GPs are facing increased risk of fatigue and burnout. We will explore how education and CPD can enhance resilience and enthusiasm as well as improve the quality of patient care, highlighting the latest changes to CPD, revalidation, MAP and other new types of support.

- **Dr Susi Caesar** Medical Director for Revalidation, RCGP
- **Dr Dirk Pilat** Medical Director for eLearning, RCGP
- **Dr Clare Etherington** Clinical Lead for MAP, RCGP

Career Development

F5

Being a GP and a parent: The balancing act, the guilt and the way forward

The growing number of parents in the GP workforce means we need to find new ways of working to retain GPs who have taken time out for childcare. We will draw on neuroscientific and neuropsychological research to provide practical strategies to help prevent stress and burnout in working parents.

- **Dr Jaz Dhillon** GP, GP appraiser and tutor, RCGP First5 representative
- **Dr Shamila Wanninayake** GP, GP tutor, Chair of RCGP First5 Committee
- **Dr Richard Pratt** GP Partner, Three Spires Medical Practice, Truro

Supporting Doctors

F6

Improving outcomes in CVD: What can we do differently in primary care?

This session will cover late diagnosis and suboptimal treatment in CVD, practical steps to improve detection and secondary prevention, how CCGs can be supported to improve outcomes and value in CVD prevention, and improving outcomes and streamlining the effort in primary care.

- **Dr Matt Kearney** National Clinical Director for CVD Prevention
- **Dr Sarit Ghosh** GP and RCGP CVD Lead
- **Professor Matthew Cripps** National Director, NHS RightCare
- **Dr Chris Harris** GP and Long Term Conditions Lead, Bradford Districts CCG

Research and Innovation

G1

**The beginning and the end of general practice:
What do doctors want?**

The UK health administrations have made recruiting and retaining GPs a core priority. This workshop will explore those programmes of work, concentrating at either end of the GP career path and presenting new research on the views of medical students, F2 doctors and experienced GPs.

- **Dr Emma Clarke** Sessional GP, NIHR In Practice Fellow, Keele University
- **Dr Samuel Finnikin** GP and NIHR In Practice Fellow, University of Birmingham
- **Dr Sharon Spooner** GP and Academic Clinical Lecturer, University of Manchester
- **Dr Jonathan Leach** Chair, RCGP Midlands Faculty

Practice Development

G2

Unpacking the Ps: Pharmacists, paramedics and physician assistants in practices

There is now a realisation that pharmacists and physician assistants are more than capable of offering a partial solution to the current GP workforce crisis. This workshop will review current evidence related to the development of these roles and their wider adoption in primary care, and discuss issues first hand with working practitioners.

- **Ravi Sharma** Lead GP Practice Pharmacist, Greenlight Healthcare, London
- **Dr Ben Jackson** Senior Clinical Teacher, Academic Unit of Primary Medical Care, University of Sheffield
- **Kevin Reid** Emergency Care Practitioner, Maryhill Group Practice, Elgin

Mental Health Focus

G3

The acceptability of metaphors in the management of people with Medically Unexplained Symptoms (MUS)

Metaphors can be used to convey the complex principles of CBT, making them easier for the patient to understand and the practitioner to use. They encourage the patient to view their symptoms – and respond to them – differently. This workshop will discuss the acceptability of these metaphors, and how they can be used in consultations.

- **Professor Carolyn Chew-Graham** Professor of General Practice Research, Keele University
- **Professor Athula Sumathipala** Professor of Psychiatry, Keele University, Consultant Psychiatrist, South Staffs and Shropshire Foundation Trust

Professional Education

G4

Energy boosting workshop for UK primary care educators

An opportunity for educators involved with primary care education to meet, network and share their current problems, solutions and best practice ideas.

- **Professor Ian Curran** Professor of Innovation & Excellence in Healthcare Education, Queen Mary University of London
- **Professor Simon Gregory** Regional Director and Dean of Education and Quality at Health Education England Midlands and East
- **Dr Claire Loughrey** Director of Postgraduate General Practice Education, Northern Ireland Medical and Dental Training Agency
- **Louise Dubras** GP and Deputy Dean of Medical Education at the GKT School of Medical Education, King's College London
- **Professor Anthea Lints** Director of Postgraduate General Practice Education at NHS Education for Scotland
- **Professor Malcolm Lewis** Director of General Practice and Revalidation at the Wales Postgraduate Deanery

Career Development

G5

Caring for refugees and torture survivors

What are the opportunities within your own practice or as a volunteer in the UK with a health charity? This session will enhance your knowledge and illustrate how volunteering can broaden your experience and skills, with expert guidance from GPs with frontline experience.

- **Dr Angela Burnett** Lead Doctor, Freedom from Torture
- **Dr Naomi Hartree** Clinical Lead, Medical Justice

Supporting Doctors

G6

The Dragons' Den: Could your idea change global health?

Delegates will be asked to offer their ideas for improving health around the world. Authors of the best suggestions will be invited to make a pitch to an expert panel in a Dragons' Den style session.

- **Dr Sandy Mather** Head of RCGP International
- **Dr Liz Goodburn** Medical Director South & South East Asia, RCGP International
- **Dr Win Zaw** General Secretary, GPs' Society Myanmar Medical Association, CEO, Myanmar Academy of Family Physicians

PLENARY SESSIONS

11.00-12.30

CLOSE OF CONFERENCE

12.30



Royal College of
General Practitioners

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