



Maine Osteopathic Association: 2023 Midwinter Symposium

February 10-11, 2023 | 20.5 AOA Category 1A, AMA PRA Category 1 Credits™ & Other Credit Types Pending

***Draft Agenda (As of December 15th, 2022), subject to change**

Friday February 10th, 2023: Live In Person Sessions, 10.0 CMEs (7.0 single track)

9:00am	Registration Desk Opens
<i>MORNING WORKSHOPS:</i>	
10:00am-12:00pm	Opening Workshop with Keynote Speaker -- Influence in turbulent times: Adopting a leadership model for excellence in the exam room and beyond , Presented by Kenneth G. Brown, PhD
12:00pm-1:00pm	Lunch Workshops Financial Success at Any Age: SaveWell by Baystate--Two tailored sessions for Early and Late Career Physicians led by Michael Genetti, Rob LaRochelle, and Chris Perry of Baystate Financial
<i>AFTERNOON TRACKS: Choose from two concurrent tracks to watch live and watch the other track via recordings post-event!</i>	
TRACK A:	<i>2.5 CMEs</i>
1:00pm -2:00pm	External Factors Contributing to Cardiac Disease: The research and how it can impact policy, Presented by Loren Wold, PhD
2:00-3:00pm	DOing the Research! How to Honor & Contribute to the Body of Osteopathic Research, Presented by Emil Lesho, DO
3:00-3:30pm	EXHIBIT HALL BREAK
3:30-4:30pm	Research Forum Podium Presentations from Top Resident & Student Submissions -- TBA
TRACK B:	<i>2.5 CMEs</i>
1:00pm -2:00pm	Low dose naltrexone - High voltage applications! Presented by Brian Kaufman, DO & Andrew Gray, PharmD
2:00-3:00pm	Legal Medicine Pot Pourri --Navigating Liability & Risk in Today's Medical Practice Environment, Presented by Joseph D. Piorkowski, Jr., DO, JD, MPH
3:00-3:30pm	EXHIBIT HALL BREAK
3:30-4:30pm	Words Matter: An SUD Guide, Presented by Elisabeth Fowlie-Mock, MD
<i>PLENARY SESSION:</i>	
4:30pm-5:30pm	CDC Update
FRIDAY SPECIAL EVENTS	
5:30pm -7:00pm	Opening Reception & Silent Auction to benefit the MOEF -- live entertainment, apps & cash bar
7:15pm	<i>Optional:</i> Mariner's Hockey Home Game @ Cross Insurance Arena-- tickets available for attendees & guests!
Saturday February 11th, 2023: Live In Person Sessions, 8.5 CMEs	
7:00-8:00am	Breakfast Session: Winter Hazards for the Aging Patient, Presented by Lauren Hall, DO
8:00-9:00am	Opioid Use Disorder or Pain Management: Getting it Right, Presented by Lewis Mehl-Madrona, MD
9:00-10:00am	Laboratory workup and management in inflammatory disorders, Presented by Charles Radis, DO
10:00-10:30am	EXHIBIT HALL BREAK
10:30am-12:00pm (1 CME)	MOA Business Meeting & Updates on the Osteopathic Profession
12:00-1:00pm	Luncheon Keynote: What next? Framing a diversity journey for mutual gain , Presented by Kenneth G. Brown, PhD
1:00-2:30pm	OMM Considerations for the Winter Season-- Round Robin Hands On Table Training, Presented by Michael Conte, DO; Lee Smilowicz, DO, FAAO; & Mary Yee, DO
2:30-3:00pm	EXHIBIT HALL BREAK
3:00-4:00pm	ECG Masterclass, presented by Jims Jean-Jacques, DO

4:00-5:00pm	Common Food Allergies & Reactions, Presented by TBD
VIRTUAL ON DEMAND SESSIONS, 2.0 CMEs	
<i>Watch anytime during or for 30 days after the live event.</i>	
	LGBTQIA+ Care, Presented by Brock Libby, MD
	Why Lunch Matters, Presented by Adrian Fugh-Berman, MD

Planning Committee Chair: Josephine Conte, D.O. & John Diefenderfer, D.O.

** The MOA's professional and public education committee reserves the right to adjust the program agenda as deemed necessary. Some topics and session times may change. For more information, please contact the MOA at 207-623-1101 or by email at office@mainedo.org.*

To Register, please visit <https://www.mainedo.org/midwinter2023>

CONFERENCE DETAILS

Program Objectives: The overall objectives of this program are to 1. Highlight the evidence on new, revised, and standard approaches, guidelines and tools for screening, diagnosis and treatment for a variety of medical conditions as it pertains to medical practitioners in various specialties, with an emphasis on primary care; 2. Encourage & demonstrate the integration of osteopathic philosophy and principles into the practice of medicine; and 3. Provide information pertinent to improving the practice of medicine with themes such as professionalism, teamwork, communication and ethics. Each CME topic has its own set of learning objectives, which will be made available to registered attendees.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Osteopathic Association and the Maine Osteopathic Association. The American Osteopathic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement – Physicians

The American Osteopathic Association designates this live activity for a maximum of **20.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOA CME Accreditation: The Maine Osteopathic Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Maine Osteopathic Association **designates this program for 20.5 AOA Category 1-A credits** and will report CME and specialty credits commensurate with the extend of the physician's participation in this activity.

Other CME Credits: Other CME credit types (AAFP) are anticipated; applications are pending.

Certificate of Attendance: To claim CME and access your CME certificate, attendees will need to complete an evaluation for each session attended in person or online via the virtual conference platform.

Disclaimer: The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the MOA. In no event will the MOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity. This event may be supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will be provided prior to the start of the activity.

MOA Grievance Policy: All grievances should be initially directed in writing to the MOA Director by email to: info@mainedo.org who will share them with the MOA's Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council of Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Hybrid Conference Details: This conference will be held in person February 10th & 11th, 2023 with additional online, on demand content available via a virtual platform. Access to in person session recordings will be made available post-event for all attendees and continue until March 15th, 2023. Virtual-only attendees will have access to any virtual event content as well as session recordings following the presentation of in person content. We do not anticipate offering a comprehensive livestream option.

Registration Procedure: To register for the conference, complete the registration form and return it to the MOA office: P.O. Box 315, Manchester, ME 04351 with the proper registration fee. Registration may also be completed online at www.mainedo.org or the form may be faxed if paying by credit card to 207-623-4228. Register before 12/19/22 for the early registration discount.

Special Needs: If you or your guest require any special arrangements or dietary needs to attend this program, please indicate your need on the registration form, or contact MOA at 207-623-1101.

Health & Safety: The safety of attendees is our top priority. MOA will continue to monitor local, state, and federal guidelines and work with the conference venue to comply with any relevant health & safety measures. It is assumed in-person attendees are vaccinated and asymptomatic. Should any additional safety measures be determined necessary by MOA, attendees will be notified.

Cancellation/Refunds: If you must cancel, please notify the MOA in writing. A \$50 cancellation fee will be imposed if registration is cancelled prior to January 15, 2023. No refunds will be provided after this date.