



WAYNE STATE
School of Medicine

**19TH ANNUAL UPDATE
IN INTERNAL MEDICINE**
SELECTED TOPICS AND CONTROVERSIES

July 26 - 28, 2019



***The Inn at Bay Harbor
Bay Harbor, Michigan***



WAYNE STATE
School of Medicine

**19th Annual Update in Internal Medicine
Selected Topics and Controversies
July 26 - 28, 2019**

Division of Continuing Medical Education
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Wayne State University School of Medicine

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Vice Chair for Education

Professor

Department of Internal Medicine

Wayne State University School of Medicine

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Professor of Medicine

Wayne State University School of Medicine

Director CVD Research and Academic Affairs

Regional and National Director of Heart Failure

Detroit Medical Center

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Professor of Internal Medicine

Chief, Division of Pulmonary, Critical Care & Sleep Medicine

Wayne State University School of Medicine

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Associate Chairman

Department of Internal Medicine

Wayne State University School of Medicine

Chief of Medicine Harper University-Hutzel Women's Hospital

Director Pulmonary Hypertension Program

Pulmonary Critical Care & Sleep Division

Detroit Medical Center

Aris Q. Urbanes, MD, FASN, FASDIN

Associate Professor

Wayne State University School of Medicine

Medical Director, Quality and Safety

Wayne State University Physician Group

REGISTRATION FEE

There is a \$450 registration fee for practicing physicians and a \$350 fee for resident physicians and other health care professionals which includes course materials and processing of CME credits. **Online registration is now available at cme.med.wayne.edu** or you may complete the registration form attached and either telephone, fax, email or mail it to: Division of Continuing Medical Education, Wayne State University School of Medicine, 4201 St. Antoine, 9A-UHC, Detroit, MI 48201. Phone: 313-577-1180, fax: 313-577-7554, email: dcme@med.wayne.edu. All registrations will be confirmed by email to the address provided on the registration form.

Refund Policy: Cancellations made on or before the date of the course are subject to a \$75 processing fee. There will be no refunds issued for no shows.

CREDIT STATEMENTS

The Wayne State University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Wayne State University School of Medicine designates this live activity for a maximum of 13.50 **AMA PRA Category I Credit(s)TM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP ACCREDITATION

Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

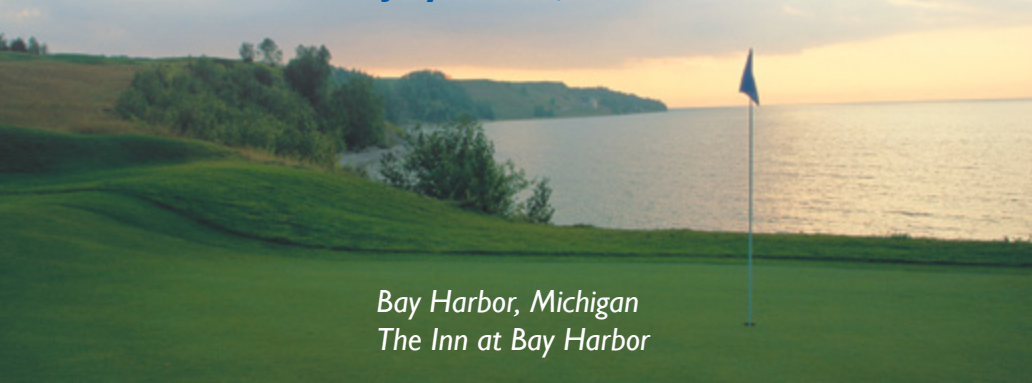


THE SYMPOSIUM

19th Annual Update in Internal Medicine

Selected Topics and Controversies

July 26 - 28, 2019



*Bay Harbor, Michigan
The Inn at Bay Harbor*

TARGET AUDIENCE

Internists, Family Medicine and Primary Care Physicians

EDUCATIONAL OBJECTIVES

The course will provide in-depth presentations and workshops examining commonly encountered medical conditions with emphasis on prevention and new treatment alternatives. The goal is to help primary care providers with assessment, selection of treatment and practical application. At the conclusion of the conference, the attendee will:

1. Have an improved knowledge base and be able to discuss the clinical aspects of the disorders presented in the meeting in order to improve the quality of care provided to patients.
2. Interact and question speakers on a variety of clinical scenarios.
3. Identify health issues related to topics covered which impact patients.

Sponsor

This symposium is sponsored by the Department of Internal Medicine, Wayne State University School of Medicine.

Location

Housing and meeting facilities will be at the Inn at Bay Harbor, 3600 Village Harbor Drive, Bay Harbor, Michigan 49770. Phone: 231-439-4000. For additional information see www.innatbayharbor.com

PROGRAM CONTENT

FRIDAY, JULY 26, 2019

- 7:30 a.m. Registration and Continental Breakfast
- 8 a.m. **Practice Changing Updates in Primary Care**
Diane Levine, MD
- 8:40 a.m. **Kidney Function and Disease in the Elderly**
Aris Q. Urbanes, MD
- 9:20 a.m. **Update on Heart Failure: Is it a New Day?**
Ileana Piña, MD
- 10 a.m. Break
- 10:20 a.m. **A Review of Biologic Therapies in Rheumatic Diseases**
Hausam A. Sarakbi, MD
- 11 a.m. **Hypertension: Why Has it Taken so Long?**
Ileana Piña, MD
- 11:40 a.m. **Sleep Well, Live Well**
M. Safwan Badr, MD
- 12:20 p.m. Case Challenge I*
- 12:30 p.m. Closing & Evaluation

SATURDAY, JULY 27, 2019

- 7:30 AM Registration and Continental Breakfast
- 8 a.m. **Diabetic Kidney Disease**
Aris Q. Urbanes, MD
- 8:40 a.m. **Management of Painful Joint**
Hausam A. Sarakbi, MD
- 9:20 a.m. **Hyperkalemia: Can We Treat it Successfully Without Dialysis?**
Ileana Piña, MD
- 10 a.m. Break
- 10:20 a.m. **Sleep Disordered Breathing: Not Just Your Uncle**
M. Safwan Badr, MD
- 11 a.m. **Care of Special Populations Part I: LGBT**
Diane Levine, MD
- 11:40 a.m. **COPD: Can We Follow the Guidelines?**
James A. Rowley, MD
- 12:20 p.m. Case Challenge II*
- 12:30 p.m. Closing & Evaluation

SUNDAY, JULY 28, 2019

- 7:30 a.m. Registration and Continental Breakfast
- 8 a.m. **Update on Management of Severe Asthma**
James A. Rowley, MD
- 8:40 a.m. **Non-Dialysis Chronic Kidney Disease**
Aris Q. Urbanes, MD
- 9:20 a.m. **Care of Special Populations Part 2: Veterans Outside of the VA System**
Diane Levine, MD
- 10 a.m. Break
- 10:20 a.m. **An Update on Management of Gout**
Hausam A. Sarakbi, MD
- 11 a.m. **Cognitive Errors in Medicine**
James A. Rowley, MD
- 11:40 a.m. **Case Studies: Cardio-Pulmonary Medicine**
Ghulam Saydain, MD
- 12:20 p.m. Case Challenge III*
- 12:30 p.m. Closing & Evaluation

* A challenging case will be included at the end of each day's presentations. Information important to the answer will be included in one or more of each day's presentations.



THE INN AT BAY HARBOR



The Inn at Bay Harbor captures the essence of the grand resorts of yesterday. Located on Little Traverse Bay near Petoskey, Michigan, The Inn at Bay Harbor features a variety of room choices including one, two and three-bedroom suites and deluxe three-bedroom cottages providing astonishing luxury and style complimented by a full range of resort amenities.

THE SPA

World-class European spa treatments

range from traditional, sports, aromatherapy or hot stone massage to individualized facials, heated body wraps, body scrubs and body glows that exfoliate and polish. Among the other treatments offered are Polarity and Reiki energy treatments, manicures, pedicures, foot and hand massage, restorative fitness and yoga. ***Because reservations at the spa fill early, please reserve your time when you make your room reservation by calling 231-439-4046.***

RECREATION

Forty-five holes of nationally and world renowned golf, a beach club on a private beach with oversized cabanas, a swimming pool and hot tub, lawn chess and lawn croquet are among the available diversions at the Inn at Bay Harbor. A wide variety of additional activities can be arranged including charter fishing, boating, sailing, canoeing, cycling and horseback riding. Adjacent to Bay Harbor Marina District with exclusive shopping and dining, the Inn at Bay Harbor is close to abundant galleries and boutiques.

You can reserve your tee time when making your room reservation by calling 800-GO-BOYNE, extension 43.

RESORT ACCOMMODATIONS

Special conference rates have been arranged at The Inn at Bay Harbor. All accommodations are graciously appointed and most have a covered porch. ***Rooms at The Inn at Bay Harbor fill quickly; please make your reservations as soon as possible.***



Studio Quarry view	\$229.00
Studio Lake view	\$251.00
Deluxe Quarry view	\$281.00
Deluxe Quarry West	\$281.00
Deluxe Lake view	\$342.00
Tower Deluxe Quarry	\$281.00
King Quarry view	\$281.00
King Lake view	\$342.00
Master Suite Quarry view	\$404.00

One Queen Murphy Bed
One Queen Murphy Bed
Two Queen Beds
Two Queen Beds
Two Queen Beds
Two Queen Beds
One King Bed
One King Bed

Master Suite Lake view	\$486.00
Cottages at Crooked Tree	\$468.00

700 sq. ft., separate bedroom, whirlpool tub, lake view
Accommodations for up to four, full kitchen, fireplace
700 sq. ft., separate bedroom, whirlpool tub, lake view
Accommodations for up to four, full kitchen, fireplace
Three-bedroom cottages located on Crooked Tree Golf Course. They feature classic, modern floor plans of 1,600 sq. ft., three baths, a main floor master suite with two-person whirlpool and a large covered porch overlooking the golf course.

If the room block at the Inn at Bay Harbor fills, please contact CME at 313-577-1180 for additional rooms available at Boyne Highlands.

ACCOMMODATIONS RESERVATION

The Inn at Bay Harbor Bay Harbor, Michigan

When making travel arrangements, please note The Inn at Bay Harbor observes a 5 p.m. check-in and 1 p.m. check-out for conference attendees.

Please complete and mail or fax to arrive at the Inn at Bay Harbor by **June 25, 2019**.

Please fill out the form below and return to:

Boyne USA, Inc.
Central Reservations Department
P.O. Box 19
Boyne Falls, MI 49713

Reservations Fax: 231-549-6844
Questions: 1-800-GO-BOYNE

Name _____ Number in Party _____ / _____
Adults Children

Company/Organization _____ Phone _____

Address _____ City/State/Zip _____

Arrival Day/Date _____ Departure Day/Date _____

Preferred Type of Accommodations _____

Sharing Room with _____

All reservations must be guaranteed by check or credit card deposit (one night's room rate plus tax), payable to The Inn at Bay Harbor.

PAYMENT METHOD

To better serve you, reservations cannot be accepted by phone. ☐ Check Enclosed \$

Credit Card: ☐ American Express ☐ Visa ☐ MasterCard ☐ Diners Club ☐ Discover

Number _____ Expiration Date _____

Signature _____

I understand my one night deposit will be applied to the first night of my reservation. Cancellation & changes affecting arrival/departure dates must be made 7 days prior to arrival in order to receive refund of deposit, less a \$10 processing fee.

*All reservation requests must be received by **June 25, 2019** to qualify for special symposium rates. Reservation requests received after this date will be taken on a space available basis at current room rates. Requests after room block is filled will be placed in next available accommodation type with the rate changing accordingly.*

COURSE REGISTRATION



19th Annual Update in Internal Medicine

Selected Topics and Controversies
July 26 - 28, 2019

Bay Harbor, Michigan
The Inn at Bay Harbor

Online registration is available at
<https://cme.med.wayne.edu>

Please print clearly, conference materials will be made from the information on this form

First Name _____ Last Name _____

Last Four Digits of SS# _____ Degree _____

Mailing Address _____

City _____ State _____ ZIP _____

Phone () _____ Fax () _____

Specialty _____ E-mail _____

(E-mail required for confirmation)

Fees: Please check one

Practicing Physician – Full Course \$450 _____

Practicing Physician – 2 Days Fri _____ Sat _____ Sun _____ \$350 _____

Residents & Others - Full Course \$350 _____

Residents & Others – 2 Days Fri _____ Sat _____ Sun _____ \$300 _____

TOTAL PAYMENT _____

Payment Method: please check one

☐ Check (payable to Wayne State University)

☐ Visa or MasterCard

Card # _____ Exp Date _____

☐ Check here if you have a disability and may require accommodation to fully participate.
You will be contacted by Wayne State University.

Mail to:

Continuing Medical Education
Wayne State University School of Medicine

4201 St. Antoine ; 9A-UHC

Detroit, MI 48201

Telephone: 313-577-1180 Fax: 313-577-7554

Email: dcme@med.wayne.edu