



The Ritz-Carlton, Grand Cayman
January 28-31, 2026

STATEMENT OF NEED

This activity is designed to help clinicians learn how to manage individual patients undergoing complex surgery so they emerge faster, with less pain, nausea and vomiting, and cognitive decline; and hasten the return of functional status. The activity will also facilitate adoption of systems- based practice to improve population health in surgical patients.

TARGET AUDIENCE

Anesthesiologists, hospitalists, intensivists, pain management physicians; CRNAs.

LEARNING OBJECTIVES

- Provide standardized perioperative care, with an emphasis on safe practice of regional anesthesia and appropriate use of perioperative opiates, for patients undergoing orthopedic and other peripheral surgery.
- Manage patients at risk of major bleeding and those undergoing massive transfusion.
- Work at an institutional level to develop, implement, and refine enhanced recovery programs after surgery.

CREDIT

PeerPoint Medical Education Institute designates the live format for this educational activity for a maximum of 26.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

REGISTRATION

Register online at: <https://www.destinationcme.com/s/shop>

The course fee is **\$2,199** for physicians and nurse anesthetists, and includes the electronic conference syllabus, continental breakfasts and refreshment breaks.

BONUS SESSIONS FOR EARLY ARRIVALS!

"Evening with the Professors" via Zoom - **2 CME/CE Credits**

January 27, 2026

4:00 - 6:00 PM

-Trauma Anesthesia

-Premedication/Anxiety Reducing Strategies for Pediatric Patients

OPTIONAL SAIL EXCURSION!

"Sunset Sail with the Professors" (Case discussion) - **2 CME/CE Credits.**

January 29, 2026

5:00 - 7:00 PM

\$249 per person

CANCELLATION POLICY

Cancellation will be accompanied by a \$250 penalty. Canceling registration will mean forfeiting access to our room block. There will be no refunds for cancellations after December 23, 2025.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of PeerPoint Medical Education Institute and Destination CME. PeerPoint Medical Education Institute is accredited by the ACCME to provide continuing medical education for physicians.

FACULTY

Anoushka Afonso, MD
 Memorial Sloan Kettering Cancer Center

Joshua M. Zimmerman, MD
 University of Utah

Michael Fitzsimons, MD
 Massachusetts General Hospital

Justin E. Richards, MD (via Zoom)
 University of Maryland School of Medicine

Keith Jonathan Ruskin, MD (via Zoom)
 University of Chicago

BobbieJean Sweitzer, MD
 Inova Health; University of Virginia

Andrew B Leibowitz, MD
 Mount Sinai Health System

Daniel Katz, MD
 Icahn School of Medicine at Mount Sinai

Natalie Barnett, MD (via Zoom)
 Medical University of South Carolina

Peter Douglas Slinger, MD (via Zoom)
 University of Toronto

MEETING SCHEDULE

Tuesday, January 27, 2026

4:00pm	"Evening with the Professors" via Zoom (2 CME/CE credits) Damage control resuscitation in traumatic hemorrhage - It is more than fixing the holes and filling the tank	Justin E. Richards, MD
5:00pm	Premedication/Anxiety Reducing Strategies for Pediatric Patients	Natalie Barnett, MD
6:00pm	Adjourn	

Wednesday, January 28, 2026

7:00am	Continental Breakfast	
7:30am	2024 AHA/ACC Cardiac Eval for Noncardiac Surgery Guideline	BobbieJean Sweitzer, MD
8:30am	Ten Years as Chair – Lessons Learned	Andrew B. Leibowitz, MD
9:30am	Coffee Break	
10:00am	Perioperative Considerations for Patients Taking GLP-1 Receptor Agonists	BobbieJean Sweitzer, MD
11:00am	Tracheal Intubation In Out of OR Setting	Andrew B. Leibowitz, MD
12:00pm	Perioperative Considerations for the Cancer Patient	Anoushka Afonso, MD
1:00pm	Questions and Answers	John E. Ellis, MD & Faculty
1:30pm	Adjourn	
5:30pm-7:00pm	Welcome Reception	

Thursday, January 29, 2026

7:00am	Continental Breakfast	
7:30am	Improving Patient Outcomes in Ambulatory Oncology Surgery: Recent Update	Anoushka Afonso, MD
8:30am	Breaking Barriers: Fluid Management	Andrew B. Leibowitz, MD
9:30am	Coffee Break	
10:00am	Cardiovascular Critical Care: The First 72 Hours	Michael Fitzsimons, MD
11:00am	Rescue TEE for the Non-cardiac Anesthesiologist	Joshua M. Zimmerman, MD
12:00pm	Women in Anesthesiology: Past, Present & Future	Anoushka Afonso, MD
1:00pm	Questions and Answers	John E. Ellis, MD & Faculty
1:30pm	Adjourn	
5:00pm-7:00pm	OPTIONAL: "Sunset Sail with the Professors" (Case discussion with 2.0 CME/CE credit)	John E. Ellis, MD & Faculty

Friday, January 30, 2026

7:00am	Continental Breakfast	
7:30am	Perioperative Anemia (Evaluation and Rx)	BobbieJean Sweitzer, MD
8:30am	Abdominal Ultrasound for the Perioperative Physician - Yes, It's for You!	Joshua M. Zimmerman, MD
9:30am	Coffee Break	
10:00am	Suicide in Anesthesiologists	Michael Fitzsimons, MD
11:00am	Principles and Application of Perioperative Lung Ultrasound	Joshua M. Zimmerman, MD
12:00pm	Substance Use in Anesthesiologists	Michael Fitzsimons, MD
1:00pm	Questions and Answers	John E. Ellis, MD & Faculty
1:30pm	Adjourn	

Saturday, January 31, 2026

7:00am	Continental Breakfast	
7:30am	Thoracic Anesthesia: Lung Isolation and One-Lung Ventilation	Peter Douglas Slinger, MD
8:30am	Management of Acute Stroke	Keith Jonathan Ruskin, MD
9:30am	Coffee Break	
10:00am	Simulation/Education/PI: Serious Gaming and Virtual Reality in Medicine	Daniel Katz, MD
11:00am	Simulation/Education/PI: Performance Improvement and Root Cause Analysis	Daniel Katz, MD
12:00pm	Neuraxial Adjuvants for Cesarean Delivery	Daniel Katz, MD
1:00pm	Questions and Answers	John E. Ellis, MD & Faculty
1:30pm	Adjourn	

ACCOMMODATIONS

Discover **The Ritz-Carlton, Grand Cayman**, and experience a place where sparkling blue waters blend seamlessly with the sand and the sky. Hidden away in the western Caribbean Sea, the Cayman Islands are a tropical paradise for divers, snorkelers, fishermen, and water sports enthusiasts alike.

From the white sands of Seven Mile Beach to world-renowned restaurants, The Ritz-Carlton, Grand Cayman offers guests an unforgettable and luxurious escape.



We have secured a block of rooms exclusively for course registrants, at the following special group rates applicable 3 days before and 3 days after the meeting, subject to availability:

Garden View: **\$577** per night
Resort View: **\$597** per night
Ocean Front: **\$797** per night



You must register and pay for the conference in order to receive the special group rates. Reservation instructions will be provided in your registration confirmation. Reservations must be made prior to **December 23, 2025** to secure this rate. **Limit one room per registrant.**

GETTING THERE

The resort is located 15 minutes from Grand Cayman's Owen Roberts International Airport (GCM). The airport is served by Cayman Airways and the following airlines: American, Delta, Air Canada, British Airways, Jet Blue and Southwest.

DESTINATION INFORMATION

For more information, we invite you to visit the following websites:

www.caymanislands.ky
www.divecayman.ky



UPCOMING

GRAND CAYMAN
January 27-30, 2027

www.destinationCME.com

ANESTHESIA CAMP

Grand Cayman



Grand Cayman
The Ritz-Carlton
January 28-31, 2026

ACTIVITY MEDICAL DIRECTOR

John E. Ellis, MD

Adjunct Professor

Perelman School of Medicine at the
University of Pennsylvania

Visiting Assistant Professor

Miller School of Medicine at the
University of Miami

Provided by:

