

New Mexico Nurse Practitioner Council 2022 Spring Conference

April 28-30
Pre-Conference Workshops
April 27

Nurse Practitioners
Caring for New Mexico



HOTEL ALBUQUERQUE
at old town

800 Rio Grande Boulevard NW • Albuquerque NM • 87104



*Nurse Practitioners
Caring for New Mexico*

Knowledge
Skills

&

Caring



Preliminary Brochure

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Important Dates

December 15 - Registration Opened

March 20 - Deadline to Apply for Conference Subsidy

March 30 - Hotel Albuquerque Reservation Block Ends

March 30 - Early Bird Registration Ends

March 30 - Online Registration Closes

April 27 - On site Registration Opens (Space Available)

General Information

Personal Comfort

Room temperatures in meeting facilities may vary. Please wear layers for your comfort. There will be NO SMOKING allowed at any time during the conference or associated activities.

COVID-19 Policy

As an organization of healthcare professionals, NMNPC is part of the solution during the ongoing pandemic. Continuing developments in the prevalence and spread of the virus, emergence of new variants and other as yet unknown conditions may require modifications in conference activities. The spring conference is a live event with our usual webinar option, but the volatility of the situation requires an alternative and safe plan for our conference that considers current state and local guidelines. We ask everyone to stay flexible. If you register for on site attendance, please understand NMNPC may convert your registration to the webinar option if necessary. If this occurs, there will be no refunds beyond our usual refund policy (see cancellation policy page 4). Some potential measures under consideration for our conference include:

- Changing some live event registrations to the webinar option.
- Allowing on site participants to transfer to webinar option at any time.
- Requiring vaccination or current negative COVID test for all on site participants.
- Requiring surgical masks or better for all on site participants (no cloth masks, gaters, valved masks, etc.)
- Increasing physical distancing resulting in reduced occupancy in meeting rooms.
- Providing color-coding system to identify each participant's preference for contact or social distancing.

**Breakfasts
Lunches
Breaks**

All Included!

CE Accreditation

This education activity will be submitted to the American Association of Nurse Practitioners® for approval of up to 36.25 contact hours.

Up to 2.0 contact hours of CE approved by other accrediting bodies will also be available.

For final approval information for each day & session, visit the conference page on our website.

Registration Information

Registration Procedure

All registration for the conference and the webinar is on line at the NMNPC [website](#). Non-members may join at the time of registration to enjoy the discounted member rate. Student members receive an additional discount.

Registration Fees

Registration for the three-day conference includes breakfasts, lunches and breaks each day for all registrants attending at **HOTEL ALBUQUERQUE**. Recorded conference presentations will be available for viewing for three months following the live conference. Registration for workshops requires an additional fee. This education activity will be submitted to the American Association of Nurse Practitioners® for approval of up to 36.25 contact hours of accredited education (this includes up to 6.0 hours for workshops). Another available workshop provides up to 2.0 contact hours (accredited by another approver).

FULL CONFERENCE	Members	Students	Non-Members
Early Bird Registration <i>Dec 15 to Mar 30</i>	\$450	\$300	\$600
Regular Registration <i>Mar 31 to Apr 20</i>	\$510	\$360	\$660
WORKSHOPS	Members	Students	Non-Members
Price Per Workshop <i>No early bird discount</i>	\$125	\$125	\$160

Registration Options

Registration fees are the same for either option:

- Attend presentations ***in person***
- Attend presentations via ***Zoom***

Both registration options give attendees the opportunity to view the recorded presentations for three months following the conference. This means attendees can mix and match attendance options. Attendees may also choose to attend every track on day three, getting more continuing education hours for the same fee.

Additional Information

Special Events

Planning is ongoing for other events to complement the continuing education sessions, including dinners or other industry-sponsored events. Watch for more information about these events coming soon.

Hotel Reservations

The special room rate for conference attendees is \$129/night (plus tax). HOTEL ALBUQUERQUE will honor the special rate for up to 3 days before and after the conference so you can extend your stay to enjoy the area. Call (800) 237-2133 to reserve a room or make your reservation on line [here](#). Reference the NMNPC conference and book before March 20 for the special room rate.

Force Majeure

If NMNPC finds it necessary to cancel or postpone this conference for any reason, including, but not limited to, COVID-19, low registration, strikes, acts of nature, war, terrorist acts or other circumstances beyond our control, NMNPC's liability shall be limited to refund of registration fees paid.

Cancellation Policy

Because presentations will be available for up to three months following the conference, NMNPC will not accept cancellation requests. Workshop cancellation requests require email notification to contact@NMNPCorg. NMNPC will consider workshop registration refunds at our discretion for emergency situations only. If approved, refunds are subject to an administrative fee up to \$60. **Please note** that NMNPC will not consider any workshop cancellation requests after March 30.

Area Information

The conference venue is located in Old Town, on Rio Grande Boulevard in Albuquerque. There are many activities and attractions nearby and we encourage you to extend your stay and enjoy the area before or after the conference. Available activities and attractions include:

Old Town Albuquerque

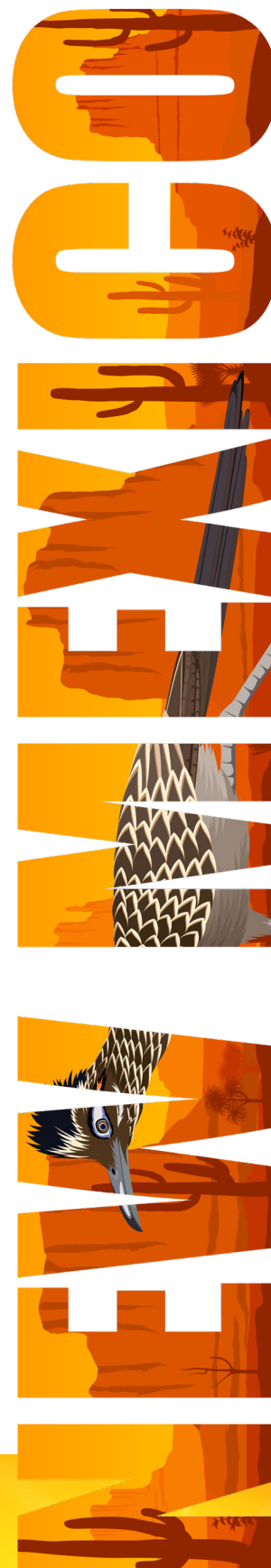
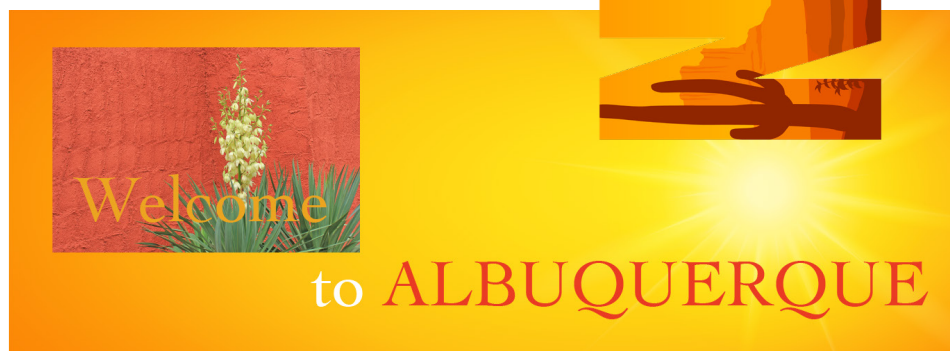
- The Planetarium
- Albuquerque Museum of Art and History
- New Mexico Museum of Natural History and Science
- iExplora!
- Rattlesnake Museum
- Turquoise Museum
- Art galleries and shopping

Albuquerque

- Museum of Nuclear Science
- Balloon Museum
- Albuquerque BioPark
- Indian Pueblo Cultural Center
- Sandia Peak Tramway
- Rio Grande Zoo and Albuquerque BioPark

Santa Fe

- Santa Fe Botanical Garden
- Museum of Indian Arts and Culture
- Museum of International Folk Art
- Historic Santa Fe Plaza



Hotel & Old Town Area Amenities

HOTEL ALBUQUERQUE is conveniently located in the heart of Old Town and is within walking distance to historic landmarks, restaurants, local shopping and many other attractions. The nearby Sawmill District is the site of Sawmill Market, a 25,000 square foot food court also housing bars, entertainment venues, art galleries and more.

The hotel is closed in January and February, and re-opening in March with renovated guest rooms and other amenities such as:

- Outdoor swimming pool with unparalleled views of the Sandia Mountains.
- Outdoor jetted hot tub — guests may also use the fitness center.
- Authentic regional New Mexican and Mexican cuisine at Garduño's Restaurant and Cantina.
- The southwest's first authentic Flamenco Tablao performances (check their schedule for performances).



HOTEL ALBUQUERQUE
at old town

Speakers

Wasim Alsamah, FNP-BC
UNM LoboCare Clinic • Albuquerque, NM

Amy Bachyrycz, PharmD
UNM College of Pharmacy • Albuquerque, NM

Janet Biancardi, CNP
NM Department of Health • Albuquerque, NM

Greg Brooks, FNP-C
Harding University • Searcy, AR

Aaron Buffington, PharmD
Kare Drug • Farmington, NM

Allison Burnett, PharmD
UNM • Albuquerque, NM

Vanessa Casares, NNP-BC, CPC
Pediatric Medical Group • Albuquerque, NM

Chris Cecil, DC, FNP-BC
Albuquerque Neck & Back Pain Center • Albuquerque, NM

George Davis, MD
Private Practice • Albuquerque, NM

Maxine Daggett, MSW, TTS
Optum, Inc. • Santa Fe, NM

Melanie Dodd, PharmD
UNM College of Pharmacy • Albuquerque, NM

Krista Dominguez-Salazar, PharmD
UNM College of Pharmacy • Albuquerque, NM

Gary French, MD
Santa Fe, NM

Leslie Hayes, MD
El Centro Family Health • Española, NM

Hunter Marshall, RN
Student, UNM FNP Program • Albuquerque, NM

Kristin Larson, AGNP-BC
United HealthCare • Salt Lake City, UT

Melissa Mason, MD
Journey Pediatrics • Albuquerque, NM

Martha Muller, MD
UNM • Albuquerque, NM

Michelle Peacock, FNP-BC
VA Medical Center • Albuquerque, NM

Michael Radetsky, MD.
Consultant in Pediatric Infectious Disease • Albuquerque, NM

James D. Rayl, ACNP-BC
VA Medical Center • Albuquerque, NM

Jennifer Robinson, WHNP-BC, CNM
UNM LARK Monitoring Program • Albuquerque, NM

Erik Rubach, AGACNP-BC
Hayes Locums • Albuquerque, NM

Melissa Salyers
Canine Castle • Farmington, NM

Sharon Schaaf, AGACNP
UNM College of Nursing • Albuquerque, NM

Jennifer Schneider, PhD, PMHNP-BC
UNM PMHNP Concentration Coordinator • Albuquerque, NM

Linda Siegle, JD
Resources for Change • Santa Fe, NM

Mikiko Takeda, PharmD
UNM College of Pharmacy • Albuquerque, NM

Virginia Valentine, CNS, BC-ADM, CDE
Clinica La Esperanza • Albuquerque, NM

Jo Wardell, TTS
Optum, Inc. • Santa Fe, NM

Mary Young, PharmD
UNM • Albuquerque, NM

Speaker Disclosures

All speakers must disclose any conflicts of interest and/or intent to discuss off-label use of a commercial product and will announce any such disclosures prior to the relevant presentation.

Objectives

- Identify important components of common nurse practitioner skills.
- Discuss the importance of resiliency and the ability to change in professional practice.
- Describe the clinical implications of anticoagulation, pediatric immunization, STDs, new glucose monitoring technologies and home dialysis.
- Assess the utility of using therapy animals in clinical practice.
- Provide examples of professional and legislative issues impacting nurse practitioners in New Mexico.
- Review current prescribing practices in contraception, antibiotic therapy, de-prescribing, ADD/ADHD, neuropathy and new pharmaceuticals.
- Describe methods to help patients save money on prescribed medications.
- Recognize the implications of cancer therapy on patients seen in primary care.
- Outline best practices for professional presentations.
- Discuss current COVID-19 concerns.
- Recognize useful techniques in providing care using telehealth.
- List the legal and clinical consequences of marijuana legalization in New Mexico.
- Identify elements of medical aid in dying in New Mexico



Workshops

Wednesday • April 27

AM Workshop 1

9:00 am - 12:00 pm

Basic Suturing Foundations for Clinical Practice

Greg Brooks, DNP, FNP-BC

AM Workshop 2

9:00 am - 12:00 pm

Addressing Commercial Tobacco/Nicotine Dependence

With Your Patients

Maxine Daggett, MSW, TTS & Jo Wardell, TTS

PM Workshop 1

12:30 - 2:30 pm

IUD Clinical Skills Practicum - Session 1

Jennifer Robinson, MS, WHNP-BC, CNM

3:00 - 5:00 pm

IUD Clinical Skills Practicum - Session 2

Jennifer Robinson, MS, WHNP-BC, CNM

5:30 - 7:30 pm

Nexplanon FDA Training (Free & Non-CE)

Jennifer Robinson, MS, WHNP-BC, CNM

PM Workshop 2

1:00 - 4:00 pm

Advanced Suturing & Digital Blocks: Taking Your Skills to the Next Level

Greg Brooks, DNP, FNP-BC

Information on Workshops

IUD & Nexplanon Implants

IUD clinical skills practicum has two sessions to accommodate for smaller groups. You only need to register for one session. The workshop will focus on hands on practice for IUD insertion and removal, in addition to covering some information about eligibility, contraindications and pain management during IUD insertion.

If you also need implant training, sign up for the required FDA Nexplanon training session (there is no fee or CE credit for this session). This two hour long training is required if you want to provide Nexplanon insertion or removal care and you need it to order Nexplanon for your patient care. If you already have this training, you do not need to repeat it unless you need a refresher course.

Basic & Advanced Suturing

Attendees may register for both the basic and advanced workshops, understanding that if attending both workshops, registrants will benefit more if they've had a previous suturing class. Registrants for the advanced workshop do best if they have a previous understanding of how to hold instruments and tie basic knots.

At the conclusion of the BASIC suturing workshop, attendees will be able to:

- Assess wounds and incorporate appropriate wound management in the clinical setting
- Use appropriate local anesthesia in preparing wounds for suturing
- Incorporate basic suturing techniques in the clinical setting including 1) simple, 2) vertical mattress & 3) corner stitch
- Review punch biopsy
- Discuss when to suture

At the completion of the ADVANCED suturing workshop, attendees will be able to:

- Perform digital blocks for applicable cases
- Manage irregular wounds to the face (lips, ears, eyelids, forehead), joint surfaces & unique body surfaces
- Use advanced suturing techniques including 1) subcutaneous, 2) continuous simple suture, 3) vertical & horizontal suture, 4) half-buried, 5) corner suture & 6) running subcuticular suture

Agenda

Thursday • April 28

6:20 - 6:50 am
Registration & Sign In

6:50 - 7:50 am
Breakfast Presentation (non-CE, hosted by TBD)
Topic TBD
Speaker TBD

8:00 - 9:00 am
Keynote Presentation
You Get To Decide
Vanessa Casares, MSN, NNP-BC

9:00 - 10:00 am
STDs: NM Statistics & Current Guidelines
Janet Biancardi, MSN, CNP

10:00 - 10:30 am
Break & Exhibits

10:30 - 11:15 am
Rare But Risky: Adverse Effects of Anticoagulation
Therapy
Allison Burnett, PharmD

11:15 am - 12:00 pm
ESRD Treatment Choice (ETC) Modality
Kristin Larson, MSN, AGNP-BC

12:00 - 12:45 pm
Immunizations: Current Recommendations & Address-
ing Vaccine Hesitancy
Melissa Mason, MD

12:45 - 1:45 pm
Lunch Presentation (non-CE, hosted by TBD)
Topic TBD
Speaker TBD

1:45 - 2:45 pm
Locums 101: How to Get Into the Travel Game as a
Provider
Erik Rubach, MSN, AGACNP-BC

2:45 - 3:15 pm
The Therapist May Lick Your Face
Melissa Salyers

3:15 - 4:00 pm
NMNPC Membership Meeting
Michelle Peacock, NMNPC President

4:00 - 4:30 pm
Break & Exhibits

4:30 - 5:00 pm
New Mexico Legislative Update
Linda Siegle, JD

5:00 - 5:30 pm
The Medical Malpractice Act
Linda Siegle, JD

5:30 - 6:15 pm
Multistate Licensure: Pros & Cons of the APRN
Compact
Linda Siegle, JD, & Panel

Agenda

Friday • April 29 Friday • April 29 Friday • April 29

7:00 - 7:50 am

Registration & Sign In

Breakfast Presentation: Topic TBS (non-CE, hosted by TBD)

Speaker TBD

8:00 - 9:00 am

Contraceptive Update

Jennifer Robinson, MS, WHNP-BC, CNM

9:00 - 10:00 am

New Cancer Drugs: What PCPs Need to Know

Mary Young, PharmD

10:00 - 10:30 am

Break & Exhibits

10:30 - 11:30 am

The Drug Plug: A New Drug Update

Amy Bachyrycz, PharmD

11:30 am - 12:30 pm

The \$4 Formulary & Other Ways to Save

Aaron Buffington, PharmD

12:30 - 1:30 pm

Lunch Presentation: Topic TBD (non-CE, hosted by TBD)

Speaker TBD

1:30 - 2:30 pm

The Big Three: Strep Throat, Acute Otitis Media & UTI

Michael Radetsky, MD

2:30 - 3:30 pm

Deprescribing: Building Relationships with Patients Across the Life Span & Assessing Patients' Medications in Advanced Years

Krista Dominguez-Salazar, PharmD & Melanie Dodd, PharmD

3:30 - 4:00 pm

Break & Exhibits

4:00 - 5:00 pm

Pharmacologic Therapy for Peripheral Neuropathy

Mikiko Takeda, PharmD

5:00 - 6:00 pm

Pharmacologic Therapy of ADD/ADHD in the Pediatric Population

George Davis, MD

pharmacology

Agenda

Saturday • April 30

6:20 - 6:50 am
Registration & Sign In

6:50 - 7:50 am
Breakfast Presentation Topic TBD (non-CE, hosted by TBD)
Speaker TBD

AM Breakout 1 Best Practices for Presenting

8:00 - 9:00 am
Creating Readable Slides
Sharon Schaaf, DNP, FNP, AGACNP

9:00 - 10:00 am
Lighting, Background, Recording, Podcasts
Sharon Schaaf, DNP, FNP, AGACNP

10:00 - 10:30 am
Break & Exhibits

10:30 - 11:30 am
Use of Presentation Technologies
Sharon Schaaf, DNP, FNP, AGACNP

11:30 am - 12:30 pm
Creating an Effective Poster Presentation
Sharon Schaaf, DNP, FNP, AGACNP

AM Breakout 2 Potpourri

8:00 - 9:00 am
Update on End of Life & Dying Bill
Hunter Marshall, BSN, RN & Rep. Deborah Armstrong

9:00 - 10:00 am
Telehealth Update 2022
James D. Rayl, MSN, ACNP-BC

10:00 - 10:30 am
Break & Exhibits

10:30 - 11:30 am
Pens & Pumps & Sensors . . . Oh, My!
Virginia Valentine, CNS, BC-ADM, CDE

11:30 am - 12:30 pm
The New Mexico Medical Cannabis Program: What Clinicians Need to Know!
Gary French, MD

PM Breakout 1 COVID-19 Update

1:30 - 2:15 pm
Mental Health Impacts of the Pandemic Across the Lifespan
Jennifer Schneider, PhD, PMHNP-BC

2:15 - 3:00 pm
Talking to Patients About COVID-19 Vaccines
Wasim Alsamah, MSN, FNP-BC

3:00 - 3:30 pm
Break & Exhibits

3:30 - 4:15 pm
Long-Haul COVID in the Pediatric Population
Leslie Hayes, MD

4:15 - 5:00 pm
Update on COVID Therapeutics
Martha Muller, MD

PM Breakout 2 Skills Review

1:30 - 2:15 pm
Interpretation & Documentation of Common Labs
Kristin Larson, MSN, AGNP-BC

2:15 - 3:00 pm
12-Lead EKG - Clinically Significant Findings
Sharon Schaaf, DNP, FNP, AGACNP

3:00 - 3:30 pm
Break & Exhibits

3:30 - 4:15 pm
Beginning Chest Radiograph Interpretation
Greg Brooks, DNP, FNP-BC

4:15 - 5:00 pm
Trigger Point: Diagnosis & Treatment
Chris Cecil, DC, FNP-BC

Handouts

Handouts will be available for download from the NMNPC website as speakers make them available prior to the conference. You may also purchase speaker handouts on a USB drive. Purchased USBs will be available onsite with badge pickup. For hard copies, please download & print them prior to the conference. Although there will be wi-fi available, the Education Committee highly recommends downloading handouts prior to the conference due to potential heavy use causing connectivity problems.



Questions?

contact

Rachel Bevan

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RBevan@NMNPC.org

Register Online

www.NMNPC.org

 Find us on
Facebook



Rachel Bevan
Kate Goldblum
James D Rayl
Shawna Read
Desree Sowers
Marianna Sunderlin

Education Committee



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