

High Risk OB Survival Guide

The foremost 2 day class for high risk obstetrics

High Risk Obstetrics: Evidence To Face Contemporary Maternal-Fetal Challenges

Rebecca Cypher,
MSN, PNNP

Nationally respected expert and author

2018

TAMPA, FL - March 1-2
Holiday Inn Tampa Westshore
700 N. Westshore Boulevard

LAS VEGAS, NV - October 15-16
Embassy Suites Las Vegas Conv. Ctr.
3600 Paradise Road

SAN FRANCISCO, CA - April 12-13
Site: South San Francisco Conf. Ctr.
255 South Airport Blvd.
(South San Francisco)

FALLS CHURCH, VA - October 25-26
Hilton Garden Inn Falls Church
706 West Broad Street

We are challenged everyday by the increasing number of high risk conditions in our antepartum and intrapartum environments. If you want to expand your critical thinking and independent decision-making skills, increase your confidence in caring for this unique population, and/or need up to date content to prepare for the Inpatient Certification exam, this class is for YOU

If your hospital is preparing for Perinatal Care Certification this is an incredible opportunity to send staff to meet the program requirements.


Professional Education Center

P.O. Box 7447 Chico, California 95927-7447
800-732-2387

WWW.PROEDCENTER.COM



Rebecca Cypher, MSN, PNNP

**Perinatal Nurse Practitioner, Expert, Author,
Consultant, and Educator**

Rebecca is a nationally respected leader in perinatal nursing. She brings to the program over 25 years of civilian and military experience with a career that has encompassed a variety of clinical and leadership roles. Most recently, she worked in the Maternal-Fetal Medicine Division in the Pacific NW where she was involved with direct patient care, teaching, and research. She is nationally certified in Inpatient OB and EFM. An active member of AWHONN she has served in a variety of leadership positions including two terms on the BOD.

Rebecca is a co-editor with Lisa Miller, CNM, JD and Dr. David Miller for Mosby's *Fetal Monitoring: A Multidisciplinary Approach* (8th ed.), as well as a chapter contributor to AWHONN's *Fetal Monitoring Principles and Practices* (5th ed). She has authored textbook chapters and articles in leading nursing and medical references. Currently, she is on the editorial board for JPNN and was named 2017 Review of the Year.

Committed to improving quality and safety in perinatal care, balanced with thoughtful insight in a simple but comprehensive teaching style, Rebecca will share a wealth of knowledge and evidence, based on her extensive clinical experience and education.

WHAT PEOPLE ARE SAYING

"I wish I could download Becky's knowledge! She's so inspiring and genuinely wants us to be excited about OB"

"Loved your conference! An amazing amount of maternal covered in a short period of time. I learned so much!"

"I'm excited about using the new knowledge and bringing it back to work."

"Excellent class that brought in new, updated & evidence based practice that will tremendously impact our way of health care delivery."

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day of attendance for refund of registration fees.

CANCELLATIONS: Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter.

Cancellation within 7 days: No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, credit voucher good for any future PEC program: No cash refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

Why Antepartum, Intrapartum and APRNs Must Attend This Seminar

High risk obstetrical care is a rapidly evolving specialty. The increasing complexity of high risk pregnancies, complicated maternal co-morbidities, advancing technologies that make the fetus more accessible, and expanding treatment options make this exclusive seminar a must attend event. Regardless of clinical experience, novice and experts alike, this two-day seminar is designed for clinicians that are interested in expanding or updating their clinical knowledge base in outpatient and inpatient high risk obstetric care.

Our speaker will delve into a comprehensive overview of obstetric care using credible, peer-reviewed research and current evidence based clinical guidelines. Authentic case studies will illustrate key concepts covering the most challenging antepartum patients. This seminar will provide clinicians with valuable information so they are better prepared to deliver safe, effective and patient centered care to this special obstetric population with the eventual goal of optimizing perinatal and neonatal outcomes.

PROGRAM OBJECTIVES:

**Following comprehensive lecture, case studies,
& discussion, you will be able to:**

- Examine trimester specific screening and diagnostic testing options for chromosomal and structural abnormalities
- Describe the effect of obesity on antepartum care
- Discuss the current state of maternal mortality in the U.S.
- Compare common maternal early warning systems
- Evaluate current evidence and clinical management options for hypertension and diabetes in pregnancy
- Recognize placental implantation abnormalities such as vasa previa, accreta, increta and percreta
- Identify key symptoms for asymptomatic bacteriuria, cystitis, pyelonephritis
- Review fetal growth restriction management strategies
- Examine current research for preterm labor and PPRM prediction, identification, and treatment
- Address PTB prevention strategies including progesterone, cerclage and pessaries
- Explore the latest antenatal corticosteroid recommendations
- Introduce ways to recognize perinatal depression
- Identify strategies for management of multiple gestations
- Discuss key elements of chorioamnionitis diagnosis
- List contemporary recommendations for fetal surveillance including NST's, BPP's and doppler flow studies
- Distinguish between amniotic fluid volume abnormalities
- Name common areas of obstetric malpractice
- Discuss documentation approaches to limit liability

HIGH RISK OBSTETRICS:

Evidence To Face Contemporary Maternal-Fetal

Day One -

7:30 Check In - Continental Breakfast

8:00 FUNDAMENTALS OF PRENATAL CARE

- Prenatal Screening & Diagnostic Testing Options
- Ultrasound for Structural Anomalies
- Management Strategies in Maternal Obesity

DIAGNOSIS & MANAGEMENT OF HIGH RISK OBSTETRIC CONDITIONS

- Hypertension in Pregnancy: Gestational, Pre-Eclampsia, Superimposed Pre-eclampsia, HELLP, Chronic Hypertension
- Placental Implantation Abnormalities: Previa, Abruptio, Accreta, Increta, Percreta
- Fetal Growth Restriction
- Current Developments in Maternal Mortality
- Maternal Early Warning Systems
- Urinary Tract Infection (Asymptomatic Bacteriuria, Cystitis, Pyelonephritis)
- Perinatal Mood Disorders

4:00 Adjourn

Lunch is provided 12:00 - 12:45 both days

Day Two -

7:30 Check In - Continental Breakfast

8:00 DIAGNOSIS & MANAGEMENT OF HIGH RISK OBSTETRIC CONDITIONS (cont.)

- Preterm Labor
- Preterm Premature Rupture of Membranes
- Chorioamnionitis
- Multiple Gestation
- Diabetes in Pregnancy (Gestational, Type I /II)
- Fetal Growth Restriction

ANREPARTUM FETAL SURVEILLANCE

- Nonstress Test and Acoustic Stimulation
- Biophysical Profile • Modified Biophysical Profile
- Doppler Velocimetry
- Amniotic Fluid Abnormalities

(Oligohydramnios and Polyhydramnios)

LIABILITY IN THE OBSTETRIC SETTING

- Types of Obstetric Liability
- What Makes a Case Successful
- Tips to Minimize Risk
- Case Studies

4:00 Adjourn

REGISTRATION: High Risk OB Survival Guide

NAME _____

License# _____

☐ RN(C) ☐ LPN/VN ☐ NP ☐ CNM ☐ Other _____

Address _____

City _____ State _____ Zip _____

Day Phone (____) _____

E-mail _____

Hospital/Clinic I work with: _____

☐ Part of a Group Registration

☐ Check Payable to: Professional Education Center (PEC)

☐  ☐  ☐  ☐ 

Card #'s _____

Exp. ____/____/____

☐ I prefer a vegetarian lunch
(available with pre-registration only)

I will Attend 2018:

Tampa, FL	☐ 3/1/18	☐ 3/2/18
San Francisco, CA	☐ 4/12/18	☐ 4/13/18
Las Vegas, NV	☐ 10/15/18	☐ 10/16/18
Falls Church, VA	☐ 10/25/18	☐ 10/26/18

PRE-PAID FEES:

	Both Days	One Day
Individual	☐ \$409	☐ \$239
Group 4-7*	☐ \$399	☐ \$229
Group 8+*	☐ \$389	☐ \$219

*Group Rate is Per Person when Registered/Prepaid together.
At The Door Payment or Registration: \$459/\$269

EASY REGISTRATION:

On-line: www.proedcenter.com

Call Today With Any Major Credit Card
800-732-2387 9am-3:30pm M-F (PST)
24 Hour Registration: FAX 530-343-3575

OR

Mail This Course Registration To:
Professional Education Center
PO Box 7447 Chico, CA 95927-7447



Professional Education Center

P.O. Box 7447
Chico, California 95927-7447



High Risk OB Survival Guide

- ♦ Sharpen high risk OB knowledge
- ♦ **Comprehensive cases clarify key concepts**
- ♦ Clinical guideline updates for conditions like DM, HTN FGR, PTL and PPROM
- ♦ **Review Antepartum Fetal Surveillance**
- ♦ Prepare for or recertify for NCC
- ♦ **Develop strategies for decreasing liability**

Visit our website to register and for complete course information. See all of our offerings including Cruise Educational Opportunities!

www.proedcenter.com

CE CREDITS: Nurses - 16 CE Credit Hours (8/day); (1.5 CE Pharmacology)

Physicians: Category II CME can be self submitted.

This program has been designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Florida FBN #2219 for 13 (6.5day) Contact Hours. Meets Texas Type I criteria.

Neither program planners nor presenters have any commercial conflict of interest.

2018 PROGRAM LODGING

A limited number of rooms at a preferred rate, have been arranged with the following hotel per site.

Call, (use code if stated) or use the direct website link (on our website) to make a reservation.

Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

TAMPA, FL - March 1-2

Holiday Inn Tampa Westshore
700 N. Westshore Boulevard
Tampa, FL 33609
(813) 289-8200 \$159 PEC HRAP

LAS VEGAS, NV - October 15-16

Embassy Suites Las Vegas Conv. Ctr.
3600 Paradise Road
Las Vegas, NV 8169
(702) 947-7166 \$159

SAN FRANCISCO, CA - April 12-13

Site: South San Francisco Conf. Ctr.
LODGING: Holiday Inn San Francisco Airport
275 South Airport Blvd.
South San Francisco, CA 94080
(650) 873-3550 \$159/169 PEC

FALLS CHURCH, VA - October 25-26

Hilton Garden Inn Falls Church
706 West Broad Street
Falls Church, VA 22046
(703) 237-8700 \$179 PEC HRAP

**Continental Breakfast & Lunch served at
all PEC Conferences;
Parking (if any) is On Your Own**

PROFESSIONAL EDUCATION CENTER is dedicated to bringing you the most respected speakers, and providing education that is clinically essential. Education that you will use every day - Education that makes a difference!

The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE programs!