



ABOUT AREA ATTRACTIONS

COLLEGE PARK & HYATTSVILLE

College Park, the ultra-cool college town, and her sister city, hip haven Hyattsville, have so much to offer! Home of the **University of Maryland**, College Park is the place for fantastic dining, concerts, shows, and breathtaking green spaces. Just down the road in Hyattsville, find family friendly biking, great street festivals, and an eclectic arts scene nestled into the historic downtown with studios and globe-spanning restaurant options.

Some highlights include the **College Park Aviation Museum** (www.mncppc.org/1593/College-Park-Aviation-Museum) is dedicated to the world's oldest continually operating airfield where Wilbur Wright taught the first military pilots to fly. Take a break at **Lake Artemesia** (www.pgparcs.com/3244/Lake-Artemesia-Natural-Area) and enjoy the aquatic gardens and birdwatching. Dig into research at the College Park Branch of the **National Archives**, the National Agricultural Library, the Michelle Smith Library for Performing Arts, and the Center for Physics.

There are so many ways to play outside in the area. Play disc golf, go for a swim, schedule a tee time, and explore via bicycle. Check out the **Rhode Island Avenue Trolley Trail**, a former streetcar line from Washington DC that is a flat, easy-to-ride trail and a great way to explore the unique neighborhoods and retail options of Hyattsville.

WASHINGTON, DC

Don't miss **the memorials**: the Martin Luther King, Jr. National Memorial (www.nps.gov/mlkm); the Jefferson Memorial (www.nps.gov/thje); the Korean War Memorial (www.nps.gov/kowa); the Vietnam Veterans Memorial (www.nps.gov/vive), and the Lincoln Memorial (www.nps.gov/linc).

Visit **Capitol Hill** and see the Library of Congress, the world's largest library, and the Supreme Court. To the

east lies a neighborhood of fine Victorian row houses, diverse restaurants and boutiques. Wander over to the beautifully restored Union Station (www.unionstationdc.com) for more shopping and dining.

Some of the **top museums** include the National Museum of Health and Medicine (www.medicalmuseum.mil); the United States Holocaust Memorial Museum (www.ushmm.org); the National Air and Space Museum and Einstein Planetarium (www.airandspace.si.edu); and the International Spy Museum (www.spymuseum.org). Don't miss the **Smithsonian** museums (www.si.edu), world-class attractions with a variety of exhibits ranging from a 3.5 billion-year-old fossil to the Apollo lunar landing module. Admission to all Smithsonian museums is free, including the National Air and Space Museum, National Museum of Natural History, National Postal Museum and the National Zoo.

More **unique stops** include the Arlington National Cemetery (www.arlingtoncemetery.mil), with the changing of the guard at the Tomb of the Unknown Soldier, the eternal flame, the Women in the Military Memorial, and the view from Robert E. Lee's house; Ford's Theater and The Peterson House (fords.org), where President Lincoln was shot, and the house where he died; the National Archives (archives.gov), where you can view the Declaration of Independence, the Bill of Rights, and the Constitution; the Bureau of Engraving and Printing (moneyfactory.com); and the Washington National Cathedral (cathedral.org).

Various **tours** of DC are available, including self-guided walking tours through Cultural Tourism DC (www.culturaltourismdc.org), which include Civil War to Civil Rights and Neighborhood Heritage Trails of U Street; and Washington Walks (www.washingtonwalks.com), where guides reveal the stories and sites from U Street to Georgetown and Embassy Row's Beaux-Arts grandeur to the most haunted houses.

Visit www.washington.org and www.visitmaryland.org for more information on area attractions and activities!

ABOUT THE PODIATRY INSTITUTE

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

UPCOMING CONFERENCES

NOV 3-6, 2022
SANIBEL
32nd Annual
Sanibel
Conference

DEC 2-4, 2022
CHICAGO
Windy City
Conference
with Illinois PMA

FEB 2-4, 2023
PARK CITY
The 30th Annual
Winter Conference
with Utah PMA

APR 13-16, 2023
PHOENIX
Valley of the Sun
Conference
with Arizona FAMA

APR 27-30, 2023
NEWPORT
Surgical Pearls
by the Sea
with Rhode Island PMA

MAY 18-21, 2023
LITTLE ROCK
Foot & Ankle Surgery
Building Blocks for Success
with Arkansas PMA

JUN 22-25, 2023
HILTON HEAD
Footprints in the
Sand Conference
with South Carolina PMA

JUL 20-23, 2023
PORTLAND, ME
Foot & Ankle Surgery
Building Blocks for Success
with Maine PMA

SEP 21-24, 2023
SAN DIEGO
42nd Annual
UPDATE 2023
with San Diego PMS

OCT 13-15, 2023
MID-ATLANTIC
Mid-Atlantic
Conference
with Mid-Atlantic PMA

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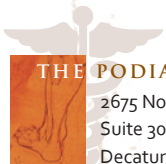
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The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2022



THE PODIATRY INSTITUTE

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October 14-16



THE PODIATRY INSTITUTE

2022 MID-ATLANTIC PODIATRY CONFERENCE

WITH JOINT PROVIDER

MID-ATLANTIC PODIATRIC
MEDICAL ASSOCIATION
(REGION 8)

This is a PICA approved
risk management seminar.

PICA

FRIDAY

OCTOBER 14

7:00 AM **BREAKFAST WITH THE EXHIBITORS**

7:20 AM **WELCOME TO THE 2022 MID-ATLANTIC PODIATRY CONFERENCE**

7:30 AM **PODIATRIC POTPOURRI**

Immobilization and DVT Prophylaxis

Risk Analysis of Chemical Prophylaxis for DVT

Interdigital Maceration — Not Just Tinea

HUAIRS (HEPA Ultraviolet Nonturbulent Air Recirculation Systems)

How Deformity Principles Apply to Everyday Foot and Ankle Surgery

Pan Metatarsal Head Resection

Expanding Role of PCR Technology in Podiatric Medicine
Question & Answer

10:00 AM **BREAK — VISIT EXHIBITS**

10:45 AM **WORKSHOPS**

NOTE: YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS. THERE WILL BE SEPARATE SIGN-IN SHEETS.

Hands-on workshops featuring the latest techniques & technologies

10:45 AM **ROTATION ONE**

Fundamental Skills “Hands-On” Biopsy Workshop

This is the first part of a two-part series on common skin, nail, nerve, and bone biopsy indications, techniques, and practice management coding for podiatrists. A comprehensive overview of fundamental biopsy best practices, indications, techniques will be covered for punch biopsy, tangential biopsy, nail unit biopsy, and ulcer biopsy.

Moderator: William P. Scherer, DPM

11:50 AM **ROTATION TWO**

Advanced Skills “Hands-On” Biopsy Workshop

This is the second part of a two-part series on common skin, nail, nerve, and bone biopsy indications, techniques, and practice management coding for podiatrists. A comprehensive overview of innovative and advanced biopsy best practices, indications, techniques will be covered for advanced innovative biopsy techniques, epidermal nerve fiber density, fine needle aspiration, incisional biopsy, bone biopsy, and plastic surgery skin flaps. It is helpful, but not mandatory, to attend part one of the biopsy workshop series to attend the second session.

Moderator: William P. Scherer, DPM

12:45 PM **LUNCH**

1:30 PM **RECONSTRUCTIVE & FOREFOOT SURGERY**

Surgery for Morton’s Neuroma

Management of Lesser MTPJ Arthritis

Plantar Plate Repair in Hammertoe Correction

Mini-Open Lapidus

Hammertoe Correction — The Cost of Being Straight
Question & Answer

3:30 PM **BREAK — VISIT EXHIBITS**

4:15 PM **DIABETES & NEUROPATHY**

Lower Extremity Peripheral Nerve Injury I:
Assessment and Classification

Lower Extremity Peripheral Nerve Injury II:
Treatment Options

Lower Extremity Peripheral Nerve Injury III:
Peripheral Nerve Stimulators

Charcot Complications: The Bad, The Worse, The Ugly
Question & Answer

6:15 PM **FRIDAY SESSION ADJOURNS**

UP TO 20 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and **Mid-Atlantic Podiatric Medical Association**. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **20 continuing education contact hours**.



SATURDAY

OCTOBER 15

7:00 AM **BREAKFAST WITH THE EXHIBITORS**

7:30 AM **CHALLENGING
RECONSTRUCTIVE SURGERY**

Posterior Calcaneal Osteotomy with Flexor Tendon Transfer in PTTD

Double Hindfoot Arthrodesis

Midfoot Arthrodesis with the Trepine Technique

Sub-Talar Joint Instability: Does It Exist?

Ankle Sprains — Lateral Ankle Ligament Repair

Zadek Calcaneal Osteotomy for Insertional Achilles Tendinopathy

Question & Answer

10:15 AM **BREAK — VISIT EXHIBITS**

11:00 AM **PANEL DISCUSSION
Foot & Ankle Surgery Complications**

Robert Hallivis, DPM, FACFAS, et al.

1:00 PM **LUNCH WITH VENDORS & COLLEAGUES**

1:45 PM **FIRST RAY SURGERY**

HIPJ Arthrodesis

"Traditional" Bunion Surgery = 70% Recurrence: Fact or Fiction

Minimally Invasive Distal Bunionectomy

1st MTPJ Implants: Viable Option or Not?

Minimally Invasive MTPJ Fusion

Question & Answer

4:30 PM **BREAK — VISIT EXHIBITS**

5:15 PM **RISK MANAGEMENT SESSION
Navigating Forefoot Surgical Complications**

Complications unfortunately happen to all surgeons. It is important to identify them when they occur so we can learn from them and hopefully avoid them in future cases. Several forefoot surgeries with complications will be shown and broken down to identify the etiology of the complication and the treatment rendered to try to produce a satisfied patient.

Note: There will be a separate sign-in for this lecture.

6:15 PM **SATURDAY SESSION ADJOURNS**

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine and Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.



SUNDAY

OCTOBER 16

7:30 AM **BREAKFAST**

8:00 AM **TOPICS OF INTEREST**

Informed Consent

When to Consult

Ortho-geriatrics: Treating Lower Extremity Deformity in Aging Population

Principles of External Fixation: It's Not Just an Expensive Cast

TBA

Question & Answer

10:00 AM **BREAK**

10:15 AM **WOUND CARE**

Skin Substitute Options for Complex Wounds

Hyperbaric Oxygen Therapy and Wound Healing

The Key to Healing a Complicated Wound

Question & Answer

12:30 PM **CONFERENCE ADJOURNS**

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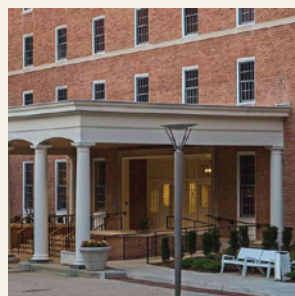
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*Assistant Professor, Department of Orthopaedics
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Each speaker is required to disclose the existence of any financial and or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

MARRIOTT HOTEL & CONFERENCE CENTER

Located on the University of Maryland campus, the **College Park Marriott Hotel & Conference Center**



offers redesigned accommodations and thoughtful amenities. Recharge in elegantly designed rooms and suites. Work out in the 24-hour fitness center or indulge in delicious American cuisine at the reimagined restaurant

and bar. A refreshing stay awaits you!

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(mention **The Podiatry Institute** for special rate)

Rate: \$129-\$149 (plus tax, subject to change without notice)

Register online via the link on the Mid-Atlantic page at www.podiatryinstitute.com

A block of rooms has been reserved and will be held until it is full or **September 21, 2022**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable October 12-16, 2022 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

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(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, please call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.



OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit
www.podiatryinstitute.com

MID-ATLANTIC CONFERENCE REGISTRATION

☐ \$565 on or before 9/30/22

☐ \$715 after 9/30/22 or at the door (**Credit Card ONLY**)

☐ \$340 Retired Podiatrists or Active Military

☐ \$125* Student or Resident with letter from Residency Director
**DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.*

☐ Special Seminar Rate for **APMA Young Members.**
Call 888.833.5682.

☐ Food functions are open to **registered attendees only.** Additional meal packages can be purchased for family/ guests. Includes 3 breakfasts, 2 lunches and 5 breaks.

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☐ \$665 Webinar on or before 9/30/22

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PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

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CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.

