

UW Medicine

UW SCHOOL
OF MEDICINE

Diabetes Update for Primary Care Providers

Friday & Saturday

May 11-12, 2018

Lynnwood Convention Center

Lynnwood, WA



Sponsored by the University of Washington School of Medicine
Department of Medicine, Division of Metabolism, Endocrinology and Nutrition
Office of Continuing Medical Education

Diabetes Update for Primary Care Providers

May 11-12, 2018

WHO SHOULD ATTEND

Primary care providers including family practice physicians, internists, physician assistants, advanced nurse practitioners, nurses and other healthcare professionals.

COURSE DESCRIPTION

There is an immense need for provider education as the incidence of diabetes in the general population reaches 10%; primary care clinics carry the major burden of these patients. Didactic lectures and interactive workshops offered in this program will provide key information on current classification of diabetes, glycemic targets, as well as effective diagnostic and management strategies using available therapeutic modalities. Important highlights of this course include an update on the cardiovascular outcome trials of pharmacologic agents for diabetes and cost effective disease management. Offerings also include workshops which provide interactive case discussions on effective insulin use, lipid therapy, inpatient glycemic management, and newer diabetes technologies.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify and appropriately diagnose the type of diabetes for any given patient.
- Recommend appropriate nutritional interventions for individuals with diabetes.
- Discuss new therapeutics and older agents to treat diabetes.
- Recognize cardiovascular benefits of therapies for diabetes.
- Identify and appropriately manage complications in diabetes.
- Manage diabetes in a cost-effective manner.

Walk-in registrations
incur a \$25 administrative fee

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 10.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

MD/DO/PhD	\$300.00
Allied Health	\$250.00
Resident/Fellow*	\$150.00
<i>*Rate requires written confirmation of current resident/fellow status</i>	

The fee for this course includes catering, all electronic instruction materials and transcript of AMA PRA Category 1 Credits™. To enroll, please register online at uwcme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education Office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

To request disability accommodation, contact the Disability Services Office at 206-543-6450 (voice), 206-543-6452 (TTY), 206-685-7264 (fax), or ds@uw.edu, preferably at least 10 days in advance of the event.

Hotel Accommodations

Please contact each hotel directly. No room block has been reserved.

Best Western Alderwood

19332 36th Ave. W.
Lynnwood, WA
425.775.7600

Courtyard by Marriott

4220 Alderwood Mall Blvd.
Lynnwood, WA
425.670.0500

Embassy Suites by Hilton

20610 44th Ave. W.
Lynnwood, WA
425.775.2500

Course Faculty

COURSE CO-CHAIRS

Irl B. Hirsch, MD

Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Savitha Subramanian, MD

Associate Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

UW FACULTY

Faaiza Alibhai, PharmD

University of Washington Medical Center
Pharmacist

Kathryn Berkseth, MD

Acting Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Jing Chao, MD

Clinical Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Marshall Corson, MD, FACC, FAHA

Clinical Professor
Department of Medicine
Division of Cardiology

Ian de Boer, MD, MS

Professor
Department of Medicine
Division of Nephrology

Alison Evert, MS, RD, CDE

Manager
UW Neighborhood Clinics
Nutrition and Diabetes Programs

Karen E. Foster-Schubert, MD, MPH

Associate Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Arthi Thirumalai, MD

Acting Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Dace Trence, MD

Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Subbulaxmi Trikudanathan, MD, MRCP, MMSc

Clinical Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Tracy Tylee, MD

Clinical Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Brent Wisse, MD

Associate Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Lorena Wright, MD, FACE

Clinical Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Friday, May 11, 2018

- 7:30 Registration and Continental Breakfast**
- 7:50 Welcome & Introduction - *Irl Hirsch, MD*
- 8:00 Diagnosis and Classification of Diabetes in 2018 - *Lorena Wright, MD*
- 8:30 New Thoughts About Biomarkers and Continuous Glucose Monitoring - *Irl Hirsch, MD*
- 9:00 Use of Newer Oral Agents for Treatment of Diabetes - *Dace Trence, MD*
- 10:05 Incorporating GLP-1 Analogs in Diabetes Management - *Kathryn Berkseth, MD*
- 10:50 Insulin Therapies for Type II Diabetes - *Tracy Tylee, MD*
- 11:30 Management of Obesity in Diabetes - *Karen Foster-Schubert, MD, MS*
- 12:15 Lunch (provided)**
- 12:55 Workshop Session 1 & 2 (45 minutes each session; select **TWO** topics, break between workshops)
- A. 5-Minute Nutrition Counseling - *Alison Evert, MS, RD, CDE*
 - B. Use of Newer Oral Anti-Hyperglycemic Agents - *Subbulaxmi Trikudanathan, MD*
 - C. Effective Use of 'Older Therapies' in Diabetes - *Arthi Thirumalai, MD*
- 2:45 Workshop Sessions 3 & 4 (45 minutes each session; select **TWO** topics, break between workshops)
- D. Practical Approach to Use of Insulin - *Savitha Subramanian, MD*
 - E. Management of Diabetes in Older Adults - *Brent Wisse, MD*
 - F. Diabetes Technology for the Primary Care Provider - *Faaiza Alibhai, PharmD*
- 4:30 Adjourn**

Saturday, May 12, 2018

- 7:30 Sign-In and Continental Breakfast**
- 7:55 Welcome - *Savitha Subramanian, MD*
- 8:00 Diabetic Kidney Disease: What You Should Know in 2018 - *Ian de Boer, MD, MS*
- 8:45 Cardiovascular Risk in Diabetes: Management Pearls - *Savitha Subramanian, MD*
- 9:30 Putting It All Together: Evidence-Based Management of Diabetes - *Irl Hirsch, MD*
- 10:45 Workshop Sessions 5 & 6 (45 minutes each session; select **TWO** topics, break between workshops)
- G. Cardiac Testing in Diabetes: Which Test Should I Pick? - *Marshall Corson, MD*
 - H. Preparing Your Patients With Diabetes for Surgery/Procedures - *Jing Chao, MD*
 - I. Diabetes On A Budget - *Irl Hirsch, MD*
- 12:30 Adjourn**

Register Online: uwcme.org

UW School of Medicine | Continuing Medical Education
Email: cme@uw.edu | Phone: 206.543.1050

Diabetes Update for Primary Care Providers

May 11 - 12, 2018

REGISTRATION

First	MI	Last
Professional Title ☐ MD ☐ DO ☐ PhD ☐ RN ☐ ARNP ☐ PA ☐ Other:		
Street		
City	State	Zip
Phone () -		Email

PAYMENT

**Residency Program, if applicable*

☐ Check (payable to University of Washington) for \$

☐ Credit Card charge \$	☐ Visa	☐ MC	☐ Discover
Card #	Exp Date		
Signature	CVC #		

☐ UW Budget	Budget Name	Budget #
Box #	Proj	Opt Task

COURSE FEES

MD/DO/PhD	\$300.00
Allied Health	\$250.00
*Resident/Fellow	\$150.00
*Rate requires written confirmation of current resident/fellow status	

WORKSHOPS (select TWO per row)		
Sessions 1 & 2	A	B C
Sessions 3 & 4	D	E F
Sessions 5 & 6	G	H I

RETURN COMPLETED REGISTRATIONS

BY MAIL:
 UW CME
 Box 359558
 Seattle, WA 98195-9558

BY FAX:
 206.221.4525

CALL:
 206.543.1050

Register online at uwcme.org