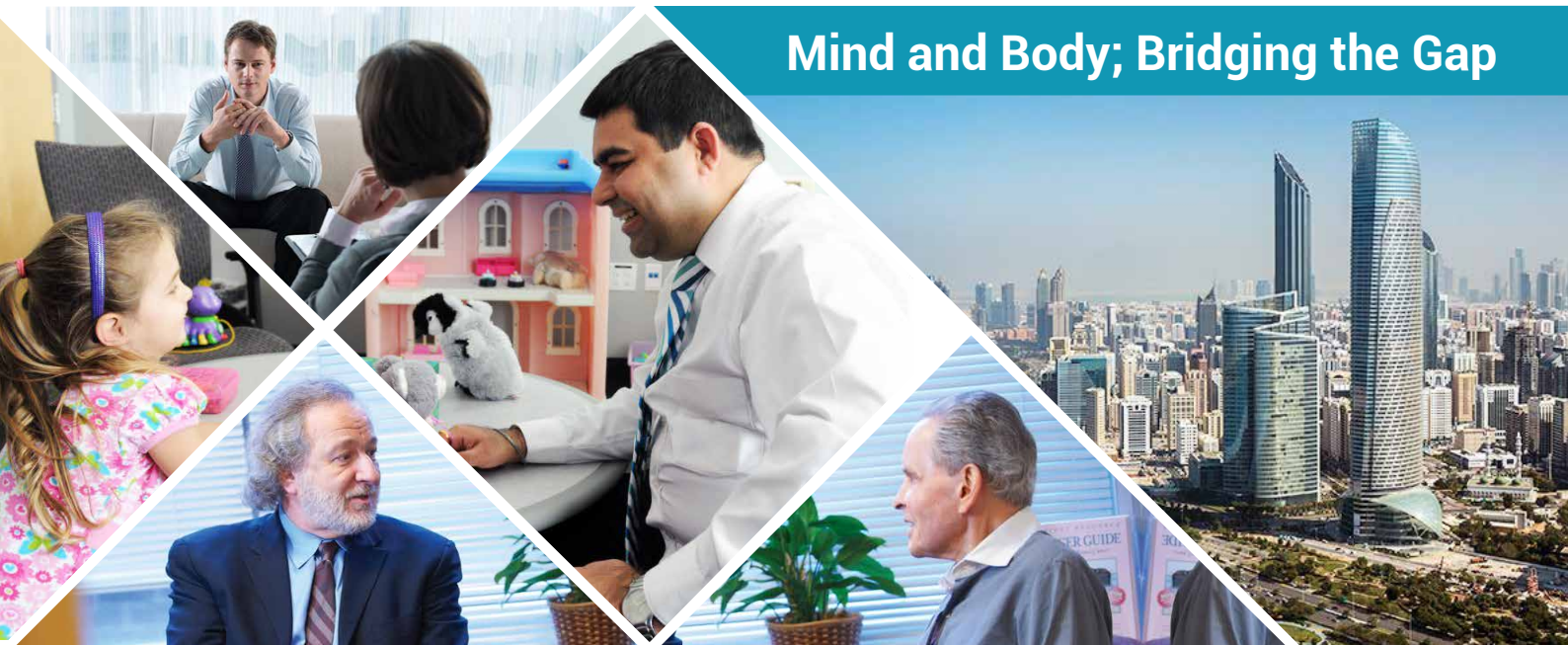




1st International Congress of the

World Association for Psychosocial Rehabilitation (WAPR) - Abu Dhabi

Mind and Body; Bridging the Gap



MARK
YOUR
CALENDAR



September 21-23, 2017

Abu Dhabi National Exhibition Centre
(ADNEC), Abu Dhabi, UAE

Under the Auspices



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World Association for Psychosocial Rehabilitation (WAPR)

"A global NGO in advocacy for the mentally ill"

About WAPR:

Established in 1986, WAPR is a multidisciplinary scientific association, and an advocacy group aiming to reduce the negative stigma associated with mental disorders, through the empowerment of mental health patients. The association serves as a key platform for global stakeholders to discuss updated and important issues within the mental health and psychosocial rehabilitation industry, and allows for an exchange of experiences to aid in the formulation of policies and research.

WAPR is a non-governmental organization, with consultative status in the World Health Organization (WHO), the United Nations Economic and Social Council, and the International Labour Office. The organization maintains close relations with the European Commission, the African Rehabilitation Institute, and many other international agencies.

WAPR Headquarters

C/ Paraguay 8, Coslada 28822 Madrid (Spain)
presidency@wapr.info
www.wapr.org

Welcome letter from the Honorary President of the Congress



Dear Colleagues,

Regarding the long-term Outcomes in Schizophrenia, the management was addressing Pre-1960s Improve self-care, reduce aggression, and reduce self- injury. between 1960- 70s to "survive" out of hospital and deinstitutionalization, in 1980s reduce relapse and minimize positive symptoms, while in 1990s increase "stable" periods and minimize negative symptoms, in 2000 and after that it was focusing on functionality and potential for remission i.e. rehabilitation.

Functional recovery lags behind symptomatic improvement, only 5% of research mentions functional recovery. Many new scales for assessment have been developed, for functional recovery rehabilitation". The goal of psychiatric rehabilitation is to help individuals with persistent and serious mental illness to develop the emotional, social and intellectual skills needed to live, learn and work in the community with the least amount of professional support.

Enabling persons with persistent and serious mental illness to live a normal life in the community causes a shift away from a focus on an illness model towards a model of functional disability Therefore, other outcome measures apart from clinical conditions become relevant, especially social role functioning - including social relationships, work and leisure as well as quality of life and family burden - is of major interest for the mentally disabled individuals living in the community.

The overall philosophy of psychiatric rehabilitation in mental disorders comprises two intervention strategies. The first strategy is Individual-centered and aims at developing the patient's skills in interacting with a stressful environment. The second strategy is ecological and directed towards developing environmental resources to reduce potential stressors. Most disabled persons need a combination of both approaches, Symptom control does not necessarily have the highest priority, as some side effects of pharmacological treatment can weaken a person's ability to perform his or her social roles. and impair vocational rehabilitation.

The rehabilitation program should start right from the first time the patient has come into contact with a mental health professional. A clinician waiting to start rehabilitation after the patient becomes asymptomatic, may not benefit the patient or the family in the long run.

Once the aim of psychiatric treatment is improving quality of life. the shift and emphasis of the future will be towards rehabilitation not as adjunct to pharmacotherapy but as a necessity.

Welcome to the first Abu Dhabi International Congress of World Association for Psychological Rehabilitation.



Prof. Ahmed Okasha

Honorary President of the Congress

MD., PhD, F.R.C.P., F.R.C., Psych., F.A.C.P (Hon.)

Founder, Professor and Emeritus Chairman

Institute of Psychiatry, Ain Shams University

President World Psychiatric Association (2002-2005)

Hon. President Egyptian Psychiatric Association

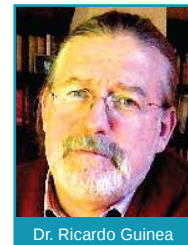
Hon. President Arab Federation of Psychiatrist

Member of the Egyptian Presidential Advisory Council of Distinguished Scientist



World Association for Psychosocial Rehabilitation

Association Mondiale Pour La Réadaptation Psychosociale
Asociación Mundial Para La Rehabilitación Psicosocial



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Oliver Wilson, Scotland

Welcome message

Dear Colleagues,

On behalf WAPR, I am very honored to address you as WAPR President to invite you to the **1st International Congress of the World Association for Psychosocial Rehabilitation (WAPR) - Abu Dhabi**, scheduled for 21-23 September 2017.

We expect this international conference, leaded by Dr. Medhat El Sabbahi, our Regional Vice-president, will be a mayor event in the region, and the ratification that Psychosocial Rehabilitation is in the agenda of the professionals in the region.

Psychosocial Rehabilitation is a philosophy of attention that has already proved in many countries to be effective in improving quality of life and promoting recovery in those people affected by serious mental illness and their families. According to well documented epidemiological data in Europe, this group accounts for 0.3 of general population. A group that needs specific and continuous support for their illnesses social handicaps associated, and constitute a very vulnerable and full of needs group, that needs community policies and supportive services in different domains of life to reach a decent standard of living.

This conference will be an excellent opportunity for many professional of the region and beyond the region, for exchange on the many aspects of Psychosocial Rehabilitation relevant updates; quality treatments, updated policies, recovery oriented services, research, participation, human rights in mental health, legislation, accessibility to job and accommodation for patients, accessibility to psychoeducation for families, etc.

I am sure that this will be very successful conference and will constitute a milestone in the region.

Yours sincerely,

Dr. Ricardo Guinea

Conference President

WAPR President, Madrid, Spain

Welcome message



Dr. Tarek Darwish



Dr. Medhat Elsabbahy

Dear Colleagues,

We are greatly honored to cordially invite you to attend and participate in the **1st International Congress of the World Association for Psychosocial Rehabilitation (WAPR) - Abu Dhabi** which is scheduled to be held at Abu Dhabi National Exhibition Centre (ADNEC) in Abu Dhabi, United Arab Emirates from **September 21-23, 2017** and hosted by Sheikh Khalifa Medical City - Behavioral Sciences Pavilion, SEHA (Abu Dhabi Health Services) & National Rehabilitation Center of UAE.

The congress theme is **"Mind and Body; Bridging the Gap"**. Hence, the program has been designed to provide a comprehensive overview and discussions of all the relevant issues concerning the care of people with mental disorders.

This will be the first time for the World Association for Psychosocial Rehabilitation (WAPR) to offer such an educational program in the region and the Middle East. This is considered a great chance for the attendees to update their knowledge, stimulate collaboration with each other and exchange experiences with distinguished line-up of experts.

The WAPR Congress is expected to be an exciting venue to hear and discuss the latest scientific advances in all disciplines pertinent to the field of psychiatric rehabilitation. The program aims to encourage the highest possible standards of clinical practice, to increase knowledge and skills about mental disorders and how they can be prevented and treated, to promote mental health, to promote the highest possible ethical standards in psychiatric work, to disseminate knowledge about evidence-based therapies and values-based practice.

The program will feature various psychiatric rehabilitation topics including current rehabilitation services and models of rehabilitation, cognitive remediation / rehabilitation, research in rehabilitation, incorporation of rehabilitation training in current education system, substance use disorders, rehabilitation in major psychiatric disorders. The program will also comprise other mental health related topics including, neurobiological aspects in bipolar disorders, psychopharmacology in bipolar disorders, neurobiological aspects in major depressive disorders, psychopharmacology in major depressive disorders, neurobiological aspects in schizophrenia, and psychopharmacology in schizophrenia, and many more topics.

Nationally and internationally renowned experts, world class scientists and thought leaders in the field of psychiatric rehabilitation and mental health are invited to give plenary and keynote lectures as well as symposia and workshops representing different fields of psychiatric rehabilitation and related disciplines to encourage exchange of knowledge, experience and best practices.

We hope that this meeting will be of great benefit to all participants in the region, we also hope and trust that you will enjoy your visit to Abu Dhabi, the capital of the United Arab Emirates and a vibrant and fast-growing city that combines state of the art facilities and infrastructure, as well as glimpse into an ancient and endless fascinating past.

Looking forward to welcome you in the magnificent city of Abu Dhabi during the golden autumn of 2017.

Please don't miss this opportunity!

A stylized handwritten signature in black ink.

Dr. Tarek Abdalla Darwish Selim

Conference Chairman

Consultant Psychiatrist & Medical Director,
SKMC, Abu Dhabi, UAE

A stylized handwritten signature in black ink.

Dr. Medhat Elsabbahy

Conference Director

Head of the Psychiatric Rehabilitation Dept.
SKMC, Abu Dhabi, UAE

International Committee

- **Dr. Ricardo Guinea, MD** - WAPR President, Hospital de Día Madrid, Spain
- **Dr. Afzal Javed, MD** - WAPR Immediate Past President, The Medical Centre, United Kingdom
- **Dr. Thyloth Murali, MD, DPM** - President Elect, Prof. and Head Dep. of Psychiatry, M.S.Ramaiah Medical College and Hospitals, Bangalore India
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- **Khaled Afify** - General Manager, MENA Conference, Abu Dhabi, UAE
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- **Dr. Shaimaa Al Ferdan** - Senior Clinical Psychologist and Head of the Psychology Department Behavioral Science Pavilion (BSP), SKMC, Abu Dhabi, UAE
- **SN Fareza Awwad** - Behavioral Science Pavilion (BSP), SKMC, Abu Dhabi, UAE
- **Baqilah Hassan Ali Mansoor** - Nursing Unit Manager Psychiatric Rehabilitation, Behavioral Science Pavilion (BSP), SKMC, Abu Dhabi, UAE

Accreditation

- HAAD Accreditation is under process
- WPA Accreditation is under process
- WAPR Accreditation
- PRA Accreditation is under process (for CPRP)
- European CME Accreditation is under process

Important Dates!

- **15th May, 2017**
Abstract Submission Deadline
- **1st September, 2017**
Early Bird Registration Closes

Regional Organizing Committee

- **Dr. Talaat Matar** - Consultant Psychiatrist, Prof. of Psychiatry, RAK University
- **Dr. Amna Turki** - Consultant Psychiatrist, Al Amal Hospital, MOH, UAE
- **Dr. Abdel Mohsen Al Homod** - Consultant Psychiatrist - Kuwait
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- **Dr. Yaser Bakkar** - Consultant psychiatrist, Community Services supervisor, Al Amal Complex for Mental Health
- **Dr. Hameed Hussein**, Consultant psychiatrist, Community Mental Health, Bahrain
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- **Prof. Dr. Hisham Ramy** - Professor of Psychiatry Ain Shams University, Chair of the Mental Health Trust, Egypt
- **Dr. Yaser Abdel Razek** - Professor of Psychiatry Ain Shams University
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- **Prof. Thyloth Murali, MD, DPM** - President Elect WAPR, Prof. and Head Dep. of Psychiatry, M.S.Ramaiah, Medical College and Hospitals
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- **Dr. Karam Fadhli** - Former Clinical Researcher into Adult and Forensic Psychiatry, Institute of Psychological Medicine and Clinical Neurosciences School of Medicine, Cardiff University
- **Dr. Mohamed Al-Garhy** - Consultant Psychiatrist, SKMC, Abu Dhabi, UAE
- **Dr. Medhat Elsabbahy** - Adjunct Professor of Psychiatry GMC University, Head of the Psychiatric Rehabilitation Department, SKMC, Abu Dhabi, UAE
- **Dr. Hadeer Abdel Rahman** - Specialist Psychiatrist, Behavioral Science Pavilion (BSP) SKMC, Abu Dhabi, UAE
- **Dr. Khadija Soleiman El-Hammasi** - Specialist Psychiatrist, Behavioral Science Pavilion (BSP) SKMC, Abu Dhabi, UAE

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- **Dori Hutchinson** - Chair of Psychiatric Rehabilitation Association, USA
- **Prof. Marianne Farkas** - Boston Rehabilitation Center, USA
- **Prof. Veronica Carey** - Prof. Psychiatric Rehabilitation, Drexel University, Chair of Psychiatric Rehabilitation Academy, Philadelphia, USA

Conference Objectives

- Review the latest evidence and best practices for the management and treatment of different issues related to psychiatric rehabilitation and mental and behavioral health disorders
- Describe fundamentals of quality improvement strategies of mental illness
- Evaluate and diagnose a selected group of common mental disorders using the most updated evidence based tools and apply it appropriately to fit regional special needs.
- Review practical real-life cases and pitfalls in various sub-specialties.
- Examine solutions to real-world clinical problems through case-based learning sessions
- Review current treatment guidelines and how to utilize them in clinical practice.
- Provide insight into patient needs and experiences and improve clinical practice
- Apply new knowledge in the diagnostic and therapeutic modalities presented in selected topics
- Formulate an appropriate approach that is suitable for local and regional experiences in some of the controversial issues in patients with mental and behavioral health disorders
- Perform hands-on workshops given by world-leading experts and tutors

Scientific Highlights

- Psychopharmacology in Bipolar Disorders
- Neurobiological aspects in Bipolar Disorders
- Psychopharmacology in major Depressive Disorders
- Neurobiological aspects in major Depressive Disorders
- Psychopharmacology in Schizophrenia
- Neurobiological aspects in Schizophrenia
- Current rehabilitation services and models of rehabilitation
- Cognitive remediation/ rehabilitation
- Research in rehabilitation
- Incorporation of rehabilitation training in current education system
- Gender specific rehabilitation services
- Service utilization among homeless and destitute
- Barriers in service utilization
- Stigma
- Role of NGO in rehabilitation
- Rehabilitation in special population
- Psychosocial interventions
- Economics and social cost
- Role of families in psychosocial rehabilitation
- Human rights and special privileges
- Policies and advocacy
- Psychotherapy and counseling
- Vocational Training and Employment
- Regional differences in rehabilitation world perspective
- Deinstitutionalization & Trans-institutionalization
- Community based rehabilitation
- Disaster and Mental Health
- Future of Rehabilitation
- Role of media in Rehabilitation
- Multidisciplinary Rehabilitation – integration
- Substance use disorders
- Rehabilitation in major Psychiatric Disorders

Key Features

- State of the art lectures
- Presentations by renowned speakers from all over the world
- Poster presentations and world class exhibits
- Interactive sessions
- Case Discussions
- Hands-on Workshops
- Platform for Global Networking
- Connecting Scientific Community

Target Audience

- Psychiatrists
- Psychologists
- Neurologists
- Psychiatric Rehabilitation Practitioners
- Occupational Therapists
- Physical Therapists
- Other Mental Health Professionals
- Speech Therapists
- Social workers,
- School Counselors
- Special Education Teachers
- Family Medicine
- General Practitioners
- Specialist Nurses and Therapists
- Nurses
- Pharmacists
- Policy makers, government, academia and other mental health professionals
- Residents & Fellows
- Medical Students



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Abu Dhabi National
Exhibition Centre
(ADNEC), Abu Dhabi, UAE

How to Register

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This conference has a limited capacity. Pre-registration is mandatory.

Personal Details

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JOB TITLE

PLACE OF WORK

CITY

MOBILE

TEL (WORK)

FAX

EMAIL

- ☐ Yes, I would like to receive information on future events and services by e-mail.
☐ I do not want my address to appear on the delegates list.

Registration Fees

Category / Standard rates in AED	
☐ Physicians / Doctors	AED 1250
☐ Nurses / Residents / Allied Health Professional	AED 1000
☐ Students	AED 600

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online / Credit card / Cheque/Bank drafts in AED.

All payment should be in favour of **MENA CONFERENCE**

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Please choose one of the following mode of payment

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Organizing Office

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For registration and further information, please contact

Mr. Afsal or Ms. Zandy

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Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

Event Venue



Abu Dhabi National Exhibition Center
Khaleej Al Arabi Street
P.O. Box 5546
Abu Dhabi, UAE



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Managed by

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