

Southeastern Fracture Symposium



20
26

Jan 29 - 31
Kiawah Island Golf Resort,
Kiawah Island, SC

Promoting the Advancement of Orthopaedic Trauma
through Education and Research



Welcome to
SEFS!

About The Symposium

The Southeastern Fracture Symposium is a CME-accredited event specifically tailored for orthopaedic trauma professionals. Renowned leaders in orthopaedic trauma gather to share expertise, present challenging cases, and discuss the latest advancements in fracture care.

Small group settings allow for direct interaction with the speakers and attendees. Ample time is provided for exhibitors to meet and socialize with attendees throughout the symposium. Symposium attendance averages approximately **150 people per year** from across the Southeast region.

About SEFC

The Southeastern Fracture Consortium (SEFC) is a nonprofit foundation dedicated to advancing multidisciplinary care in orthopedic trauma. SEFC brings together surgeons, researchers, and healthcare professionals from top hospitals, private practices, and academic centers to collaborate, innovate, and improve patient outcomes.



Event Details

The 2026 Southeastern Fracture Symposium promises to be another exciting conference for the Ortho-Trauma community! Set to take place in Kiawah Island, this year's symposium will feature a dynamic lineup of keynote speakers, interactive workshops, and networking opportunities. Attendees will explore the latest innovations in fracture treatment, share groundbreaking research findings, and discuss best practices in patient care.

Time & Location

Jan 29, 2026, 3:00 PM – Jan 31, 2026, 1:00 PM

Kiawah Island Resort
1 Sanctuary Beach Dr
Kiawah Island, SC 29455

Take advantage of the special group rate by booking your hotel directly through our website. Make the most of your trip! Kiawah Island offers something for everyone: world-class golf, pristine beaches, biking trails, kayaking, and a variety of dining and shopping options. Whether you're networking at the symposium or relaxing afterward, Kiawah provides the perfect setting.

Who Attends



The Southeastern Fracture Symposium brings together the full spectrum of professionals shaping the future of orthopaedic trauma care. Attendees include:

Orthopaedic Trauma Surgeons – from leading academic centers and community hospitals

Fellows, Residents & Medical Students – training with today's experts & tomorrow's leaders

Physician Assistants & Advanced Practice Providers – expanding their clinical skills and networks

Allied Health Professionals & Nurses – essential partners in patient care and recovery

Researchers & Investigators – driving multi-center studies and innovation in fracture and wound care

Transform your approach to **patient care**.
Implement change in your practice.
Expand your **knowledge**.

This is where orthopaedic trauma leaders and innovators connect!



High Level Agenda



Thursday

3:00 – 9:00 PM: Registration/Exhibit Set-up

5:30 – 6:30 PM: Welcome Cocktail Hour

6:30 – 10:00 PM: Annual SEFC Research Dinner

Friday

7:00 AM – 7:15 PM: Exhibits & Posters Open

8:00 AM – 7:15 PM: General Session

7:30 PM: Faculty Dinner (By Invitation Only)

Saturday

7:00 AM – 12:00 PM: Exhibits & Posters Open

8:00 AM – 12:30 PM: General Session

12:00 PM – 1:00 PM: Exhibit & Poster Breakdown



**Southeastern
Fracture
Consortium**



Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Southeastern Fracture Consortium. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates the Southeastern Fracture Consortium (SEFC) Symposium, January 29 - 31, 2026, in Kiawah Island, South Carolina (live activity) for a maximum of ~15-17* AMA PRA Category 1 Credits . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Exact # of credits to be confirmed*

Learning Objectives

- **Evaluate** current evidence and best practices in the management of complex fractures, including geriatric, periprosthetic, and pediatric fracture care.
- **Apply** advanced surgical techniques and decision-making strategies for challenging cases such as pelvic ring injuries, calcaneus fractures, elbow instability, and nonunion/malunion.
- **Integrate** multimodal approaches to optimize patient recovery, including pain control, bone health, nutrition, and care of medically complex and diabetic patients.
- **Identify** strategies to prevent and manage complications related to traumatic wounds, infection, and limb salvage.
- **Foster** collaboration among surgeons, APPs, researchers, and allied health professionals to improve standards of care across diverse healthcare settings.

Agenda

Thursday, January 29th, 2026



SEFS 2026 Day 1

3:00 - 9:00 PM	Registration Open, Exhibitor & Poster Setup
4:00 - 5:30 PM	2026 Board of Directors & 2027 SEFS Planning Meeting
5:30 - 6:30 PM	Welcome Reception Location: TBD

Annual Research Dinner

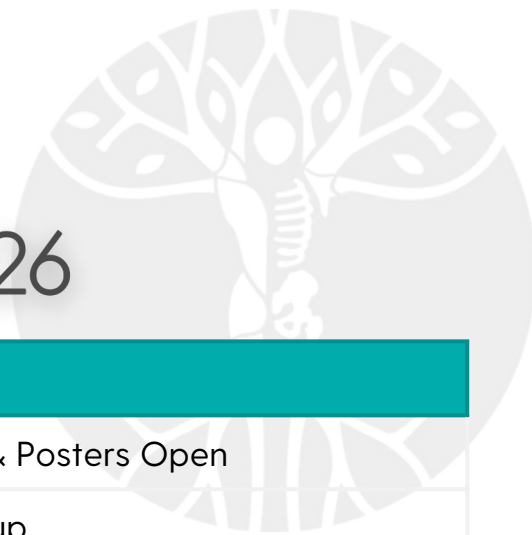
Location: TBD

Moderators:

6:30 - 6:45 PM	General Membership Meeting
6:45 - 7:45 PM	Outcomes and Analysis of Active Multi-Center Studies
7:45 - 8:45 PM	New Multi-Center Proposals and Presentations of Executive Summaries
8:45 - 10:00 PM	My Worst Case... and What I Learned: An Open Discussion Renowned for its intimate and candid atmosphere, this session invites attendees to share experiences and challenges both inside and outside of the operating room. Through open discussion of difficult and failed cases, participants gain valuable insights, lessons learned, and strategies to improve patient care while fostering camaraderie among colleagues. Attendees are encouraged to bring their own “worst case” to present, with a prize awarded for the most memorable case.

Agenda

Friday, January 30th, 2026



SEFS 2026 Day 2

7:00 AM - 7:00 PM Registration, Exhibitors, & Posters Open

7:00 - 8:00 AM Poster Set-up

7:00 - 8:00 AM Breakfast in Exhibit Hall

General Session

Location: TBD

8:00 - 8:15 AM Welcome & Introduction from SEFC President and Local Host

Session 1: Rapid Fire Case Discussions I

8:15 - 9:15 AM

Moderator:

Panelists:

Session 2: Geriatric Trauma & Periprosthetic Fractures

Moderator: Jenny Bruggers

9:15 - 9:30 AM Strategies for Geriatric Pelvic Ring Injuries

9:30 - 9:45 AM Geriatric Periprosthetic Femur Fractures: Hip

9:45 - 10:00 AM Geriatric Periprosthetic Femur Fractures: Knee

10:00 - 10:15 AM Tips & Tricks for Challenging Geriatric Hip Fractures

10:15 - 10:30 AM Fragile Bones: Taking Action on Osteoporosis

10:30 - 10:45 AM Questions & Discussion

Mid-Morning Break in Exhibit Hall

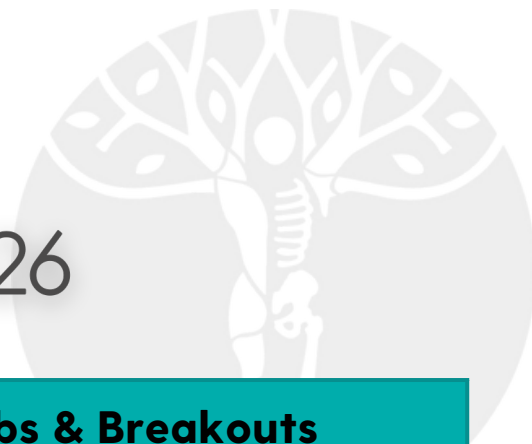
10:45 - 11:00 AM

Sponsored by:



Agenda

Friday, January 30th, 2026



Session 3: Morning Rounds - Skills Labs & Breakouts 11:00 AM - 12:00 PM

Sawbone Labs & Clinical Skills Lab I

Location: TBD

Sawbone Labs & Clinical Skills Lab II

Location: TBD

Sawbone Labs & Clinical Skills Lab III

Location: TBD

Building and Advancing Research Programs in Today's Environment

Location: TBD

Practice Perspectives: APP/PA Session

Location: TBD

Networking Lunch in Exhibit Hall

12:00 - 1:00 PM

Enjoy lunch while connecting with 2026 SEFS exhibitors & sponsors

Session 4: Lunch Time Rounds

12:00 - 1:00 PM

Enjoy round table discussions based on your role or level of practice.

Residency & Early Career Essentials

Location: TBD

Women in Ortho Trauma

Location: TBD

Building Effective Ortho Teams: APP/PA + MD Insights

Location: TBD

Innovation & Industry Collaboration: Tips for Engaging with Industry

Location: TBD

Agenda

Friday, January 30th, 2026



Session 5: When Things Go Wrong: Rapid Fire Case Panel

1:00 - 2:00 PM

Moderator:

Panelists:

Session 6: Lower Extremities

Moderator: *Madhav Karunakar*

2:00 - 2:15 PM	Pediatric Femoral Shaft Fracture Management	
2:15 - 2:30 PM	Fixation Strategies for Basicervical Femoral Neck Fractures	
2:30 - 2:45 PM	Pilon fractures: Nail or Plate?	
2:45 - 3:00 PM	Calcaneus Fractures: Fix or fuse?	
3:00 - 3:15 PM	Management of the Not So Simple Ankle Fracture	
3:15 - 3:30 PM	Questions & Discussion	

Afternoon Rounds in the Exhibit Hall: Walk, Talk, Taste!

3:30 - 4:00 PM

Join our faculty for a guided walk through the exhibit hall featuring food stops, networking opportunities, and insights from ortho-trauma leaders.



Agenda

Friday, January 30th, 2026

Session 7: Upper Extremities

Moderator: *Russell Norris*

4:00 - 4:15 PM	Tips and Tricks for Management of Elbow Instability	
4:15 - 4:30 PM	Distal Radius - When to NOT do a Volar Plate	
4:30 - 4:45 PM	What Happens after Functional Bracing Humerus Fails?	
4:45 - 5:00 PM	Managing Bone Loss In Upper Extremities	
5:00 - 5:15 PM	Questions & Discussion	

Session 8: Podium Research Presentation Competition

5:15 - 6:00 PM

Moderator: *Lisa Cannada*

<i>Research Innovation 1</i>	TBD
<i>Research Innovation 2</i>	TBD
<i>Research Innovation 3</i>	TBD
<i>Research Innovation 4</i>	TBD
<i>Research Innovation 5</i>	TBD
<i>Research Innovation 6</i>	TBD

UPDATE



**Read the 2026 Podium
Presentation Abstracts!**



2026 SEFS Research Focus

Friday, January 30th, 2026



UPDATE

Vote for the Podium Presentation Winners!

Scan the QR code and download the event app. Winners will be selected based on the top scores from our crowd voting.

Ratings are based on the following criteria:

1. **Methodology:** The methodology are described clearly and appropriately used.
2. **Significance and Impact:** Results/Conclusions are significant & advance the field.
3. **Presentation Execution:** Presentation was well executed, clear, and on time.



Session 9: Evening Rounds: Research Posters 6:00 - 7:15 PM

Moderator: Joseph Hsu, Jarrod Dumpe

Happy Hour & Networking Night

6:00 - 7:15 PM

Location: TBD

Please note this is a non-CME promotional event separate from the accredited educational content.

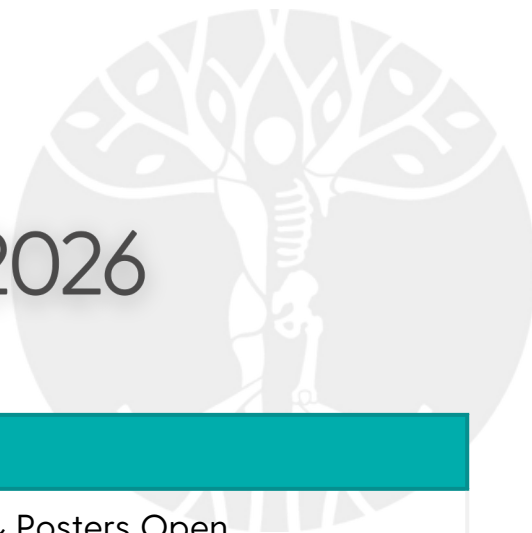
Faculty Dinner at -----

7:30 - 10:00 PM

By Invitation Only

Agenda

Saturday, January 31st, 2026



SEFS 2026 Day 3

7:00 AM - 12:30 PM

Registration, Exhibitors, & Posters Open

7:00 - 8:00 AM

Breakfast in Exhibit Hall

General Session

Location: TBD

Session 10: Rapid Fire Case Discussions II

8:00 - 9:00 AM

Moderator:

Panelists:

Session 11: Limb Salvage & Wound Management

Moderator:

9:00 - 9:15 AM

Traumatic Wound Coverage and Flaps (No
Plastics Required)

9:15 - 9:30 AM

Updates on Amputations: Upper Extremity

9:30 - 9:45 AM

Updates on Amputations: Lower Extremity

9:45 - 10:00 AM

Strategies for Management of Terrible Foot Injuries

10:00 - 10:15 AM

Wound Care: Preventing Infection & Complications

10:15 - 10:30 AM

Questions & Discussion

10:30 - 10:45 AM

Mid-Morning Break in Exhibit Hall

Agenda

Saturday, January 31st, 2026



Session 12: Complex Challenges in Orthopaedic Trauma

Moderator:

10:45 - 11:00 AM	Multimodal Pain Control	
11:00 - 11:15 AM	International Rounds: Trauma Without Borders	
11:15 - 11:30 AM	Lower Extremity Fracture Care in Diabetics	
11:30 - 11:45 AM	Nutrition & Bone Health	
11:45 AM - 12:00 PM	Management of Traumatic Knee Dislocations	
12:00 - 12:15 PM	Questions & Discussion	
12:15 - 12:30 PM	Closing Remarks	



UPDATE

Thank you for attending SEFS 2026!

Please use the QR Code or type in the web address to complete your post-course evaluation. An email will also be sent out to conference attendees with this information.



Upon completing the post-course evaluation, you will receive a CME certificate.



**Join us at
SEFS 2027!**

