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A Practical Guide to Effective Non-Medical Prescribing for Pain

For Current and Aspiring Non-Medical Prescribers

Wednesday 23rd November 2022

Virtual Conference

Chair & Speakers Include:

Dr Deborah Robertson

Lecturer In Adult Nursing,
School of Health and Society
Salford University

Sally Jarmain

Non-Medical Prescribing Lead

and Rhea Crighton

Clinical Nurse Specialist

Northern Devon Healthcare NHS Trust

Dr Qun Wang

Trust Lead for Non-Medical
Prescribing/Nurse Consultant Geriatrics
Epsom and St. Helier University
Hospitals NHS Trust

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Supporting Organisations:



Association for Prescribers

Non-Medical Prescribing for Pain

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"Pain is a universal experience. The management of all pain is a human right. Frequently it is clear and understandable as to its reasons, and how to manage it. For some the pain persists beyond the time expected and indeed the pain may be a condition on its own. Almost 8 million people in the UK live with pain of at least moderate intensity... Pain presents in all health care settings from community, primary and secondary care to highly specialised services, involving all genders and all ages. Pain presents within all specialties"

Four Nations Strategy for Pain Faculty of Pain Management June 2022

"Treatment of pain is a fundamental human right, yet sadly there is an enormous gap between the care people require and what happens in practice."

British Pain Society 2021

"Management of pain must be considered as an important component of the health care provided to all people, regardless of their chronological age or severity of illness...To use the recommended therapeutic approaches, clinicians must be familiar with adverse effects of treatment and the potential for drug interactions."

British Pain Society December 2020

In the most recent inpatient survey when asked if staff had done everything they could to control your pain; 80% felt staff 'always' did everything they could to help control their pain. A further 17% responded 'sometimes', while 3% responded 'no, never'."

2019 2020 Adult Inpatient Survey published October 2021, CQC

"Achieving an understanding of how pain is affecting a person's life and those around them and knowing what is important to the person is the first step in developing an effective care and support plan that recognises and treats a person's pain as valid and unique to them."

NICE, 2021

This important national conference provides an essential update for current and aspiring non medical prescribers on prescribing for pain. Pain is a growing area of non medical prescribing and one of the most common areas. This makes it essential that non medical prescribers maintain the competence and skills to prescribe for pain in an effective way, working with patients to improve pain outcomes both in the inpatient setting and the community.

Through national updates and extended interactive practical case studies delegates will hear how to develop and maintain prescribing competence, and how to develop effectiveness in post qualification practice. The conference will also reflect on pain prescribing during the Covid-19 pandemic, update delegates on the NICE Guideline on Chronic Pain, and on current developments with regard to opioid prescribing.

There will also be an extended focus on pain in the older person following the British Pain Society guidance which states that ***"The incidence of side effects with drug therapy is higher in older people, particularly in the presence of co-morbidities and polypharmacy. These factors need to be carefully considered when introducing new medication to minimise the chance of drug-disease and drug-drug interactions."***

This conference will enable you to:

- Network with colleagues who are working to improving non medical prescribing for pain
- Learn from outstanding practice in management of pain
- Reflect on pain management and prescribing through case presentations
- Understand the impact and implications of the Covid-19 pandemic on non medical prescribing for pain
- Develop your skills in pain assessment
- Understanding how assessment tools, outcome scales and measures can improve your service
- Learn how to use the National Prescribing Competency Framework
- Understand how to effectively develop, demonstrate and maintain continued competence in Prescribing for Pain
- Reflect on lessons from experts in non-medical prescribing for specific case study areas with in depth interactive sessions focusing on Pain and opioids: minimise risks, Chronic Pain, Inpatient Pain, Pain in the Older Person, Cancer and End of Life Care Pain
- Implications of the 2020 NICE guidance for assessment and management of chronic pain
- Working with patients with co-morbidity
- Identify key strategies for improving non medical prescribing practice for pain
- Develop your role and confidence as a non medical prescriber
- Self assess, reflect and expand your skills in prescribing practice whilst understanding your limits of practice
- Supports CPD professional development and acts as revalidation evidence. This course provides 5 Hrs training for CPD subject to peer group approval for revalidation purposes

10.00 Chair's welcome and introduction

Dr Deborah Robertson

*Lecturer In Adult Nursing, School of Health and Society
Salford University*

- prescribing for pain: current issues
- supporting patients through pain management during and beyond Covid-19

10.20 Improving non-medical prescribing practice and competence Using the national prescribing competency framework for pain prescribing

Sally Jarman

Non-Medical Prescribing Lead

and Rhea Crighton

Clinical Nurse Specialist

Northern Devon Healthcare NHS Trust

- key messages from the competency framework and what has changed
- using the framework throughout the prescribing journey
- using the framework as part of the revalidation process
- relating the framework to prescribing governance
- demonstrating the framework within a patient case study
- the new competency framework for designated prescribing practitioners
- governance and accountability for non-medical prescribing for pain

11.05 *Small Breakout Groups*

11.25 *Comfort Break and Virtual Networking*

Extended Interactive Sessions & Case studies in Practice

11.45 EXTENDED SESSION: Pain management prescribing: case studies

Melinda Presland

*Consultant Pharmacist, Palliative and End of Life Care
Oxford University Hospitals NHS Foundation Trust*

- comprehensive pain assessment
 - treatment decisions and appropriate prescribing
- This session includes small breakout groups & case studies***

12.30 Nurse prescribing for in-patient acute pain

Inge Bateman

*Lead Clinical Nurse Specialist In-patient Pain Service
University Sussex Hospitals NHS Foundation Trust*

- nurse prescribing for in-patient pain: management
- the practicalities presented via cases from the view of specialist pain service

13.00 *Lunch Break and Virtual Networking*

13.30 Pain and opioids: approaches to minimise risks

Dr Arun Bhaskar

*Head of Service & Consultant in Pain Medicine
Imperial College Healthcare NHS Trust
President
The British Pain Society*

- lesson learnt from the US opioid epidemic
- shared decision making: understanding the risks and benefits of prescription opioids
- safety and opioids: what does a patient need to know?
- prescription opioids: recognising risk factors
- non pharmacological approaches: how can a NMP promote and support self-management within a consultation?
- opioid prescribing and deprescribing: sharing and learning from good practice
- pain management: keeping your knowledge up to date, accessing education, training and resources

14.00 EXTENDED SESSION: Non-medical prescribing for cancer pain and end of life care

Dr Andrew Tweddle

*Consultant in Palliative Medicine
The Royal Marsden NHS Foundation Trust*

- management of malignant pain
- pain as part of symptom control at the end of life
- prescribing off licence and use of controlled drugs
- resources to support prescribing in palliative care

14.20 *Small Breakout Groups*

14.55 Managing pain in the older person

Dr Qun Wang

*Trust Lead for Non-Medical Prescribing/Nurse Consultant Geriatrics
Epsom and St. Helier University Hospitals NHS Trust*

- considering the effects of aging and comorbidities
- frailty and its relation to polypharmacy
- pharmacological management
- considering drug interactions
- working with the older person to identify and manage side effects
- case studies

15.30 *Comfort Break and Virtual Networking*

15.45 EXTENDED SESSION: Prescribing for chronic pain Adhering to the new NICE guidance

Speaker to be announced

- prescribing for chronic pain
- the NICE Guideline for chronic pain– developments and implications for non-medical prescribers
- tips and advice for non-medical prescribers in managing chronic pain
- the management of complex pain in community care

16.30 *Chair's closing remarks*

There will be time for Questions & Answers after each session

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Venue

This is a virtual conference on Zoom with interactive breakout sessions, and resources available on a dedicated, secure landing page for three months after the event.

Date

Wednesday 23rd November 2022

Conference Fee

- ☐ £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
- ☐ £250 + VAT (£300.00) for voluntary sector / charities.
- ☐ £495 + VAT (£594.00) for commercial organisations.

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Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7 days after submitting your booking. The access code for the virtual portal will be sent one week before the conference.

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If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

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